

# FIRST REHAB INVITATIONAL

## April 7, 2006

- Date:** Friday, April 7, 2006
- Time:** **11:00** am Girls and Boys 4x800 m Relay  
**11:00** am Field Events
- Place:** Gulf Breeze High School- Dolphin Stadium
- Sanction:** FHSAA
- Sponsor:** FIRST REHAB
- Divisions:** 1 Division- Boys and Girls
- Scoring:** National Federation of State High School Associations  
(10-8-6-5-4-3-2-1)
- Awards:** First and Second Place Trophies  
First Place Medals  
Ribbons for 2<sup>nd</sup> thru 6<sup>th</sup> place
- Scratches:** Coaches scratch meeting at **10:00** am in the fieldhouse. After the coaches meeting only scratches will be allowed during the meet.
- Entry Fee:** \$35.00 for Boys Team  
\$35.00 for Girls Team
- Entry Limit:** Two individuals and one relay team per school.
- Entry Deadline:** **April 3, 2006 @ 10pm**
- Concession:** Full concession stand will be available.
- Lunch:** Lunch will be served for Coaches Only!!!!
- Order of Events:** Meet will follow FHSAA State Format  
Girls heats run first, followed by boys.
- Preliminaries:** 100 meter/110 meter hurdles  
100 meters  
400 meters  
300 meter hurdles  
200 meters
- Admission:** Coaches and their teams have no charge.  
Student and adult spectators are \$2.00.
- Online Entry:** Please go to [www.halfmiletiming.com](http://www.halfmiletiming.com) and click on the online entry site for this meet. All teams must enter online. No paper entries will be accepted.
- Timing & Results:** Half-Mile Timing will be providing Fully Automatic Timing and results for this year. Please make sure to have entries completed online by April 3 @10pm. Entries close at that time.

# Gulf Breeze High School Athletic Department

February 7, 2006

Dear Coach,

This year, on April 7, 2006, you are invited to participate in the First Rehab Invitational at Gulf Breeze High School, Dolphin Stadium.

We will run one division for both boys and girls. Medals will be awarded for 1<sup>st</sup> place and ribbons for 2<sup>nd</sup> thru 6<sup>th</sup> place for both boys and girls. There will also be 1<sup>st</sup> place and runner up team trophies for both boys and girls. We will provide a brunch for the coaches before the start of the finals. Cost per team is \$35.00 (\$35.00 boys/\$35.00 girls)

If you are interested in joining us for the First Rehab Invitational, please return the form below at your earliest convenience. The entry deadline date is April 3, 2006.

Sincerely,

Greg Hundley

GBHS Head Track Coach

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\_\_\_\_\_ I will participate      BOYS \_\_\_\_\_      GIRLS \_\_\_\_\_

School Name: \_\_\_\_\_ Coach: \_\_\_\_\_

School Phone: \_\_\_\_\_ FAX: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Return this completed entry form with a check for \$35.00 to :

Gulf Breeze High School  
675 Gulf Breeze Parkway  
Gulf Breeze, FL 32561  
Greg Hundley

**Phone:** (850) **916-4100 x4780**

(850) 916-4137 *After 1:30*

**FAX:** (850) **916-4109**

# **First Rehab Invitational Track Meet 2006 Schedule of Events**

**10:00 a.m. Coaches Meeting**

**11:00 a.m.** Girls 3200 Meter Relay Finals  
Boys 3200 Meter Relay Finals

**11:00 a.m. Field Events**

Girls Pole Vault: (6'6" opening height)  
Boy High Jump: (5'8" opening height)  
Girls Discus  
Boys Shot Put  
Girls Long Jump  
Boys Long Jump

**Immediately Following**

Boys Pole Vault: (9'6" opening height)  
Girls High Jump: (4'6" opening height)  
Boys Discus  
Girls Shot Put  
Boys Triple Jump  
Girls Triple Jump

**12:00 Running Event Preliminaries**

Girls 100M Hurdles	Boys 400M
Boys 100M Hurdles	Girls 300M Hurdles
Girls 100M	Boys 300M Hurdles
Boys 100M	Girls 200M
Girls 400M	Boys 200M

**1:30 We will break for approximately one (1) hour. Lunch will be served for the coaches in the field house.**

**2:30 Running Event Finals**

100M Hurdles	400M Relay	200M
100M Hurdles	400M	3200M
100M	300M Hurdles	1600M Relay
1600M	800M	

Girls will run first; boys will follow in the same order.

## **AWARDS PRESENTATION**