

2007 Steak N Shake Invitational

MEET SCHEDULE

7:00AM- PACKET PICK-UP

7:30AM- COACHES MEETING IN FRONT OF THE PRESS BOX

7:45AM- ALL FIELD EVENTS

8:00AM- 4X800 FINAL (G)

8:25AM- 4X800 FINAL (B)

9:00AM- 100MH PRELIMS (G)

9:30AM- 110MH PRELIMS (B)

9:50AM- 100M DASH (G)

10:10AM-100M DASH (B)

10:30AM -4X100 (G)

11:00AM -4X100 (B)

11:30AM -400M (G)

11:50AM -400 (B)

12:10AM -300LH (G)

12:30PM -300IH (B)

1:00PM- 200M (G)

1:20PM- 200 (B)

INTERMISSION-INTERMISSION-INTERMISSION

2:00PM -100MH (G) FINAL

2:10PM-110MH (B) FINAL

2:20PM- 100M DASH (G) FINAL

2:30PM- 100M DASH (B) FINAL

2:45PM- 4X100 (G) FINAL

3:00PM- 4X100M(B) FINAL

3:15PM -1600M (G) INVITATIONAL MILE- Awards Presentation

3:25PM -1600M (B) INVITATIONAL MILE-Awards Presentation

3:40PM- 400M (G) FINAL

3:50PM- 400M(B) FINAL

4:00PM- 300MH (G) FINAL

4:05PM- 300IH (B) FINAL

4:10PM -800M (G) FINAL

4:15PM -800M (B) FINAL

4:20PM- 200M (G) FINAL

4:25PM- 200M (B) FINAL

4:30PM- 3200M (G) FINAL

4:50PM-3200M (B) FINAL

5:00PM-4X400 (G) FINAL

5:10PM-4X400 (B) FINAL

6:00PM -AWARDS CEREMONY