

2007 FHSAA Track & Field Championships - 4/18/2007

Class 4A District 2

Flagler Palm Coast High School

Meet Program - Wednesday

Event 1 Girls High Jump

National: 6-03 1992		Amy Acuff, Calallen (TX)			
State: 6-00 2004		Viktoria Andonova, Coral			
Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	578 Suah, Rebecca	12	Spruce Creek	4-02.00	
2	217 Hanratty, Kristen	11	Oviedo	4-04.00	
3	207 McCune, Amanda	11	Oviedo	4-04.00	
4	654 Dougherty, Shannon	12	Spruce Creek	4-04.00	
5	594 Cummins, Courtney	11	Spruce Creek	4-06.00	
6	19 Gabbert, Audrey	09	Flagler Palm Co:	4-08.00	
7	612 Funk, Stina	12	Spruce Creek	4-08.00	
8	295 Opisso, Alexis	11	DeLand	4-08.00	
9	333 Webb, Christen	09	Deltona	4-10.00	
10	224 Goff, Shauntere	11	Oviedo	4-10.00	
11	79 Jackson, Jessika	12	Flagler Palm Co:	5-00.00	
12	28 Gabbert, Emily	11	Flagler Palm Co:	5-00.00	
13	202 Maxwell, Ariel	11	Lake Mary	5-02.00	

Event 2 Boys High Jump

National: 7-05.25 1984		Dothel Edwards, Cedar Shoals (
State: 7-02 2000		T. James; J. Baxter; J. Squitt			
Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	534 Peacock, Roscoe	10	Spruce Creek	5-02.00	
2	31 Shine, Curtis	12	Flagler Palm Co:	5-06.00	
3	271 Harris, Ernest	12	DeLand	5-06.00	
4	56 Williams, Shereif	10	Flagler Palm Co:	5-06.00	
5	589 Howard, David	11	Spruce Creek	5-08.00	
6	624 Seitz, Justin	12	Spruce Creek	5-08.00	
7	281 Herring, Tyler	10	DeLand	5-08.00	
8	264 Chinelli, Matthew	11	DeLand	5-08.00	
9	573 Floyd, Lorenzo	12	Spruce Creek	5-10.00	
10	450 Neal, Myler	12	Seminole (Sanfo)	5-10.00	
11	47 Boney', Bryant	12	Flagler Palm Co:	5-10.00	
12	290 Reddy, Nick	12	DeLand	5-10.00	
13	37 Lacy, Justin	11	Flagler Palm Co:	6-00.00	
14	241 Jacobson, Ian	11	Oviedo	6-02.00	

Event 3 Girls Pole Vault

National: 13-08 2001		Shayla Balentine, Morro Bay			
State: 12-08 1998		Deanna Shuler, Dwyer (5A)			
Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	207 McCune, Amanda	11	Oviedo	6-00.00	
2	223 Matthews, Caitlin	11	Oviedo	6-00.00	
3	285 Kratina, Lauren	10	DeLand	7-00.00	
4	273 Shortlidge, Natalie	09	DeLand	7-06.00	
5	261 Miller, Michelle	09	DeLand	8-00.00	
6	295 Opisso, Alexis	11	DeLand	8-00.00	
7	19 Gabbert, Audrey	09	Flagler Palm Co:	8-06.00	
8	71 Alter, Taylor	12	Flagler Palm Co:	9-00.00	
9	28 Gabbert, Emily	11	Flagler Palm Co:	9-06.00	
10	156 Martin, Meagan	11	Lake Mary	12-00.00	

Event 4 Boys Pole Vault

National: 18-02.25 1999		Eric Eshback, Orangefield (TX)			
State: 15-09.50 2004		Ben Dickens, Douglas (4A)			
Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	169 Pitcher, Jared D	09	Lake Mary	8-00.00	
2	296 Grace, James Ben	12	DeLand	9-00.00	
3	263 Martella, Michael	10	DeLand	9-06.00	
4	3 Jones, Chase	11	Flagler Palm Co:	9-06.00	
5	262 Estalilla, Mychal	12	DeLand	10-00.00	
6	219 Boulware, Josh	11	Oviedo	10-00.00	
7	486 Gurtis, Jared	12	Seminole (Sanfo)	10-06.00	
8	452 Shane, Cody	11	Seminole (Sanfo)	10-06.00	
9	67 Davis, Mike (Lee)	10	Flagler Palm Co:	11-06.00	
10	18 Critcher, Kenlee	09	Flagler Palm Co:	11-06.00	
11	234 Sostre, Rick	12	Oviedo	11-06.00	
12	297 Woodard, Alec	12	DeLand	12-06.00	
13	235 Blair, Victor	11	Oviedo	12-06.00	
14	195 Woodruff, Grant	10	Lake Mary	14-02.00	

Event 5 Girls Long Jump

National: 22-01.75 1976		Kathy McMillan, Hoke County			
State: 20-02.75 1991		Nicole Irving, Nova (5A)			
Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	455 Dotie, Shatarra	11	Seminole (Sanfo)	22-11.75	
2	457 Meyers, Accouya	11	Seminole (Sanfo)	19-08.25	
3	453 Falcone, Emma	09	Seminole (Sanfo)	19-08.25	
4	205 Anderson, Nia	10	Lake Mary	17-04.00	
5	194 Orr, Chrissy	11	Lake Mary	16-05.00	
6	211 Hawkesworth, Lauren	12	Oviedo	16-05.00	
7	584 Frassetto, Julia	11	Spruce Creek	15-08.25	
8	79 Jackson, Jessika	12	Flagler Palm Co:	15-05.00	
9	655 Albertson, Hillary	09	Spruce Creek	15-03.00	
Flight 2 of 2 Finals					
1	298 Gabriella, Razzetti	09	DeLand	15-00.75	
2	259 Gilbert, Tekevia	10	DeLand	15-00.75	
3	269 Chavers, Rochelle	09	DeLand	15-00.75	
4	318 Dupont, Crystal	09	DeLand	15-00.75	
5	214 Anderson, Meredith	10	Oviedo	15-00.00	
6	594 Cummins, Courtney	11	Spruce Creek	15-00.00	
7	556 Davis, Crystal	09	Spruce Creek	14-11.50	
8	242 Douglass, Paige	11	Oviedo	14-10.00	
9	138 Martin, Moriah	09	Lake Mary	14-01.00	

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Event 6 Boys Long Jump

National: 26-04.75 1989 James Stallworth, Tulare (CA)
 State: 25-05 2002 Kevin Marion, Dixie Hollins

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	124 Hines, Kevin	12	Pine Ridge		23-07.50
2	200 Anderson, Greg	12	Lake Mary		22-05.00
3	276 Jones, Linwood	12	DeLand		21-11.00
4	47 Boney', Bryant	12	Flagler Palm Co		21-09.00
5	179 Layton, Mark N	12	Lake Mary		21-07.00
6	241 Jacobson, Ian	11	Oviedo		21-02.00
7	362 Lewis, Shane	09	Deltona		21-00.00
8	672 Johnson, Terrell	09	Spruce Creek		20-10.00
9	573 Floyd, Lorenzo	12	Spruce Creek		20-10.00

Flight 2 of 2 Finals

1	61 Mitchell, Marcus	12	Flagler Palm Co		20-08.50
2	469 Owens, Nile	10	Seminole (Sanfo)		20-06.00
3	164 Robinson, Reginald	11	Lake Mary		20-05.00
4	56 Williams, Shereif	10	Flagler Palm Co		20-01.00
5	461 Washington, Brandon	10	Seminole (Sanfo)		20-00.00
6	31 Shine, Curtis	12	Flagler Palm Co		19-10.00
7	271 Harris, Ernest	12	DeLand		19-03.00
8	238 Thomas, Darius	11	Oviedo		19-00.00
9	624 Seitz, Justin	12	Spruce Creek		19-00.00
10	209 Colon, Andrew	10	Oviedo		18-09.00

Event 7 Girls Triple Jump

National: 44-02.25 2001 Ychlandria Spears, Luling (TX)
 State: 41-07.50 1998 Shanell McMiller, Miami

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	484 Howard, Janay	10	Seminole (Sanfo)		55-09.25
2	455 Dotie, Shatarra	11	Seminole (Sanfo)		52-06.00
3	470 Goff, Bricon	11	Seminole (Sanfo)		45-11.25
4	211 Hawkesworth, Lauren	12	Oviedo		35-01.00
5	79 Jackson, Jessika	12	Flagler Palm Co		34-08.00
6	333 Webb, Christen	09	Deltona		33-11.00
7	138 Martin, Moriah	09	Lake Mary		32-10.00
8	318 Dupont, Crystal	09	DeLand		32-00.00

Flight 2 of 2 Finals

1	655 Albertson, Hillary	09	Spruce Creek		31-06.50
2	584 Frassetto, Julia	11	Spruce Creek		31-00.50
3	242 Douglass, Paige	11	Oviedo		31-00.00
4	207 McCune, Amanda	11	Oviedo		31-00.00
5	2 Kutsyshina, Marina	11	Flagler Palm Co		30-00.00
6	594 Cummins, Courtney	11	Spruce Creek		29-00.50
7	298 Gabriella, Razzetti	09	DeLand		29-00.00
8	612 Funk, Stina	12	Spruce Creek		29-00.00

Event 8 Boys Triple Jump

National: 52-10.50 1980 Charles Mayfield, Muir (CA)
 State: 52-05.50 1994 Andre Scott, Seminole (Sanford)

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	124 Hines, Kevin	12	Pine Ridge		47-03.00
2	454 Debose, Andre	10	Seminole (Sanfo)		43-11.00
3	477 Johnson, Alphonso	12	Seminole (Sanfo)		43-06.00
4	362 Lewis, Shane	09	Deltona		43-04.00
5	414 Thompkins,	12	Winter Springs		42-10.00
6	47 Boney', Bryant	12	Flagler Palm Co		42-10.00
7	164 Robinson, Reginald	11	Lake Mary		42-10.00
8	276 Jones, Linwood	12	DeLand		42-03.00
9	446 D'Alessandro, Alex	12	Seminole (Sanfo)		42-00.00
10	573 Floyd, Lorenzo	12	Spruce Creek		42-00.00
11	54 Ndu, Rodney	10	Flagler Palm Co		41-11.00

Flight 2 of 2 Finals

1	56 Williams, Shereif	10	Flagler Palm Co		41-02.00
2	450 Neal, Myler	11	Seminole (Sanfo)		41-00.00
3	589 Howard, David	11	Spruce Creek		40-11.00
4	31 Shine, Curtis	12	Flagler Palm Co		39-10.00
5	303 Lacey, Darnell	09	DeLand		39-08.00
6	129 Walker, Theodore	12	Pine Ridge		39-02.00
7	264 Chinelli, Matthew	11	DeLand		38-11.00
8	220 Jenkins, Stephon	10	Oviedo		38-05.50
9	238 Thomas, Darius	11	Oviedo		38-04.50
10	526 Vesga, Phillip	10	Spruce Creek		37-00.00
11	209 Colon, Andrew	10	Oviedo		34-07.00

Event 9 Girls Discus Throw

National: 188-04 1994 Suzy Powell, Downey (CA)
 State: 185-09 1996 Seilala Sua, St. Thomas Aquina

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	405 Evans, Ashley	10	Winter Springs		229-08.25
2	277 Worden, Ashley	12	DeLand		115-03
3	76 Lucien, Hannah	12	Flagler Palm Co		111-00
4	180 Olan, Julia	12	Lake Mary		92-01
5	625 Adamak, Brittany	11	Spruce Creek		90-00
6	146 Billington, Kishiyana	09	Lake Mary		89-05
7	674 Horner, Ashley	11	Spruce Creek		87-10
8	270 Groszer, Lindsey	12	DeLand		85-00
9	599 Jaeger, Christina	12	Spruce Creek		84-05

Flight 2 of 2 Finals

1	662 Fuller, Mary	11	Spruce Creek		82-00
2	203 McGee, Jade	12	Lake Mary		81-10
3	187 Moore, Ashley	12	Lake Mary		79-04
4	117 Gregory, Sashann	10	Pine Ridge		78-02
5	226 Lehrer, Jessica	10	Oviedo		76-00
6	292 Finocchiaro,	11	DeLand		75-00
7	459 Cooper, Tajaneia	11	Seminole (Sanfo)		49-02.75
8	456 Campfield, Crystal	12	Seminole (Sanfo)		49-02.75
9	319 Thyng, Brooke	10	DeLand		44-01

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Meet Program - Wednesday

Event 10 Boys Discus Throw

National: 234-03 2001 Niklas Arrhenius, Oram Mnt.
 State: 203-06 2004 Westley Stockbarger, Charlotte

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	167 Wright, Mathew	12	Lake Mary		170-05
2	633 Lickfield,	10	Spruce Creek		162-11
3	660 Pellicer, Cody	12	Spruce Creek		142-04
4	397 Gregery, John	12	Winter Springs		138-10
5	288 Monk, Nate	12	DeLand		134-07
6	349 Bixby, Zach	12	Deltona		128-00
7	222 Faison, Ron	11	Oviedo	126-01.75	
8	189 Tenorio, Jon D	11	Lake Mary		125-05
9	403 McKinnon, Taylor	10	Winter Springs		125-03

Flight 2 of 3 Finals

1	282 Koski, Mark	12	DeLand		125-02
2	483 Johnson, Jonathan	11	Seminole (Sanfo)		125-00
3	531 Mattox, Andrew	10	Spruce Creek		123-04
4	4 Robinson, Jon	12	Flagler Palm Co		120-02
5	431 Lopez, James	12	Winter Springs		120-01
6	372 Berry, Clayton	11	Deltona		120-00
7	48 Zhamukhanov, Adam	12	Flagler Palm Co		119-09
8	356 Sanders, Mike	11	Deltona		118-00
9	299 Ball, Daryle	09	DeLand		118-00
10	204 Badger, Jarvis A	11	Lake Mary		115-10

Flight 3 of 3 Finals

1	33 Oliver, Ancil	12	Flagler Palm Co		111-09
2	448 Chacon, Gabe	12	Seminole (Sanfo)		111-05
3	134 Christian, Julian F	10	Lake Mary		110-05
4	442 Sims, Donovan	11	Winter Springs		110-01
5	514 Mount, Josh	10	Spruce Creek		104-06
6	250 Saberno III, Anthony	12	Oviedo		100-06
7	109 Bennett, John	10	Pine Ridge	98-05.25	
8	111 Miller, Tim	10	Pine Ridge		91-05
9	127 Scott, Paul	10	Pine Ridge		82-00.50
10	101 Bakota, Dennis	10	Pine Ridge		82-00.50

Event 11 Girls Shot Put

National: 54-10.75 2003 Michelle Carter, Red Oak (TX)
 State: 49-07.50 2004 Misti Barber, Miami Carol City

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	405 Evans, Ashley	10	Winter Springs		98-05.25
2	449 Adams, Quinita	09	Seminole (Sanfo)		82-00.25
3	76 Lucien, Hannah	12	Flagler Palm Co		36-00.00
4	618 Cribb, Kiara	10	Spruce Creek		32-05.00
5	146 Billington, Kishiyana	09	Lake Mary		32-00.00
6	625 Adamak, Brittany	11	Spruce Creek		31-00.00
7	662 Fuller, Mary	11	Spruce Creek		30-00.00
8	270 Groszer, Lindsey	12	DeLand		29-00.00
9	226 Lehrer, Jessica	10	Oviedo		28-02.00

Flight 2 of 2 Finals

1	180 Olan, Julia	12	Lake Mary		27-10.00
2	117 Gregory, Sashann	10	Pine Ridge		27-07.25
3	674 Horner, Ashley	11	Spruce Creek		27-00.00
4	203 McGee, Jade	12	Lake Mary		26-05.00
5	319 Thyng, Brooke	10	DeLand		25-00.00
6	187 Moore, Ashley	12	Lake Mary		24-07.00
7	463 Davis, Aquel	09	Seminole (Sanfo)		22-11.75
8	292 Finocchiaro,	11	DeLand		22-00.00
9	456 Campfield, Crystal	12	Seminole (Sanfo)		19-08.25

Event 12 Boys Shot Put

National: 77-00 1979 Michael Carter, Jefferson (TX)
 State: 65-08.25 2004 Westley Stockbarger, Charlotte

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	633 Lickfield,	10	Spruce Creek		49-08.50
2	372 Berry, Clayton	11	Deltona		47-11.00
3	660 Pellicer, Cody	12	Spruce Creek		46-00.00
4	167 Wright, Mathew	12	Lake Mary		45-02.00
5	448 Chacon, Gabe	12	Seminole (Sanfo)		44-03.00
6	48 Zhamukhanov, Adam	12	Flagler Palm Co		43-11.00
7	483 Johnson, Jonathan	11	Seminole (Sanfo)		43-00.00
8	403 McKinnon, Taylor	10	Winter Springs		42-10.00
9	397 Gregery, John	12	Winter Springs		42-09.00
10	222 Faison, Ron	11	Oviedo		41-08.25
11	4 Robinson, Jon	12	Flagler Palm Co		41-00.00
12	282 Koski, Mark	12	DeLand		40-03.00

Flight 2 of 2 Finals

1	189 Tenorio, Jon D	11	Lake Mary		40-00.00
2	33 Oliver, Ancil	12	Flagler Palm Co		40-00.00
3	123 Tavener, Jordan	10	Pine Ridge		39-04.50
4	127 Scott, Paul	10	Pine Ridge		39-04.50
5	109 Bennett, John	10	Pine Ridge		39-04.50
6	288 Monk, Nate	12	DeLand		38-09.00
7	442 Sims, Donovan	11	Winter Springs		38-08.00
8	204 Badger, Jarvis A	11	Lake Mary		38-05.00
9	531 Mattox, Andrew	10	Spruce Creek		36-05.00
10	514 Mount, Josh	10	Spruce Creek		36-02.00
11	134 Christian, Julian F	10	Lake Mary		35-05.00
12	299 Ball, Daryle	09	DeLand		34-00.00
13	101 Bakota, Dennis	10	Pine Ridge		32-09.75

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Class 4A District 2

Flagler Palm Coast High School

Meet Program - Wednesday

Event 13 Girls 4x800 Meter Relay

National: 8:58.43 1982 Ft. Washington Upper Dublin (P)
State: 9:11.10 2000 Winter Springs (4A)

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Seminole (Sanfor	A	11:44.00
2	Lake Mary	A	10:35.15
3	Oviedo	A	10:06.00
4	Spruce Creek	A	9:34.65
5	Flagler Palm Coa	A	10:05.00
6	DeLand	A	10:20.00
7	Winter Springs	A	10:45.00

Event 14 Boys 4x800 Meter Relay

National: 7:36.24 1982 Ambler Wissahickon (PA)
State: 7:37.76 2001 Atlantic (4A)

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	DeLand	A	8:50.00
2	Spruce Creek	A	8:40.00
3	Lake Mary	A	8:31.45
4	Flagler Palm Coa	A	8:00.00
5	Winter Springs	A	8:04.00
6	Deltona	A	8:35.00
7	Oviedo	A	8:40.11

Event 15 Girls 100 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

National: 13.20 2000 Nicole Denby, Riverside John N
State: 13.53 2004 P. James, MNthwstn / S.

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	319 Thyng, Brooke	10	DeLand	19.00
3	400 Denizard, Angelie	09	Winter Springs	18.50
4	152 Robinson, KellyAnn	12	Lake Mary	15.34
5	453 Falcone, Emma	09	Seminole (Sanfo	17.60
6	556 Davis, Crystal	09	Spruce Creek	17.97
7	247 Rahbari, Marie	10	Oviedo	21.59
Heat 2 of 3 Prelims				
2	176 James, Alison	11	Lake Mary	18.56
3	530 Barrios-Malabad, Mia	11	Spruce Creek	17.97
4	277 Worden, Ashley	12	DeLand	16.00
5	352 Bradley, Mila	11	Deltona	17.50
6	668 Hanak, Kayla	10	Spruce Creek	18.29
7	229 Williams, Krysten	11	Oviedo	19.28
Heat 3 of 3 Prelims				
2	309 Strawder, Chelsea	10	DeLand	19.00
3	481 Sanford, Emily	12	Seminole (Sanfo	17.80
4	79 Jackson, Jessika	12	Flagler Palm Co:	17.00
5	582 Janson, Brittani A	09	Spruce Creek	17.16
6	110 Henderson, Christena	10	Pine Ridge	18.00
7	212 Lee, Kristan	10	Oviedo	19.09

Event 16 Boys 110 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

National: 13.30 1990 Chris Nelloms, Dunbar (OH)
State: 13.59 1989 Philip Riley, Jones (4A)

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	445 Lawrence, DeShawn	12	Seminole (Sanfo	16.03
3	536 Campbell, Shawn	12	Spruce Creek	15.44
4	7 Cooper, Jarius	12	Flagler Palm Co:	13.85
5	143 Miner, Calvin	11	Lake Mary	15.35
6	129 Walker, Theodore	12	Pine Ridge	15.90
7	503 Mallory, Matthew	10	Spruce Creek	19.94
Heat 2 of 3 Prelims				
2	394 Rivera, Hector	11	Winter Springs	16.10
3	5 Solomon, Zavier	12	Flagler Palm Co:	15.53
4	589 Howard, David	11	Spruce Creek	14.60
5	467 Sessions, Demetrius	12	Seminole (Sanfo	15.34
6	181 Baucom, Mike	11	Lake Mary	15.89
7	86 Cruz, Ricky	10	Pine Ridge	17.20
Heat 3 of 3 Prelims				
2	213 Grahm, Eirc	12	Oviedo	18.46
3	55 Jean, Fritz	10	Flagler Palm Co:	15.84
4	290 Reddy, Nick	12	DeLand	15.19
5	91 Zarzycki, Lukasz	12	Pine Ridge	15.30
6	450 Neal, Myler	11	Seminole (Sanfo	15.89
7	534 Peacock, Roscoe	10	Spruce Creek	18.14

Event 17 Girls 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

National: 11.14 1990 Marion Jones, Thousand Oaks
State: 11.40 1989 Zundra Feagin, Cocoa (4A)

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	478 Redding, Ta'Quesha	09	Seminole (Sanfo	13.40
2	597 O'Conner, Christina	12	Spruce Creek	13.05
3	178 Parodi, Michelle	12	Lake Mary	12.95
4	177 Fisher, Roberta	11	Lake Mary	12.33
5	359 Richardson, Jasmine	12	Deltona	12.95
6	90 Davis, Trenice	10	Pine Ridge	13.00
7	269 Chavers, Rochelle	09	DeLand	13.40
Heat 2 of 3 Prelims				
1	301 LaPlante, Renee	09	DeLand	13.80
2	102 Gayle, Stephanie	11	Pine Ridge	13.01
3	641 McCalla, Shayna	12	Spruce Creek	12.97
4	205 Anderson, Nia	10	Lake Mary	12.44
5	482 Rouse, Ayerial	10	Seminole (Sanfo	12.80
6	259 Gilbert, Tekevia	10	DeLand	13.00
7	462 Burks, Courtney	09	Seminole (Sanfo	13.30

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Heat 3 of 3 Prelims...(Event 17 Girls 100 Meter Dash)

1	622 Mayfield, Ashley	12	Spruce Creek	13.83
2	320 Prather, Warda	10	Deltona	13.11
3	110 Henderson, Christena	10	Pine Ridge	13.00
4	194 Orr, Chrissy	11	Lake Mary	12.65
5	490 Santiago, Maria	09	Seminole (Sanfo)	12.70
6	283 Kratina, Katherine	09	DeLand	13.00
7	78 Fanfan, Rebecca	11	Flagler Palm Co.	13.20
8	500 Hoover, Megan	10	Spruce Creek	13.90

Event 18 Boys 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

National: 10.15 1990 Henry Neal, Greenville (TX)
State: 10.38 2004 T. McCall, Forest / W. Dix,

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	499 Traster, Nick	11	Spruce Creek	11.71
2	108 Taylor, Mike	12	Pine Ridge	11.40
3	464 Baskerville-Lemon,	11	Seminole (Sanfo)	11.30
4	75 Steward, Jeremy	11	Flagler Palm Co.	11.04
5	293 Miller, Jared	12	DeLand	11.29
6	151 Mitchell, Mark	11	Lake Mary	11.40
7	329 Rosamonda, Nick	11	Deltona	11.70

Heat 2 of 4 Prelims

1	85 Smiekle, Gary	11	Pine Ridge	11.90
2	239 Wilkins, Garrett	11	Oviedo	11.43
3	471 Washington, Brandon	12	Seminole (Sanfo)	11.30
4	29 Mott, Brandon	12	Flagler Palm Co.	11.06
5	265 Joyce, Kavon Mark	09	DeLand	11.33
6	433 Rudolph, Jamaal	11	Winter Springs	11.40
7	675 Yarborough, Joey	10	Spruce Creek	11.71
8	135 Iglesias, Mike	12	Lake Mary	12.89

Heat 3 of 4 Prelims

1	369 Farrell, Kenny	12	Deltona	11.80
2	179 Layton, Mark N	12	Lake Mary	11.56
3	124 Hines, Kevin	12	Pine Ridge	11.32
4	487 Slater, Quintin	11	Seminole (Sanfo)	11.20
5	34 Davis, Charles	12	Flagler Palm Co.	11.26
6	402 Rolle, James	09	Winter Springs	11.40
7	623 Gaines, Kyle	09	Spruce Creek	11.66
8	227 Smith, Austin	10	Oviedo	11.99

Heat 4 of 4 Prelims

1	434 Nelson, Jimmie	12	Winter Springs	11.90
2	573 Floyd, Lorenzo	12	Spruce Creek	11.60
3	61 Mitchell, Marcus	12	Flagler Palm Co.	11.27
4	286 Heath, David	10	DeLand	11.22
5	136 Williamson, Robert	12	Lake Mary	11.25
6	469 Owens, Nile	10	Seminole (Sanfo)	11.40
7	321 Kennedy, Dwayne	10	Deltona	11.60
8	88 James, Dennis	10	Pine Ridge	11.90

Event 22 Boys 4x100 Meter Relay**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

National: 39.76 1998 Fort Worth O.D. Wyatt (TX)
State: 40.60 1998 Boyd Anderson (6A)

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

2	Pine Ridge	A	44.90
3	Oviedo	A	43.87
4	Flagler Palm Coa	A	42.36
5	Winter Springs	A	43.20
6	Deltona	A	44.50

Heat 2 of 2 Prelims

3	Seminole (Sanfor)	A	43.33
4	Lake Mary	A	42.89
5	DeLand	A	43.20
6	Spruce Creek	A	44.85

Event 23 Girls 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

National: 50.74 2000 Monique Henderson, Morse
State: 52.51 2002 Sanya Richards, St. Thomas

Lane Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

2	465 Kolassiba, Dizah	09	Seminole (Sanfo)	1:06.00
3	153 Gumtow, Rebecca	10	Lake Mary	1:03.12
4	558 Hill, Ariel	10	Spruce Creek	1:01.09
5	305 Graham, Shaundrea	09	DeLand	1:02.00
6	667 Nagrani, Nicole	10	Spruce Creek	1:03.90
7	336 Alvarado, Jocelyn	09	Deltona	1:06.00

Heat 2 of 3 Prelims

2	473 Hemmings, Crystal	10	Seminole (Sanfo)	1:05.00
3	547 Andrews, Ali	11	Spruce Creek	1:03.15
4	202 Maxwell, Ariel	11	Lake Mary	1:00.15
5	328 Zaudike, Megan	11	Deltona	1:02.00
6	90 Davis, Trenice	10	Pine Ridge	1:04.00
7	231 DeRouchie, Deborah	11	Oviedo	1:10.00

Heat 3 of 3 Prelims

1	42 Crocket, Jessica	09	Flagler Palm Co.	1:06.00
2	95 Jones, Brittney	09	Pine Ridge	1:05.00
3	458 Ilegbusi, Aronke	09	Seminole (Sanfo)	1:03.00
4	659 Mathis, Brenna	10	Spruce Creek	59.05
5	188 Osborne, Dominique	09	Lake Mary	1:02.13
6	455 Dotie, Shatarra	11	Seminole (Sanfo)	1:05.00
7	214 Anderson, Meredith	10	Oviedo	1:08.20

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Event 24 Boys 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

National: 45.25 1993 Calvin Harrison, Salinas North
 State: 45.44 2004 Xavier Carter, Palm Bay (3A)

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 4 Prelims

2	258 Mendez, Carson	10	DeLand		55.30
3	461 Washington, Brandon	10	Seminole (Sanfo		52.60
4	80 Jones, Johnny	10	Flagler Palm Co:		50.69
5	164 Robinson, Reginald	11	Lake Mary		50.82
6	624 Seitz, Justin	12	Spruce Creek		53.20
7	98 Peltz, David	10	Pine Ridge		58.00

Heat 2 of 4 Prelims

2	160 Robinson, Micheal	10	Lake Mary		55.15
3	243 Qualls, David	11	Oviedo		54.49
4	489 Smith, Brandon	11	Seminole (Sanfo		50.22
5	501 O'Dell, Timothy	10	Spruce Creek		51.88
6	14 Barriteau, Josiah	12	Flagler Palm Co:		52.98
7	103 Knight, Mau	10	Pine Ridge		56.00

Heat 3 of 4 Prelims

2	118 Dela Cruz, Ben	10	Pine Ridge		55.00
3	485 Jones, Jerod	09	Seminole (Sanfo		52.24
4	200 Anderson, Greg	12	Lake Mary		48.80
5	41 Woods, Reggie	09	Flagler Palm Co:		51.97
6	579 Powell, Tommie	12	Spruce Creek		52.37
7	386 Christian, Demetrius	12	Winter Springs		55.60

Heat 4 of 4 Prelims

1	361 Liu, Kang	10	Deltona	1:00.00	
2	139 Benjamin, Terrell	11	Lake Mary		54.39
3	378 Elliott, Cain	11	Winter Springs		52.10
4	53 Lockhart, Charles (Cj)	10	Flagler Palm Co:		47.52
5	644 West, Troy	12	Spruce Creek		51.99
6	208 Wilks, Floyd	09	Oviedo		54.49
7	99 Chase, Deiago	09	Pine Ridge		58.00

Event 25 Girls 300 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

National: 39.98 2001 Lashinda Demus, Long Beach
 State: 41.34 2000 Tiffany Ross, Miami Northweste

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

2	212 Lee, Kristan	10	Oviedo		53.64
3	493 Christy, Julia	10	Spruce Creek		50.02
4	453 Falcone, Emma	09	Seminole (Sanfo		46.80
5	400 Denizard, Angelie	09	Winter Springs		49.98
6	582 Janson, Brittani A	09	Spruce Creek		52.52
7	81 Orban, Samantha	11	Flagler Palm Co:		57.00

Heat 2 of 3 Prelims

2	309 Strawder, Chelsea	10	DeLand		54.00
3	371 Casura, Heidi	12	Deltona		50.50
4	152 Robinson, KellyAnn	12	Lake Mary		47.90
5	569 Pecoraro, Robin	11	Spruce Creek		49.20
6	478 Redding, Ta'Quesha	09	Seminole (Sanfo		51.00
7	237 Brown, Brittany	10	Oviedo		57.90

Heat 3 of 3 Prelims

2	2 Kutsyshina, Marina	11	Flagler Palm Co:		56.00
3	577 Ravikumar, Raksha	11	Spruce Creek		50.50
4	481 Sanford, Emily	12	Seminole (Sanfo		49.00
5	310 Rodwell, Megan	09	DeLand		49.00
6	229 Williams, Krysten	11	Oviedo		52.46
7	176 James, Alison	11	Lake Mary		56.24

Event 26 Boys 300 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

National: 35.32 1985 George Porter, Lompoc Cabrillo
 State: 36.01 2002 Bershawn Johnson, Miami

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1	534 Peacock, Roscoe	10	Spruce Creek		45.27
2	55 Jean, Fritz	10	Flagler Palm Co:		43.11
3	445 Lawrence, DeShawn	12	Seminole (Sanfo		41.96
4	7 Cooper, Jarius	12	Flagler Palm Co:		38.59
5	129 Walker, Theodore	12	Pine Ridge		41.90
6	460 Lemois, Joseph	12	Seminole (Sanfo		42.92
7	213 Graham, Eirc	12	Oviedo		46.87

Heat 2 of 3 Prelims

1	91 Zarzycki, Lukasz	12	Pine Ridge		45.00
2	351 Nieves, Alex	09	Deltona		44.50
3	181 Baucom, Mike	11	Lake Mary		42.25
4	468 Brown, Ja'vion	12	Seminole (Sanfo		39.83
5	589 Howard, David	11	Spruce Creek		41.67
6	64 Harris, Marshaun	12	Flagler Palm Co:		42.84
7	252 Langhowser, Garrett	10	Oviedo		44.64

Heat 3 of 3 Prelims

1	86 Cruz, Ricky	10	Pine Ridge		51.20
2	672 Johnson, Terrell	09	Spruce Creek		43.73
3	394 Rivera, Hector	11	Winter Springs		42.30
4	467 Sessions, Demetrius	12	Seminole (Sanfo		40.35
5	72 Wilkes, James	12	Flagler Palm Co:		40.44
6	536 Campbell, Shawn	12	Spruce Creek		42.37
7	143 Miner, Calvin	11	Lake Mary		43.12

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Event 29 Girls 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

National: 22.52 2003 Allyson Felix, LA Baptist (CA)
 State: 23.36 2001 Erica Whipple, Palm Beach

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1	581 Maholias, Amanda	09	Spruce Creek		28.90
2	90 Davis, Trenice	10	Pine Ridge		27.30
3	202 Maxwell, Ariel	11	Lake Mary		26.85
4	205 Anderson, Nia	10	Lake Mary		25.44
5	482 Rouse, Ayerial	10	Seminole (Sanfo		26.40
6	78 Fanfan, Rebecca	11	Flagler Palm Co:		27.50
7	301 LaPlante, Renee	09	DeLand		28.30
8	230 Foto, Krystie	09	Oviedo		29.94

Heat 2 of 3 Prelims

1	242 Douglass, Paige	11	Oviedo		29.09
2	42 Crocket, Jessica	09	Flagler Palm Co:		27.60
3	102 Gayle, Stephanie	11	Pine Ridge		26.96
4	177 Fisher, Roberta	11	Lake Mary		25.49
5	490 Santiago, Maria	09	Seminole (Sanfo		26.30
6	621 Rockwell, Chelsea	11	Spruce Creek		29.16
7	81 Orban, Samantha	11	Flagler Palm Co:		28.00
8	223 Matthews, Caitlin	11	Oviedo		29.84

Heat 3 of 3 Prelims

1	217 Hanratty, Kristen	11	Oviedo		29.12
2	462 Burks, Courtney	09	Seminole (Sanfo		27.60
3	597 O'Conner, Christina	12	Spruce Creek		27.20
4	359 Richardson, Jasmine	12	Deltona		26.00
5	194 Orr, Chrissy	11	Lake Mary		26.01
6	2 Kutsyshina, Marina	11	Flagler Palm Co:		27.20
7	641 McCalla, Shayna	12	Spruce Creek		27.97
8	269 Chavers, Rochelle	09	DeLand		27.80

Event 30 Boys 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

National: 20.13 1985 Roy Martin, Dallas Roosevelt (
 State: 20.62 2004 Walter Dix, Coral Springs (4A)

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 4 Prelims

1	623 Gaines, Kyle	09	Spruce Creek		24.32
2	271 Harris, Ernest	12	DeLand		23.70
3	34 Davis, Charles	12	Flagler Palm Co:		22.76
4	200 Anderson, Greg	12	Lake Mary		21.83
5	464 Baskerville-Lemon,	11	Seminole (Sanfo		22.72
6	233 Perry, Nicholas	11	Oviedo		23.78
7	330 Lewis, Roberto	11	Deltona		24.30

Heat 2 of 4 Prelims

1	671 Jarnagin, Jason	12	Spruce Creek		24.57
2	151 Mitchell, Mark	11	Lake Mary		23.53
3	286 Heath, David	10	DeLand		23.00
4	44 Grier, Alex	12	Flagler Palm Co:		21.84
5	487 Slater, Quintin	11	Seminole (Sanfo		22.68
6	88 James, Dennis	10	Pine Ridge		23.50
7	434 Nelson, Jimmie	12	Winter Springs		24.30

Heat 3 of 4 Prelims

1	160 Robinson, Micheal	10	Lake Mary		24.75
2	329 Rosamonda, Nick	11	Deltona		24.20
3	579 Powell, Tommie	12	Spruce Creek		23.06
4	29 Mott, Brandon	12	Flagler Palm Co:		22.18
5	477 Johnson, Alphonso	12	Seminole (Sanfo		22.60
6	108 Taylor, Mike	12	Pine Ridge		23.40
7	316 Thompson, Larry	09	DeLand		24.00

Heat 4 of 4 Prelims

2	85 Smiekle, Gary	11	Pine Ridge		23.90
3	287 White, Isaac	12	DeLand		23.20
4	75 Steward, Jeremy	11	Flagler Palm Co:		22.40
5	136 Williamson, Robert	12	Lake Mary		22.55
6	433 Rudolph, Jamaal	11	Winter Springs		23.20
7	227 Smith, Austin	10	Oviedo		24.10

Event 19 Girls 1600 Meter Run

National: 4:39.40 1985 Laura Matson, Hills-Andover
 State: 4:48.90 2004 Jennifer Barringer, Oviedo (4A)

Lane	Name	Yr	School	Seed	Time
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Section 1 of 1 Finals

1A	647 Wyckoff, Kalya	11	Spruce Creek		5:42.09
1B	488 Roser, Elizabeth	09	Seminole (Sanfo		7:58.00
2A	133 Goldsmith, Abby	11	Lake Mary		5:39.29
2B	83 Vlasik, Olena	09	Flagler Palm Co:		6:17.00
3A	215 Schlueb, Krystie	11	Oviedo		5:31.00
3B	13 Kirschner, Ashley	10	Flagler Palm Co:		6:00.00
4A	563 Perkins, Amanda	10	Spruce Creek		5:07.45
4B	174 McIntyre, Tori	11	Lake Mary		5:49.10
5A	255 Baumann, Brooke	11	DeLand		5:14.00
5B	232 Amoros, Alexis	11	Oviedo		6:00.00
6A	27 Dryesdale, Florence	12	Flagler Palm Co:		5:32.00
6B	554 Garrow, Heather	10	Spruce Creek		6:02.01
7A	15 Silva, Florencia	12	Flagler Palm Co:		5:40.00
7B	661 Hartman, Pam	10	Spruce Creek		6:20.00
8A	165 Dreyer, Allison	11	Lake Mary		5:45.18

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Event 20 Boys 1600 Meter Run

National: 3:59.51 2001 Alan Webb, Reston South Lakes
 State: 4:09.44 2002 Sam Vasquez, Flagler Palm

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1A	30 Duffy, Marcus	12	Flagler Palm Co	4:39.00
1B	637 Parker, Jacob	10	Spruce Creek	4:59.80
2A	545 Frazier, Alex	11	Spruce Creek	4:36.53
2B	535 Moody, Christopher	11	Spruce Creek	4:56.34
3A	236 Maciong-Licari,	12	Oviedo	4:29.13
3B	566 Gaines, Ryan	11	Spruce Creek	4:53.10
4A	65 Morales, Anthony	12	Flagler Palm Co	4:16.95
4B	274 Holyoke, Dylan	12	DeLand	4:43.00
4C	304 Cary, Benjamin	12	DeLand	5:18.00
5A	429 Goodman, Tommy	12	Winter Springs	4:27.70
5B	186 Jackson, Patrick S	12	Lake Mary	4:50.25
5C	147 Farrell, Ryan J	09	Lake Mary	5:20.18
6A	183 Blanton, Diego J	09	Lake Mary	4:35.18
6B	251 Cupta-Zorn, Gavriel	11	Oviedo	4:55.00
7A	119 Burk, Shane	11	Pine Ridge	4:38.00
7B	197 Valle, Brian D	11	Lake Mary	4:56.35
8A	59 Earle, Brandon	09	Flagler Palm Co	4:42.91
8B	275 Epifanio, Andrew	09	DeLand	5:05.00

Event 21 Girls 4x100 Meter Relay

National: 44.50 2004 Long Beach Poly (CA)
 State: 45.80 2000 St. Thomas Aquinas (3A)

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

2	Spruce Creek	A	52.44
3	Deltona	A	52.00
4	Lake Mary	A	48.40
5	Seminole (Sanfor	A	50.10
6	Oviedo	A	52.40
7	DeLand	A	53.57

Event 27 Girls 800 Meter Run

National: 2:04.50 1980 Joetta Clark, Maplewood
 State: 2:09.90 2001 Laveria Morris, Oak Ridge (4A)

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1A	201 Lisenbee, Karina	10	Lake Mary	2:40.12
2A	13 Kirschner, Ashley	10	Flagler Palm Co	2:38.00
3A	257 Houser, Joelle	09	DeLand	2:35.00
4A	382 Stelling, Kayley	09	Winter Springs	2:34.00
4B	188 Osborne, Dominique	09	Lake Mary	2:50.65
5A	511 Abadia, Raquel	10	Spruce Creek	2:34.70
5B	488 Roser, Elizabeth	09	Seminole (Sanfo	2:58.00
6A	246 Cummins, Kathryn	12	Oviedo	2:37.00
7A	590 Maranchick, Nicole	09	Spruce Creek	2:38.40
8A	95 Jones, Brittney	09	Pine Ridge	2:45.00

Section 2 of 2 Finals

1A	50 Lynch, Jenna	09	Flagler Palm Co	2:30.00
2A	516 Darrioosh, Roya	12	Spruce Creek	2:28.01
3A	244 Langhauser, Erika	12	Oviedo	2:26.00
4A	255 Baumann, Brooke	11	DeLand	2:16.00
4B	15 Silva, Florencia	12	Flagler Palm Co	2:33.00
5A	575 Nebel, Brooke	10	Spruce Creek	2:20.00
5B	153 Gumtow, Rebecca	10	Lake Mary	2:33.18
6A	23 Weinberg, Morgan	11	Flagler Palm Co	2:28.00
7A	240 Germ, Amanda	12	Oviedo	2:29.31
8A	395 Simmerville, Mallory	09	Winter Springs	2:31.00

Event 28 Boys 800 Meter Run

National: 1:46.45 1996 Michael Granville, Bell Garden
 State: 1:49.75 2004 Timothy Harris, BT Wasington

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1A	307 LaPlante, Ryan	10	DeLand	2:10.00
2A	111 Miller, Tim	10	Pine Ridge	2:10.00
2B	361 Liu, Kang	10	Deltona	2:20.00
3A	593 Hannabass, Kyle	10	Spruce Creek	2:09.00
3B	508 Poulson, Mark	10	Spruce Creek	2:15.30
4A	132 Moore, Jeremy	12	Lake Mary	2:06.27
4B	604 Ruffino, Eric	10	Spruce Creek	2:14.80
5A	1 Cannata, Travis	12	Flagler Palm Co	2:08.00
5B	294 Johnson, Joe	11	DeLand	2:15.00
6A	175 Gourlay, Ross	12	Lake Mary	2:09.15
6B	162 O'Connor, Kyle G	11	Lake Mary	2:16.75
7A	312 Chavers, Devon	09	DeLand	2:10.00
8A	327 Littell, Jonathan	09	Deltona	2:12.00

Section 2 of 2 Finals

1A	422 Prawl, Johnny	12	Winter Springs	2:02.30
2A	411 Hinds, Brett	11	Winter Springs	2:01.40
2B	381 Borger, Richie	12	Winter Springs	2:05.20
3A	16 Earle, Andrew	11	Flagler Palm Co	2:00.01
3B	119 Burk, Shane	11	Pine Ridge	2:04.00
4A	65 Morales, Anthony	12	Flagler Palm Co	1:57.40
4B	364 Janssen, Cameron	11	Deltona	2:03.00
5A	427 DUBY, Nathan	11	Winter Springs	1:57.90
5B	300 Sirutis, Douglas	10	DeLand	2:04.00
6A	236 Maciong-Licari,	12	Oviedo	2:01.33
6B	185 Alexander, Adam J	10	Lake Mary	2:05.15
7A	62 Cunningham, Oswald	12	Flagler Palm Co	2:02.00
7B	643 Hill, Jayce	11	Spruce Creek	2:05.31
8A	370 Abremenko, Stan	11	Deltona	2:03.00

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Event 31 Girls 3200 Meter Run

National: 9:48.59 1996 Kimberly Mortensen, Thousdan
 State: 10:35.36 2004 Jennifer Barringer, Oviedo (4A)

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1A	647 Wyckoff, Kalyn	11	Spruce Creek	12:39.60
1B	567 Boulmetis, Katie	12	Spruce Creek	14:00.00
2A	426 Loupos, Arielle	10	Winter Springs	12:30.00
2B	77 Bentley, Sara	12	Flagler Palm Co	13:20.00
3A	408 Adams, Elizabeth	10	Winter Springs	12:18.51
3B	374 Sapp, Julia	10	Winter Springs	12:48.00
4A	563 Perkins, Amanda	10	Spruce Creek	11:23.56
4B	313 Cornejo, Alina	09	DeLand	12:40.00
4C	22 Eitzen, Emily	11	Flagler Palm Co	14:00.00
5A	27 Dryesdale, Florence	12	Flagler Palm Co	11:50.00
5B	149 Goldsmith, Emily	11	Lake Mary	12:40.12
6A	206 Ankli, Margaret	11	Oviedo	12:20.00
6B	308 Epifanio, Melissa	11	DeLand	13:13.76
7A	193 Taltos, Erica	11	Lake Mary	12:35.16
7B	629 Meredith, Kacie	09	Spruce Creek	13:50.00
8A	418 Keeter, Emily	10	Winter Springs	12:39.82
8B	36 Rohrig, Katie	12	Flagler Palm Co	14:00.00

Event 32 Boys 3200 Meter Run

National: 8:41.10 2000 Dathan Ritzenhein, Rockford
 State: 8:59.03 2001 Sean Jefferson, Atlantic-Delra

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1A	59 Earle, Brandon	09	Flagler Palm Co	10:28.00
1B	249 Welday, Jason	10	Oviedo	11:07.88
2A	379 Mees, William	12	Winter Springs	10:24.40
2B	49 Howes, Matt	10	Flagler Palm Co	11:02.00
3A	545 Frazier, Alex	11	Spruce Creek	10:11.70
3B	566 Gaines, Ryan	11	Spruce Creek	10:44.29
3C	154 Demeter, Jason C	09	Lake Mary	11:50.18
4A	70 Hillaker, Lorn	12	Flagler Palm Co	10:07.00
4B	423 Dekrey, Brian	11	Winter Springs	10:34.10
4C	192 Atterman, Jeremy P	11	Lake Mary	11:10.35
5A	30 Duffy, Marcus	12	Flagler Palm Co	10:09.00
5B	168 Perezluha, Steven	10	Lake Mary	10:41.14
5C	272 Jensen, Peter	10	DeLand	11:30.00
6A	412 Kamaka, Richard	11	Winter Springs	10:24.10
6B	535 Moody, Christopher	11	Spruce Creek	10:56.00
6C	159 Valle, Greg J	09	Lake Mary	11:55.12
7A	274 Holyoke, Dylan	12	DeLand	10:25.00
7B	275 Epifanio, Andrew	09	DeLand	11:05.00
8A	119 Burk, Shane	11	Pine Ridge	10:29.00
8B	637 Parker, Jacob	10	Spruce Creek	11:09.50

Event 33 Girls 4x400 Meter Relay

National: 3:35.49 2004 Long Beach Poly (CA)
 State: 3:43.84 2004 Miami Northwestern (4)

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Seminole (Sanfor)	A	4:30.00
2	Flagler Palm Coa	A	4:23.00
3	Deltona	A	4:20.00
4	Lake Mary	A	4:03.10
5	Spruce Creek	A	4:05.85
6	DeLand	A	4:20.00
7	Oviedo	A	4:29.00

Event 34 Boys 4x400 Meter Relay

National: 3:07.40 1985 Hawthorne (CA)
 State: 3:12.78 1998 Raines (6A)

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	DeLand	A	3:45.00
4	Deltona	A	3:35.00
5	Pine Ridge	A	3:40.00
Section 2 of 2 Finals			
2	Spruce Creek	A	3:28.87
3	Seminole (Sanfor)	A	3:21.00
4	Lake Mary	A	3:18.21
5	Flagler Palm Coa	A	3:20.22
6	Winter Springs	A	3:23.41
7	Oviedo	A	3:33.61