

2nd Annual Port St. Lucie Invitational

3/1/08

All times (for running events) are approximates! The meet may move quicker or slower depending on # of entries.

Time Finals/ Event Gender Location Notes

9:00 AM Coaches Breakfast

9:00 AM (**Pole vault to be held at Jensen Beach High School**)

9:30 AM Coaches Meeting begins

10:00 AM Shot Put Boys/ Girls to follow

10:00 AM Discus Girls/ Boys to follow

10:00 AM Long Jump Girls/ Triple Jump to follow

10:00 AM Long Jump Boys/ Triple Jump to follow

10:00 AM High Jump Girls/ Boys to follow

10:00 AM Finals 4 x 800 Relay Girls Track

10:15 AM Finals 4 x 800 Relay Boys Track

10:30 AM Finals 3200 Girls (Unseeded)

10:45 AM Finals 3200 Boys (Unseeded)

12:00 PM Timed Finals 100m HH Girls Track (Seeded)

12:20 PM Timed Finals 110m HH Boys Track (Seeded)

12:40 PM Timed Finals 100m Girls Track (Seeded)

1:00 PM Timed Finals 100m Boys Track (Seeded)

1:20 PM Finals 1600 Meters Girls (Unlimited Entries)

1:40 PM Finals 1600 Meters Boys (Unlimited Entries)

2:00 PM Finals 4 x 100 Relay Girls (B Teams)

2:10 PM Finals 4 x 100 Relay Girls

2:20 PM Finals 4 x 100 Relay Boys (B teams)

2:30 PM Finals 4 x 100 Relay Boys

2:45 PM Timed Finals 400m Girls (Seeded)

3:05 PM Timed Finals 400m Boys (Seeded)

3:25 PM Timed Finals 300m Hurdles Girls (Seeded)

3:45 PM Timed Finals 300m Hurdles Boys (Seeded)

4:05 PM Finals 800 Meters Girls (Seeded)

4:25 PM Finals 800 Meters Boys (Seeded)

4:45 PM Finals 200m Girls (Seeded)

5:05 PM Finals 200m Boys (Seeded)

5:25 PM Finals 3200m Girls (Top 18 seeded entries)

5:55 PM Finals 3200m Boys (Top 18 seeded entries)

6:20 PM Finals 4 x 400m Girls Seeded Finals

6:40 PM Finals 4 x 400m Boys Seeded Finals