

# 5-Star Conference Meet Schedule

Coaches' Meeting (*no adds*) 8:30am

Field Events 9:00am

[Prelims & Finals = 3 jumps/throws each time]

→ Long Jump (boys = far pit & girls = close pit)

→ Pole Vault (girls 1<sup>st</sup>, boys to follow)

→ Shot Put (girls 1<sup>st</sup>, boys to follow)

→ Discus (boys 1<sup>st</sup>, girls to follow)

→ Triple Jump (following the long jump: boys = far pit & girls = close pit)

→ High Jump (girls 1<sup>st</sup>, boys to follow) 1:00pm

4 x 800-Final 10:00am

Consolation Races 11:30am

Consolation Distance Races = Anyone not in the top-16

1600m (g/b), 800m (g/b)

Prelims 12:30pm

100/110HH

100m

4 x 100 (maybe?, could go to finals)

400m

300IH

200m

Officials' Break--(could be sooner) 3:00pm

National Anthem

Finals → 45 Min. following Prelims

(Rolling Time Schedule)

100/110HH

100m

1600m (Top-16)

4 x 100

400m

300IH

800m (Top-16 = 2-sections of 8, fast heat last)

200m

3200m

4 x 400 (fast heat last)

(Should be done around 6:30pm)

*\*4 entries per event\**