

Lady Tarpon Invitational

March 12, 2009

Time Schedule:

3:30 Coach's Meeting (at the finish line)

4:00 Field Events (Will be run as Finals)
High Jump opening height is 4'.
Shot Put 25' and over will be measured.
Discus 75' and over will be measured.

4:00 JV Mile (will not count in the scoring of the meet)

4:30 4 x 800

5:30 Preliminaries (Top 8 fastest athletes to the Finals)

100 HH
100
400
300 IH
200

7:30 Finals

100 HH
100
1600
4 x 100
400
300 IH
800
200
3200 (Lapped runners will be pulled from the track)
4 x 400

▀ Awards Presentation

- No coaches on the infield or near the timers.
- Athletes may only be in the warm-up area. Athletes on the infield outside the warm-up area risk a DQ.
- Athletes need to check in to all running events with the Clerk of the Course who will be located outside the chute.
- All the times will be posted in the press box windows.

Each school may enter 3 athletes per event including the JV Mile.

All entries must be entered through Direct Athletics by March 9, 2009. You may access Direct Athletics from www.halfmiletiming.com

Bus Information (The following will be STRICTLY enforced)

All buses arriving prior to 2:30pm will be able to access the track via Ann Street.

Buses arriving after 2:30 will need to access the track via Henry Street.

All buses will need to drop off athletes and proceed to South County Park for temporary parking.

After 3:30pm all buses will be able to park in the south parking lot (lot adjacent to the Church) on Ann Street.

No Athletes in the home stands. All teams must be on the visitor side of the stadium.

If you plan to register for and attend this meet, you must mail, fax or email your intent to:

**Charlotte High School
1250 Cooper Street
Punta Gorda, FL 33950
Attention: Athletics**

Fax: 941-575-5464

[Sandra Cuddy@ccps.k12.fl.us](mailto:Sandra.Cuddy@ccps.k12.fl.us)

All contracts and entry fees (\$50 per school) must be received before the start of the meet.

**Lady Tarpon Invitational
Track and Field
March 12, 2009**

_____ plans to attend.
(School name)

Coach contact information

Name _____

Address _____

Phone _____

Email _____

Please contact Coach Voss or Coach George with any questions concerning the meet.

Jerry_Voss@ccps.k12.fl.us

941-575-5450 ext. 3601

Chris_George@ccps.k12.fl.us

941-575-5450 ext. 2705