

What: 5th Annual Cougar Challenge

When: March 21st

Where: Barron Collier High School in the **NEWLY RENOVATED COUGAR STADIUM**

Contact: Matt Keraus- 239-377-1337(office) 239-404-6969(cell)

Meet Features:

- Awards will be given to top 3 Finalists
- Team Champions and Runner-Up will receive Trophy
- Entries will be done on www.directathletics.com You must **register** your team (**not enter athletes**) by March 6th and then enter athletes into the meet by 12:00 noon on March 18th.
- Each team will be allowed **3 participants** per event (Any additional athletes will be deleted based on seed time).
- During the finals of each event the athletes will be announced and a short bio on each of them will be given at the starting line.

Facilities:

BLUE surfaceTrack

6 Lane all-weather track.

2 Shot put pits, 1 for warming up

2 Long/Triple jump pits, 1 for Boys and 1 for Girls

FHSAA regulated Pole Vault Pits

FHSAA regulated High jump mats

Warm-up and Camp area for Teams. Teams are highly suggested to bring tents for shade.

New *Fusion* Starting Blocks

Finish Lynx Timing System

General Announcements:

Only event athletes will be allowed on track and/or around field events.

Staging area is the only place for athletes to enter track and all running events must check in there. (Start Of the 100 meters)

After races athletes must leave through the gate by the finish line. This is the only EXIT. Spectators will not be allowed to view field events, unless they are in the stands.

Coaches' boxes will be through out the stadium.

Coaches and athletes will NOT be allowed on infield.

After check in all athletes will stay in the staging area and will go with assigned heat to start.

During Finals, athletes must check in 30 minutes prior to event. Prelims will have 2-3 calls for check in.

All Teams Must Enter the Stadium through the Pass Gate in the Southeast Corner of the stadium.

No Teams will be able to set up camp in the home side bleachers. There will be a camp area and warm up area on the practice football field to the east of the track. There is limited or no shade on the practice field, so bring tents, umbrellas, etc.

Event Schedule:

Saturday

- 8:45 am **Coaches Meeting**
- 9:30 am **Field Events**
Boys and Girls Long Jump
Girls Pole Vault
Boys High Jump
Girls Discus
Boys Shot Put
- 11:00 am Girls 4x800 Relay
11:15 am Boys 4x800 Relay
- 11:45 am **Field Events**
Boys and Girls Triple Jump
Girls High Jump
Boys Pole Vault
Boys Discus
Girls Shot Put
- 1:45 pm (OR when ALL Field Events are concluded)

Prelims

- | | |
|-------------------|----------------------|
| Girls 100 Hurdles | (6 to Finals) |
| Boys 110 Hurdles | (6 to Finals) |
| Girls 100 m | (6 to Finals) |
| Boys 100 m | (6 to Finals) |
| Girls 3200 m | FINAL |
| Boys 3200 m | FINAL |
| Girls 4x100 Relay | (6 to Finals) |
| Boys 4x100 Relay | (6 to Finals) |
| Girls 400 m | (6 to Finals) |
| Boys 400 m | (6 to Finals) |
| Girls 300 Hurdles | (6 to Finals) |
| Boys 300 Hurdles | (6 to Finals) |
| Girls OPEN 800 m | (NOT Top 12 Entries) |
| Boys OPEN 800 m | (NOT Top 12 Entries) |
| Girls 200 m | (6 to Finals) |
| Boys 200 m | (6 to Finals) |

FINALS

30-45 MINUTES AFTER PRELIMS

Girls 100 Hurdles
Boys 110 Hurdles
Girls 100 m
Boys 100 m
Girls 1600 m
Boys 1600 m
Girls 4x100 Relay
Boys 4x100 Relay
Girls 400 m
Boys 400 m
Girls 300 Hurdles
Boys 300 Hurdles
Girls INVITE 800 (Top 12 Entries)
Boys INVITE 800 (Top 12 Entries)
Girls 200 m
Boys 200 m

BREAK (SPECIAL EXHIBITION)

Girls 4x400 Relay
Boys 4x400 Relay

AWARDS

NOTES:

- *3200 Final is Early in meet so 3200 Athletes get a chance to run it fresh**
- *Top 12 entries in the 800 m must have proof of times if challenged**
- *We will NOT start Prelims of running events until Field Events are Finished**
- *Meet is formatted *similar* to Regional and State meet schedules**

If you plan to attend, please e-mail to be allowed to register for the event, ASAP:
kerausma@collier.k12.fl.us **Please Contact immediately if planning on attending so contracts can be sent, money can be collected, teams can be informed of changing information, and other information that may apply.**

ALL ENTRIES MUST BE COMPLETED on www.directathletics.com BY Wednesday, MARCH 18 AT 12:00PM!!!!!!!!!!!!!!!

**Meet Entry Fee:
\$40.00/team
Or
\$80.00/school
Or
\$20.00/individual**

**Any Questions or Concerns call
Matt Keraus at
239-377-1337(O)
239-404-6969 (C)**

To view more go to www.halfmiletiming.com and go to Spring 2009 schedule.