

## 5-Star Conference T&amp;F Championships - 3/28/2008

## Half-Mile Timing &amp; Data

## Flagler Palm Coast HS, Palm Coast, Florida

## Results

**Event 1 Girls High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 373 Caquias, Miranda	12	Seabreeze	5-02.00 10
2 294 Cummins, Courtney	12	Spruce Creek Hig	5-00.00 8
3 330 Babcock, Hilary	09	Spruce Creek Hig	5-00.00 6
4 280 Myers, Kristen	12	Spruce Creek Hig	4-10.00 5
5 131 Gabbert, Emily	12	Flagler Palm Coa	4-08.00 4
6 123 Gabbert, Audrey	10	Flagler Palm Coa	4-08.00 3
7 339 Blaikie, Kim	10	Spruce Creek Hig	4-06.00 2
8 41 Opisso, Alexis	12	DeLand	4-06.00 1
9 10 Howard, Schylar	09	Mainland	4-04.00
9 114 DeAugustino, Jaclyn	10	Flagler Palm Coa	4-04.00
11 24 Adams, Sharine	10	Mainland	4-02.00
11 276 Gregory, Azellia	10	Pine Ridge	4-02.00
13 111 Walbert, Megan	09	Flagler Palm Coa	4-00.00
--- 372 Le, Lizzie	10	Seabreeze	NH
--- 90 Dupont, Crystal	10	DeLand	NH

**Event 3 Girls Pole Vault**

Name	Yr	School	Finals
<b>Finals</b>			
1 131 Gabbert, Emily	12	Flagler Palm Coa	9-00.00 10
2 123 Gabbert, Audrey	10	Flagler Palm Coa	8-06.00 8
3 41 Opisso, Alexis	12	DeLand	7-06.00 5.5
3 289 Frassetto, Julia	12	Spruce Creek Hig	7-06.00 5.5
5 54 Miller, Michelle	10	DeLand	7-06.00 4
6 290 Burroughs, Brittany	10	Spruce Creek Hig	7-00.00 3
7 70 Strawder, Chelsea	11	DeLand	6-06.00 1.5
7 69 Shortlidge, Natalie	10	DeLand	6-06.00 1.5
9 337 Albertson, Hillary	10	Spruce Creek Hig	6-06.00
10 105 Cibiras, Britany	10	Flagler Palm Coa	6-00.00
10 126 Kleiner, Katie	09	Flagler Palm Coa	6-00.00
--- 342 Pecoraro, Robin	12	Spruce Creek Hig	NH

**Event 5 Girls Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 304 King, Christina	12	Spruce Creek Hig	16-05.75 10
2 27 Henry, Shantarra	12	Mainland	15-11.50 8
3 324 Babcock, Hayly	10	Spruce Creek Hig	15-10.50 6
4 330 Babcock, Hilary	09	Spruce Creek Hig	15-08.75 5
5 318 Alexis, Calhoun	12	Spruce Creek Hig	15-02.25 4
6 43 Razzetti, Gabriella	10	DeLand	14-10.25 3
7 90 Dupont, Crystal	10	DeLand	14-00.50 2
8 199 Chiriboga, Lucy	09	Atlantic (Po)	13-10.75 1
9 245 Franisco, Tyshane	10	Pine Ridge	12-11.50
10 10 Howard, Schylar	09	Mainland	12-08.50
11 198 Rodriques, Lovelin	09	Atlantic (Po)	12-07.75
12 371 Lemin, Amanda	11	Seabreeze	12-06.75
13 276 Gregory, Azellia	10	Pine Ridge	12-05.75
14 111 Walbert, Megan	09	Flagler Palm Coa	12-03.25
15 22 Brewer, Brittany	11	Mainland	12-01.75
16 80 Raulerson, Courtney	10	DeLand	12-01.50

17 29 Harris, Chelsea	09	Mainland	10-11.50
--- 49 Gilbert, Tekevia	11	DeLand	FOUL

**Event 7 Girls Triple Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 304 King, Christina	12	Spruce Creek Hig	35-04.25 10
2 27 Henry, Shantarra	12	Mainland	33-06.25 8
3 3 Adams, Anquetette	11	Mainland	32-06.50 6
4 199 Chiriboga, Lucy	09	Atlantic (Po)	32-04.25 5
5 324 Babcock, Hayly	10	Spruce Creek Hig	31-08.75 4
6 90 Dupont, Crystal	10	DeLand	31-06.25 3
7 289 Frassetto, Julia	12	Spruce Creek Hig	31-05.00 2
8 49 Gilbert, Tekevia	11	DeLand	30-00.00 1
9 337 Albertson, Hillary	10	Spruce Creek Hig	29-06.50
10 80 Raulerson, Courtney	10	DeLand	28-11.50
11 43 Razzetti, Gabriella	10	DeLand	28-07.50
12 363 Sundblad, Christina	10	Seabreeze	27-04.75
13 23 McMillian, Shaques	10	Mainland	26-10.00
14 358 Stewart, Amanda	12	Seabreeze	26-05.50

**Event 9 Girls Discus Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 62 Perrin, Ashley	09	DeLand	107-05 10
2 137 Lucien, Hannah	12	Flagler Palm Coa	99-06 8
3 38 Finocchiaro, Courtney	12	DeLand	95-03 6
4 338 Fuller, Mary	12	Spruce Creek Hig	92-04 5
5 252 Gregory, Sashann	11	Pine Ridge	86-10 4
6 230 Minter, Rhonisha	11	Deltona	83-09 3
7 303 Kruas, Angel	09	Spruce Creek Hig	79-01 2
8 210 Everett, Aldreka	10	Deltona	77-08 1
9 336 Justice, Melissa	09	Spruce Creek Hig	76-03
10 347 Horner, Ashley	12	Spruce Creek Hig	75-10
11 247 Joseph, Andrea	09	Pine Ridge	75-09
12 7 James, Brittany	10	Mainland	67-10
13 13 Hightower, Shari	12	Mainland	66-05
14 67 Wood, Rebecca	12	DeLand	66-04
15 227 Blevins, Jenna	12	Deltona	65-04
16 246 McIntosh, Tiy	12	Pine Ridge	64-01
17 4 Porter, Shambrea	10	Mainland	57-06
18 102 Bachman, Shelley	10	Flagler Palm Coa	50-10
19 385 Mamakos, Caroline	10	Seabreeze	50-00
--- 168 Martin, Shauntal	12	New Smyrna	FOUL

**Event 11 Girls Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1 137 Lucien, Hannah	12	Flagler Palm Coa	33-11.00 10
2 13 Hightower, Shari	12	Mainland	32-07.50 8
3 336 Justice, Melissa	09	Spruce Creek Hig	30-03.25 6
4 230 Minter, Rhonisha	11	Deltona	29-09.50 5
5 338 Fuller, Mary	12	Spruce Creek Hig	29-08.50 4
6 227 Blevins, Jenna	12	Deltona	29-02.00 3
7 351 Raingecampbell,	11	Spruce Creek Hig	29-01.00 2

## 5-Star Conference T&amp;F Championships - 3/28/2008

## Half-Mile Timing &amp; Data

## Flagler Palm Coast HS, Palm Coast, Florida

## Results

## Finals ... (Event 11 Girls Shot Put)

Name	Yr	School	Finals	
8 252 Gregory, Sashann	11	Pine Ridge	28-08.50	1
9 62 Perrin, Ashley	09	DeLand	27-11.00	
10 247 Joseph, Andrea	09	Pine Ridge	26-10.25	
11 7 James, Brittany	10	Mainland	26-08.00	
12 246 McIntosh, Tiy	12	Pine Ridge	24-05.00	
13 210 Everett, Aldreka	10	Deltona	24-04.50	
14 182 Rodrigues, Shelby	10	Atlantic (Po)	23-06.75	
15 38 Finocchiaro, Courtney	12	DeLand	22-02.50	
16 4 Porter, Shambrea	10	Mainland	21-02.50	
17 67 Wood, Rebecca	12	DeLand	20-01.00	
18 102 Bachman, Shelley	10	Flagler Palm Coa	20-00.50	
19 385 Mamakos, Caroline	10	Seabreeze	18-04.25	

## Event 13 Girls 4x800 Meter Relay

Team	Relay	Finals	
<b>Finals</b>			
1 Spruce Creek High	A	10:23.24	10
1) Hanabass, Natalie 09	2) Ravikumar, Raksha 12		
3) Comeau, Brittany 09	4) Garrow, Heather 11		
2 DeLand	A	10:41.28	8
1) Epifanio, Melissa 12	2) Houser, Joelle 10		
3) Perrin, Alexis 09	4) Stearns, Kyrsten 10		
3 Flagler Palm Coast	A	11:18.70	6
1) Kleiner, Katie 09	2) Vojtech, Sarah 09		
3) Urena, Karina 12	4) Seward, Jessica 11		
4 Atlantic (Po)	A	11:23.42	5
1) Conn, Melanie 09	2) Cook, Shannon 10		
3) Trudel, Dominique 09	4) trudel, Chante 10		
5 Seabreeze High School	A	11:28.35	4
1) Bakertcy, Lia 11	2) Hanson, Kristin 09		
3) Mentor, Ashley 12	4) Trane, Katelyn 10		
6 Mainland High School	A	11:43.95	3
1) McMillian, Shaques 10	2) Henry, Chirnequa 10		
3) Adams, Sharine 10	4) Harris, Chelsea 09		

## Event 15 Girls 100 Meter Hurdles

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 245 Franisco, Tyshane	10	Pine Ridge	17.13q
2 310 Barrios-Malabad, Mia	12	Spruce Creek Hig	17.56q
3 65 Chavers, Rochelle	10	DeLand	17.84q
4 140 Jackson, Jessika	12	Flagler Palm Coa	18.15q
5 288 Davis, Crystal	09	Spruce Creek Hig	18.18q
6 123 Gabbert, Audrey	10	Flagler Palm Coa	18.49q
7 49 Gilbert, Tekevia	11	DeLand	18.58q
8 286 Janson, Brittani	10	Spruce Creek Hig	18.71q
9 262 Bailey, Daeja	11	Pine Ridge	18.77
10 317 Santos, Adriana	12	Spruce Creek Hig	19.26
11 88 Kratina, Lauren	11	DeLand	19.63
12 377 Galarza, Yanaira	10	Seabreeze	20.34
13 396 Staley, Heather	10	Seabreeze	20.65
14 114 DeAugustino, Jaclyn	10	Flagler Palm Coa	20.84
15 276 Gregory, Azellia	10	Pine Ridge	20.98

16 115 Cox, Jade	10	Flagler Palm Coa	21.27
17 86 Jackson, Jasmine	10	DeLand	22.34

## Event 15 Girls 100 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 245 Franisco, Tyshane	10	Pine Ridge	16.75 10
2 310 Barrios-Malabad, Mia	12	Spruce Creek Hig	17.57 8
3 65 Chavers, Rochelle	10	DeLand	17.78 6
4 286 Janson, Brittani	10	Spruce Creek Hig	17.82 5
5 140 Jackson, Jessika	12	Flagler Palm Coa	17.83 4
6 288 Davis, Crystal	09	Spruce Creek Hig	17.87 3
7 49 Gilbert, Tekevia	11	DeLand	17.99 2
8 123 Gabbert, Audrey	10	Flagler Palm Coa	18.63 1

## Event 17 Girls 100 Meter Dash

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 373 Caquias, Miranda	12	Seabreeze	12.35q
2 112 Moore, Jasmine	09	Flagler Palm Coa	12.95q
3 248 Davis, Trenice	11	Pine Ridge	12.97q
4 78 Gordon, Toshona	12	DeLand	13.01q
5 264 Gayle, Stephanie	12	Pine Ridge	13.18q
6 281 Cole, Bracaria	10	Spruce Creek Hig	13.30q
7 28 Brown, Alyssa	09	Mainland	13.37q
8 87 Kratina, Katherine	10	DeLand	13.38q
9 274 Henderson, Christena	11	Pine Ridge	13.43
10 346 Junco, Kaycie	10	Spruce Creek Hig	13.44
11 96 Crockett, Jessica	10	Flagler Palm Coa	13.62
12 22 Brewer, Brittany	11	Mainland	13.65
13 80 Raulerson, Courtney	10	DeLand	13.83
14 232 Richardson, Jaylan	11	Deltona	13.85
15 314 Keys, Lexi	10	Spruce Creek Hig	13.87
16 291 Oskandy, Emily	12	Spruce Creek Hig	13.92
17 6 Lee, Kayla	11	Mainland	14.00
18 206 Winant, Lauren	11	Deltona	14.09
19 128 Dorimain, Trish	10	Flagler Palm Coa	14.13
20 142 Orban, Samantha	11	Flagler Palm Coa	14.23
21 198 Rodrigues, Lovelin	09	Atlantic (Po)	14.32
22 366 Sundblad, Amanda	09	Seabreeze	14.82

## Event 17 Girls 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 373 Caquias, Miranda	12	Seabreeze	12.45 10
2 112 Moore, Jasmine	09	Flagler Palm Coa	13.10 8
3 78 Gordon, Toshona	12	DeLand	13.10 6
4 248 Davis, Trenice	11	Pine Ridge	13.17 5
5 264 Gayle, Stephanie	12	Pine Ridge	13.19 4
6 281 Cole, Bracaria	10	Spruce Creek Hig	13.31 3
7 87 Kratina, Katherine	10	DeLand	13.58 2
8 28 Brown, Alyssa	09	Mainland	13.81 1

## 5-Star Conference T&amp;F Championships - 3/28/2008

## Half-Mile Timing &amp; Data

## Flagler Palm Coast HS, Palm Coast, Florida

## Results

## Event 19 Girls 1600 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 335 Perkins, Amanda	11	Spruce Creek Hig	5:10.34 10
2 348 Nebel, Brooke	11	Spruce Creek Hig	5:23.93 8
3 40 Baumann, Brooke	12	DeLand	5:30.57 6
4 328 Garrow, Heather	11	Spruce Creek Hig	5:54.80 5
5 307 Dematteo, kristie	10	Spruce Creek Hig	5:56.40 4
6 64 Epifanio, Melissa	12	DeLand	5:57.52 3
7 100 Seward, Jessica	11	Flagler Palm Coa	6:08.00 2
8 111 Walbert, Megan	09	Flagler Palm Coa	6:12.61 1
9 121 Urena, Karina	12	Flagler Palm Coa	6:16.52
10 55 Hagler, Kylie	09	DeLand	6:17.26
11 146 Vlasyuk, Olena	10	Flagler Palm Coa	6:24.29
12 395 Hanson, Kristin	09	Seabreeze	6:36.41
13 197 Conn, Melanie	09	Atlantic (Po)	6:39.01
14 191 Cook, Shannon	10	Atlantic (Po)	6:42.15
15 178 trudel, Chante	10	Atlantic (Po)	6:43.48
16 82 Rickels, Cherith	10	DeLand	6:46.60
17 381 Ramirez, Laura	11	Seabreeze	7:21.02
18 358 Stewart, Amanda	12	Seabreeze	7:43.95

## Event 21 Girls 4x100 Meter Relay

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Mainland High School	A	50.00q
1) Adams, Anquenette 11	2) Henry, Shantarra 12	
3) Parks, Tayanna 11	4) Brown, Alyssa 09	
2 DeLand	A	50.80q
1) Dupont, Crystal 10	2) Gilbert, Tekevia 11	
3) Gordon, Toshona 12	4) Kratina, Katherine 10	
3 Pine Ridge	A	51.00q
1) Thompson, Giovanna 11	2) Franisco, Tyshane 10	
3) Gayle, Stephanie 12	4) Davis, Trenice 11	
4 Flagler Palm Coast	A	52.00q
1) Moore, Jasmine 09	2) Orban, Samantha 11	
3) Crockett, Jessica 10	4) Dorimain, Trish 10	
5 Spruce Creek High	A	52.44q
1) Cole, Bracaria 10	2) Keys, Lexi 10	
3) Cornelison, Taylor 09	4) Junco, Kaycie 10	
6 Atlantic (Po)	A	52.80q
1) Evans, Iesha 09	2) Kinsey, Lebreau 10	
3) Hardy, Tabitha 10	4) Lynch, Danielle 10	
7 Deltona High School	A	55.00q
1) Alvarado, Jocelyn 10	2) Bradley, Mila 12	
3) Winant, Lauren 11	4) Richardson, Jaylan 11	
8 Seabreeze High School	A	59.60q
1) Sundblad, Christina 10	2) Sundblad, Amanda 09	
3) Lemin, Amanda 11	4) Stayley, Heather 10	

## Event 21 Girls 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Mainland High School	A	50.06 10

2 Pine Ridge	A	50.20 8
3 DeLand	A	50.67 6
4 Spruce Creek High	A	53.26 5
5 Deltona High School	A	53.38 4
6 Flagler Palm Coast	A	53.49 3
7 Seabreeze High School	A	59.72 2

## Event 23 Girls 400 Meter Dash

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 277 Thompson, Giovanna	11	Pine Ridge	59.80q
2 35 Parks, Tayanna	11	Mainland	1:01.04q
3 61 Graham, Shaundrea	10	DeLand	1:02.45q
4 107 Lynch, Jenna	10	Flagler Palm Coa	1:02.60q
5 321 Andrews, Ali	12	Spruce Creek Hig	1:02.77q
6 332 Hill, Ariel	11	Spruce Creek Hig	1:03.53q
7 284 Hoover, Megan	11	Spruce Creek Hig	1:04.91q
8 285 Maholias, Amanda	10	Spruce Creek Hig	1:05.28q
9 253 Caban, Jesenia	09	Pine Ridge	1:07.82
10 372 Le, Lizzie	10	Seabreeze	1:08.79
11 50 LaPlante, Renee	10	DeLand	1:09.09
12 132 Tisdale, Cierra	11	Flagler Palm Coa	1:10.20
13 97 Woods, Retiya	09	Flagler Palm Coa	1:11.43
14 363 Sundblad, Christina	10	Seabreeze	1:11.91
15 217 VanderWerf, Julie	10	Deltona	1:16.59
16 366 Sundblad, Amanda	09	Seabreeze	1:17.12

## Event 23 Girls 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 277 Thompson, Giovanna	11	Pine Ridge	59.41 10
2 107 Lynch, Jenna	10	Flagler Palm Coa	1:01.48 8
3 61 Graham, Shaundrea	10	DeLand	1:02.01 6
4 35 Parks, Tayanna	11	Mainland	1:02.18 5
5 332 Hill, Ariel	11	Spruce Creek Hig	1:03.56 4
6 321 Andrews, Ali	12	Spruce Creek Hig	1:04.46 3
7 284 Hoover, Megan	11	Spruce Creek Hig	1:06.57 2
8 285 Maholias, Amanda	10	Spruce Creek Hig	1:06.57 1

## Event 25 Girls 300 Meter Hurdles

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 305 Clark, Sarah	11	Spruce Creek Hig	49.02q
2 278 Ravikumar, Raksha	12	Spruce Creek Hig	49.29q
3 65 Chavers, Rochelle	10	DeLand	49.64q
4 215 Bradley, Mila	12	Deltona	50.33q
5 342 Pecoraro, Robin	12	Spruce Creek Hig	51.04q
6 245 Franisco, Tyshane	10	Pine Ridge	51.97q
7 88 Kratina, Lauren	11	DeLand	52.76q
8 282 Dawson, Cherileigh	12	Spruce Creek Hig	52.83q
9 262 Bailey, Daeja	11	Pine Ridge	54.89
10 94 Kutsyshina, Marina	11	Flagler Palm Coa	55.84
11 115 Cox, Jade	10	Flagler Palm Coa	56.00
12 168 Martin, Shauntal	12	New Smyrna	56.43
13 377 Galarza, Yanaira	10	Seabreeze	57.39

**5-Star Conference T&F Championships - 3/28/2008**

**Half-Mile Timing & Data**

**Flagler Palm Coast HS, Palm Coast, Florida**

**Results**

**Preliminaries ... (Event 25 Girls 300 Meter Hurdles)**

Name	Yr	School	Prelims
14 256 Osorio, Lucia	12	Pine Ridge	59.82
15 114 DeAugustino, Jaclyn	10	Flagler Palm Coa	59.97
16 70 Strawder, Chelsea	11	DeLand	1:00.18
17 200 Rogers, Crystal	10	Atlantic (Po)	1:04.44

**Event 25 Girls 300 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 305 Clark, Sarah	11	Spruce Creek Hig	48.73 10
2 215 Bradley, Mila	12	Deltona	49.70 8
3 342 Pecoraro, Robin	12	Spruce Creek Hig	50.09 6
4 278 Ravikumar, Raksha	12	Spruce Creek Hig	50.30 5
5 65 Chavers, Rochelle	10	DeLand	51.09 4
6 245 Franisco, Tyshane	10	Pine Ridge	51.69 3
7 282 Dawson, Cherileigh	12	Spruce Creek Hig	52.29 2
8 88 Kratina, Lauren	11	DeLand	55.45 1

**Event 27 Girls 800 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 348 Nebel, Brooke	11	Spruce Creek Hig	2:21.83 10
2 40 Baumann, Brooke	12	DeLand	2:24.86 8
3 335 Perkins, Amanda	11	Spruce Creek Hig	2:28.07 6
4 73 Perrin, Alexis	09	DeLand	2:32.01 5
5 46 Houser, Joelle	10	DeLand	2:37.42 4
6 185 Trudel, Dominique	09	Atlantic (Po)	2:37.44 3
7 298 Comeau, Brittany	09	Spruce Creek Hig	2:41.66 2
8 378 Mentor, Ashley	12	Seabreeze	2:42.68 1
9 325 Hanabass, Natalie	09	Spruce Creek Hig	2:43.12
10 100 Seward, Jessica	11	Flagler Palm Coa	2:43.36
11 131 Gabbert, Emily	12	Flagler Palm Coa	2:45.72
12 217 VanderWerf, Julie	10	Deltona	2:50.78
13 126 Kleiner, Katie	09	Flagler Palm Coa	2:53.50
14 29 Harris, Chelsea	09	Mainland	2:56.65
15 24 Adams, Sharine	10	Mainland	2:59.02
16 23 McMillian, Shaques	10	Mainland	3:01.83
17 174 Tierney, Kayla	10	Atlantic (Po)	3:08.83
18 106 Emerson, Victoria	12	Flagler Palm Coa	3:10.45
19 365 Oyler, Aubrey	10	Seabreeze	3:12.80
20 395 Hanson, Kristin	09	Seabreeze	3:13.57
21 184 Hartford, Kara	10	Atlantic (Po)	3:15.87

**Event 29 Girls 200 Meter Dash**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 373 Caquias, Miranda	12	Seabreeze	25.85q
2 248 Davis, Trenice	11	Pine Ridge	26.41q
3 277 Thompson, Giovanna	11	Pine Ridge	26.66q
4 264 Gayle, Stephanie	12	Pine Ridge	26.70q
5 3 Adams, Anquenette	11	Mainland	27.04q
6 107 Lynch, Jenna	10	Flagler Palm Coa	27.09q
7 78 Gordon, Toshona	12	DeLand	27.34q
8 281 Cole, Bracaria	10	Spruce Creek Hig	27.37q

9 112 Moore, Jasmine	09	Flagler Palm Coa	27.48
10 87 Kratina, Katherine	10	DeLand	27.66
11 96 Crockett, Jessica	10	Flagler Palm Coa	28.22
12 314 Keys, Lexi	10	Spruce Creek Hig	28.28
12 346 Junco, Kaycie	10	Spruce Creek Hig	28.28
14 22 Brewer, Brittany	11	Mainland	28.36
15 6 Lee, Kayla	11	Mainland	28.58
16 293 Bragg, Joy	10	Spruce Creek Hig	28.69
17 142 Orban, Samantha	11	Flagler Palm Coa	28.89
18 50 LaPlante, Renee	10	DeLand	29.87
19 198 Rodrigues, Lovelin	09	Atlantic (Po)	29.89
20 176 Lynch, Danielle	10	Atlantic (Po)	29.99
21 372 Le, Lizzie	10	Seabreeze	30.02
22 394 Smith, Amy	09	Seabreeze	31.35
23 371 Lemin, Amanda	11	Seabreeze	31.75

**Event 29 Girls 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 373 Caquias, Miranda	12	Seabreeze	25.86 10
2 277 Thompson, Giovanna	11	Pine Ridge	26.61 8
3 248 Davis, Trenice	11	Pine Ridge	26.84 6
4 3 Adams, Anquenette	11	Mainland	26.97 5
5 107 Lynch, Jenna	10	Flagler Palm Coa	27.08 4
6 264 Gayle, Stephanie	12	Pine Ridge	27.16 3
7 78 Gordon, Toshona	12	DeLand	27.22 2
8 281 Cole, Bracaria	10	Spruce Creek Hig	27.79 1

**Event 31 Girls 3200 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 335 Perkins, Amanda	11	Spruce Creek Hig	11:44.05 10
2 331 Wyckoff, Kalyn	12	Spruce Creek Hig	12:40.02 8
3 300 Meredith, Kacie	10	Spruce Creek Hig	12:42.17 6
4 124 Futch, Michelle	11	Flagler Palm Coa	12:54.53 5
5 315 Sridhar, Elizabeth	10	Spruce Creek Hig	13:02.50 4
6 64 Epifanio, Melissa	12	DeLand	13:06.36 3
7 392 Bakertcy, Lia	11	Seabreeze	13:29.51 2
8 111 Walbert, Megan	09	Flagler Palm Coa	13:30.45 1
9 121 Urena, Karina	12	Flagler Palm Coa	13:54.76
10 146 Vlasyuk, Olena	10	Flagler Palm Coa	14:02.81
11 55 Hagler, Kylie	09	DeLand	14:25.73
12 82 Rickels, Cherith	10	DeLand	15:24.70

**Event 33 Girls 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 DeLand	A	4:07.63 10
1) Baumann, Brooke 12	2) Chavers, Rochelle 10	
3) Graham, Shaundrea 10	4) Perrin, Ashley 09	
2 Mainland High School	A	4:15.20 8
1) Adams, Anquenette 11	2) Henry, Shantarra 12	
3) Brown, Alyssa 09	4) Parks, Tayanna 11	

**5-Star Conference T&F Championships - 3/28/2008****Half-Mile Timing & Data****Flagler Palm Coast HS, Palm Coast, Florida****Results****Finals ... (Event 33 Girls 4x400 Meter Relay)**

<b>Team</b>	<b>Relay</b>	<b>Finals</b>	
3 Deltona High School	A	4:26.41	6
1) Alvarado, Jocelyn 10	2) Bradley, Mila 12		
3) Winant, Lauren 11	4) Richardson, Jaylan 11		
4 Seabreeze High School	A	4:27.34	5
1) Caquias, Miranda 12	2) Mentor, Ashley 12		
3) Sundblad, Christina 10	4) Le, Lizzie 10		
5 Flagler Palm Coast	A	4:33.75	4
1) Lynch, Jenna 10	2) Kutsyshina, Marina 11		
3) Zapata, Jessica 10	4) Woods, Retiya 09		
--- Spruce Creek High	A		DQ
1) Clark, Sarah 11	2) Nebel, Brooke 11		
3) Andrews, Ali 12	4) Hill, Ariel 11		

**Women - Team Rankings - 17 Events Scored**

1) Spruce Creek High	230.5
2) DeLand	120.5
3) Flagler Palm Coast	90
4) Mainland High School	62
4) Pine Ridge	62
6) Seabreeze High School	44
7) Deltona High School	30
8) Atlantic (PO)	14

**Men - Team Rankings - 17 Events Scored**

1) Flagler Palm Coast	203.5
2) Spruce Creek High	188
3) DeLand	67
4) Deltona High School	66.5
5) Seabreeze High School	50
6) Pine Ridge	44
7) New Smyrna Beach	14
8) Atlantic (PO)	12
9) Mainland High School	10