

# FLORIDA ATLANTIC UNIVERSITY TWILIGHT INVITATIONAL

SATURDAY, MARCH 14<sup>TH</sup>, 2009

## FACILITY

Beynon BSS 1000 dual durometer, full-pour polyurethane track system, 8-42" Lanes; 4 LJ, TJ runways, 2 HJ, and 1 PV area; maximum spike length ¼ inch (no needle or christmas tree spikes permitted)

## AWARDS / SCORING

There will be no team scoring.

## MEET CONDUCT

All track events will be run as finals against time. All field events, except high jump and pole vault, will be contested in flights with three trials and nine advancing to the finals. In the finals, each competitor will receive three additional attempts. HJ/PV will be run in continual flights. NCAA rules will be in effect.

## ENTRY INFORMATION

No FAX or PHONE entries will be accepted. Entries must be submitted through Direct Athletics ([www.directathletics.com](http://www.directathletics.com)). All entries must be received no later than midnight Tuesday March 10<sup>th</sup>, 2009. Unattached athletes need to contact the following for entry consideration.

Alex M. Smolka – [asmolka@fau.edu](mailto:asmolka@fau.edu)

Owen McGregor – [omcgrego@fau.edu](mailto:omcgrego@fau.edu)

## ENTRY FEES

\$300.00 per team (men & women teams are separate)

\$25 per athlete

Make checks payable to Florida Atlantic University Track and Field

## WARM – UP AREAS

All warm-ups **must** be conducted outside the track area on the fields & areas adjacent to the track.

## IMPLEMENT WEIGH – IN

All Implements must be checked-in and impounded at the designated times –

**Javelin and Hammer: 10:00 - 11:00am; Discus and Shot: 12:00-1:00pm** - at the Implement Weigh-In Area, located on the north side of the track at the ropes course Pavilion. Uncertified implements will be impounded and released following the event.

FAU Invitational

Saturday, March 14<sup>th</sup>, 2009

# EVENT SCHEDULE

## FAU 2<sup>nd</sup> ANNUAL TWILIGHT INVITATIONAL SATURDAY, MARCH 14<sup>TH</sup>, 2009

START TIME	FIELD EVENT	ROUND
12:00PM	Javelin Throw – Women	Final
	Shot Put – Men	Final
	High Jump – Men	Final
	Pole Vault – Men	Final
01:30PM	Javelin Throw – Men	Final
	Shot Put – Women	Final
	High Jump – Women	Final
	Pole Vault – Women	Final
03:00PM	Hammer Throw – Women	Final
	Long Jump – Men	Final
	Triple Jump – Women	Final
04:30PM	Hammer Throw – Men	Final
	Triple Jump – Men	Final
	Long Jump – Women	Final
06:00PM	Discus Throw – Women	Final
07:30PM	Discus Throw – Men	Final

START TIME	RUNNING EVENT	ROUND
05:00PM	3000M Run – Women	Final
05:15PM	100M Hurdles – Women	Final
05:30PM	110M Hurdles – Men	Final
05:45PM	1500M Run – Women	Final
06:00PM	1500M Run – Men	Final
06:15PM	4x100M Relay – Women	Final
06:30PM	4x100M Relay – Men	Final
06:45PM	400M Dash – Women	Final
07:00PM	400M Dash – Men	Final
07:30PM	100M Dash – Women	Final
07:30PM	100M Dash – Men	Final
07:45PM	800M Run – Women	Final
08:00PM	800M Run – Men	Final
08:15PM	400M Hurdles – Women	Final
08:30PM	400M Hurdles – Men	Final
08:45PM	200M Dash – Women	Final
09:00PM	200M Dash – Men	Final
09:15PM	3000M Run – Men	Final
09:30PM	4x400M Relay – Women	Final
09:45PM	4x400M Relay – Men	Final

Schedule is tentative and will be adjusted after entries are received