

## 5-Star Conference T&amp;F Championships - 3/28/2008

## Half-Mile Timing &amp; Data

## Flagler Palm Coast HS, Palm Coast, Florida

## Results

**Boys 100 Meter Dash**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 135 Steward, Jeremy	12	Flagler Palm Coa	10.92q
2 19 Pinckney, Lewis	12	Mainland	10.98q
3 226 Fleming, Tommy	12	Deltona	11.11q
4 326 McGinley, Steven	12	Spruce Creek Hig	11.14q
5 133 Shellings, Corey	10	Flagler Palm Coa	11.21q
6 116 Ndum, Rodney	11	Flagler Palm Coa	11.30q
7 108 Williams, Denard	10	Flagler Palm Coa	11.36q
7 283 Traster, Nick	12	Spruce Creek Hig	11.36q
9 216 Fuller, Tihee	12	Deltona	11.37
10 92 Thompson, Larry	10	DeLand	11.38
10 89 Joyce, Mark	10	DeLand	11.38
12 212 Rosamonda, Nick	12	Deltona	11.41
13 166 Hooks, Telvin	09	New Smyrna	11.43
14 319 Gaines, Kyle	10	Spruce Creek Hig	11.48
15 239 Smiekle, Gary	12	Pine Ridge	11.50
15 93 Watkins, Vic	11	DeLand	11.50
17 270 Johnson, Columbus	11	Pine Ridge	11.60
18 375 Brown, Isaac	12	Seabreeze	11.64
19 374 Augustine, Steno	11	Seabreeze	11.77
20 66 DeViva, Stuart	11	DeLand	11.82
21 26 Evans, Darry	11	Mainland	11.94
22 30 Theodore, John	12	Mainland	12.06
23 17 Baker, Eric	10	Mainland	12.08
24 355 Reed, T.J.	10	Seabreeze	12.14
25 263 Debeauville, Chris	10	Pine Ridge	12.31
26 181 Constant, Konstantine	12	Atlantic (Po)	13.30

**Boys 100 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 135 Steward, Jeremy	12	Flagler Palm Coa	10.99 10
2 326 McGinley, Steven	12	Spruce Creek Hig	11.26 8
3 226 Fleming, Tommy	12	Deltona	11.28 6
4 133 Shellings, Corey	10	Flagler Palm Coa	11.39 5
5 108 Williams, Denard	10	Flagler Palm Coa	11.53 4
6 283 Traster, Nick	12	Spruce Creek Hig	11.60 3
7 116 Ndum, Rodney	11	Flagler Palm Coa	11.64 2
--- 19 Pinckney, Lewis	12	Mainland	FS

**Boys 200 Meter Dash**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 110 Lockhart, Charles	11	Flagler Palm Coa	21.63q
2 141 Jones, Johnny	11	Flagler Palm Coa	21.88q
3 135 Steward, Jeremy	12	Flagler Palm Coa	22.12q
4 133 Shellings, Corey	10	Flagler Palm Coa	22.28q
5 19 Pinckney, Lewis	12	Mainland	22.31q
6 326 McGinley, Steven	12	Spruce Creek Hig	22.36q
7 89 Joyce, Mark	10	DeLand	22.85q
8 216 Fuller, Tihee	12	Deltona	22.98q
9 287 O'Dell, Timothy	11	Spruce Creek Hig	23.07

10 92 Thompson, Larry	10	DeLand	23.09
11 212 Rosamonda, Nick	12	Deltona	23.18
12 166 Hooks, Telvin	09	New Smyrna	23.37
13 30 Theodore, John	12	Mainland	23.54
14 17 Baker, Eric	10	Mainland	23.80
15 194 Gilleland, Travis	12	Atlantic (Po)	23.95
16 270 Johnson, Columbus	11	Pine Ridge	23.97
17 269 Williams, Kevin	10	Pine Ridge	24.19
18 263 Debeauville, Chris	10	Pine Ridge	25.93
19 273 Colley, Palvin	10	Pine Ridge	26.84
20 192 Mabry, Allan	12	Atlantic (Po)	27.76
--- 91 Martin, Kavon	11	DeLand	DNF

**Boys 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 110 Lockhart, Charles	11	Flagler Palm Coa	21.63 10
2 141 Jones, Johnny	11	Flagler Palm Coa	21.91 8
3 135 Steward, Jeremy	12	Flagler Palm Coa	22.03 6
4 19 Pinckney, Lewis	12	Mainland	22.26 5
5 326 McGinley, Steven	12	Spruce Creek Hig	22.39 4
6 133 Shellings, Corey	10	Flagler Palm Coa	22.56 3
7 216 Fuller, Tihee	12	Deltona	23.18 2
8 89 Joyce, Mark	10	DeLand	23.49 1

**Boys 400 Meter Dash**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 110 Lockhart, Charles	11	Flagler Palm Coa	48.27q
2 259 Peltz, David	11	Pine Ridge	51.09q
3 287 O'Dell, Timothy	11	Spruce Creek Hig	52.03q
4 104 Williams, Yeovanti	09	Flagler Palm Coa	52.30q
5 144 Hymon, Michael	09	Flagler Palm Coa	52.46q
6 333 Leone, Jesse	10	Spruce Creek Hig	53.17q
7 194 Gilleland, Travis	12	Atlantic (Po)	53.21q
8 398 Tinsley, Joh'shay	10	Flagler Palm Coa	53.76q
9 343 Hemingway,	10	Spruce Creek Hig	53.88
10 205 Richardson, Kevin	10	Deltona	54.08
11 58 Mendez, Carson	11	DeLand	54.40
12 258 Lundquist, Bradly	11	Pine Ridge	55.37
13 229 Ramirez, Anthony	12	Deltona	55.90
14 60 Ball, Bryant	10	DeLand	56.32
15 393 Kramer, Bret	10	Seabreeze	56.56
16 154 Gibson, Robert	11	New Smyrna	56.95
17 269 Williams, Kevin	10	Pine Ridge	57.15
18 233 Prettyman, Matt	11	Deltona	58.62
19 195 Flynt, Marcus	09	Atlantic (Po)	1:02.71
20 173 Howard, Sinatra	09	Atlantic (Po)	1:03.17
21 163 Keip, Jamie	12	New Smyrna	1:04.71

**Boys 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 110 Lockhart, Charles	11	Flagler Palm Coa	47.80 10
2 287 O'Dell, Timothy	11	Spruce Creek Hig	51.27 8

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## Flagler Palm Coast HS, Palm Coast, Florida

## Results

## Finals ... (Boys 400 Meter Dash)

Name	Yr	School	Finals	
3 259 Peltz, David	11	Pine Ridge	51.40	6
4 104 Williams, Yeovanti	09	Flagler Palm Coa	51.65	5
5 144 Hymon, Michael	09	Flagler Palm Coa	52.16	4
6 194 Gilleland, Travis	12	Atlantic (Po)	52.59	3
7 333 Leone, Jesse	10	Spruce Creek Hig	53.38	2
8 398 Tinsley, Joh'shay	10	Flagler Palm Coa	54.47	1

## Boys 800 Meter Run

Name	Yr	School	Finals	
1 353 Vandoorn, Kyle	12	Seabreeze	1:59.68	10
2 145 Woods, Reggie	10	Flagler Palm Coa	2:00.30	8
3 231 Janssen, Cameron	12	Deltona	2:05.09	6
4 36 Sirutis, Doug	11	DeLand	2:06.09	5
5 129 Williams, Willie	10	Flagler Palm Coa	2:06.41	4
6 341 Frye, Greg	10	Spruce Creek Hig	2:07.38	3
7 122 Critcher, Kenlee	10	Flagler Palm Coa	2:07.74	2
8 295 Hannabass, Kyle	11	Spruce Creek Hig	2:07.81	1
9 254 Burk, Shane	12	Pine Ridge	2:08.82	
10 98 Lind, Skyler	12	Flagler Palm Coa	2:10.02	
11 42 Chavers, Devon	10	DeLand	2:11.50	
12 275 Acevedo, Chris	09	Pine Ridge	2:11.52	
13 163 Keip, Jamie	12	New Smyrna	2:11.84	
14 266 Knight, Mau	11	Pine Ridge	2:14.08	
15 237 Scott, Seth	11	Deltona	2:18.14	
16 33 Cochran, Roosevelt	10	Mainland	2:19.11	
17 236 Kline, Joe	09	Deltona	2:21.19	
18 397 Garbellini, Chris	10	Seabreeze	2:21.85	
19 370 Hutsenpillar, Brad	10	Seabreeze	2:22.50	
20 329 Hill, Jayce	12	Spruce Creek Hig	2:24.46	

## Boys 1600 Meter Run

Name	Yr	School	Finals	
1 113 Earle, Andrew	12	Flagler Palm Coa	4:31.68	10
2 389 Huckaby, Todd	11	Seabreeze	4:31.70	8
3 254 Burk, Shane	12	Pine Ridge	4:39.86	6
4 125 Earle, Brandon	10	Flagler Palm Coa	4:43.86	5
5 129 Williams, Willie	10	Flagler Palm Coa	4:46.24	4
6 275 Acevedo, Chris	09	Pine Ridge	4:48.91	3
7 44 Gingras, Darin	12	DeLand	4:49.46	2
8 81 Holyoke, Dylan	12	DeLand	4:49.84	1
9 316 Elsagr, Joseph	11	Spruce Creek Hig	4:49.92	
10 327 Parker, Jacob	11	Spruce Creek Hig	4:53.29	
11 103 Howes, Matt	11	Flagler Palm Coa	4:55.13	
12 59 LaPlante, Ryan	11	DeLand	4:56.59	
13 47 Jensen, Pete	11	DeLand	4:58.28	
14 149 Tager, Jordan	10	New Smyrna	5:02.35	
15 236 Kline, Joe	09	Deltona	5:09.07	
16 352 Berry, Greg	11	Seabreeze	5:16.76	
17 164 Snow, Paul	12	New Smyrna	5:24.22	
18 179 Pompei, James	10	Atlantic (Po)	5:33.67	
19 271 webster, taylor	10	Pine Ridge	5:33.77	

20 370 Hutsenpillar, Brad	10	Seabreeze	5:34.14
21 242 Zarzycki, Patrick	09	Pine Ridge	5:59.51

## Boys 3200 Meter Run

Name	Yr	School	Finals	
1 125 Earle, Brandon	10	Flagler Palm Coa	10:21.06	10
2 113 Earle, Andrew	12	Flagler Palm Coa	10:25.92	8
3 316 Elsagr, Joseph	11	Spruce Creek Hig	10:27.81	6
4 75 Epifanio, G	10	DeLand	10:31.75	5
5 312 Moody, Christopher	12	Spruce Creek Hig	10:37.55	4
6 81 Holyoke, Dylan	12	DeLand	10:39.40	3
7 99 Lust, Jason	10	Flagler Palm Coa	10:40.16	2
8 350 Mularkey, Taylor	10	Spruce Creek Hig	10:42.02	1
9 103 Howes, Matt	11	Flagler Palm Coa	10:58.68	
10 47 Jensen, Pete	11	DeLand	11:11.17	
11 149 Tager, Jordan	10	New Smyrna	11:22.06	
12 384 Buckman, Jonathan	09	Seabreeze	11:28.08	
13 59 LaPlante, Ryan	11	DeLand	11:35.92	
14 271 webster, taylor	10	Pine Ridge	12:39.97	
15 179 Pompei, James	10	Atlantic (Po)	12:47.55	
16 242 Zarzycki, Patrick	09	Pine Ridge	13:00.23	

## Boys 110 Meter Hurdles

Name	Yr	School	Prelims
1 292 Howard, David	12	Spruce Creek Hig	14.73q
2 118 Jean, Fritz	11	Flagler Palm Coa	15.38q
3 160 Ervin, Cody	10	New Smyrna	15.40q
4 37 Reddy, Nick	12	DeLand	15.86q
5 299 Bowleg, Shavaro	12	Spruce Creek Hig	15.88q
6 279 Williams, Brandon	12	Spruce Creek Hig	16.88q
6 119 Williams, Shereif	11	Flagler Palm Coa	16.88q
8 79 Bright, Eldrick	10	DeLand	17.32q
9 308 Antonopoulos,	12	Spruce Creek Hig	17.40
10 72 Murphy, Forrest	10	DeLand	18.74
11 267 Cusick, Shawn	11	Pine Ridge	18.77
12 257 Daniels, Robert	10	Pine Ridge	19.10
13 360 Makenen, Eric	10	Seabreeze	19.58
14 359 McDonald, Vaughn	12	Seabreeze	22.19

## Boys 110 Meter Hurdles

Name	Yr	School	Finals	
1 292 Howard, David	12	Spruce Creek Hig	14.50	10
2 160 Ervin, Cody	10	New Smyrna	15.50	8
3 118 Jean, Fritz	11	Flagler Palm Coa	15.76	6
4 299 Bowleg, Shavaro	12	Spruce Creek Hig	15.80	5
5 37 Reddy, Nick	12	DeLand	16.58	4
6 119 Williams, Shereif	11	Flagler Palm Coa	16.81	3
7 279 Williams, Brandon	12	Spruce Creek Hig	17.32	2
8 79 Bright, Eldrick	10	DeLand	18.12	1

## 5-Star Conference T&amp;F Championships - 3/28/2008

## Half-Mile Timing &amp; Data

## Flagler Palm Coast HS, Palm Coast, Florida

## Results

**Boys 300 Meter Hurdles**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 292 Howard, David	12	Spruce Creek Hig	40.69q
2 299 Bowleg, Shavaro	12	Spruce Creek Hig	41.69q
3 118 Jean, Fritz	11	Flagler Palm Coa	41.91q
4 37 Reddy, Nick	12	DeLand	42.36q
5 308 Antonopoulos,	12	Spruce Creek Hig	42.59q
6 309 Vesga, Phillip	11	Spruce Creek Hig	42.63q
7 79 Bright, Eldrick	10	DeLand	43.21q
8 95 Soard, Cory	09	Flagler Palm Coa	43.39q
9 267 Cusick, Shawn	11	Pine Ridge	44.54
10 160 Ervin, Cody	10	New Smyrna	44.76
11 139 Stubbs, Chris	09	Flagler Palm Coa	45.30
12 72 Murphy, Forrest	10	DeLand	46.19
13 218 O'Neal, Jasper	10	Deltona	46.26
14 360 Makinen, Eric	10	Seabreeze	48.02
15 399 Decker, Bradley	9	Flagler Palm Coa	48.49
16 257 Daniels, Robert	10	Pine Ridge	49.40
17 192 Mabry, Allan	12	Atlantic (Po)	53.18

**Boys 300 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 292 Howard, David	12	Spruce Creek Hig	39.81 10
2 299 Bowleg, Shavaro	12	Spruce Creek Hig	40.16 8
3 118 Jean, Fritz	11	Flagler Palm Coa	40.50 6
4 309 Vesga, Phillip	11	Spruce Creek Hig	42.22 5
5 308 Antonopoulos,	12	Spruce Creek Hig	42.38 4
6 37 Reddy, Nick	12	DeLand	43.09 3
7 95 Soard, Cory	09	Flagler Palm Coa	43.19 2
8 79 Bright, Eldrick	10	DeLand	46.16 1

**Boys 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Flagler Palm Coast	A	42.12 10
1) Mitchell, Marcus 12	2) Steward, Jeremy 12	
3) Ndum, Rodney 11	4) Shellings, Corey 10	
2 Deltona High School	A	43.37 8
1) Fleming, Tommy 12	2) Lewis, Roberto 12	
3) Rosamonda, Nick 12	4) Fuller, Tihee 12	
3 DeLand	A	43.45 6
1) Wright, Jimel 09	2) Thompson, Larry 10	
3) Watkins, Vic 11	4) Joyce, Mark 10	
4 Pine Ridge	A	44.13 5
1) Hines, Kevin 12	2) Smiekle, Gary 12	
3) Johnson, Columbus 11	4) Peltz, David 11	
5 Mainland High School	A	44.28 4
1) Evans, Darry 11	2) Bell, Antonio 12	
3) Theodore, John 12	4) Pinckney, Lewis 12	
6 Spruce Creek High	A	45.53 3
1) Gaines, Kyle 10	2) Traster, Nick 12	
3) Williamson, Demetrius 12	4) McGinley, Steven 12	

**Boys 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Flagler Palm Coast	A	3:23.75 10
1) Woods, Reggie 10	2) Hymon, Michael 09	
3) Jones, Johnny 11	4) Lockhart, Charles (Cj) 11	
2 Spruce Creek High	A	3:31.08 8
1) Vesga, Phillip 11	2) Hemingway, Jonathan 10	
3) Leone, Jesse 10	4) O'Dell, Timothy 11	
3 Pine Ridge	A	3:31.92 6
1) Hines, Kevin 12	2) Lundquist, Bradly 11	
3) Peltz, David 11	4) Smiekle, Gary 12	
4 DeLand	A	3:39.13 5
1) Ball, Bryant 10	2) Shoemo, Gavin 12	
3) Mendez, Carson 11	4) Reddy, Nick 12	
5 Deltona High School	A	3:44.45 4
1) Abremenko, Stan 12	2) Richardson, Kevin 10	
3) Janssen, Cameron 12	4) Lewis, Shane 10	
6 Seabreeze High School	A	3:45.71 3
1) Vandoorn, Kyle 12	2) Kramer, Bret 10	
3) Huckaby, Todd 11	4) Brown, Isaac 12	
7 Atlantic (Po)	A	4:00.62 2
1) Gilleland, Travis 12	2) Washington, Joshua 12	
3) Mabry, Allan 12	4) Flynt, Marcus 09	

**Boys 4x800 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Flagler Palm Coast	A	8:21.30 10
1) Woods, Reggie 10	2) Critcher, Kenlee 10	
3) Howes, Matt 11	4) Lind, Skyler 12	
2 Spruce Creek High	A	8:23.63 8
1) Frazier, Alex 12	2) Frye, Greg 10	
3) Parker, Jacob 11	4) Mularkey, Taylor 10	
3 DeLand	A	8:23.64 6
1) Chavers, Devon 10	2) Gingras, Darin 12	
3) Sirutis, Doug 11	4) Holyoke, Dylan 12	
4 Deltona High School	A	8:34.49 5
1) Abremenko, Stan 12	2) Janssen, Cameron 12	
3) Littell, Jonathan 10	4) Kline, Joe 09	
5 Seabreeze High School	A	8:36.65 4
1) Huckaby, Todd 11	2) Vandoorn, Kyle 12	
3) Mckernan, Kevin 12	4) Berry, Greg 11	
6 Pine Ridge	A	8:56.71 3
1) Acevedo, Chris 09	2) Burk, Shane 12	
3) Lundquist, Bradly 11	4) Knight, Mau 11	

**Boys High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 380 Scott, Jonathan	11	Seabreeze	6-02.00 10
2 292 Howard, David	12	Spruce Creek Hig	6-00.00 8
3 76 Shoemo, Gavin	12	DeLand	6-00.00 6
4 151 Jackson, Stephen	09	New Smyrna	6-00.00 5

## 5-Star Conference T&amp;F Championships - 3/28/2008

## Half-Mile Timing &amp; Data

## Flagler Palm Coast HS, Palm Coast, Florida

## Results

## Finals ... (Boys High Jump)

Name	Yr	School	Finals
5 349 Seitz, Steve	10	Spruce Creek Hig	6-00.00 4
6 228 Lewis, Shane	10	Deltona	5-10.00 2.5
6 129 Williams, Willie	10	Flagler Palm Coa	5-10.00 2.5
7 279 Williams, Brandon	12	Spruce Creek Hig	5-10.00 1
8 53 Thompson, Paul	12	DeLand	5-10.00
10 301 Dallarosa, John	12	Spruce Creek Hig	5-08.00
11 160 Ervin, Cody	10	New Smyrna	5-06.00
11 37 Reddy, Nick	12	DeLand	5-06.00
13 95 Soard, Cory	09	Flagler Palm Coa	5-04.00
--- 267 Cusick, Shawn	11	Pine Ridge	NH
--- 269 Williams, Kevin	10	Pine Ridge	NH

## Boys Pole Vault

Name	Yr	School	Finals
1 319 Gaines, Kyle	10	Spruce Creek Hig	12-00.00 10
2 95 Soard, Cory	09	Flagler Palm Coa	11-06.00 8
3 122 Critcher, Kenlee	10	Flagler Palm Coa	11-00.00 6
4 383 Reider, Austin	12	Seabreeze	11-00.00 5
5 209 Serre, Jacob	12	Deltona	10-06.00 4
6 344 Rendon, Michael	12	Spruce Creek Hig	10-06.00 3
7 130 Davis, Mike (Lee)	11	Flagler Palm Coa	10-00.00 2
8 120 Yevoli, Chris	11	Flagler Palm Coa	10-00.00 1
9 164 Snow, Paul	12	New Smyrna	10-00.00
10 302 Lustik, Jordan	12	Spruce Creek Hig	9-06.00
10 155 Knopp, Troy	12	New Smyrna	9-06.00
10 153 Troian, Kyle	11	New Smyrna	9-06.00
--- 57 Grace, Ben	12	DeLand	NH
--- 63 Yancey, Josh	09	DeLand	NH
--- 39 Farmer, Ryan	09	DeLand	NH
--- 162 Gardner, Josh	11	New Smyrna	NH
--- 68 Elster, John	12	DeLand	NH

## Boys Long Jump

Name	Yr	School	Finals
1 380 Scott, Jonathan	11	Seabreeze	20-11.50 10
2 228 Lewis, Shane	10	Deltona	20-10.75 8
3 76 Shoemo, Gavin	12	DeLand	20-09.00 6
4 345 Johnson, Terrell	10	Spruce Creek Hig	20-02.50 5
5 127 Mitchell, Marcus	12	Flagler Palm Coa	20-02.00 4
6 53 Thompson, Paul	12	DeLand	19-11.00 3
7 259 Peltz, David	11	Pine Ridge	19-08.00 2
8 186 Theodore, Chris	10	Atlantic (Po)	19-07.00 1
9 21 Bell, Antonio	12	Mainland	19-04.25
10 119 Williams, Shereif	11	Flagler Palm Coa	19-03.75
11 84 Wright, Jimel	09	DeLand	18-10.75
12 163 Keip, Jamie	12	New Smyrna	18-08.75
13 218 O'Neal, Jasper	10	Deltona	18-08.00
14 32 McNair, Lakarl	11	Mainland	18-05.50
15 139 Stubbs, Chris	09	Flagler Palm Coa	18-04.25
16 116 Ndum, Rodney	11	Flagler Palm Coa	18-03.00
17 374 Augustine, Steno	11	Seabreeze	17-07.50

18 205 Richardson, Kevin	10	Deltona	17-07.00
19 299 Bowleg, Shavaro	12	Spruce Creek Hig	17-06.00
--- 375 Brown, Isaac	12	Seabreeze	FOUL
--- 334 Williamson,	12	Spruce Creek Hig	FOUL
--- 239 Smiekle, Gary	12	Pine Ridge	FOUL
--- 30 Theodore, John	12	Mainland	FOUL

## Boys Triple Jump

Name	Yr	School	Finals
1 228 Lewis, Shane	10	Deltona	44-07.50 10
2 119 Williams, Shereif	11	Flagler Palm Coa	43-09.00 8
3 265 Hines, Kevin	12	Pine Ridge	42-09.00 6
4 292 Howard, David	12	Spruce Creek Hig	42-04.75 5
5 116 Ndum, Rodney	11	Flagler Palm Coa	42-04.00 4
6 53 Thompson, Paul	12	DeLand	40-10.25 3
7 279 Williams, Brandon	12	Spruce Creek Hig	40-03.00 2
8 21 Bell, Antonio	12	Mainland	40-01.50 1
9 308 Antonopoulos,	12	Spruce Creek Hig	39-00.00
10 287 O'Dell, Timothy	11	Spruce Creek Hig	38-10.50
11 76 Shoemo, Gavin	12	DeLand	38-10.00
12 212 Rosamonda, Nick	12	Deltona	38-04.00
13 229 Ramirez, Anthony	12	Deltona	37-10.50
14 150 Granger, AJ	10	New Smyrna	37-09.50
15 79 Bright, Eldrick	10	DeLand	33-03.00

## Boys Shot Put

Name	Yr	School	Finals
1 323 Lickfield,	11	Spruce Creek Hig	51-09.50 10
2 238 Berry, Clayton	12	Deltona	50-02.75 8
3 311 Mattox, Andrew	11	Spruce Creek Hig	43-11.25 6
4 196 Faison, Ron	12	Atlantic (Po)	43-03.00 5
5 313 Garvin, LeKeevin	10	Spruce Creek Hig	42-10.50 4
6 296 Mount, Josh	11	Spruce Creek Hig	42-01.50 3
7 272 Bennett, John	11	Pine Ridge	39-02.50 2
8 170 Fleemin, Jarod	09	New Smyrna	38-02.00 1
9 171 Ratcliffe, Derek	11	New Smyrna	37-08.50
10 188 Sault, Nick	12	Atlantic (Po)	37-05.00
11 361 Buckley, Brad	11	Seabreeze	37-03.00
12 134 Melendez, Victor	11	Flagler Palm Coa	36-09.50
13 117 Bowens, Dee	10	Flagler Palm Coa	36-06.75
14 243 Gerrard, Andy	11	Pine Ridge	36-02.00
15 45 Younk, Alex	11	DeLand	35-10.00
16 2 Wheeler, Cornelius	12	Mainland	35-05.50
17 234 Fleming, Tanner	10	Deltona	34-11.25
18 101 Wolfe, Derik	11	Flagler Palm Coa	34-10.25
19 77 Eiland, Corey	10	DeLand	34-03.00
20 83 Kustodowicz, Andrew	10	DeLand	33-10.50
21 261 Tavener, Jordan	11	Pine Ridge	33-00.00
22 138 Sheeley, Brad	11	Flagler Palm Coa	31-07.75

**5-Star Conference T&F Championships - 3/28/2008****Half-Mile Timing & Data****Flagler Palm Coast HS, Palm Coast, Florida****Results****Boys Discus Throw**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1 323 Lickfield,	11	Spruce Creek Hig	169-02 10
2 311 Mattox, Andrew	11	Spruce Creek Hig	128-09 8
3 45 Younk, Alex	11	DeLand	128-03 6
4 268 Scott, Paul	11	Pine Ridge	119-00 5
5 297 Shabanov, Alex	10	Spruce Creek Hig	118-08 4
6 238 Berry, Clayton	12	Deltona	118-03 3
7 296 Mount, Josh	11	Spruce Creek Hig	109-04 2
8 196 Faison, Ron	12	Atlantic (Po)	106-00 1
9 77 Eiland, Corey	10	DeLand	103-03
9 101 Wolfe, Derik	11	Flagler Palm Coa	103-03
11 157 Sears, Je-Marc	10	New Smyrna	103-02
11 117 Bowens, Dee	10	Flagler Palm Coa	103-02
13 158 Klein, Michael	10	New Smyrna	102-05
14 234 Fleming, Tanner	10	Deltona	101-06
15 83 Kustodowicz, Andrew	10	DeLand	101-01
16 361 Buckley, Brad	11	Seabreeze	98-10
16 243 Gerrard, Andy	11	Pine Ridge	98-10
18 171 Ratcliffe, Derek	11	New Smyrna	92-03
19 272 Bennett, John	11	Pine Ridge	79-08
20 400 Elliot, Charles	9	Flagler Palm Coa	60-04
21 2 Wheeler, Cornelius	12	Mainland	60-00
--- 138 Sheeley, Brad	11	Flagler Palm Coa	FOUL

**Women - Team Rankings - 17 Events Scored**

1) Spruce Creek High	230.5
2) DeLand	120.5
3) Flagler Palm Coast	90
4) Mainland High School	62
4) Pine Ridge	62
6) Seabreeze High School	44
7) Deltona High School	30
8) Atlantic (PO)	14

**Men - Team Rankings - 17 Events Scored**

1) Flagler Palm Coast	203.5
2) Spruce Creek High	188
3) DeLand	67
4) Deltona High School	66.5
5) Seabreeze High School	50
6) Pine Ridge	44
7) New Smyrna Beach	14
8) Atlantic (PO)	12
9) Mainland High School	10