

5 Star Conference Meet - 4/3/2007
Half-Mile Timing & Data
Flagler Palm Coast HS, Bunnell, Florida
Results

Girls 100 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Caquias, Miranda	11	Seabreeze	12.64Q
2 williams, alexis	12	Atlantic (Po)	12.69Q
3 Kratina, Katherine	09	DeLand	12.91Q
4 McCalla, Shayna	12	Spruce Creek Hig	13.10Q
5 Richardson, Jasmine	12	Deltona	13.05q
6 Hoover, Megan	10	Spruce Creek Hig	13.29q
7 Henderson, Christena	10	Pine Ridge	13.32q
8 Gayle, Stephanie	11	Pine Ridge	13.33q
9 Myles, Jerrica	10	Mainland	13.37
10 Burhanan, Lana	12	Atlantic (Po)	13.51
11 Clark, Camilya	10	New Smyrna	13.54
12 Gilbert, Tekevia	10	DeLand	13.56
13 Chavers, Rochelle	09	DeLand	13.63
14 Mayfield, Ashley	12	Spruce Creek Hig	13.80
15 O'Conner, Christina	12	Spruce Creek Hig	13.83
16 Brewer, Brittany	10	Mainland	13.87
17 Fanfan, Rebecca	11	Flagler Palm Coa	14.08
18 LaPlante, Renee	09	DeLand	14.19
19 Anest, Nicole	09	Seabreeze	14.47
20 Mitchell, Jessica	10	New Smyrna	14.52
21 Cibraras, Brittany	09	Flagler Palm Coa	14.73
22 Jalisa, Bevins	09	New Smyrna	15.20
23 Quigley, Paige	10	Atlantic (Po)	16.12
24 Kendrick, Ronquayle	09	Atlantic (Po)	17.04
--- Mallory, Kierra	09	Mainland	DQ
--- Parks, Tayanna	10	Mainland	DQ

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 williams, alexis	12	Atlantic (Po)	12.27 10
2 Caquias, Miranda	11	Seabreeze	12.67 8
3 Richardson, Jasmine	12	Deltona	13.17 6
4 McCalla, Shayna	12	Spruce Creek Hig	13.39 5
5 Gayle, Stephanie	11	Pine Ridge	13.42 4
6 Henderson, Christena	10	Pine Ridge	13.58 3
7 Hoover, Megan	10	Spruce Creek Hig	14.04 2
8 Kratina, Katherine	09	DeLand	14.15 1

Girls 200 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Caquias, Miranda	11	Seabreeze	26.25Q
2 williams, alexis	12	Atlantic (Po)	26.67Q
3 Adams, Anquenette	10	Mainland	26.86Q
4 Clark, Camilya	10	New Smyrna	27.47Q
5 Davis, Trenice	10	Pine Ridge	26.92q
6 Richardson, Jasmine	12	Deltona	27.46q
7 Gayle, Stephanie	11	Pine Ridge	27.58q

8 Lee, Kayla	10	Mainland	28.45q
9 Chavers, Rochelle	09	DeLand	28.87
10 Fanfan, Rebecca	11	Flagler Palm Coa	28.92
11 Rockwell, Chelsea	11	Spruce Creek Hig	29.01
12 McCalla, Shayna	12	Spruce Creek Hig	29.12
13 Kutsyshina, Marina	11	Flagler Palm Coa	29.32
13 O'Conner, Christina	12	Spruce Creek Hig	29.32
15 Moore, Cornelia	09	New Smyrna	29.36
16 Urban, Samantha	11	Flagler Palm Coa	29.47
17 Hardy, Tabitha	09	Atlantic (Po)	29.97
18 Maholias, Amanda	09	Spruce Creek Hig	30.01
19 Mitchell, Jessica	10	New Smyrna	30.14
20 Kratina, Katherine	09	DeLand	30.26
20 Anest, Nicole	09	Seabreeze	30.26
22 LaPlante, Renee	09	DeLand	30.34
23 Le, Lizzie	09	Seabreeze	30.47
24 Trane, Katelyn	09	Seabreeze	32.43
25 Quigley, Paige	10	Atlantic (Po)	34.78

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 williams, alexis	12	Atlantic (Po)	25.81 10
2 Caquias, Miranda	11	Seabreeze	26.02 8
3 Richardson, Jasmine	12	Deltona	27.13 6
4 Adams, Anquenette	10	Mainland	27.16 5
5 Davis, Trenice	10	Pine Ridge	27.82 4
6 Gayle, Stephanie	11	Pine Ridge	27.91 3
7 Clark, Camilya	10	New Smyrna	27.97 2
8 Lee, Kayla	10	Mainland	28.72 1

Girls 400 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Mathis, Brenna	10	Spruce Creek Hig	1:01.24Q
2 Adams, Anquenette	10	Mainland	1:01.54Q
3 Lynch, Jenna	09	Flagler Palm Coa	1:02.46Q
4 Hill, Ariel	10	Spruce Creek Hig	1:03.60Q
5 Zaudike, Megan	11	Deltona	1:03.56q
6 Weinberg, Morgan	11	Flagler Palm Coa	1:04.35q
7 Nagrani, Nicole	10	Spruce Creek Hig	1:04.69q
8 Andrews, Alie	11	Spruce Creek Hig	1:04.75q
9 Graham, Shaundrea	09	DeLand	1:05.43
10 Moore, Cornelia	09	New Smyrna	1:07.85
11 Jones, Brittney	09	Pine Ridge	1:08.07
12 Crocket, Jessica	09	Flagler Palm Coa	1:09.67
13 Mahadeo, Annjelita	09	Flagler Palm Coa	1:09.88
14 Alvarado, Jocelyn	09	Deltona	1:10.44
15 O'Steen, Natalie	09	Seabreeze	1:11.11
16 Lynch, Danielle	09	Atlantic (Po)	1:13.78
17 Oyler, Aubrey	09	Seabreeze	1:15.12
18 Snell, Maris	11	Seabreeze	1:16.03
19 Bowman, Leah	11	New Smyrna	1:16.18
20 Cortes, Lyanna	09	Pine Ridge	1:20.78

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Preliminaries ... (Girls 400 Meter Dash)

Name	Yr	School	Prelims
21 Phan, Lili	09	Seabreeze	1:24.63

Girls 400 Meter Dash

Name	Yr	School	Finals
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Finals

1 Mathis, Brenna	10	Spruce Creek Hig	1:00.57	10
2 Adams, Anquenette	10	Mainland	1:00.60	8
3 Zaudike, Megan	11	Deltona	1:02.57	6
4 Lynch, Jenna	09	Flagler Palm Coa	1:02.68	5
5 Weinberg, Morgan	11	Flagler Palm Coa	1:03.63	4
6 Hill, Ariel	10	Spruce Creek Hig	1:04.43	3
7 Nagrani, Nicole	10	Spruce Creek Hig	1:04.57	2
8 Andrews, Alie	11	Spruce Creek Hig	1:05.92	1

Girls 800 Meter Run

Name	Yr	School	Finals
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1 Nebel, Brooke	10	Spruce Creek Hig	2:25.67	10
2 Baumann, Brooke	11	DeLand	2:26.66	8
3 Darriosh, Roya	12	Spruce Creek Hig	2:33.55	6
4 Abadia, Raquel	10	Spruce Creek Hig	2:34.71	5
5 Silva, Florencia	12	Flagler Palm Coa	2:37.88	4
6 Gough, Nicola	12	New Smyrna	2:40.43	3
7 Weinberg, Morgan	11	Flagler Palm Coa	2:41.36	2
8 Lynch, Jenna	09	Flagler Palm Coa	2:43.09	1
9 O'Steen, Natalie	09	Seabreeze	2:45.00	
10 Maranchick, Nicole	09	Spruce Creek Hig	2:45.05	
11 Mentor, Ashley	11	Seabreeze	2:46.60	
12 Rowell, Shelby	10	DeLand	2:47.93	
13 Sirekis, Jessica	11	New Smyrna	2:54.04	
14 Grady, Paige	10	Seabreeze	2:55.40	
15 Alvarado, Jocelyn	09	Deltona	2:59.29	
16 King, Sarah	10	Seabreeze	2:59.50	

Girls 1600 Meter Run

Name	Yr	School	Finals
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1 Perkins, Amanda	10	Spruce Creek Hig	5:15.69	10
2 Nebel, Brooke	10	Spruce Creek Hig	5:24.48	8
3 Baumann, Brooke	11	DeLand	5:25.43	6
4 Drysdale, Florence	12	Flagler Palm Coa	5:36.95	5
5 Silva, Florencia	12	Flagler Palm Coa	5:44.60	4
6 Wyckoff, Kalyn	11	Spruce Creek Hig	5:56.82	3
7 Mentor, Ashley	11	Seabreeze	6:04.76	2
8 Meredith, Kacie	09	Spruce Creek Hig	6:04.79	1
9 Bentley, Sara	12	Flagler Palm Coa	6:07.77	
10 Kirschner, Ashley	10	Flagler Palm Coa	6:13.59	
11 Greenberger, Ana	11	Seabreeze	6:16.96	
12 Epifanio, Melissa	11	DeLand	6:28.20	
13 Bakertcy, Lia	10	Seabreeze	6:29.47	
14 King, Sarah	10	Seabreeze	6:30.04	
15 trudel, Chante	09	Atlantic (Po)	7:03.86	

Girls 3200 Meter Run

Name	Yr	School	Finals
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1 Perkins, Amanda	10	Spruce Creek Hig	11:44.46	10
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2 Drysdale, Florence	12	Flagler Palm Coa	12:32.48	8
3 Wyckoff, Kalyn	11	Spruce Creek Hig	12:43.47	6
4 Baumann, Brooke	11	DeLand	13:00.72	5
5 Cornejo, Alina	09	DeLand	13:19.83	4
6 Bentley, Sara	12	Flagler Palm Coa	13:46.50	3
7 Greenberger, Ana	11	Seabreeze	14:02.57	2
8 Ramirez, Laura	10	Seabreeze	14:03.69	1
9 Rogers, Christina	12	Spruce Creek Hig	14:08.03	
10 Epifanio, Melissa	11	DeLand	14:15.93	
11 Garrow, Heather	10	Spruce Creek Hig	14:29.25	
12 Rohrig, Katie	12	Flagler Palm Coa	15:07.54	
13 Owens, Mary	12	Seabreeze	15:40.95	
14 Eitzen, Emily	11	Flagler Palm Coa	15:46.88	
15 Stewart, Amanda	11	Seabreeze	16:47.68	

Girls 100 Meter Hurdles

Name	Yr	School	Prelims
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Preliminaries

1 Myles, Jerrica	10	Mainland	17.25Q
2 Austin, Ami	12	Seabreeze	17.32Q
3 Jackson, Courtney	11	New Smyrna	17.88Q
4 Jackson, Jessika	12	Flagler Palm Coa	17.68q
5 Bradley, Mila	11	Deltona	17.70q
6 Janson, Brittani	09	Spruce Creek Hig	17.92q
7 Davis, Crystal	09	Spruce Creek Hig	17.97q
8 Worden, Ashley	12	DeLand	18.25q
9 Barrios-Malabad, Mia	11	Spruce Creek Hig	18.25
10 Hanak, Kayla	10	Spruce Creek Hig	18.32
11 Fontanez, Dimaris	12	Flagler Palm Coa	18.95
12 Thyng, Brooke	10	DeLand	18.99
13 Rodwell, Megan	09	DeLand	19.04
14 Henderson, Christena	10	Pine Ridge	19.20
15 Gabbert, Audrey	09	Flagler Palm Coa	19.99
16 Strawder, Chelsea	10	DeLand	21.15
17 Howell, Ferrara	10	Atlantic (Po)	21.22
18 Frain, Cailin	11	Atlantic (Po)	21.92
19 wannamaker, Brook	09	Atlantic (Po)	25.47
20 Tolles, Brooke	09	Seabreeze	29.24

Girls 100 Meter Hurdles

Name	Yr	School	Finals
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Finals

1 Austin, Ami	12	Seabreeze	16.65	10
2 Jackson, Courtney	11	New Smyrna	16.70	8
3 Jackson, Jessika	12	Flagler Palm Coa	17.47	6
4 Bradley, Mila	11	Deltona	17.98	5
5 Worden, Ashley	12	DeLand	18.20	4
6 Davis, Crystal	09	Spruce Creek Hig	18.41	3
7 Myles, Jerrica	10	Mainland	18.85	2
8 Janson, Brittani	09	Spruce Creek Hig	20.16	1

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Girls 300 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 Pecoraro, Robin	11	Spruce Creek Hig	49.20Q
2 Bradley, Mila	11	Deltona	50.91Q
3 Ravikumar, Raksha	11	Spruce Creek Hig	51.49Q
4 Casura, Heidi	12	Deltona	50.67q
5 Rodwell, Megan	09	DeLand	51.36q
6 Fontanez, Dimaris	12	Flagler Palm Coa	52.29q
7 Kinsey, Lebreau	09	Atlantic (Po)	52.51q
8 Janson, Brittani	09	Spruce Creek Hig	52.52q
9 Kratina, Lauren	10	DeLand	52.85
10 Austin, Ami	12	Seabreeze	52.95
11 Christy, Julie	10	Spruce Creek Hig	53.57
12 Kutsyshina, Marina	11	Flagler Palm Coa	55.84
13 Orban, Samantha	11	Flagler Palm Coa	58.01
14 Strawder, Chelsea	10	DeLand	58.73
15 Trane, Katelyn	09	Seabreeze	59.07
16 Gabriella, Razzetti	09	DeLand	1:01.70

Girls 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Pecoraro, Robin	11	Spruce Creek Hig	49.34 10
2 Ravikumar, Raksha	11	Spruce Creek Hig	50.15 8
3 Casura, Heidi	12	Deltona	50.53 6
4 Kinsey, Lebreau	09	Atlantic (Po)	50.98 5
5 Rodwell, Megan	09	DeLand	52.10 4
6 Fontanez, Dimaris	12	Flagler Palm Coa	52.83 3
7 Bradley, Mila	11	Deltona	53.12 2
8 Janson, Brittani	09	Spruce Creek Hig	53.29 1

Girls 4x100 Meter Relay

Team	Relay	Prelims
Preliminaries		
1 Deltona High School	A	52.34Q
2 Mainland High School	A	52.57Q
3 Pine Ridge	A	53.47q
4 DeLand	A	53.49q
5 Spruce Creek High	A	53.68q
6 Flagler Palm Coast	A	53.87q
7 Atlantic (Po)	A	53.98q
8 New Smyrna Beach	A	54.53q
9 Seabreeze High School	A	56.22

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Mainland High School	A	52.31 10
2 Deltona High School	A	52.57 8
3 Flagler Palm Coast	A	53.42 6
4 Spruce Creek High	A	53.54 5

5 Pine Ridge	A	53.57 4
6 DeLand	A	55.99 3
--- New Smyrna Beach	A	DNF
--- Atlantic (Po)	A	DNF

Girls 4x400 Meter Relay

Team	Relay	Finals
1 Spruce Creek High	A	4:18.00 10
2 Deltona High School	A	4:30.86 8
3 DeLand	A	4:31.91 6
4 Flagler Palm Coast	A	4:41.37 5
5 New Smyrna Beach	A	4:47.91 4
6 Seabreeze High School	A	4:51.85 3
7 Atlantic (Po)	A	4:54.02 2

Girls 4x800 Meter Relay

Team	Relay	Finals
1 Spruce Creek High	A	9:34.70 10
2 Flagler Palm Coast	A	10:20.90 8
3 Seabreeze High School	A	11:25.10 6
4 DeLand	A	11:34.20 5
5 Deltona High School	A	12:46.70 4

Girls High Jump

Name	Yr	School	Finals
1 Caquias, Miranda	11	Seabreeze	5-02.00 10
2 Gabbert, Emily	11	Flagler Palm Coa	4-10.00 8
3 Opisso, Alexis	11	DeLand	4-08.00 6
4 Webb, Christen	09	Deltona	4-08.00 5
5 White, Chante	10	Mainland	4-08.00 4
6 Henry, Shantarra	11	Mainland	4-06.00 3
7 Funk, Stina	12	Spruce Creek Hig	4-06.00 2
8 Gabbert, Audrey	09	Flagler Palm Coa	4-06.00 1
9 Cummins, Courtney	11	Spruce Creek Hig	4-06.00
10 Myles, Jerrica	10	Mainland	4-04.00
10 Suah, Rebecca	12	Spruce Creek Hig	4-04.00
12 Greenberger, Ana	11	Seabreeze	4-02.00
12 Chavers, Rochelle	09	DeLand	4-02.00
12 Orban, Samantha	11	Flagler Palm Coa	4-02.00
--- Le, Lizzie	09	Seabreeze	NH
--- Dupont, Crystal	09	DeLand	NH
--- Jackson, Jessika	12	Flagler Palm Coa	NH

Girls Pole Vault

Name	Yr	School	Finals
1 Gabbert, Emily	11	Flagler Palm Coa	9-00.00 10
2 Gabbert, Audrey	09	Flagler Palm Coa	8-06.00 8
3 Miller, Michelle	09	DeLand	8-00.00 6
4 Alter, Taylor	12	Flagler Palm Coa	8-00.00 5
5 Opisso, Alexis	11	DeLand	7-06.00 4
6 Zaudike, Megan	11	Deltona	7-06.00 3
7 Shortlidge, Natalie	09	DeLand	6-06.00 2
8 Delvalle, Emily	11	Deltona	6-00.00 1
--- Kratina, Lauren	10	DeLand	NH
--- Gough, Nicola	12	New Smyrna	NH

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Girls Long Jump

Name	Yr	School	Finals	
1 Williams, alexis	12	Atlantic (Po)	17-07.75	10
2 Jackson, Jessika	12	Flagler Palm Coa	15-11.00	8
3 Jackson, Courtney	11	New Smyrna	15-08.75	6
4 Richardson, Jasmine	12	Deltona	15-06.00	5
5 White, Chante	10	Mainland	15-02.50	4
6 Gilbert, Tekevia	10	DeLand	15-02.00	3
7 Rodwell, Megan	09	DeLand	14-08.00	2
8 Frassetto, Julia	11	Spruce Creek Hig	14-03.50	1
9 Webb, Christen	09	Deltona	13-11.00	
10 Dupont, Crystal	09	DeLand	13-08.00	
11 Delong, Alia	12	Spruce Creek Hig	13-07.50	
12 Hanak, Kayla	10	Spruce Creek Hig	13-06.50	
13 Worden, Ashley	12	DeLand	13-06.00	
13 Lee, Kayla	10	Mainland	13-06.00	
15 Cummins, Courtney	11	Spruce Creek Hig	13-01.00	
16 Austin, Ami	12	Seabreeze	12-07.00	
16 Godbey, Chelsey	10	Seabreeze	12-07.00	
18 Foster, Hollesha	09	Pine Ridge	12-01.25	
19 Ramos, Micayla	09	Seabreeze	11-09.00	
20 Crocket, Jessica	09	Flagler Palm Coa	11-05.00	
21 Jones, Brittany	09	Pine Ridge	10-10.00	
--- Brewer, Brittany	10	Mainland	FOUL	

Girls Triple Jump

Name	Yr	School	Finals	
1 Webb, Christen	09	Deltona	33-11.75	10
2 Jackson, Jessika	12	Flagler Palm Coa	33-09.50	8
3 Jackson, Courtney	11	New Smyrna	33-09.00	6
4 White, Chante	10	Mainland	33-08.00	5
5 Albertson, Hillary	09	Spruce Creek Hig	31-03.00	4
6 Adams, Anquenette	10	Mainland	30-10.75	3
7 Dupont, Crystal	09	DeLand	30-02.00	2
8 Frassetto, Julia	11	Spruce Creek Hig	30-01.00	1
9 Funk, Stina	12	Spruce Creek Hig	29-09.75	
10 Foster, Hollesha	09	Pine Ridge	29-04.00	
10 Worden, Ashley	12	DeLand	29-04.00	
12 Gabriella, Razzetti	09	DeLand	29-01.00	
13 Gilbert, Tekevia	10	DeLand	28-08.50	
14 Gabbert, Emily	11	Flagler Palm Coa	28-08.00	
15 Austin, Ami	12	Seabreeze	28-06.50	
16 Cummins, Courtney	11	Spruce Creek Hig	28-02.50	
17 Kutsyshina, Marina	11	Flagler Palm Coa	28-02.00	
18 Ramos, Micayla	09	Seabreeze	26-11.00	
19 Burkett, Morgan	09	Seabreeze	26-09.50	
20 Delvalle, Emily	11	Deltona	26-09.00	
21 Stewart, Amanda	11	Seabreeze	25-10.00	

Girls Shot Put

Name	Yr	School	Finals	
1 Sypho, Dwaynique	12	Atlantic (Po)	34-05.00	10
2 Lucien, Hannah	12	Flagler Palm Coa	33-03.00	8
3 Hightower, Shari	11	Mainland	31-08.00	6
4 Adamak, Brittany	11	Spruce Creek Hig	31-06.00	5

5 Cribb, Kiara	10	Spruce Creek Hig	30-01.50	4
6 Gregory, Sashann	10	Pine Ridge	28-05.00	3
7 Groszer, Lindsey	12	DeLand	27-08.00	2
8 Fuller, Mary	11	Spruce Creek Hig	27-05.00	1
9 Pope, Takeysha	09	Mainland	25-04.00	
10 Horner, Ashley	11	Spruce Creek Hig	24-06.50	
11 Thyng, Brooke	10	DeLand	24-05.50	
12 McIntosh, Tiy	11	Pine Ridge	24-00.50	
13 Everett, Aldreka	09	Deltona	23-07.00	
14 Finocchiaro, Courtney	11	DeLand	23-02.00	
15 Quezada, Angela	10	Pine Ridge	22-02.00	
16 Schwarz, Ali	10	Seabreeze	22-01.00	
17 McMillian, Shaques	09	Mainland	21-03.00	
18 Niedzwitcki, Sara	09	Seabreeze	19-09.00	
19 Nixon, Stephanie	10	Seabreeze	18-00.50	

Girls Discus Throw

Name	Yr	School	Finals	
1 Worden, Ashley	12	DeLand	101-07	10
2 Adamak, Brittany	11	Spruce Creek Hig	91-00	8
3 Lucien, Hannah	12	Flagler Palm Coa	88-05	6
4 Jaeger, Christina	12	Spruce Creek Hig	83-03	5
5 Fuller, Mary	11	Spruce Creek Hig	80-02	4
6 Horner, Ashley	11	Spruce Creek Hig	78-06	3
7 Pope, Takeysha	09	Mainland	77-03	2
8 Finocchiaro, Courtney	11	DeLand	74-06	1
9 Gregory, Sashann	10	Pine Ridge	65-07	
10 Everett, Aldreka	09	Deltona	63-09	
11 Groszer, Lindsey	12	DeLand	63-05	
12 Astralaga, Lily	10	Deltona	57-07	
13 Nixon, Stephanie	10	Seabreeze	51-00	
14 Alter, Taylor	12	Flagler Palm Coa	47-01	
14 Schwarz, Ali	10	Seabreeze	47-01	
16 Quezada, Angela	10	Pine Ridge	46-03	
17 McIntosh, Tiy	11	Pine Ridge	46-02	
18 Niedzwitcki, Sara	09	Seabreeze	34-07	

Women - Team Rankings - 17 Events Scored

1) Spruce Creek High	168
2) Flagler Palm Coast	126
3) DeLand	84
4) Deltona High School	75
5) Mainland High School	53
6) Seabreeze High School	50
7) Atlantic (PO)	47
8) New Smyrna Beach	29
9) Pine Ridge	21

Men - Team Rankings - 17 Events Scored

1) Flagler Palm Coast	221
2) Spruce Creek High	109
3) DeLand	78.5
4) Seabreeze High School	55.5

5 Star Conference Meet - 4/3/2007

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5) Mainland High School	53
6) Deltona High School	43
7) Atlantic (PO)	40
8) Pine Ridge	28
9) New Smyrna Beach	26