

5-Star Conference T&F Championships - 3/28/2008

Half-Mile Timing & Data

Flagler Palm Coast HS, Palm Coast, Florida

Results

Girls 100 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 373 Caquias, Miranda	12	Seabreeze	12.35q
2 112 Moore, Jasmine	09	Flagler Palm Coa	12.95q
3 248 Davis, Trenice	11	Pine Ridge	12.97q
4 78 Gordon, Toshona	12	DeLand	13.01q
5 264 Gayle, Stephanie	12	Pine Ridge	13.18q
6 281 Cole, Bracaria	10	Spruce Creek Hig	13.30q
7 28 Brown, Alyssa	09	Mainland	13.37q
8 87 Kratina, Katherine	10	DeLand	13.38q
9 274 Henderson, Christena	11	Pine Ridge	13.43
10 346 Junco, Kaycie	10	Spruce Creek Hig	13.44
11 96 Crockett, Jessica	10	Flagler Palm Coa	13.62
12 22 Brewer, Brittany	11	Mainland	13.65
13 80 Raulerson, Courtney	10	DeLand	13.83
14 232 Richardson, Jaylan	11	Deltona	13.85
15 314 Keys, Lexi	10	Spruce Creek Hig	13.87
16 291 Oskandy, Emily	12	Spruce Creek Hig	13.92
17 6 Lee, Kayla	11	Mainland	14.00
18 206 Winant, Lauren	11	Deltona	14.09
19 128 Dorimain, Trish	10	Flagler Palm Coa	14.13
20 142 Orban, Samantha	11	Flagler Palm Coa	14.23
21 198 Rodriques, Lovelin	09	Atlantic (Po)	14.32
22 366 Sundblad, Amanda	09	Seabreeze	14.82

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 373 Caquias, Miranda	12	Seabreeze	12.45 10
2 112 Moore, Jasmine	09	Flagler Palm Coa	13.10 8
3 78 Gordon, Toshona	12	DeLand	13.10 6
4 248 Davis, Trenice	11	Pine Ridge	13.17 5
5 264 Gayle, Stephanie	12	Pine Ridge	13.19 4
6 281 Cole, Bracaria	10	Spruce Creek Hig	13.31 3
7 87 Kratina, Katherine	10	DeLand	13.58 2
8 28 Brown, Alyssa	09	Mainland	13.81 1

Girls 200 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 373 Caquias, Miranda	12	Seabreeze	25.85q
2 248 Davis, Trenice	11	Pine Ridge	26.41q
3 277 Thompson, Giovanna	11	Pine Ridge	26.66q
4 264 Gayle, Stephanie	12	Pine Ridge	26.70q
5 3 Adams, Anquenette	11	Mainland	27.04q
6 107 Lynch, Jenna	10	Flagler Palm Coa	27.09q
7 78 Gordon, Toshona	12	DeLand	27.34q
8 281 Cole, Bracaria	10	Spruce Creek Hig	27.37q
9 112 Moore, Jasmine	09	Flagler Palm Coa	27.48
10 87 Kratina, Katherine	10	DeLand	27.66
11 96 Crockett, Jessica	10	Flagler Palm Coa	28.22
12 314 Keys, Lexi	10	Spruce Creek Hig	28.28
12 346 Junco, Kaycie	10	Spruce Creek Hig	28.28

14 22 Brewer, Brittany	11	Mainland	28.36
15 6 Lee, Kayla	11	Mainland	28.58
16 293 Bragg, Joy	10	Spruce Creek Hig	28.69
17 142 Orban, Samantha	11	Flagler Palm Coa	28.89
18 50 LaPlante, Renee	10	DeLand	29.87
19 198 Rodriques, Lovelin	09	Atlantic (Po)	29.89
20 176 Lynch, Danielle	10	Atlantic (Po)	29.99
21 372 Le, Lizzie	10	Seabreeze	30.02
22 394 Smith, Amy	09	Seabreeze	31.35
23 371 Lemin, Amanda	11	Seabreeze	31.75

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 373 Caquias, Miranda	12	Seabreeze	25.86 10
2 277 Thompson, Giovanna	11	Pine Ridge	26.61 8
3 248 Davis, Trenice	11	Pine Ridge	26.84 6
4 3 Adams, Anquenette	11	Mainland	26.97 5
5 107 Lynch, Jenna	10	Flagler Palm Coa	27.08 4
6 264 Gayle, Stephanie	12	Pine Ridge	27.16 3
7 78 Gordon, Toshona	12	DeLand	27.22 2
8 281 Cole, Bracaria	10	Spruce Creek Hig	27.79 1

Girls 400 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 277 Thompson, Giovanna	11	Pine Ridge	59.80q
2 35 Parks, Tayanna	11	Mainland	1:01.04q
3 61 Graham, Shaundrea	10	DeLand	1:02.45q
4 107 Lynch, Jenna	10	Flagler Palm Coa	1:02.60q
5 321 Andrews, Ali	12	Spruce Creek Hig	1:02.77q
6 332 Hill, Ariel	11	Spruce Creek Hig	1:03.53q
7 284 Hoover, Megan	11	Spruce Creek Hig	1:04.91q
8 285 Maholias, Amanda	10	Spruce Creek Hig	1:05.28q
9 253 Caban, Jesenia	09	Pine Ridge	1:07.82
10 372 Le, Lizzie	10	Seabreeze	1:08.79
11 50 LaPlante, Renee	10	DeLand	1:09.09
12 132 Tisdale, Cierra	11	Flagler Palm Coa	1:10.20
13 97 Woods, Retiya	09	Flagler Palm Coa	1:11.43
14 363 Sundblad, Christina	10	Seabreeze	1:11.91
15 217 VanderWerf, Julie	10	Deltona	1:16.59
16 366 Sundblad, Amanda	09	Seabreeze	1:17.12

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 277 Thompson, Giovanna	11	Pine Ridge	59.41 10
2 107 Lynch, Jenna	10	Flagler Palm Coa	1:01.48 8
3 61 Graham, Shaundrea	10	DeLand	1:02.01 6
4 35 Parks, Tayanna	11	Mainland	1:02.18 5
5 332 Hill, Ariel	11	Spruce Creek Hig	1:03.56 4
6 321 Andrews, Ali	12	Spruce Creek Hig	1:04.46 3
7 284 Hoover, Megan	11	Spruce Creek Hig	1:06.57 2
8 285 Maholias, Amanda	10	Spruce Creek Hig	1:06.57 1

5-Star Conference T&F Championships - 3/28/2008

Half-Mile Timing & Data

Flagler Palm Coast HS, Palm Coast, Florida

Results

Girls 800 Meter Run

Name	Yr	School	Finals	
Finals				
1 348 Nebel, Brooke	11	Spruce Creek Hig	2:21.83	10
2 40 Baumann, Brooke	12	DeLand	2:24.86	8
3 335 Perkins, Amanda	11	Spruce Creek Hig	2:28.07	6
4 73 Perrin, Alexis	09	DeLand	2:32.01	5
5 46 Houser, Joelle	10	DeLand	2:37.42	4
6 185 Trudel, Dominique	09	Atlantic (Po)	2:37.44	3
7 298 Comeau, Brittany	09	Spruce Creek Hig	2:41.66	2
8 378 Mentor, Ashley	12	Seabreeze	2:42.68	1
9 325 Hanabass, Natalie	09	Spruce Creek Hig	2:43.12	
10 100 Seward, Jessica	11	Flagler Palm Coa	2:43.36	
11 131 Gabbert, Emily	12	Flagler Palm Coa	2:45.72	
12 217 VanderWerf, Julie	10	Deltona	2:50.78	
13 126 Kleiner, Katie	09	Flagler Palm Coa	2:53.50	
14 29 Harris, Chelsea	09	Mainland	2:56.65	
15 24 Adams, Sharine	10	Mainland	2:59.02	
16 23 McMillian, Shaques	10	Mainland	3:01.83	
17 174 Tierney, Kayla	10	Atlantic (Po)	3:08.83	
18 106 Emerson, Victoria	12	Flagler Palm Coa	3:10.45	
19 365 Oyler, Aubrey	10	Seabreeze	3:12.80	
20 395 Hanson, Kristin	09	Seabreeze	3:13.57	
21 184 Hartford, Kara	10	Atlantic (Po)	3:15.87	

Girls 1600 Meter Run

Name	Yr	School	Finals	
Finals				
1 335 Perkins, Amanda	11	Spruce Creek Hig	5:10.34	10
2 348 Nebel, Brooke	11	Spruce Creek Hig	5:23.93	8
3 40 Baumann, Brooke	12	DeLand	5:30.57	6
4 328 Garrow, Heather	11	Spruce Creek Hig	5:54.80	5
5 307 Dematteo, kristie	10	Spruce Creek Hig	5:56.40	4
6 64 Epifanio, Melissa	12	DeLand	5:57.52	3
7 100 Seward, Jessica	11	Flagler Palm Coa	6:08.00	2
8 111 Walbert, Megan	09	Flagler Palm Coa	6:12.61	1
9 121 Urena, Karina	12	Flagler Palm Coa	6:16.52	
10 55 Hagler, Kylie	09	DeLand	6:17.26	
11 146 Vlasyuk, Olena	10	Flagler Palm Coa	6:24.29	
12 395 Hanson, Kristin	09	Seabreeze	6:36.41	
13 197 Conn, Melanie	09	Atlantic (Po)	6:39.01	
14 191 Cook, Shannon	10	Atlantic (Po)	6:42.15	
15 178 trudel, Chante	10	Atlantic (Po)	6:43.48	
16 82 Rickels, Cherith	10	DeLand	6:46.60	
17 381 Ramirez, Laura	11	Seabreeze	7:21.02	
18 358 Stewart, Amanda	12	Seabreeze	7:43.95	

Girls 3200 Meter Run

Name	Yr	School	Finals	
Finals				
1 335 Perkins, Amanda	11	Spruce Creek Hig	11:44.05	10
2 331 Wyckoff, Kalyn	12	Spruce Creek Hig	12:40.02	8
3 300 Meredith, Kacie	10	Spruce Creek Hig	12:42.17	6
4 124 Futch, Michelle	11	Flagler Palm Coa	12:54.53	5

5 315 Sridhar, Elizabeth	10	Spruce Creek Hig	13:02.50	4
6 64 Epifanio, Melissa	12	DeLand	13:06.36	3
7 392 Bakertcy, Lia	11	Seabreeze	13:29.51	2
8 111 Walbert, Megan	09	Flagler Palm Coa	13:30.45	1
9 121 Urena, Karina	12	Flagler Palm Coa	13:54.76	
10 146 Vlasyuk, Olena	10	Flagler Palm Coa	14:02.81	
11 55 Hagler, Kylie	09	DeLand	14:25.73	
12 82 Rickels, Cherith	10	DeLand	15:24.70	

Girls 100 Meter Hurdles

Name	Yr	School	Prelims	
Preliminaries				
1 245 Franisco, Tyshane	10	Pine Ridge	17.13q	
2 310 Barrios-Malabad, Mia	12	Spruce Creek Hig	17.56q	
3 65 Chavers, Rochelle	10	DeLand	17.84q	
4 140 Jackson, Jessika	12	Flagler Palm Coa	18.15q	
5 288 Davis, Crystal	09	Spruce Creek Hig	18.18q	
6 123 Gabbert, Audrey	10	Flagler Palm Coa	18.49q	
7 49 Gilbert, Tekevia	11	DeLand	18.58q	
8 286 Janson, Brittani	10	Spruce Creek Hig	18.71q	
9 262 Bailey, Daeja	11	Pine Ridge	18.77	
10 317 Santos, Adriana	12	Spruce Creek Hig	19.26	
11 88 Kratina, Lauren	11	DeLand	19.63	
12 377 Galarza, Yanaira	10	Seabreeze	20.34	
13 396 Stayley, Heather	10	Seabreeze	20.65	
14 114 DeAugustino, Jaclyn	10	Flagler Palm Coa	20.84	
15 276 Gregory, Azellia	10	Pine Ridge	20.98	
16 115 Cox, Jade	10	Flagler Palm Coa	21.27	
17 86 Jackson, Jasmine	10	DeLand	22.34	

Girls 100 Meter Hurdles

Name	Yr	School	Finals	
Finals				
1 245 Franisco, Tyshane	10	Pine Ridge	16.75	10
2 310 Barrios-Malabad, Mia	12	Spruce Creek Hig	17.57	8
3 65 Chavers, Rochelle	10	DeLand	17.78	6
4 286 Janson, Brittani	10	Spruce Creek Hig	17.82	5
5 140 Jackson, Jessika	12	Flagler Palm Coa	17.83	4
6 288 Davis, Crystal	09	Spruce Creek Hig	17.87	3
7 49 Gilbert, Tekevia	11	DeLand	17.99	2
8 123 Gabbert, Audrey	10	Flagler Palm Coa	18.63	1

Girls 300 Meter Hurdles

Name	Yr	School	Prelims	
Preliminaries				
1 305 Clark, Sarah	11	Spruce Creek Hig	49.02q	
2 278 Ravikumar, Raksha	12	Spruce Creek Hig	49.29q	
3 65 Chavers, Rochelle	10	DeLand	49.64q	
4 215 Bradley, Mila	12	Deltona	50.33q	
5 342 Pecoraro, Robin	12	Spruce Creek Hig	51.04q	
6 245 Franisco, Tyshane	10	Pine Ridge	51.97q	
7 88 Kratina, Lauren	11	DeLand	52.76q	
8 282 Dawson, Cherileigh	12	Spruce Creek Hig	52.83q	
9 262 Bailey, Daeja	11	Pine Ridge	54.89	
10 94 Kutsyshina, Marina	11	Flagler Palm Coa	55.84	

5-Star Conference T&F Championships - 3/28/2008

Half-Mile Timing & Data

Flagler Palm Coast HS, Palm Coast, Florida

Results

Preliminaries ... (Girls 300 Meter Hurdles)

Name	Yr	School	Prelims
11 115 Cox, Jade	10	Flagler Palm Coa	56.00
12 168 Martin, Shauntal	12	New Smyrna	56.43
13 377 Galarza, Yanaira	10	Seabreeze	57.39
14 256 Osorio, Lucia	12	Pine Ridge	59.82
15 114 DeAugustino, Jaclyn	10	Flagler Palm Coa	59.97
16 70 Strawder, Chelsea	11	DeLand	1:00.18
17 200 Rogers, Crystal	10	Atlantic (Po)	1:04.44

Girls 300 Meter Hurdles

Name	Yr	School	Finals
1 305 Clark, Sarah	11	Spruce Creek Hig	48.73 10
2 215 Bradley, Mila	12	Deltona	49.70 8
3 342 Pecoraro, Robin	12	Spruce Creek Hig	50.09 6
4 278 Ravikumar, Raksha	12	Spruce Creek Hig	50.30 5
5 65 Chavers, Rochelle	10	DeLand	51.09 4
6 245 Franisco, Tyshane	10	Pine Ridge	51.69 3
7 282 Dawson, Cherileigh	12	Spruce Creek Hig	52.29 2
8 88 Kratina, Lauren	11	DeLand	55.45 1

Girls 4x100 Meter Relay

Team	Relay	Prelims
Preliminaries		
1 Mainland High School	A	50.00q
1) Adams, Anquenette 11	2) Henry, Shantarra 12	
3) Parks, Tayanna 11	4) Brown, Alyssa 09	
2 DeLand	A	50.80q
1) Dupont, Crystal 10	2) Gilbert, Tekevia 11	
3) Gordon, Toshona 12	4) Kratina, Katherine 10	
3 Pine Ridge	A	51.00q
1) Thompson, Giovanna 11	2) Franisco, Tyshane 10	
3) Gayle, Stephanie 12	4) Davis, Trenice 11	
4 Flagler Palm Coast	A	52.00q
1) Moore, Jasmine 09	2) Orban, Samantha 11	
3) Crockett, Jessica 10	4) Dorimain, Trish 10	
5 Spruce Creek High	A	52.44q
1) Cole, Bracaria 10	2) Keys, Lexi 10	
3) Cornelison, Taylor 09	4) Junco, Kaycie 10	
6 Atlantic (Po)	A	52.80q
1) Evans, Iesha 09	2) Kinsey, Lebreau 10	
3) Hardy, Tabitha 10	4) Lynch, Danielle 10	
7 Deltona High School	A	55.00q
1) Alvarado, Jocelyn 10	2) Bradley, Mila 12	
3) Winant, Lauren 11	4) Richardson, Jaylan 11	
8 Seabreeze High School	A	59.60q
1) Sundblad, Christina 10	2) Sundblad, Amanda 09	
3) Lemin, Amanda 11	4) Stayley, Heather 10	

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Mainland High School	A	50.06 10
2 Pine Ridge	A	50.20 8

3 DeLand	A	50.67 6
4 Spruce Creek High	A	53.26 5
5 Deltona High School	A	53.38 4
6 Flagler Palm Coast	A	53.49 3
7 Seabreeze High School	A	59.72 2

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 DeLand	A	4:07.63 10
1) Baumann, Brooke 12	2) Chavers, Rochelle 10	
3) Graham, Shaundra 10	4) Perrin, Ashley 09	
2 Mainland High School	A	4:15.20 8
1) Adams, Anquenette 11	2) Henry, Shantarra 12	
3) Brown, Alyssa 09	4) Parks, Tayanna 11	
3 Deltona High School	A	4:26.41 6
1) Alvarado, Jocelyn 10	2) Bradley, Mila 12	
3) Winant, Lauren 11	4) Richardson, Jaylan 11	
4 Seabreeze High School	A	4:27.34 5
1) Caquias, Miranda 12	2) Mentor, Ashley 12	
3) Sundblad, Christina 10	4) Le, Lizzie 10	
5 Flagler Palm Coast	A	4:33.75 4
1) Lynch, Jenna 10	2) Kutsyshina, Marina 11	
3) Zapata, Jessica 10	4) Woods, Retiya 09	
--- Spruce Creek High	A	DQ
1) Clark, Sarah 11	2) Nebel, Brooke 11	
3) Andrews, Ali 12	4) Hill, Ariel 11	

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Spruce Creek High	A	10:23.24 10
1) Hanabass, Natalie 09	2) Ravikumar, Raksha 12	
3) Comeau, Brittany 09	4) Garrow, Heather 11	
2 DeLand	A	10:41.28 8
1) Epifanio, Melissa 12	2) Houser, Joelle 10	
3) Perrin, Alexis 09	4) Stearns, Kyrsten 10	
3 Flagler Palm Coast	A	11:18.70 6
1) Kleiner, Katie 09	2) Vojtech, Sarah 09	
3) Urena, Karina 12	4) Seward, Jessica 11	
4 Atlantic (Po)	A	11:23.42 5
1) Conn, Melanie 09	2) Cook, Shannon 10	
3) Trudel, Dominique 09	4) trudel, Chante 10	
5 Seabreeze High School	A	11:28.35 4
1) Bakertcy, Lia 11	2) Hanson, Kristin 09	
3) Mentor, Ashley 12	4) Trane, Katelyn 10	
6 Mainland High School	A	11:43.95 3
1) McMillian, Shaques 10	2) Henry, Chirnequa 10	
3) Adams, Sharine 10	4) Harris, Chelsea 09	

Girls High Jump

Name	Yr	School	Finals
Finals			
1 373 Caquias, Miranda	12	Seabreeze	5-02.00 10
2 294 Cummins, Courtney	12	Spruce Creek Hig	5-00.00 8

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Results

Finals ... (Girls High Jump)

Name	Yr	School	Finals
3 330 Babcock, Hilary	09	Spruce Creek Hig	5-00.00 6
4 280 Myers, Kristen	12	Spruce Creek Hig	4-10.00 5
5 131 Gabbert, Emily	12	Flagler Palm Coa	4-08.00 4
6 123 Gabbert, Audrey	10	Flagler Palm Coa	4-08.00 3
7 339 Blaikie, Kim	10	Spruce Creek Hig	4-06.00 2
8 41 Opisso, Alexis	12	DeLand	4-06.00 1
9 10 Howard, Schylar	09	Mainland	4-04.00
9 114 DeAugustino, Jaclyn	10	Flagler Palm Coa	4-04.00
11 24 Adams, Sharine	10	Mainland	4-02.00
11 276 Gregory, Azellia	10	Pine Ridge	4-02.00
13 111 Walbert, Megan	09	Flagler Palm Coa	4-00.00
--- 372 Le, Lizzie	10	Seabreeze	NH
--- 90 Dupont, Crystal	10	DeLand	NH

Girls Pole Vault

Name	Yr	School	Finals
1 131 Gabbert, Emily	12	Flagler Palm Coa	9-00.00 10
2 123 Gabbert, Audrey	10	Flagler Palm Coa	8-06.00 8
3 41 Opisso, Alexis	12	DeLand	7-06.00 5.5
3 289 Frassetto, Julia	12	Spruce Creek Hig	7-06.00 5.5
5 54 Miller, Michelle	10	DeLand	7-06.00 4
6 290 Burroughs, Brittany	10	Spruce Creek Hig	7-00.00 3
7 70 Strawder, Chelsea	11	DeLand	6-06.00 1.5
7 69 Shortlidge, Natalie	10	DeLand	6-06.00 1.5
9 337 Albertson, Hillary	10	Spruce Creek Hig	6-06.00
10 105 Cibiras, Britany	10	Flagler Palm Coa	6-00.00
10 126 Kleiner, Katie	09	Flagler Palm Coa	6-00.00
--- 342 Pecoraro, Robin	12	Spruce Creek Hig	NH

Girls Long Jump

Name	Yr	School	Finals
1 304 King, Christina	12	Spruce Creek Hig	16-05.75 10
2 27 Henry, Shantarra	12	Mainland	15-11.50 8
3 324 Babcock, Hayly	10	Spruce Creek Hig	15-10.50 6
4 330 Babcock, Hilary	09	Spruce Creek Hig	15-08.75 5
5 318 Alexis, Calhoun	12	Spruce Creek Hig	15-02.25 4
6 43 Razzetti, Gabriella	10	DeLand	14-10.25 3
7 90 Dupont, Crystal	10	DeLand	14-00.50 2
8 199 Chiriboga, Lucy	09	Atlantic (Po)	13-10.75 1
9 245 Franisco, Tyshane	10	Pine Ridge	12-11.50
10 10 Howard, Schylar	09	Mainland	12-08.50
11 198 Rodriques, Lovelin	09	Atlantic (Po)	12-07.75
12 371 Lemin, Amanda	11	Seabreeze	12-06.75
13 276 Gregory, Azellia	10	Pine Ridge	12-05.75
14 111 Walbert, Megan	09	Flagler Palm Coa	12-03.25
15 22 Brewer, Brittany	11	Mainland	12-01.75
16 80 Raulerson, Courtney	10	DeLand	12-01.50
17 29 Harris, Chelsea	09	Mainland	10-11.50
--- 49 Gilbert, Tekevia	11	DeLand	FOUL

Girls Triple Jump

Name	Yr	School	Finals
1 304 King, Christina	12	Spruce Creek Hig	35-04.25 10
2 27 Henry, Shantarra	12	Mainland	33-06.25 8
3 3 Adams, Anquenette	11	Mainland	32-06.50 6
4 199 Chiriboga, Lucy	09	Atlantic (Po)	32-04.25 5
5 324 Babcock, Hayly	10	Spruce Creek Hig	31-08.75 4
6 90 Dupont, Crystal	10	DeLand	31-06.25 3
7 289 Frassetto, Julia	12	Spruce Creek Hig	31-05.00 2
8 49 Gilbert, Tekevia	11	DeLand	30-00.00 1
9 337 Albertson, Hillary	10	Spruce Creek Hig	29-06.50
10 80 Raulerson, Courtney	10	DeLand	28-11.50
11 43 Razzetti, Gabriella	10	DeLand	28-07.50
12 363 Sundblad, Christina	10	Seabreeze	27-04.75
13 23 McMillian, Shaques	10	Mainland	26-10.00
14 358 Stewart, Amanda	12	Seabreeze	26-05.50

Girls Shot Put

Name	Yr	School	Finals
1 137 Lucien, Hannah	12	Flagler Palm Coa	33-11.00 10
2 13 Hightower, Shari	12	Mainland	32-07.50 8
3 336 Justice, Melissa	09	Spruce Creek Hig	30-03.25 6
4 230 Minter, Rhonisha	11	Deltona	29-09.50 5
5 338 Fuller, Mary	12	Spruce Creek Hig	29-08.50 4
6 227 Blevins, Jenna	12	Deltona	29-02.00 3
7 351 Raingecampbell,	11	Spruce Creek Hig	29-01.00 2
8 252 Gregory, Sashann	11	Pine Ridge	28-08.50 1
9 62 Perrin, Ashley	09	DeLand	27-11.00
10 247 Joseph, Andrea	09	Pine Ridge	26-10.25
11 7 James, Brittany	10	Mainland	26-08.00
12 246 McIntosh, Tiy	12	Pine Ridge	24-05.00
13 210 Everett, Aldreka	10	Deltona	24-04.50
14 182 Rodriques, Shelby	10	Atlantic (Po)	23-06.75
15 38 Finocchiaro, Courtney	12	DeLand	22-02.50
16 4 Porter, Shambrea	10	Mainland	21-02.50
17 67 Wood, Rebecca	12	DeLand	20-01.00
18 102 Bachman, Shelley	10	Flagler Palm Coa	20-00.50
19 385 Mamakos, Caroline	10	Seabreeze	18-04.25

Girls Discus Throw

Name	Yr	School	Finals
1 62 Perrin, Ashley	09	DeLand	107-05 10
2 137 Lucien, Hannah	12	Flagler Palm Coa	99-06 8
3 38 Finocchiaro, Courtney	12	DeLand	95-03 6
4 338 Fuller, Mary	12	Spruce Creek Hig	92-04 5
5 252 Gregory, Sashann	11	Pine Ridge	86-10 4
6 230 Minter, Rhonisha	11	Deltona	83-09 3
7 303 Kruas, Angel	09	Spruce Creek Hig	79-01 2
8 210 Everett, Aldreka	10	Deltona	77-08 1
9 336 Justice, Melissa	09	Spruce Creek Hig	76-03
10 347 Horner, Ashley	12	Spruce Creek Hig	75-10

5-Star Conference T&F Championships - 3/28/2008

Half-Mile Timing & Data

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Results

Finals ... (Girls Discus Throw)

Name	Yr	School	Finals
11 247 Joseph, Andrea	09	Pine Ridge	75-09
12 7 James, Brittany	10	Mainland	67-10
13 13 Hightower, Shari	12	Mainland	66-05
14 67 Wood, Rebecca	12	DeLand	66-04
15 227 Blevins, Jenna	12	Deltona	65-04
16 246 McIntosh, Tiy	12	Pine Ridge	64-01
17 4 Porter, Shambrea	10	Mainland	57-06
18 102 Bachman, Shelley	10	Flagler Palm Coa	50-10
19 385 Mamakos, Caroline	10	Seabreeze	50-00
--- 168 Martin, Shauntal	12	New Smyrna	FOUL

Boys 100 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 135 Steward, Jeremy	12	Flagler Palm Coa	10.92q
2 19 Pinckney, Lewis	12	Mainland	10.98q
3 226 Fleming, Tommy	12	Deltona	11.11q
4 326 McGinley, Steven	12	Spruce Creek Hig	11.14q
5 133 Shellings, Corey	10	Flagler Palm Coa	11.21q
6 116 Ndum, Rodney	11	Flagler Palm Coa	11.30q
7 108 Williams, Denard	10	Flagler Palm Coa	11.36q
7 283 Traster, Nick	12	Spruce Creek Hig	11.36q
9 216 Fuller, Tihee	12	Deltona	11.37
10 92 Thompson, Larry	10	DeLand	11.38
10 89 Joyce, Mark	10	DeLand	11.38
12 212 Rosamonda, Nick	12	Deltona	11.41
13 166 Hooks, Telvin	09	New Smyrna	11.43
14 319 Gaines, Kyle	10	Spruce Creek Hig	11.48
15 239 Smiekle, Gary	12	Pine Ridge	11.50
15 93 Watkins, Vic	11	DeLand	11.50
17 270 Johnson, Columbus	11	Pine Ridge	11.60
18 375 Brown, Isaac	12	Seabreeze	11.64
19 374 Augustine, Steno	11	Seabreeze	11.77
20 66 DeViva, Stuart	11	DeLand	11.82
21 26 Evans, Darry	11	Mainland	11.94
22 30 Theodore, John	12	Mainland	12.06
23 17 Baker, Eric	10	Mainland	12.08
24 355 Reed, T.J.	10	Seabreeze	12.14
25 263 Debeauville, Chris	10	Pine Ridge	12.31
26 181 Constant, Konstantine	12	Atlantic (Po)	13.30

Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 135 Steward, Jeremy	12	Flagler Palm Coa	10.99 10
2 326 McGinley, Steven	12	Spruce Creek Hig	11.26 8
3 226 Fleming, Tommy	12	Deltona	11.28 6
4 133 Shellings, Corey	10	Flagler Palm Coa	11.39 5
5 108 Williams, Denard	10	Flagler Palm Coa	11.53 4
6 283 Traster, Nick	12	Spruce Creek Hig	11.60 3
7 116 Ndum, Rodney	11	Flagler Palm Coa	11.64 2
--- 19 Pinckney, Lewis	12	Mainland	FS

Boys 200 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 110 Lockhart, Charles	11	Flagler Palm Coa	21.63q
2 141 Jones, Johnny	11	Flagler Palm Coa	21.88q
3 135 Steward, Jeremy	12	Flagler Palm Coa	22.12q
4 133 Shellings, Corey	10	Flagler Palm Coa	22.28q
5 19 Pinckney, Lewis	12	Mainland	22.31q
6 326 McGinley, Steven	12	Spruce Creek Hig	22.36q
7 89 Joyce, Mark	10	DeLand	22.85q
8 216 Fuller, Tihee	12	Deltona	22.98q
9 287 O'Dell, Timothy	11	Spruce Creek Hig	23.07
10 92 Thompson, Larry	10	DeLand	23.09
11 212 Rosamonda, Nick	12	Deltona	23.18
12 166 Hooks, Telvin	09	New Smyrna	23.37
13 30 Theodore, John	12	Mainland	23.54
14 17 Baker, Eric	10	Mainland	23.80
15 194 Gilleland, Travis	12	Atlantic (Po)	23.95
16 270 Johnson, Columbus	11	Pine Ridge	23.97
17 269 Williams, Kevin	10	Pine Ridge	24.19
18 263 Debeauville, Chris	10	Pine Ridge	25.93
19 273 Colley, Palvin	10	Pine Ridge	26.84
20 192 Mabry, Allan	12	Atlantic (Po)	27.76
--- 91 Martin, Kavon	11	DeLand	DNF

Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 110 Lockhart, Charles	11	Flagler Palm Coa	21.63 10
2 141 Jones, Johnny	11	Flagler Palm Coa	21.91 8
3 135 Steward, Jeremy	12	Flagler Palm Coa	22.03 6
4 19 Pinckney, Lewis	12	Mainland	22.26 5
5 326 McGinley, Steven	12	Spruce Creek Hig	22.39 4
6 133 Shellings, Corey	10	Flagler Palm Coa	22.56 3
7 216 Fuller, Tihee	12	Deltona	23.18 2
8 89 Joyce, Mark	10	DeLand	23.49 1

Boys 400 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 110 Lockhart, Charles	11	Flagler Palm Coa	48.27q
2 259 Peltz, David	11	Pine Ridge	51.09q
3 287 O'Dell, Timothy	11	Spruce Creek Hig	52.03q
4 104 Williams, Yeovanti	09	Flagler Palm Coa	52.30q
5 144 Hymon, Michael	09	Flagler Palm Coa	52.46q
6 333 Leone, Jesse	10	Spruce Creek Hig	53.17q
7 194 Gilleland, Travis	12	Atlantic (Po)	53.21q
8 398 Tinsley, Joh'shay	10	Flagler Palm Coa	53.76q
9 343 Hemingway,	10	Spruce Creek Hig	53.88
10 205 Richardson, Kevin	10	Deltona	54.08
11 58 Mendez, Carson	11	DeLand	54.40
12 258 Lundquist, Bradly	11	Pine Ridge	55.37
13 229 Ramirez, Anthony	12	Deltona	55.90
14 60 Ball, Bryant	10	DeLand	56.32

5-Star Conference T&F Championships - 3/28/2008

Half-Mile Timing & Data

Flagler Palm Coast HS, Palm Coast, Florida

Results

Preliminaries ... (Boys 400 Meter Dash)

Name	Yr	School	Prelims
15 393 Kramer, Bret	10	Seabreeze	56.56
16 154 Gibson, Robert	11	New Smyrna	56.95
17 269 Williams, Kevin	10	Pine Ridge	57.15
18 233 Prettyman, Matt	11	Deltona	58.62
19 195 Flynt, Marcus	09	Atlantic (Po)	1:02.71
20 173 Howard, Sinatra	09	Atlantic (Po)	1:03.17
21 163 Keip, Jamie	12	New Smyrna	1:04.71

Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 110 Lockhart, Charles	11	Flagler Palm Coa	47.80 10
2 287 O'Dell, Timothy	11	Spruce Creek Hig	51.27 8
3 259 Peltz, David	11	Pine Ridge	51.40 6
4 104 Williams, Yeovanti	09	Flagler Palm Coa	51.65 5
5 144 Hymon, Michael	09	Flagler Palm Coa	52.16 4
6 194 Gilleland, Travis	12	Atlantic (Po)	52.59 3
7 333 Leone, Jesse	10	Spruce Creek Hig	53.38 2
8 398 Tinsley, Joh'shay	10	Flagler Palm Coa	54.47 1

Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 353 Vandoorn, Kyle	12	Seabreeze	1:59.68 10
2 145 Woods, Reggie	10	Flagler Palm Coa	2:00.30 8
3 231 Janssen, Cameron	12	Deltona	2:05.09 6
4 36 Sirutis, Doug	11	DeLand	2:06.09 5
5 129 Williams, Willie	10	Flagler Palm Coa	2:06.41 4
6 341 Frye, Greg	10	Spruce Creek Hig	2:07.38 3
7 122 Critcher, Kenlee	10	Flagler Palm Coa	2:07.74 2
8 295 Hannabass, Kyle	11	Spruce Creek Hig	2:07.81 1
9 254 Burk, Shane	12	Pine Ridge	2:08.82
10 98 Lind, Skyler	12	Flagler Palm Coa	2:10.02
11 42 Chavers, Devon	10	DeLand	2:11.50
12 275 Acevedo, Chris	09	Pine Ridge	2:11.52
13 163 Keip, Jamie	12	New Smyrna	2:11.84
14 266 Knight, Mau	11	Pine Ridge	2:14.08
15 237 Scott, Seth	11	Deltona	2:18.14
16 33 Cochran, Roosevelt	10	Mainland	2:19.11
17 236 Kline, Joe	09	Deltona	2:21.19
18 397 Garbellini, Chris	10	Seabreeze	2:21.85
19 370 Huttenpillar, Brad	10	Seabreeze	2:22.50
20 329 Hill, Jayce	12	Spruce Creek Hig	2:24.46

Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 113 Earle, Andrew	12	Flagler Palm Coa	4:31.68 10
2 389 Huckaby, Todd	11	Seabreeze	4:31.70 8
3 254 Burk, Shane	12	Pine Ridge	4:39.86 6
4 125 Earle, Brandon	10	Flagler Palm Coa	4:43.86 5
5 129 Williams, Willie	10	Flagler Palm Coa	4:46.24 4
6 275 Acevedo, Chris	09	Pine Ridge	4:48.91 3

7 44 Gingras, Darin	12	DeLand	4:49.46 2
8 81 Holyoke, Dylan	12	DeLand	4:49.84 1
9 316 Elsagr, Joseph	11	Spruce Creek Hig	4:49.92
10 327 Parker, Jacob	11	Spruce Creek Hig	4:53.29
11 103 Howes, Matt	11	Flagler Palm Coa	4:55.13
12 59 LaPlante, Ryan	11	DeLand	4:56.59
13 47 Jensen, Pete	11	DeLand	4:58.28
14 149 Tager, Jordan	10	New Smyrna	5:02.35
15 236 Kline, Joe	09	Deltona	5:09.07
16 352 Berry, Greg	11	Seabreeze	5:16.76
17 164 Snow, Paul	12	New Smyrna	5:24.22
18 179 Pompei, James	10	Atlantic (Po)	5:33.67
19 271 webster, taylor	10	Pine Ridge	5:33.77
20 370 Huttenpillar, Brad	10	Seabreeze	5:34.14
21 242 Zarzycki, Patrick	09	Pine Ridge	5:59.51

Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 125 Earle, Brandon	10	Flagler Palm Coa	10:21.06 10
2 113 Earle, Andrew	12	Flagler Palm Coa	10:25.92 8
3 316 Elsagr, Joseph	11	Spruce Creek Hig	10:27.81 6
4 75 Epifanio, G	10	DeLand	10:31.75 5
5 312 Moody, Christopher	12	Spruce Creek Hig	10:37.55 4
6 81 Holyoke, Dylan	12	DeLand	10:39.40 3
7 99 Lust, Jason	10	Flagler Palm Coa	10:40.16 2
8 350 Mularkey, Taylor	10	Spruce Creek Hig	10:42.02 1
9 103 Howes, Matt	11	Flagler Palm Coa	10:58.68
10 47 Jensen, Pete	11	DeLand	11:11.17
11 149 Tager, Jordan	10	New Smyrna	11:22.06
12 384 Buckman, Jonathan	09	Seabreeze	11:28.08
13 59 LaPlante, Ryan	11	DeLand	11:35.92
14 271 webster, taylor	10	Pine Ridge	12:39.97
15 179 Pompei, James	10	Atlantic (Po)	12:47.55
16 242 Zarzycki, Patrick	09	Pine Ridge	13:00.23

Boys 110 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 292 Howard, David	12	Spruce Creek Hig	14.73q
2 118 Jean, Fritz	11	Flagler Palm Coa	15.38q
3 160 Ervin, Cody	10	New Smyrna	15.40q
4 37 Reddy, Nick	12	DeLand	15.86q
5 299 Bowleg, Shavaro	12	Spruce Creek Hig	15.88q
6 279 Williams, Brandon	12	Spruce Creek Hig	16.88q
6 119 Williams, Shereif	11	Flagler Palm Coa	16.88q
8 79 Bright, Eldrick	10	DeLand	17.32q
9 308 Antonopoulos,	12	Spruce Creek Hig	17.40
10 72 Murphy, Forrest	10	DeLand	18.74
11 267 Cusick, Shawn	11	Pine Ridge	18.77
12 257 Daniels, Robert	10	Pine Ridge	19.10
13 360 Makinen, Eric	10	Seabreeze	19.58
14 359 McDonald, Vaughn	12	Seabreeze	22.19

5-Star Conference T&F Championships - 3/28/2008

Half-Mile Timing & Data

Flagler Palm Coast HS, Palm Coast, Florida

Results

Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 292 Howard, David	12	Spruce Creek Hig	14.50 10
2 160 Ervin, Cody	10	New Smyrna	15.50 8
3 118 Jean, Fritz	11	Flagler Palm Coa	15.76 6
4 299 Bowleg, Shavaro	12	Spruce Creek Hig	15.80 5
5 37 Reddy, Nick	12	DeLand	16.58 4
6 119 Williams, Shereif	11	Flagler Palm Coa	16.81 3
7 279 Williams, Brandon	12	Spruce Creek Hig	17.32 2
8 79 Bright, Eldrick	10	DeLand	18.12 1

Boys 300 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 292 Howard, David	12	Spruce Creek Hig	40.69q
2 299 Bowleg, Shavaro	12	Spruce Creek Hig	41.69q
3 118 Jean, Fritz	11	Flagler Palm Coa	41.91q
4 37 Reddy, Nick	12	DeLand	42.36q
5 308 Antonopoulos,	12	Spruce Creek Hig	42.59q
6 309 Vesga, Phillip	11	Spruce Creek Hig	42.63q
7 79 Bright, Eldrick	10	DeLand	43.21q
8 95 Soard, Cory	09	Flagler Palm Coa	43.39q
9 267 Cusick, Shawn	11	Pine Ridge	44.54
10 160 Ervin, Cody	10	New Smyrna	44.76
11 139 Stubbs, Chris	09	Flagler Palm Coa	45.30
12 72 Murphy, Forrest	10	DeLand	46.19
13 218 O'Neal, Jasper	10	Deltona	46.26
14 360 Makinen, Eric	10	Seabreeze	48.02
15 399 Decker, Bradley	9	Flagler Palm Coa	48.49
16 257 Daniels, Robert	10	Pine Ridge	49.40
17 192 Mabry, Allan	12	Atlantic (Po)	53.18

Boys 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 292 Howard, David	12	Spruce Creek Hig	39.81 10
2 299 Bowleg, Shavaro	12	Spruce Creek Hig	40.16 8
3 118 Jean, Fritz	11	Flagler Palm Coa	40.50 6
4 309 Vesga, Phillip	11	Spruce Creek Hig	42.22 5
5 308 Antonopoulos,	12	Spruce Creek Hig	42.38 4
6 37 Reddy, Nick	12	DeLand	43.09 3
7 95 Soard, Cory	09	Flagler Palm Coa	43.19 2
8 79 Bright, Eldrick	10	DeLand	46.16 1

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Flagler Palm Coast	A	42.12 10
1) Mitchell, Marcus 12	2) Steward, Jeremy 12	
3) Ndum, Rodney 11	4) Shellings, Corey 10	
2 Deltona High School	A	43.37 8
1) Fleming, Tommy 12	2) Lewis, Roberto 12	
3) Rosamonda, Nick 12	4) Fuller, Tihee 12	

3 DeLand	A	43.45 6
1) Wright, Jimel 09	2) Thompson, Larry 10	
3) Watkins, Vic 11	4) Joyce, Mark 10	
4 Pine Ridge	A	44.13 5
1) Hines, Kevin 12	2) Smiekle, Gary 12	
3) Johnson, Columbus 11	4) Peltz, David 11	
5 Mainland High School	A	44.28 4
1) Evans, Darry 11	2) Bell, Antonio 12	
3) Theodore, John 12	4) Pinckney, Lewis 12	
6 Spruce Creek High	A	45.53 3
1) Gaines, Kyle 10	2) Traster, Nick 12	
3) Williamson, Demetrius 12	4) McGinley, Steven 12	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Flagler Palm Coast	A	3:23.75 10
1) Woods, Reggie 10	2) Hymon, Michael 09	
3) Jones, Johnny 11	4) Lockhart, Charles (Cj) 11	
2 Spruce Creek High	A	3:31.08 8
1) Vesga, Phillip 11	2) Hemingway, Jonathan 10	
3) Leone, Jesse 10	4) O'Dell, Timothy 11	
3 Pine Ridge	A	3:31.92 6
1) Hines, Kevin 12	2) Lundquist, Bradly 11	
3) Peltz, David 11	4) Smiekle, Gary 12	
4 DeLand	A	3:39.13 5
1) Ball, Bryant 10	2) Shoemo, Gavin 12	
3) Mendez, Carson 11	4) Reddy, Nick 12	
5 Deltona High School	A	3:44.45 4
1) Abremenko, Stan 12	2) Richardson, Kevin 10	
3) Janssen, Cameron 12	4) Lewis, Shane 10	
6 Seabreeze High School	A	3:45.71 3
1) Vandoom, Kyle 12	2) Kramer, Bret 10	
3) Huckaby, Todd 11	4) Brown, Isaac 12	
7 Atlantic (Po)	A	4:00.62 2
1) Gilleland, Travis 12	2) Washington, Joshua 12	
3) Mabry, Allan 12	4) Flynt, Marcus 09	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Flagler Palm Coast	A	8:21.30 10
1) Woods, Reggie 10	2) Critcher, Kenlee 10	
3) Howes, Matt 11	4) Lind, Skyler 12	
2 Spruce Creek High	A	8:23.63 8
1) Frazier, Alex 12	2) Frye, Greg 10	
3) Parker, Jacob 11	4) Mularkey, Taylor 10	
3 DeLand	A	8:23.64 6
1) Chavers, Devon 10	2) Gingras, Darin 12	
3) Sirutis, Doug 11	4) Holyoke, Dylan 12	
4 Deltona High School	A	8:34.49 5
1) Abremenko, Stan 12	2) Janssen, Cameron 12	
3) Littell, Jonathan 10	4) Kline, Joe 09	

5-Star Conference T&F Championships - 3/28/2008

Half-Mile Timing & Data

Flagler Palm Coast HS, Palm Coast, Florida

Results

Finals ... (Boys 4x800 Meter Relay)

Team	Relay	Finals
5 Seabreeze High School	A	8:36.65 4
1) Huckaby, Todd 11	2) Vandoorn, Kyle 12	
3) Mckernan, Kevin 12	4) Berry, Greg 11	
6 Pine Ridge	A	8:56.71 3
1) Acevedo, Chris 09	2) Burk, Shane 12	
3) Lundquist, Bradly 11	4) Knight, Mau 11	

Boys High Jump

Name	Yr	School	Finals
Finals			
1 380 Scott, Jonathan	11	Seabreeze	6-02.00 10
2 292 Howard, David	12	Spruce Creek Hig	6-00.00 8
3 76 Shoemo, Gavin	12	DeLand	6-00.00 6
4 151 Jackson, Stephen	09	New Smyrna	6-00.00 5
5 349 Seitz, Steve	10	Spruce Creek Hig	6-00.00 4
6 228 Lewis, Shane	10	Deltona	5-10.00 2.5
6 129 Williams, Willie	10	Flagler Palm Coa	5-10.00 2.5
7 279 Williams, Brandon	12	Spruce Creek Hig	5-10.00 1
8 53 Thompson, Paul	12	DeLand	5-10.00
10 301 Dallarosa, John	12	Spruce Creek Hig	5-08.00
11 160 Ervin, Cody	10	New Smyrna	5-06.00
11 37 Reddy, Nick	12	DeLand	5-06.00
13 95 Soard, Cory	09	Flagler Palm Coa	5-04.00
--- 267 Cusick, Shawn	11	Pine Ridge	NH
--- 269 Williams, Kevin	10	Pine Ridge	NH

Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 319 Gaines, Kyle	10	Spruce Creek Hig	12-00.00 10
2 95 Soard, Cory	09	Flagler Palm Coa	11-06.00 8
3 122 Critcher, Kenlee	10	Flagler Palm Coa	11-00.00 6
4 383 Reider, Austin	12	Seabreeze	11-00.00 5
5 209 Serre, Jacob	12	Deltona	10-06.00 4
6 344 Rendon, Michael	12	Spruce Creek Hig	10-06.00 3
7 130 Davis, Mike (Lee)	11	Flagler Palm Coa	10-00.00 2
8 120 Yevoli, Chris	11	Flagler Palm Coa	10-00.00 1
9 164 Snow, Paul	12	New Smyrna	10-00.00
10 302 Lustik, Jordan	12	Spruce Creek Hig	9-06.00
10 155 Knopp, Troy	12	New Smyrna	9-06.00
10 153 Troian, Kyle	11	New Smyrna	9-06.00
--- 57 Grace, Ben	12	DeLand	NH
--- 63 Yancey, Josh	09	DeLand	NH
--- 39 Farmer, Ryan	09	DeLand	NH
--- 162 Gardner, Josh	11	New Smyrna	NH
--- 68 Elster, John	12	DeLand	NH

Boys Long Jump

Name	Yr	School	Finals
Finals			
1 380 Scott, Jonathan	11	Seabreeze	20-11.50 10
2 228 Lewis, Shane	10	Deltona	20-10.75 8
3 76 Shoemo, Gavin	12	DeLand	20-09.00 6

4 345 Johnson, Terrell	10	Spruce Creek Hig	20-02.50 5
5 127 Mitchell, Marcus	12	Flagler Palm Coa	20-02.00 4
6 53 Thompson, Paul	12	DeLand	19-11.00 3
7 259 Peltz, David	11	Pine Ridge	19-08.00 2
8 186 Theodore, Chris	10	Atlantic (Po)	19-07.00 1
9 21 Bell, Antonio	12	Mainland	19-04.25
10 119 Williams, Shereif	11	Flagler Palm Coa	19-03.75
11 84 Wright, Jimel	09	DeLand	18-10.75
12 163 Keip, Jamie	12	New Smyrna	18-08.75
13 218 O'Neal, Jasper	10	Deltona	18-08.00
14 32 McNair, Lakarl	11	Mainland	18-05.50
15 139 Stubbs, Chris	09	Flagler Palm Coa	18-04.25
16 116 Ndum, Rodney	11	Flagler Palm Coa	18-03.00
17 374 Augustine, Steno	11	Seabreeze	17-07.50
18 205 Richardson, Kevin	10	Deltona	17-07.00
19 299 Bowleg, Shavaro	12	Spruce Creek Hig	17-06.00
--- 375 Brown, Isaac	12	Seabreeze	FOUL
--- 334 Williamson,	12	Spruce Creek Hig	FOUL
--- 239 Smiekle, Gary	12	Pine Ridge	FOUL
--- 30 Theodore, John	12	Mainland	FOUL

Boys Triple Jump

Name	Yr	School	Finals
Finals			
1 228 Lewis, Shane	10	Deltona	44-07.50 10
2 119 Williams, Shereif	11	Flagler Palm Coa	43-09.00 8
3 265 Hines, Kevin	12	Pine Ridge	42-09.00 6
4 292 Howard, David	12	Spruce Creek Hig	42-04.75 5
5 116 Ndum, Rodney	11	Flagler Palm Coa	42-04.00 4
6 53 Thompson, Paul	12	DeLand	40-10.25 3
7 279 Williams, Brandon	12	Spruce Creek Hig	40-03.00 2
8 21 Bell, Antonio	12	Mainland	40-01.50 1
9 308 Antonopoulos,	12	Spruce Creek Hig	39-00.00
10 287 O'Dell, Timothy	11	Spruce Creek Hig	38-10.50
11 76 Shoemo, Gavin	12	DeLand	38-10.00
12 212 Rosamonda, Nick	12	Deltona	38-04.00
13 229 Ramirez, Anthony	12	Deltona	37-10.50
14 150 Granger, AJ	10	New Smyrna	37-09.50
15 79 Bright, Eldrick	10	DeLand	33-03.00

Boys Shot Put

Name	Yr	School	Finals
Finals			
1 323 Lickfield,	11	Spruce Creek Hig	51-09.50 10
2 238 Berry, Clayton	12	Deltona	50-02.75 8
3 311 Mattox, Andrew	11	Spruce Creek Hig	43-11.25 6
4 196 Faison, Ron	12	Atlantic (Po)	43-03.00 5
5 313 Garvin, LeKeevin	10	Spruce Creek Hig	42-10.50 4
6 296 Mount, Josh	11	Spruce Creek Hig	42-01.50 3
7 272 Bennett, John	11	Pine Ridge	39-02.50 2
8 170 Fleemin, Jarod	09	New Smyrna	38-02.00 1
9 171 Ratcliffe, Derek	11	New Smyrna	37-08.50
10 188 Sault, Nick	12	Atlantic (Po)	37-05.00
11 361 Buckley, Brad	11	Seabreeze	37-03.00
12 134 Melendez, Victor	11	Flagler Palm Coa	36-09.50

5-Star Conference T&F Championships - 3/28/2008

Half-Mile Timing & Data

Flagler Palm Coast HS, Palm Coast, Florida

Results

Finals ... (Boys Shot Put)

Name	Yr	School	Finals
13 117 Bowens, Dee	10	Flagler Palm Coa	36-06.75
14 243 Gerrard, Andy	11	Pine Ridge	36-02.00
15 45 Younk, Alex	11	DeLand	35-10.00
16 2 Wheeler, Cornelius	12	Mainland	35-05.50
17 234 Fleming, Tanner	10	Deltona	34-11.25
18 101 Wolfe, Derik	11	Flagler Palm Coa	34-10.25
19 77 Eiland, Corey	10	DeLand	34-03.00
20 83 Kustodowicz, Andrew	10	DeLand	33-10.50
21 261 Tavener, Jordan	11	Pine Ridge	33-00.00
22 138 Sheeley, Brad	11	Flagler Palm Coa	31-07.75

3) DeLand	67
4) Deltona High School	66.5
5) Seabreeze High School	50
6) Pine Ridge	44
7) New Smyrna Beach	14
8) Atlantic (PO)	12
9) Mainland High School	10

Boys Discus Throw

Name	Yr	School	Finals
Finals			
1 323 Lickfield,	11	Spruce Creek Hig	169-02 10
2 311 Mattox, Andrew	11	Spruce Creek Hig	128-09 8
3 45 Younk, Alex	11	DeLand	128-03 6
4 268 Scott, Paul	11	Pine Ridge	119-00 5
5 297 Shabanov, Alex	10	Spruce Creek Hig	118-08 4
6 238 Berry, Clayton	12	Deltona	118-03 3
7 296 Mount, Josh	11	Spruce Creek Hig	109-04 2
8 196 Faison, Ron	12	Atlantic (Po)	106-00 1
9 77 Eiland, Corey	10	DeLand	103-03
9 101 Wolfe, Derik	11	Flagler Palm Coa	103-03
11 157 Sears, Je-Marc	10	New Smyrna	103-02
11 117 Bowens, Dee	10	Flagler Palm Coa	103-02
13 158 Klein, Michael	10	New Smyrna	102-05
14 234 Fleming, Tanner	10	Deltona	101-06
15 83 Kustodowicz, Andrew	10	DeLand	101-01
16 361 Buckley, Brad	11	Seabreeze	98-10
16 243 Gerrard, Andy	11	Pine Ridge	98-10
18 171 Ratcliffe, Derek	11	New Smyrna	92-03
19 272 Bennett, John	11	Pine Ridge	79-08
20 400 Elliot, Charles	9	Flagler Palm Coa	60-04
21 2 Wheeler, Cornelius	12	Mainland	60-00
--- 138 Sheeley, Brad	11	Flagler Palm Coa	FOUL

Women - Team Rankings - 17 Events Scored

1) Spruce Creek High	230.5
2) DeLand	120.5
3) Flagler Palm Coast	90
4) Mainland High School	62
4) Pine Ridge	62
6) Seabreeze High School	44
7) Deltona High School	30
8) Atlantic (PO)	14

Men - Team Rankings - 17 Events Scored

1) Flagler Palm Coast	203.5
2) Spruce Creek High	188