

2007 Steak n Shake Track and Field Invitational

February 24, 2007

MEET LOCATION:

Thomas Jefferson High School Tampa, FL
4401 W. CYPRESS STREET TAMPA, FL 33607

ENTRY FEE

No phone, fax or email entries will be accepted, all entries via Direct Athletics
\$15 per entered athlete (less than five) or \$35 per team, per gender.

ENTRY DEADLINE

February 21, 2007 via Direct Athletics

*Entry Fees are non-refundable

Make check payable to: **WHSABC**

Mail to: Wharton High School Attn: Coach Mathis

20150 Bruce B Downs Blvd. Tampa, FL 33647

MEET RULES

High School races will be conducted according to the National High School Federation rules.

- Maximum number of athletes a High School team may enter in each event is limited to three (3).
- Athlete can compete in a total of 4 events
- Running prelims begin at 8:00AM. No prelims in the following events that are timed finals: 800, 1600, 3200, 4x400, 4X800. All others will have prelims with top 8 advancing to finals by time.
- Spikes no longer than $\frac{1}{4}$

Opening Heights and Distances

Participants will be allowed 3 attempts

- A. Pole Vault 10'(B) 6'(G)
- B. High Jump 5'8" (B) 4'5"(G)
- C. Triple Jump 40'(B) 30'(G)
- D. Long Jump 19'(B) 16'(G)
- E. Shot 40'(B) 30'(G)
- F. Discus 120' (B) 90' (G)

ELIGIBILITY

High School - Must be a current member of your state High School Athletic Association, and be able to compete according to your state's rules and regulations. This is a FHSAA sanctioned event.

ADDITIONAL EVENT INFORMATION

For questions not answered on this site please email steaknshakeinvitational@verizon.net

AWARDS

Individual trophies will be presented to the 1st place finisher in each event Medals will also be awarded to the second through eighth place finishers of each event. Overall team trophies will be given to the top team per gender.

SPECTATOR ADMISSION

Spectator admission \$5 is required for entry into the meet

TRANSPORTATION

Teams are responsible for their own transportation.

COACHES CREDENTIALS

- Team staff will receive free admission into the meet