

## 2007 FSU Relays - 3/29/2007 to 3/31/2007

www.halfmiletiming.com

Florida State Univ.: Tallahassee, FL

## Results

**Girls 100 Meter Dash High School**

Meet Record: 12.41 M 2006 Kellie Morrison

Name	School	Finals
1 Rodgers, Teona	Wharton	11.63M.7
2 Crawford, Shan	Smiths Station	12.34M.7
3 James, Salidia	Bishop Kenny	12.40M.7
4 Robinson, Raven	Famu High Drs	12.45 0.7
5 Williams, Alexis	Unat-Atlantic HS	12.68 0.7
6 Johnson, Ena	Florida High	12.86 0.7
7 Rogers, Morgan	Florida High	12.88 1.7
8 Richardson, Ashante	Chiles	12.98 1.7
9 Samaila, Aiesha	Florida High	13.07 0.7
10 Frasier, Lashonta	Godby	13.31 1.7
11 Odedina, Tosin	Chiles	13.39 1.7
12 Jones, Cydnie	George Jenkins	13.55 1.7
13 Sanford, Jennifer	Godby	13.57 1.7
14 Anderson, Robinette	Matanzas	13.88 1.2
15 Jones, Shakeria	Matanzas	14.04 1.2
16 Evans, Jasman	Matanzas	15.51 1.2

**Girls 400 Meter Dash High School**

Meet Record: 57.94 M 2006 Janae Todd

Name	School	Finals
1 Cobb, Miriam	Smiths Station	57.43M
2 Bacher, Megan	Bishop Kenny	58.19
3 vann, Creshayla	Smiths Station	1:00.18
4 Johnson, Ena	Florida High	1:00.26
5 Fenley, Alicia	Maclay	1:00.58
6 Ichite, Elizabeth	Florida High	1:01.26
7 Samaila, Aiesha	Florida High	1:01.31
8 Caldwell, Kiersten	Leon High	1:01.60
9 Dixon, Valerie	Choctawhatchee	1:01.74
10 Lynch, Jenna	Flagler Palm Coa	1:02.47
11 Davis, Sarah	Bishop Kenny	1:02.65
12 Lockhart, Ashley	Smiths Station	1:03.52
13 Abell, Nicole	George Jenkins	1:03.54
14 Odedina, Tosin	Chiles	1:03.63
15 Beck, Emily	Maclay	1:03.87
16 Banks, Shuntivia	Godby	1:06.18
17 Wright, Chelsea	Sickles	1:06.47
18 Word, Erica	Godby	1:07.55
19 Coburn, Gracie	Crested Butte	1:08.19
20 Hurst-Williams, Shakira	Matanzas	1:12.69
21 Zacharias, Dulce	Matanzas	1:18.67
22 Pierre, Tatiana	Matanzas	1:40.51
--- Harper, Maria	Chiles	FS

**Girls 1600 Meter Run High School**

Meet Record: 5:16.01 M 2006 Stevie Uribe

Name	School	Finals
1 Heekin, Jamie	Bishop Kenny	5:07.56M
2 Skinner, Katrina	Wharton	5:09.09M
3 Fenley, Alicia	Maclay	5:19.21
4 Brea, Crisitina	Lourdes	5:20.22
5 Spiegel, Allison	Bishop Kenny	5:22.66

6 Davis, Sarah	Bishop Kenny	5:23.96
7 Hegge, Angela	Sickles	5:25.31
8 Buenaga, Kaitlin	Bishop Kenny	5:25.89
9 Swain, Katy	Maclay	5:27.08
10 Skinner, Kathia	Wharton	5:32.58
11 Heuertz, Alex	Bishop Kenny	5:33.78
12 Perez, Ruby	Florida High	5:35.74
13 Garcia, Maddison	Crested Butte	5:36.22
14 Coburn, Gracie	Crested Butte	5:36.58
15 Wright, Chelsea	Sickles	5:38.18
16 Burnette, Kathryn	George Jenkins	5:38.55
17 Bailey, Erin	Wharton	5:38.82
18 Drysdale, Florence	Flagler Palm Coa	5:40.49
19 Silva, Florencia	Flagler Palm Coa	5:42.90
20 Lyle, Brittany	Bishop Kenny	5:43.54
21 Mera, Sasha	Lourdes	5:49.01
22 Gil, Jillian	Lourdes	5:49.37
23 Socias, Stephanie	Holy Names	5:49.98
24 Ridgewell, Brynne	Chiles	5:50.71
25 Petrick, Marisa	Holy Names	5:58.22
26 Douglas, Gemma	Chiles	5:58.28
27 Hoskens, Nicole	Chiles	6:00.08
28 Andrews, Kendall	Chiles	6:19.70
29 Bentley, Brittany	Chiles	6:23.51
30 Rust, Rebecca	Chiles	6:23.77
31 Vickers, Briona	Godby	6:34.56
32 Melan, Stephanie	Matanzas	7:04.76

**Girls 3200 Meter Run High School**

Meet Record: 11:20.32 M 2006 Alison Babb

Name	School	Finals
1 Swain, Katy	Maclay	11:34.31
2 Spiegel, Allison	Bishop Kenny	11:42.87
3 Taylor, Kara	Chiles	11:47.68
4 Bryant, Julia	Chiles	11:53.81
5 Hegge, Angela	Sickles	12:02.55
6 Hoar, Meagan	Lourdes	12:04.92
7 Drysdale, Florence	Flagler Palm Coa	12:14.15
8 Lyle, Brittany	Bishop Kenny	12:16.21
9 Burnette, Kathryn	George Jenkins	12:17.60
10 Gil, Jillian	Lourdes	12:24.12
11 Meier, Michelle	Bartram Trail	12:25.65
12 Dunbar, Katey	Bartram Trail	12:28.89
13 Socias, Stephanie	Holy Names	12:34.43
14 Blanco, Gabriela	Lourdes	12:41.70
15 Sawickii, Lisa	Leon High	12:42.19
16 Ji, Connie	Leon High	12:44.49
17 Petrick, Marisa	Holy Names	13:09.19
18 Christian, Molly	Bishop Kenny	13:22.39
19 Alonso, Mallory	Leon High	13:32.25
20 Cole, Victoria	Chiles	14:12.99
21 Ogden, Kathleen	Godby	15:19.86
22 Marshall, Savanna	Matanzas	15:47.13
23 Forsyth, Joanna	Godby	16:14.00
24 Lane, Emily	Chiles	16:33.70

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**(Girls 3200 Meter Run High School)**

Name	School	Finals
25 Laffin, Kyala	Matanzas	19:28.40

**Girls 100 Meter Hurdles High School**

Meet Record: 15.57 M 2006 Rachel Stanley

Name	School	Finals
1 Rodgers, Teona	Wharton	13.51M.2
2 Daniels, Amanda	Smiths Station	15.16M.2
3 Richardson, Ashante	Chiles	15.62 1.2
4 Phillips, Lauren	Bartram Trail	16.53 1.6
5 Hayes, Brittany	Bartram Trail	16.74 1.6
6 Pacetti, Lauren	Holy Names	16.79 1.2
7 Sport, Haleigh	West Florida	16.85 1.2
8 Ness, Emily	Maclay	17.34 1.6
9 Bryant, Trishay	Godby	17.46 1.6
10 Carvalho, Anna	Maclay	17.68 1.6
11 Padron, Stephanie	Lourdes	18.35 1.4
12 McGee, LaKitra	Florida High	18.43 1.2
13 Verdeja, Cristina	Lourdes	18.68 1.4
14 Wernke, Stephanie	Chiles	18.74 1.6
15 Moreno, Saree	Holy Names	18.95 1.4

**Girls 300 Meter Hurdles High School**

Meet Record: 47.33 M 2006 Kyla Richmond

Name	School	Finals
1 Ness, Emily	Maclay	46.21M
2 Pacetti, Lauren	Holy Names	47.85
3 Sport, Haleigh	West Florida	47.96
4 Richardson, Ashante	Chiles	48.12
5 McGee, LaKitra	Florida High	48.55
6 Ash, Kayla	West Florida	48.91
7 Daniels, Amanda	Smiths Station	49.35
8 Bryant, Trishay	Godby	49.36
9 Padron, Stephanie	Lourdes	49.95
10 Da Torres, Ana	Florida High	51.36
11 Padget, Samantha	Bartram Trail	51.64
12 Carvalho, Anna	Maclay	51.66
13 Moreno, Saree	Holy Names	52.57
14 Schaum, Alex	Florida High	54.79
15 Hurst-Williams, Shakira	Matanzas	59.65

**Girls 4x100 Meter Relay High School**

Meet Record: 47.84 M 2006 Florida High

Parker, Samaila, Morrison, Johnson

Team	Relay	Finals
1 Smiths Station	A	49.22
1) Davis, Janisha	2) Cobb, Miriam	
3) Perry, Sheila	4) Crawford, Shan	
2 Florida High	A	49.25
1) Da Torres, Ana	2) Samaila, Aiesha	
3) Johnson, Ena	4) Rogers, Morgan	
3 Leon High School	A	51.65
4 Godby	A	52.10
1) Frasier, Lashonta	2) Jones, Ashley	
3) Sanford, Jennifer	4) Myers, Jacque	

5 Holy Names A 52.24

1) Rothman, Kimmy

2) Sheridan, Molly

3) Jennewein, Liz

4) Pacetti, Lauren

6 Lourdes A 56.37

1) Palmer, Jennifer

2) Menendez, Astrid

3) Etzold, Deanna

4) Rodriguez, Samantha

7 George Jenkins A 56.80

1) Abell, Nicole

2) Ocasio, Mercedes

3) Gibson, Kelly

4) Jones, Cydnie

8 Matanzas A 57.42

1) Hatman, Miranda

2) Pierre, Taneshia

3) Jones, Shakeria

4) Anderson, Robinette

**Girls 4x200 Meter Relay High School**

Meet Record: 1:45.28 M 2006 Atlantic HS

Miller, Sedacca, williams, Wood

Team	Relay	Finals
1 Smiths Station	A	1:43.34M
1) Davis, Janisha	2) Cobb, Miriam	
3) Crawford, Shan	4) Smith, Zanquetta	
2 Holy Names	A	1:50.06
1) Rothman, Kimmy	2) Sheridan, Molly	
3) Jennewein, Liz	4) Davis, Katie	
3 George Jenkins	A	1:50.48
1) Abell, Nicole	2) Ocasio, Mercedes	
3) Gibson, Kelly	4) Jones, Cydnie	
4 Godby	A	1:52.78
1) Frasier, Lashonta	2) Myers, Jacque	
3) Gordon, Brittany	4) Jones, Ashley	
5 Bartram Trail	A	1:52.99
1) Higel, Kristen	2) Swift, Brianna	
3) Padget, Samantha	4) Hayes, Brittany	
6 Lourdes	A	1:57.31
1) Padron, Stephanie	2) Rodriguez, Samantha	
3) Etzold, Deanna	4) Barquin, Hannah	
--- Matanzas	A	DQ
1) Hatman, Miranda	2) Jones, Shakeria	
3) Pierre, Taneshia	4) Anderson, Robinette	

**Girls 4x400 Meter Relay High School**

Meet Record: 4:05.43 M 2006 Gainesville HS

Todd, Sherman, Richardson, Davis

Team	Relay	Finals
1 Smiths Station	A	3:58.09M
1) Cobb, Miriam	2) Crawford, Shan	
3) Lockhart, Ashley	4) vann, Creshayla	
2 Bishop Kenny	A	4:00.63M
1) Borghi, Maria	2) Davis, Sarah	
3) Bacher, Megan	4) James, Salidia	
3 Wharton	A	4:02.28M
1) Meggs, Shannon	2) Bryant, Amani	
3) Skinner, Kathia	4) Skinner, Katrina	
4 Maclay	A	4:04.87M
1) Beck, Emily	2) Fenley, Alicia	
3) Swain, Katy	4) Ness, Emily	

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Team	Relay	Finals
5 Florida High	A	4:10.04
1) Ichite, Elizabeth	2) Samaila, Aiesha	
3) McGee, LaKitra	4) Johnson, Ena	
6 Holy Names	A	4:19.52
1) Barbato, Gina	2) Barlaan, Sandra	
3) Davis, Katie	4) Sheridan, Molly	
7 Leon High School	A	4:20.97
8 Lourdes	A	4:22.88
1) Barquin, Hannah	2) Rudd, Alexis	
3) Menendez, Astrid	4) Sacca, Ana	
9 Matanzas	A	5:04.85
1) Hurst-Williams, Shakira	2) Andella, Cassandra	
3) Lubin, Jessica	4) Cantave, Melissa	

**Girls 4x800 Meter Relay High School**

Meet Record: 9:45.35 M 2006

Lawton Chiles HS

Team	Relay	Finals
1 Bishop Kenny	A	9:44.45M
1) Buenaga, Kaitlin	2) Heekin, Jamie	
3) Christian, Molly	4) Heuertz, Alex	
2 Wharton	A	9:47.34
1) Hilliker, Brittany	2) Bailey, Erin	
3) Skinner, Kathia	4) Skinner, Katrina	
3 Bartram Trail	A	9:58.98
1) Cooper, Courtney	2) Novack, Kristen	
3) Ragland, Laura	4) Doll, Bianca	
4 Smiths Station	A	10:22.55
1) Garcia, Jasmine	2) Taylor, Yolanda	
3) Daniel, Alicia	4) Usher, Renee	
5 Lourdes	A	10:26.78
1) Hoar, Meagan	2) Gil, Jillian	
3) Rodriguez, Nastasha	4) Brea, Crisitina	
6 Holy Names	A	10:33.92
1) Barbato, Gina	2) Cowart, Chrissy	
3) O'Shea, Jess	4) Socias, Stephanie	
7 Gainesville High	A	10:39.65
1) Maree, Christina	2) Powers, Rae	
3) Simonton, Carson	4) Swanbeck, Maggie	
8 Godby	A	12:01.58
1) Mitja, Jayde	2) Forsyth, Joanna	
3) Ogden, Kathleen	4) Vickers, Briona	
9 Matanzas	A	13:52.41
1) Buckles, Auran	2) Santos, Tamara	
3) Marshall, Savanna	4) Thomas, Jessica	

**Girls Distance Medley High School**

Meet Record: 12:43.62 M 2006

Oak Hall

Babb, Marichal, Lowery, Uribe

Team	Relay	Finals
1 Bishop Kenny	A	12:48.75
1) James, Salidia	2) Buenaga, Kaitlin	
3) Heekin, Jamie	4) Spiegel, Allison	

2 Bartram Trail	A	13:25.98
1) Cooper, Callie	2) Cooper, Courtney	
3) Higel, Kristen	4) Novack, Kristen	
3 Lourdes	A	13:34.05
1) Brea, Crisitina	2) Rudd, Alexis	
3) Rodriguez, Nastasha	4) Mera, Sasha	
4 Gainesville High	A	14:30.93
1) Maree, Christina	2) Powers, Rae	
3) Simonton, Carson	4) Swanbeck, Maggie	

**Girls High Jump High School**

Name	School	Finals
1 Williams, Danielle	Pensacola	1.67m
2 Whitby, Erica	Smiths Station	1.62m
3 Tucker, Kate	Bishop Kenny	1.62m
4 Corbett, Dorian	Florida High	1.52m
5 Brea, Crisitina	Lourdes	1.47m
6 vann, Creshayla	Smiths Station	1.47m
7 Kelly, Katie	Bishop Kenny	1.42m
7 Usher, Renee	Smiths Station	1.42m
7 Barbato, Gina	Holy Names	1.42m
10 Jackson, Jessika	Flagler Palm Coa	1.42m
11 Gabbert, Emily	Flagler Palm Coa	1.42m
--- Hyndman, Aymee	George Jenkins	NH
--- Anderson, Robinette	Matanzas	NH

**Girls Pole Vault High School**

Meet Record: 3.83m M 2006

daisy Glasser

Name	School	Finals
1 Spurling, Claire	Bishop Kenny	11-00.00M
2 Kuhse, Laura	Maclay	10-06.00M
3 Farr, Lindsey	Unat- N. Forsyth	10-06.00M
4 Gabbert, Emily	Flagler Palm Coa	9-00.00M
4 Wernke, Stephanie	Chiles	9-00.00M
6 Mcmillian, Carter	Florida High	9-00.00M
6 Sumner, Alexis	Tiftarea Academy	9-00.00M
8 Harper, Maria	Chiles	8-06.00M
9 Gabbert, Audrey	Flagler Palm Coa	8-00.00M
10 Clarke, Allison	Leon High	7-00.00M
--- Mitrouzov, Sonya	Godby	NH

**Girls Long Jump High School**

Meet Record: 19-03 M 2006

Scottesha Miller

Name	School	Finals
1 Daniels, Amanda	Smiths Station	16-11.00 NWI
2 Jenije, Michelle	North Florida Ch	16-04.75 NWI
3 Kuhse, Laura	Maclay	16-04.00 NWI
4 Hurst-Williams, Shakira	Matanzas	15-05.00 NWI
5 Ocasio, Mercedes	George Jenkins	15-03.50 NWI
6 Bryant, Shakenia	Leon High	14-06.75 NWI
7 Ash, Kayla	West Florida	13-11.00 NWI
8 Spurling, Claire	Bishop Kenny	13-09.50 NWI
9 Egbebike, Julia	Bishop Kenny	13-08.00 NWI
10 Jones, Shakeria	Matanzas	12-10.25 NWI
11 Williams, Alexis	Unat-Atlantic HS	12-09.75 NWI

## 2007 FSU Relays - 3/29/2007 to 3/31/2007

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Florida State Univ.: Tallahassee, FL

## Results

**Girls Triple Jump High School**

Meet Record: 10.45m M 2006

Kerri Heinz

Name	School	Finals
1 Jenije, Michelle	North Florida Ch	37-00.25Ml.2
2 Rodgers, Teona	Wharton	36-04.00 2.8
3 Daniels, Amanda	Smiths Station	35-10.25 2.2
4 Kuhse, Laura	Maclay	35-01.00Ml.2
5 Jackson, Jessika	Flagler Palm Coa	34-00.75 4.6
6 Spurling, Claire	Bishop Kenny	32-07.00Ml.9
--- Rudd, Alexis	Lourdes	FOUL NWI

**Girls Shot Put High School**

Meet Record: 11.70m M 2006

Valerie Blount

Name	School	Finals
1 Swendgen, Kelsey	Nease	11.29m
2 Smith, Kiara	George Jenkins	11.12m
3 Phillips, Laura	Nease	10.39m
4 Heyward, Kimariah	Matanzas	9.89m
5 Lucien, Hannah	Flagler Palm Coa	9.75m
6 Baker, Jenecia	Godby	9.69m
7 Manges, Jordan	Bishop Kenny	8.79m
8 Otway, Raven	Chiles	8.74m
9 Casperson, Kristi	Bishop Kenny	8.62m
10 Stolting, Lauren	Chiles	8.47m
11 Hall, Adrienne	Chiles	8.46m
12 Demi, Ann	Bishop Kenny	7.95m
13 Muhammad, Akilah	Chiles	7.53m
14 Gideons, Sedona	Matanzas	7.09m
15 Rogers, Amanda	Matanzas	7.03m

**Girls Discus Throw High School**

Meet Record: 33.83m M 2006

Caila Colman

Name	School	Finals
1 Otway, Raven	Chiles	29.32m
2 Demi, Ann	Bishop Kenny	28.21m
3 Smith, Kiara	George Jenkins	26.73m
4 Lucien, Hannah	Flagler Palm Coa	26.35m
5 Van Rijs, Diane	Florida High	24.46m
6 Casperson, Kristi	Bishop Kenny	23.63m
7 Casperson, Jamie	Bishop Kenny	23.50m
8 Hall, Adrienne	Chiles	22.76m
9 Stolting, Lauren	Chiles	22.53m
10 Revell, Lauren	Florida High	20.27m
11 Jones, Taneria	Matanzas	19.70m
12 Lofton, Jasmine	Matanzas	18.78m
13 Muhammad, Akilah	Chiles	17.93m
14 Simon, Barbara	Matanzas	15.85m
--- Phillips, Laura	Nease	FOUL

**Women 100 Meter Dash College/Univ.**

Region Qual.: 11.75 \*

Facility: 11.27 # 1984

Randy Givens

Name	School	Finals
1 Niako, Cynthia	Unattached	11.40* 1.4
2 Williams, Alyce	Florida State	11.69* 1.4

3 Salaam, Kamilah	Florida State	11.84 1.4
4 Foster, Jasmin	Florida A&M	11.89 1.4
5 Adaramola, Feyisara	Central Florida	12.07 2.1
6 Heath, Naikeya	Florida State	12.19 1.4
7 Johnson, Cinnamon	Florida State	12.27 1.4
7 Pughsley, Auja	Florida State	12.27 1.1
9 Young, Whitney	Florida A&M	12.33 2.1
10 Rogan, Jenny	Central Florida	12.34 2.1
11 Thomas, Dione	Central Florida	12.35 2.1
12 Anderson, Charisma	North Florida	12.43 2.1
13 Long, Sarah	Webber Intl	12.50 1.6
13 Bonnet, Porsche	Florida State	12.50 1.1
15 Forbes, Jesseka	Florida A&M	12.55 1.1
16 Marcus, Nicole	Unattached	12.63 1.1
17 Phelps, Kristen	Embry-Riddle	12.64 2.1
18 Rodney, Jheanelle	Unattached	12.71 1.1
19 Blount, Danielle	Webber Intl	12.87 1.6
20 Hall, Andrea	North Florida	12.95 1.1
21 Love, Derricka	Unattached	13.05 2.1
22 Cobb, Toshiba	Embry-Riddle	13.31 1.1
23 Wiel, Keisha	North Florida	13.78 1.6

**Women 400 Meter Dash College/Univ.**

Region Qual.: 54.61 \*

Facility: 52.04 # 2001

Samantha George

Name	School	Finals
1 Ocana, Janita	Jacksonville	54.83
2 Richemond, Hshkeni	Florida State	55.03
3 Smith, Keyla	Florida State	55.45
4 Johnson, Cinnamon	Florida State	56.67
5 Pughsley, Auja	Florida State	56.72
6 Thomas, Lindsay	Florida A&M	57.56
7 Chong, Melissa	Florida A&M	58.58
8 Tafs, Lindsay	North Florida	59.24
9 Robinson, Devin	Jacksonville	59.81
10 Anderson, Charisma	North Florida	1:00.36
11 Friday, Nastassia	Florida A&M	1:00.88
12 Hall, Andrea	North Florida	1:02.80
13 Sams, Melissa	North Florida	1:03.11
14 Saxton, Tiffanie	Jacksonville	1:03.96

**Women 800 Meter Run College/Univ.**

Region Qual.: 2:09.80 \*

Facility: 2:01.10 # 1996

Joetta Clark

Name	School	Finals
1 McKenzie, Lorain	Florida	2:08.47*
2 King-Foster, Tamara	Alpha Omega Elit	2:09.48*
3 McCubbin, Beth	Embry-Riddle	2:14.83
4 Hand, Audrey	Florida State	2:16.16
5 Wakley, Emily	South Florida	2:18.61
6 Pinzini, Maressa	South Florida	2:19.17
7 Salinas, Alex	Embry-Riddle	2:19.74
8 Messer, Jessica	North Dakota	2:20.27
9 Grigsby, Ashley	South Florida	2:21.05
10 Nelson, Sara	Tampa	2:21.35

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Name	School	Finals
11 Moore, Evelyn	North Florida	2:21.70
12 Sitar, Diana	West Florida	2:24.81
13 Gabrielle, Michelle	Tampa	2:25.47
14 Burke, YaTandra	Florida A&M	2:26.26
15 Benke, Lori	North Dakota	2:26.59
16 Harter, Margaret	West Florida	2:28.29
17 Brice, Julien	Webber Intl	2:30.91
18 Suer, Antionette	Florida A&M	2:40.13

**Women 1500 Meter Run College/Univ.**

Region Qual.: 4:27.80 \*

Facility: 4:16.42 # 1988

Evelyn Adiru

Name	School	Finals
1 Evans, Heidi	North Dakota	4:33.96
2 Savestrand, Pernilla	South Florida	4:36.25
3 McShine, Pilar	Florida State	4:38.56
4 Aune, Renee	North Dakota	4:42.09
5 Duerre, Rachelle	North Dakota	4:44.09
6 Quick, Amanda	Florida State	4:47.12
7 McCubbin, Beth	Embry-Riddle	4:48.02
8 Woytalewicz, Christina	Florida State	4:49.91
9 Salinas, Alex	Embry-Riddle	4:52.10
10 Dahlheimer, Kristi	North Dakota	4:52.65
11 Bell, Rosanna	Florida State	4:52.75
12 Messer, Jessica	North Dakota	4:52.79
13 Adams, Hillary	North Florida	4:55.33
14 Gabrielle, Michelle	Tampa	4:56.40
15 Nelson, Sara	Tampa	4:59.08
16 Keithley, Kristy	North Dakota	4:59.33
17 DeLorm, Kayley	North Florida	4:59.85
18 Heuertz, Katie	North Florida	5:00.71
19 Obernier, Erin	North Florida	5:03.11
20 Gefroh, Mandy	North Dakota	5:03.93
21 Marshall, Kelly	North Florida	5:04.34
22 Sitar, Diana	West Florida	5:04.47
23 Smith, Amber	North Florida	5:04.93
24 Haddock, Leela	Tampa	5:08.62
25 Matthews, Kaley	Florida State	5:11.61
26 Bechler, Stephanie	Florida State	5:14.77
27 Benke, Lori	North Dakota	5:15.12
28 Ramos, Angelina	Florida State	5:20.35
29 Brice, Julien	Webber Intl	5:20.84
30 Montagnese, Ashley	Florida State	5:21.12
31 Magee, Mary	Florida State	5:27.61
32 Kelly, Meredith	Florida State	5:28.99
33 Parhalo, Madeline	North Florida	5:37.34
34 Skillen, Amanda	Florida State	5:46.83

**Women 3000 Meter Run College/Univ.**

Name	School	Finals
1 Evans, Heidi	North Dakota	10:15.41
2 Aune, Renee	North Dakota	10:21.50
3 Duerre, Rachelle	North Dakota	10:24.86

4 Ramos, Angelina	Florida State	12:00.36
--- Granger, Kaitlyn	North Florida	DNF

**Women 5000 Meter Run College/Univ.**

Region Qual.: 16:52.00 \*

Facility: 15:54.00 # 2001

Breeda Dennehy

Name	School	Finals
1 Johnson, Kristen	Florida	17:09.77
2 Kruzal, Jacy	Florida	17:19.54
3 Geissler, Jamie	Florida	17:30.32
4 Clausen, Jenny	Central Florida	17:35.92
5 Gapstur, Devin	Florida	17:47.85
6 Rodriguez, Valeria	Florida	17:53.76
7 Coates, Shannon	Unattached	17:57.44
8 Woznicki, Laura	Tampa	18:07.82
9 Kwambai, Caroline	Florida Southern	18:29.61
10 Deal, Alyssa	Jacksonville	18:36.48
11 Babb, Alison	Florida	18:37.53
12 Rzepecki, Jamie	Central Florida	18:38.83
13 Garrow, Laura	Florida	18:41.90
14 Vola, Julia	Florida State	18:43.37
15 Biedenharn, Tina	Florida State	19:00.53
16 Address, Ashley	Florida State	19:01.11
17 Miller, Elizabeth	Central Florida	19:02.45
18 Coyle, Danielle	Jacksonville	19:03.52
19 Ritter, Alison	Jacksonville	19:19.31
20 Bechler, Stephanie	Florida State	19:49.64
21 Vogel, Lauren	North Florida	20:16.41
22 Thielemann, Rebecca	West Florida	20:23.95
23 Montagnese, Ashley	Florida State	20:45.21
24 Kelly, Meredith	Florida State	21:03.29
25 Miranda, Nicole	Tampa	21:35.00
26 Skillen, Amanda	Florida State	22:00.57
27 Ollar, Stacey	Jacksonville	22:06.88
28 Lankford, Amy	West Florida	22:27.03
29 Failing, Lindsey	West Florida	22:33.20
30 Patterson, Jennifer	Unattached	23:26.14
--- Fox, Dara	Tampa	DNF
--- Woytalewicz, Christina	Florida State	DNF

**Women 10000 Meter Run College/Univ.**

NCAA Auto: 33:30.00 @

NCAA Prov.: 35:00.00 &amp;

Facility: 34:27.75 # 1987

Kerrie Yenchak

Name	School	Finals
1 Petrick, Sara	Florida	36:33.83
2 Williams, Paige	Tampa	37:25.53
3 Davey, Amanda	North Florida	37:34.64
4 Hahn, Amanda	Florida State	38:00.31
5 Urban, Meredith	Florida State	38:27.82
6 Moffenbier, Lindsey	Jacksonville	38:30.05
7 Landberg, Margaret	North Dakota	38:41.91
8 Keithley, Kristy	North Dakota	38:49.67
9 Bishop, Talisa	Warner Southern	38:52.57
10 Anderson, Rachel	Florida Southern	40:25.29

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www.halfmiletiming.com

Florida State Univ.: Tallahassee, FL

## Results

**(Women 10000 Meter Run College/Univ.)**

Name	School	Finals
11 Ragia, Katherine	Webber Intl	41:19.61
12 Adkins, Arilicia	Warner Southern	41:41.87
13 Knauer, Merissa	Warner Southern	43:45.69

**Women 100 Meter Hurdles College/Univ.**

Region Qual.: 13.92 \*

Facility: 12.92 # 1988 Kim McKenzie

Name	School	Finals
1 Flournoy, Valerie	Florida State	13.89* 0.8
2 Clark, Simone	Jacksonville	14.63 0.8
3 Harewood, Tia	Central Florida	14.70 1.9
4 Carter, Sheree	Central Florida	14.89 1.9
5 Hepburn, Yvana	South Florida	15.04 0.8
6 Stuckman, Shannon	Florida State	15.05 0.8
7 Dorcelin, Jeanna	Florida A&M	15.15 1.9
8 Valville, Darah	Florida A&M	15.22 1.9
9 Williams, Sara	South Florida	15.23 1.9
10 Clausnitzer, Jessica	North Dakota	15.48 0.9
11 Dudek, Marissa	Unattached	15.57 0.9
12 Renfro, Mary	North Florida	15.96 0.9
13 Wallace, Anna	Webber Intl	16.06 1.9
14 Patterson, Shenevia	Unattached	17.17 0.9
15 Peterson, Dana	North Dakota	17.63 0.9

**Women 400 Meter Hurdles College/Univ.**

Region Qual.: 1:00.82 \*

Facility: 54.41 # 1996 Kim Batten

Name	School	Finals
1 Chin, Victoria	Central Florida	1:00.79*
2 Dorcelin, Jeanna	Florida A&M	1:01.59
3 Stuckman, Shannon	Florida State	1:02.12
4 Clark, Simone	Jacksonville	1:06.19
5 Richmond, Kayla	South Florida	1:06.33
6 Patterson, Shenevia	Unattached	1:07.43
7 Foster, Jasmin	Florida A&M	1:08.08
8 Sullivan, Karissa	North Florida	1:08.44
9 Peterson, Dana	North Dakota	1:10.51
10 Renfro, Mary	North Florida	1:14.30
--- Holsey, Quiana	Florida State	DNF

**Women 3000 Meter Steeplechase College/Univ.**

Region Qual.: 10:50.25 \*

Facility: 10:10.15 # 2005 Liz Wort

Name	School	Finals
1 Sundell, Lindsay	Florida	10:22.79*
2 Kramer, Kathryn	Florida	10:55.32
3 Coghlan, Sarah	North Florida	11:40.92
4 Bell, Rosanna	Florida State	11:48.78
5 Dahlheimer, Kristi	North Dakota	11:51.23
6 Gefroh, Mandy	North Dakota	12:17.67
7 Matthews, Kaley	Florida State	12:36.34
8 Gurgainous, Stephanie	Webber Intl	12:44.51
9 Matthews, Ryann	Florida State	12:51.75
10 Magee, Mary	Florida State	13:24.24

11	McGahey, Lauren	Webber Intl	13:26.99
12	Laster, Courtney	Florida State	14:14.17

**Women 4x100 Meter Relay College/Univ.**

Region Qual.: 45.70 \*

Facility: 43.90 # 1984 Florida State

Finn, Payne, Cliette, Given

Team	Relay	Finals
1 Florida State	A	45.76
1) Salaam, Kamilah	2) Williams, Alyce	
	4) Williams, Alycia	
2 Florida A&M	A	46.24
1) Young, Whitney	2) Foster, Jasmin	
3) Gillis, Ashley	4) Smith, Brittany	
3 North Florida	A	48.04
1) Stroder, Amy	2) Hall, Andrea	
3) Sullivan, Karissa	4) Anderson, Charisma	
4 North Dakota	A	50.98
1) Carpenter, Sara	2) Peterson, Dana	
3) Zander, Heidi	4) Clausnitzer, Jessica	
--- Webber International	A	DNF
1) Brown, Latasha	2) Pearson, Chaquita	
3) Blount, Danielle	4) Long, Sarah	
--- Embry-Riddle	A	DNF
1) Cobb, Toshiba	2) Phelps, Kristen	
3) Meyer, Audie	4) Fitzsimmons, Laura	

**Women 4x200 Meter Relay College/Univ.**

Team	Relay	Finals
1 Florida State	A	1:35.27
1) Salaam, Kamilah	2) Williams, Alyce	
	4) Williams, Alycia	
2 Florida A&M	A	1:35.64
1) Gillis, Ashley	2) Foster, Jasmin	
3) Smith, Brittany	4) Strong, Kendria	
3 Florida State	B	1:38.48
1) Heath, Naikeya	2) Bonnet, Porsche	
3) Batchelor, Kandia	4) Pettus, India	
4 Central Florida	A	1:39.08
1) Adaramola, Feyisara	2) Rogan, Jenny	
3) Thomas, Dione	4) Chin, Victoria	
5 Florida A&M	B	1:43.18
1) Forbes, Jesseka	2) Friday, Nastassia	
3) Chong, Melissa	4) Young, Whitney	
6 North Dakota	A	1:48.74
1) Burgard, Michelle	2) Carpenter, Sara	
3) Peterson, Dana	4) Zander, Heidi	

**Women 4x400 Meter Relay College/Univ.**

Region Qual.: 3:42.00 \*

Facility: 3:31.92 # 1997 Florida State

Edwards, Embon, Shepard, Ronholt

Team	Relay	Finals
1 Florida State	A	3:43.83
1) Pughley, Auja	2) Richemond, Hshkeni	
3) Smith, Keyla	4) Chambers, Kayann	

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www.halfmiletiming.com

Florida State Univ.: Tallahassee, FL

## Results

**(Women 4x400 Meter Relay College/Univ.)**

Team	Relay	Finals
2 Florida State	B	3:46.35
1) Salaam, Kamilah	2) Pettus, India	
3) Stuckman, Shannon	4) Holsey, Quiana	
3 Florida A&M	A	3:56.30
1) Strong, Kendria	2) Thomas, Lindsay	
3) Foster, Jasmin	4) Dorcelin, Jeanna	
4 North Florida	A	3:58.19
1) Tafs, Lindsay	2) Creavy, Golden	
3) Kohler, Emily	4) Stroder, Amy	
5 Webber International	A	4:02.13
1) Pearson, Chaquita	2) Dudley, Portia	
3) Long, Sarah	4) Cook, Sena	
6 South Florida	A	4:02.27
1) Pinzini, Maressa	2) Grigsby, Ashley	
3) Wakley, Emily	4) Savestrand, Pernilla	
7 Florida A&M	B	4:05.59
1) Chong, Melissa	2) Friday, Nastassia	
3) Burke, YaTandrea	4) Young, Whitney	
--- Embry-Riddle	A	DQ
1) Cobb, Toshiba	2) Phelps, Kristen	
3) McCubbin, Beth	4) Meyer, Audie	

**Women 4x800 Meter Relay College/Univ.**

Team	Relay	Finals
1 Jacksonville	A	9:18.77
1) Grooms, Janel	2) Deal, Alyssa	
3) Ritter, Alison	4) Saxton, Tiffanie	
2 North Florida	A	9:22.50
3 Embry-Riddle	A	10:29.80
1) McCubbin, Beth	2) Salinas, Alex	
3) Niblack, Noelle	4) Haydt, Jen	

**Women 1600 Sprint Medley College/Univ.**

Team	Relay	Finals
1 Florida State	A	3:58.78
1) Williams, Alyce	4) Richmond, Hshkeni	
3) Williams, Alycia		
2 Florida A&M	A	4:00.20
1) Foster, Jasmin	2) Young, Whitney	
3) Chong, Melissa	4) Thomas, Lindsay	

**Women High Jump College/Univ.**

Region Qual.: 1.75m \*

Facility: 6-04.75 # 2005 Chaunte Howard

Name	School	Finals
1 Utecht, Jenna	Florida	1.70m
2 Stroder, Amy	North Florida	1.70m
3 Lacroix, Courtney	South Florida	1.65m
4 Trexler, Elise	North Florida	1.60m
5 Kohler, Emily	North Florida	1.60m
6 Gillyard, Trendesha	South Florida	1.55m
7 Williams, Sara	South Florida	1.55m
7 Valville, Darah	Florida A&M	1.55m
9 Gardner, Melanee	Florida A&M	1.55m

--- Harewood, Tia	Central Florida	NH
--- Dahlstrom, Nikki	North Dakota	NH
--- Brown, Andrea	Florida A&M	NH

**Women Pole Vault College/Univ.**

Region Qual.: 3.80m \*

Facility: 14-05.25 # 2006

Lacy Janson

Name	School	Finals
1 Bowen, Lori	Florida	3.80m*
2 Allen, Tori	Florida State	3.65m
3 Menke, Lauren	Florida	3.65m
4 Fowke, Katie	Central Florida	3.50m
5 Chandler, Lindsay	South Florida	3.50m
6 Dudek, Marissa	Unattached	3.50m
7 Janson, Brittany	Unattached	3.35m
8 Cousin, Melissa	South Florida	3.20m
8 McDermott, Brittny	Central Florida	3.20m
8 Mabry, Liz	Florida State	3.20m
11 Savery, Karla	South Florida	3.20m
11 Caraballo, Leilani	Florida State	3.20m
11 Anderson, Jacintha	Florida State	3.20m
14 Maciejko, Ana	Florida State	3.05m
14 Bealert, Kelsey	Central Florida	3.05m
--- Janson, Kristin	Florida State	NH
--- Kirckoff, Bridget	Embry-Riddle	NH
--- Fitzsimmons, Laura	Embry-Riddle	NH
--- McNaughton, Leah	Florida State	NH

**Women Long Jump College/Univ.**

Region Qual.: 6.00m \*

Facility: 21-06.75 # 1986

Esmeralda Garcia

Name	School	Finals
1 Ocana, Janita	Jacksonville	6.17m 2.1
2 Jones, Kim	Unattached	6.09m 3.1
3 Woodberry, Rosalynn	South Florida	5.84m 0.6
4 Flournoy, Valerie	Florida State	5.69m 0.3
5 Thomas, Dione	Central Florida	5.65m 1.0
6 LeBlanc, Heather	Florida State	5.62m 1.8
7 Kohler, Emily	North Florida	5.56m 0.7
8 Lundy, Shaquania	Jacksonville	5.42m 0.9
9 Burgard, Michelle	North Dakota	5.35m 1.2
10 Rodney, Jheanelle	Unattached	5.32m 1.6
11 Walker, Charlene	Florida State	5.26m 2.4
12 Phelps, Kristen	Embry-Riddle	5.24m 0.6
13 Williams, Christina	Florida A&M	5.02m NWI
13 Zander, Heidi	North Dakota	5.02m 0.6
15 Janson, Lacy	NIKE	4.92m NWI
16 Brown, Andrea	Florida A&M	4.73m -1.1
16 Suer, Antionette	Florida A&M	4.73m 0.4
18 Carpenter, Sara	North Dakota	4.69m 1.1
19 Meyer, Audie	Embry-Riddle	4.53m 0.2
20 Kirckoff, Bridget	Embry-Riddle	4.27m 0.6

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Florida State Univ.: Tallahassee, FL

## Results

**Women Triple Jump College/Univ.**

Region Qual.: 12.32m \*

Facility: 44-08 # 2005 Gisele Oliviera

Name	School	Finals
1 Thomas, Dione	Central Florida	11.84m 1.4
2 Woodberry, Rosalynn	South Florida	11.60m 1.8
3 Burgard, Michelle	North Dakota	11.37m 2.4
4 Kohler, Emily	North Florida	10.98m 2.1
5 Brown, Latasha	Webber Intl	10.88m 1.0
6 Cook, Sena	Webber Intl	10.87m 2.4
7 Zander, Heidi	North Dakota	10.51m 1.5
8 Williams, Christina	Florida A&M	10.40m 2.2
9 Kirckoff, Bridget	Embry-Riddle	9.44m 2.4

**Women Shot Put College/Univ.**

Region Qual.: 14.30m \*

Facility: 57-07.75 # 1999 Dawn Dumble

Name	School	Finals
1 Reed, Sarah	Florida State	15.54m*
2 Laughlin, Allyn	Florida State	14.52m*
3 Traynor, Virginia	Central Florida	13.79m
4 Thames, Lakendra	Central Florida	13.26m
5 Highsmith, Jasmine	South Florida	12.94m
6 Francis, Jessica	Central Florida	12.92m
7 Colman, Caila	Unattached	11.80m
8 Brown, Andrea	Florida A&M	8.95m

**Women Discus Throw College/Univ.**

Region Qual.: 47.30m \*

Facility: 189-03 # 1986 Kathy Landry

Name	School	Finals
1 Longfors, Rachel	Unattached	54.63m*
2 Dekkers, Evelien	Florida	47.06m
3 Kevkishvilli, Mariam	Florida	44.11m
4 Francis, Jessica	Central Florida	42.58m
5 Thames, Lakendra	Central Florida	42.57m
6 Seay, Chalencia	Unattached	41.09m
7 Traynor, Virginia	Central Florida	40.39m
8 Laughlin, Allyn	Florida State	39.13m
9 Renda, Bryn	West Florida	37.31m
10 George, Lindsay	Jacksonville	33.55m
11 Heidenreich, Marta	Webber Intl	31.44m
12 Zilles, Ashley	Jacksonville	29.22m
13 Crook, Hillary	Jacksonville	29.05m
--- Kusimo, Sade	Central Florida	FOUL
--- Dulaney, Emily	West Florida	FOUL
--- Colman, Caila	Unattached	FOUL

**Women Hammer Throw College/Univ.**

Region Qual.: 54.15m \*

Facility: 179-04 # 2000 LaKeisha Mose

Name	School	Finals
1 Ubaka, Chinelo	Florida	55.54m*
2 Reed, Sarah	Florida State	53.44m
3 Howell, Kendra	Central Florida	44.14m

4 Thames, Lakendra	Central Florida	42.42m
5 Colman, Caila	Unattached	41.29m
6 Highsmith, Jasmine	South Florida	40.73m
7 Traynor, Virginia	Central Florida	40.41m
8 Homstad, Suzy	North Dakota	40.26m
9 Francis, Jessica	Central Florida	38.69m

**Women Javelin Throw College/Univ.**

Region Qual.: 43.45m \*

Facility: 182-08 # 1985 Susie Ray

Name	School	Finals
1 Dekkers, Evelien	Florida	52.40m*
2 Sansone, Star	Florida	43.69m*
3 Homstad, Suzy	North Dakota	42.33m
4 Kohler, Emily	North Florida	40.10m
5 Purcell, Kate	Unattached	38.68m
6 Zander, Heidi	North Dakota	37.35m
7 Velardi, Stephaine	South Florida	37.19m
8 George, Lindsay	Jacksonville	34.78m
9 Simmons, Erin	Florida State	25.62m

**Women Heptathlon College/Univ.**

NCAA Auto: 5500 @

NCAA Prov.: 5050 &amp;

Facility: 5457 # 1995 Rebecca Grube

Name	School	Finals
1 Harvey, Natasha	Jacksonville	4563
2 LeBlanc, Heather	Florida State	4443
3 Carter, Sheree	Central Florida	4377
4 Harewood, Tia	Central Florida	4214
5 Valville, Darah	Florida A&M	4121
6 Camp, Candace	Albany State	4092
7 Bromfield, Tiffany	Jacksonville	4060
8 Brown, Andrea	Florida A&M	3631
9 Arvidsson, Emelie	Jacksonville	3606
10 DelBovo, Anne	North Florida	3574
11 Simmons, Erin	Florida State	2595