

THURSDAY, JUNE 22, 2006**MULTI - EVENTS**

9:30 AM	DECATHLON	IB YM
rolling	PENTATHLON	SYG,YG
schedule	HEPTATHLON	IG YW
	PENTATHLON	SYB,YB

RUNNING EVENTS

8:00 AM	3000 RUN	YW
/\		YM
rolling	1500RW	SBG-BG-SMG-MG
schedule		SBB-BB-SMB-MB
\	3000 RW	YB-IB-YM

FRIDAY, JUNE 23, 2006**MULTI - EVENTS**

8:00 AM	DECATHLON	IB-YM
/\	HEPTATHLON	IG-YW
rolling	TRIATHLON	SBB-BB
schedule	TRIATHLON	SBG-BG
\	PENTATHLON	SMG-MG
	PENTATHLON	SMB-MB

RUNNING EVENTS

9:30 AM	100 METER (S)	ALL
/\	4 X 800 (F)	YW
rolling		YM
schedule	4 X 100 (S)	ALL
\		

SATURDAY, JUNE 24, 2006**FIELD EVENTS**

8:00 AM	LONG JUMP	PG-PB
/\	HIGH JUMP	SMG-SMB
	SHOT PUT	MG-MB
	DISCUS	IG-YW
	TRIPLE JUMP	SYG-YG-SYB-YB
	LONG JUMP	BG-SBG-SBB
	HIGH JUMP	IB-MG-MB
	SHOT PUT	SMG-SMB
rolling	DISCUS	SYG-YG-SYB-YB
schedule	LONG JUMP	BB-SMG-SMB
	HIGH JUMP	BG-SYG-YG-SYB-YB
	SHOT PUT	IG-YW-IB-YM
	DISCUS	MG-MB
	LONG JUMP	IG-YW-IB-YM
	HIGH JUMP	SBG-BB-SBB
\	SHOT PUT	YB
	DISCUS	SMG-SMB

RUNNING EVENTS

8:00 AM	200 HURDLES (F)	SYG-YG-
		SYB-YB
/\	400 HURDLES (F)	IG-YW
		IB-YM
rolling	400 (S)	ALL
schedule	1500 (F)	SBG-BG-SMG-MG
		SBB-BB-SMB-MB
	200 (S)	ALL
\	4 X 100 (F)	ALL

SUNDAY, JUNE 25 2006

FIELD EVENTS		
8:00 AM	JAVELIN	SYG-YG-IG-YW
/\		SYB-YB-IB-YM
	SHOT PUT	SBG-BG-SBB-BB
rolling	LONG JUMP	YB
schedule	POLE VAUL	YB-IB-YM
	DISC	IB-YM
		SYB-YB-IB-YM
\	HIGH JUMP	IG-YW-YM
	TRIPLE JUMP	IG-YW
		IB-YM

RUNNING EVENTS		
8:00 AM	1500 (F)	SYG-YG-IG-YW
/\		SYB-YB-IB-YM
	100 (F)	ALL
	80 HURDLES (S)	SMG-MG
		SMB-MB
	100 HURDLES (S)	SYG-IG-YW-SYB-YB
	110 HURDLES (S)	IB-YM
	400 (F)	ALL
rolling	80 HURDLES (F)	SMG-MG
schedule		SMB-MB
	100 HURDLES (F)	YG-IG-YW-YB
	110 HURDLES (F)	IB-YM
	800 (F)	ALL
	200 (F)	ALL
		IG-YW-IB-
	STEEPLECHASE (F)	YM
\	4 X 400 (F)	ALL