

Date:	February 5 th
Location:	Flagler Palm Coast High School Track Complex
Divisions:	Elementary School, Middle School, High School, Open (post High
	School), and Masters (40 years old and up)
Event Schedule: Field Events:	
2:00pm	Long Jump (w,m), High Jump (m,w), Pole Vault (m,w), Shot Put (w,m),
	Discus Throw (m,w)
	Running Events:
3:30pm	100m Hurdles (w-High School division and older)
	110m Hurdles (m-High School division and older)
	100m Dash (w,m)
	1500m Run (w,m)
	400m Dash (w,m)
	800m Run (w,m)
	200m Dash (w,m)
	3000m Run (w,m)
Field events will be 4 attempt finals except for the High Jump and Pole Vault. All	
	running events will be heats against time. Please include your
	personal best if you wish to be seeded.
Awards:	Event winners in each age group get an award.
Cost:	If postmarked by 1/31/05 the cost is \$10 to enter. If after that date, then
	the cost is \$12 to enter. Please make all checks out to Scott Peters. All
	entries will be entered into the database when the entry fee is received.
Registration:	Please send your entry form, waiver, and pre-registration fee for this meet
	to the following address:
	Scott Peters
	8219 SW 52 nd Lane
	Gainesville, Fl. 32608
	You can send entries by email as well to <u>halfmiletiming@cox.net</u> but they
	will not be entered until your registration fee is received.
	Please include the following information:
	Name, Sex, Hometown, Division, Emergency Contact Name & #, and up
	to 3 events that you wish to participate in.

For information go to <u>www.halfmiletiming.com</u>, <u>www.runflorida.com</u>, or visit the Run Florida store in Gainesville