



## 2009 MOUNTAIN DEW GATOR CROSS COUNTRY INVITATIONAL

**MEET DATE:** Friday, September 18<sup>th</sup>, 2009

**LOCATION:** University of Florida Golf Course  
2800 SW 2<sup>nd</sup> Avenue  
Gainesville, FL

**SCHEDULE:**

4:30 pm	Junior Varsity HS Girls – 5000 meters
5:00 pm	Junior Varsity HS Boys – 5000 meters
5:30 pm	Varsity HS Girls – 5000 meters
6:00 pm	Varsity HS Boys – 5000 meters
6:30 pm	Intercollegiate/College Open – Women 5k
7:00 pm	Intercollegiate / College Open – Men 8k

**All runners who do not finish their race within 30 minutes will be pulled from the course prior to the start of the next race.**

**COURSE:** On grass, rolling hills – up to ¼” spikes or racing flats recommended.

**ENTRY LIMITATIONS:** High School – maximum of seven (7) runners per school may participate in each race. **Unlimited runner’s in JV race.**

- The first five- (5) finishers per school will comprise team score.
- The intercollegiate/college division has no limitations to the number of runners.

**ENTRY INFORMATION:** **All entries must be submitted through Direct Athletics. No fax or phone entries will be accepted, except unattached entries for individuals.**

Entries will be handled online through [www.directathletics.com](http://www.directathletics.com) using the same user name and password as the Florida Relays. If you do not have or remember your password, please contact: [support@directathletics.com](mailto:support@directathletics.com)

**UNATTACHED ENTRIES:** **NO HIGH SCHOOL ATHLETES WILL BE ALLOWED IN COLLEGE RACES.**

If you are interested in running unattached, please fax the following information (name, email address, phone number, event PR) to Therese LeGrow at 352-373-1432.

**Faxes must reach us no later than Monday September 14<sup>th</sup>, 2009 at 5:00pm.**

**Late entries will not be accepted!**

**PACKET PICKUP:** Will be open from 3:00pm – 6:00pm. It will be located outside the Golf Course Snack Bar.

**ENTRY FEE:**

**High School** – NO CHARGE FOR HIGH SCHOOLS  
**University/college** - \$50.00 maximum per team of 5 or more  
**Individual** - \$20.00 entry fee for all individual in collegiate divisions.

**ENTRY DEADLINE IS MONDAY, SEPTEMBER 14<sup>th</sup>, 2009 AT 5:00PM**

**Make checks payable to: UNIVERSITY ATHLETIC ASSOCIATION**  
**Payment can be made at packet pick-up. NO REFUNDS!**

**AWARDS:**

Awards will be given to:  
Top team in the Collegiate sections (both women and men)  
Top three teams in the HS Varsity section  
Junior Varsity HS Girls – top 15  
Junior Varsity HS Boys – top 15  
Invitational HS Girls – top 15  
Invitational HS Boys – top 15  
University/College Women – top 15  
University/College Men – top 15

**DIVISION/CLASSIFICATION:**

High School athletes must be eligible according to their respective high school and FHSAA rules. **This meet has been approved by the FHSAA.**

**No high school athletes are allowed to run in the college races.**

**High Schools participating must be in good standing with their respective High School Activities Association.**

All intercollegiate athletes from all universities, colleges, junior colleges must be in good standing in their association.

**COURSE INSPECTION/WARMUP:**

The course will be open for warm-ups beginning Friday, September 18<sup>th</sup> at 3:00pm. Runners must always stay off greens and tees. **DO NOT ATTEMPT TO RUN COURSE BEFORE FRIDAY. ANYONE CAUGHT ON THE COURSE PRIOR TO OPENING WILL NOT BE ALLOWED TO RACE.**

**Course maps will be available September 18<sup>th</sup> at packet pick-up starting at 3:00pm. They will also be available on line at [www.gatorzone.com](http://www.gatorzone.com) the week prior to the meet.**

**PARKING:**

Parking at the Golf Course is limited. Team buses, cars and spectators must park at the **The Gainesville Women's Club, 2809 W. University Ave.**

**Do not park along 2<sup>ND</sup> Avenue. The police will tow your vehicle!!.**

**DRESSING FACILITIES:**

There are **NO** dressing or shower facilities available at the Golf course. Athletes will not be permitted in the Clubhouse. Portable toilets will be provided.

**FOR FURTHER INFORMATION:**

Contact – **Therese LeGrow**  
**University Athletic Association**  
**PO Box 14485**  
**Gainesville, FL 32604**  
**(352) 375-4683 ext. 4400**  
**FAX (352) 373-1432**  
Email: [Thereses@gators.uua.ufl.edu](mailto:Thereses@gators.uua.ufl.edu)

**There will be t-shirts available for sale at the meet site. The cost is \$10.00.  
Please make your athletes aware of this.**