

Class 1A - District 12 Meet Schedule

THURSDAY, APRIL 10, 2008
at St. John Neumann High School

COACHES' MEETING 11:00

FIELD EVENTS 12:00 (*warm-up to begin at 11:30*)
(*Field Events in **BOLD** begin at 12:00*)

BOYS DISCUS

GIRLS SHOT

GIRLS LONG JUMP (*Field Pit*) ***BOYS LONG JUMP*** (*Track Pit*)

GIRLS POLE VAULT *followed by Boys Pole Vault*

GIRLS HIGH JUMP *followed by Boys High Jump*

Boys Shot will follow Finals of Boys Discus

Girls Discus will follow Finals of Girls Shot

Girls Triple Jump / Boys Triple Jump will follow Long Jump Finals

4 X 800 RELAY 1:00

RUNNING PRELIMS 3:30
(*8 or less participants in any event then that event will be run as a **final** later*)

100/110m Hurdles Prelims
(*10 minute break*)

100m Dash Prelims
(*30 minute break*)

200m Dash Prelims

RUNNING FINALS 6:00

100/110 Hurdles

100

1600

4 X 100 Relay

400 (heats against time - fastest heat last)

300 Hurdles *(heats against time - fastest heat last)

800

200

3200

4 X 400 Relay

All Running Finals Girls Followed by Boys

*As per District Track Meeting

Mike Olayos

(cell: 239-682-0621)

Meet Director: (e-mail: molayos@sjnceltics.org /or/ SJNcoach0@comcast.net)

Class 1A *District 12* **Meet Information**

Official Entry List must be submitted by *FAX*: **Monday, March 31, by 5 pm**
Meet Event Entry Forms must be submitted by: **Thursday, April 3, by 12 noon**
FAX: (239) 455-2966 SCH: (239) 455-3044 Mike @ HM: (239) 254-1413

All teams *must* use the **HyTek** format for submitting entries
-all times and distances must be actual and from this season-you may photocopy additional forms
-FAT timing and scoring by halfmiletiming (*Finishlynx* timing and *HyTek* scoring)

4 Individuals and 1 Relay Team per school allowed (*remember FHSAA 4 event limit*)
The top 4 individuals and relays qualify for the Regional Meet
Friday, April 18 at Community School Naples

We will need schools to run the following events:
(In most cases SJN can provide student/parent help for field events)

LJ/TJ (Moore Haven /SJN)
PV (SJN)
HJ (ECS)
Shot (Cant)
Disc (CSN)
Relay Zones: (MH / CSN / Cant)

If there are 8 or less competitors in any **pre-lim** they will advance **directly** to the finals
The 4X100 relays and 300 hurdles will be contested as finals (2 or more heats if needed)
With a 8 lane track and 7 team District - 7 places will be scored (*per District Meeting*)
Jury of Appeals (Cant / MH / ECS / CSN / Sea)

\$5 admission fee (no team passes needed – coaches and athletes please enter as a group)
Concession stand available

Tents can be set up in the concrete area surrounding the bleachers (*no tents in infield this year*)

Rest Rooms located at the front of the gym

Results will be posted during the meet. We also hope to have a team scoreboard

Final results will be available within ½ hour of the conclusion of the meet (1 per team)
(results also available on the Fhsaa, halfmiletiming, and flrunners web sites Saturday)

DIRECTIONS: From the North:
I-75 to Exit 105 Golden Gate Pkwy.
Turn Left on Golden Gate Pkwy – go 1 mile (3rd Light)
Turn Right onto 53rd St. SW
Turn Left on 30th Ave. SW - Enter Parking lot on Right

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