

# **First Rehab Invitational Track Meet 2008 Schedule of Events**

## **9:00 a.m. Coaches Meeting**

**9:30 a.m.** Girls 3200 Meter Relay Finals  
Boys 3200 Meter Relay Finals

## **10:00 a.m. Field Events**

Girls Pole Vault: (6'0" opening height)

Boy High Jump: (5'6" opening height)

Girls Discus

Boys Shot Put

Girls Long Jump

Boys Long Jump

## **Immediately Following**

Boys Pole Vault: (9'6" opening height)

Girls High Jump: (4'6" opening height)

Boys Discus

Girls Shot Put

Boys Triple Jump

Girls Triple Jump

## **Immediately Following**

## **11:30 a.m. Running Event Preliminaries**

100 H, 110 H, 100 M, 4x100M R, 400 M, 300 H, 200 M.

Girls followed by Boys.

**We will break for approximately 30 minutes.**

**Lunch will be served for the coaches in the field house.**

## **3:00 p.m. Running Event Finals**

100 H, 110H, 100 M,\* 1600 M, 4x100 R, 400 M,

300 H,\* 800 M, 200 M, \***3200 M**,\* 4x400 R.

Girls followed by Boys. Events with a \* are multiple heat finals.

**First Rehab Invitational  
March 28, 2008**

**Date:** Friday, March 28, 2008

**Time:** 9:30 am Girls and Boys 4x800 m Relay

10:00 am Field Events

**Place:** Gulf Breeze High School- Dolphin Stadium

**Sanction:** FHSAA

**Sponsor:** Baptist Healthcare Invitational

**Divisions:** 1 Division- Boys and Girls

**Scoring:** National Federation of State High School Associations  
(10-8-6-5-4-3-2-1)

**Awards:** First and Second Place Trophies  
Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>

**Scratches:** Coaches scratch meeting at 9:00 am in the field house. After the Coaches meeting only scratches will be allowed during the meet.

**Entry Fee:** \$50.00 for Boys Team  
\$50.00 for Girls Team

**Entries:** Two individuals and one relay team per event, per school.

**Online Entry Deadline: March 26, 2008**

**Concession:** Full concession stand will be available.

**Lunch:** Lunch will be served for **Coaches Only!!!!**

**Order of Events:** Meet will follow FHSAA State Format  
Girl's heats run first, followed by boys.

**Preliminaries:** 100 meter/110 meter hurdles  
100 meters  
300 meter hurdles  
400 meters  
4x100 M Relay  
200 meters

**Admission:** Coaches and their teams have no charge.  
Student and adult spectators are \$3.00.

**\*Email entries to [www.halfmiletiming.com](http://www.halfmiletiming.com)!**

**We will use fully automated timing. The company at the above website will be running the meet; therefore, they need your entrants sent directly to them ASAP. Thank you.**

January 14, 2008

Dear Coach,

**This year, on March, 28 2008, you are invited to participate in the First Rehab Invitational at Gulf Breeze High School, Dolphin Stadium. We will run one division for both boys and girls. Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> 3<sup>rd</sup> for both boys and girls. We will score through 8 places. There will also be 1<sup>st</sup> place and runner up team trophies for both boys and girls. We will provide a brunch for the coaches before the start of the finals. Cost per team is \$50.00 (\$50.00 boys/\$50.00 girls) if you are interested in joining us for the Baptist Healthcare Invitational, please register online at your earliest convenience. The online entry deadline date is March 26, 2008. Register online at [www.halfmiletiming.com](http://www.halfmiletiming.com)**

Sincerely,

Greg Hundley

**Phone: (850) 916-4100 x4780**

(850) 916-4137 *after 1:30*

**FAX: (850) 916-4109**

Gulf Breeze High School

Athletic Department