

2008 LCAC Divisional Track Meet

March 26th, 2008 Dunbar High School

General Information

- Time of meet:** Approx: 5:00pm Coaches/Scratch meeting
- Participants:** Limited to 4 athletes per scored event. Entries are due by Monday March 24th by Midnight. Must be entered via www.directathletics.com
- Advancement:** According to the Division Meet setup, the top two from each division event will be advancing to LCAC Finals along with the next top four in each event when combining both divisions.
- Field events:** All Field events will be given 3 attempts, with no finals.
- Contact:** Coach Kandrick Barnes, at KandrickJB@leeschools.net or 239-461-5322 Ext. 0754

Coach's duties: **Any Coaches are encouraged to help with hurdles, as no athletes will be allowed on the infield.**

High Jump	East Lee
Shot Put	Lehigh
Discus	South
Long jump	Esterro
Pole vault	Riverdale/Lehigh
Triple Jump	Dunbar
Hurdles	Dunbar

- Location Details:**
- Tents can be placed on Home-Side of Field House
 - Athletes will "walk around" outside track for check-in
 - Athletes will enter track from behind 100m start-line
 - Teams may locate themselves in the HOME bleachers.
 - All fans and parents will also use the Home bleachers.
 - Ice will be available upon request
 - District trainer will be on-site
 - Concession stand on Home-side of field
 - Starter will be Coach Brian Winter

Warm-ups can be done on the practice field behind the home stands.

No Athletes will be allowed on the infield, but coaches are welcome!!