

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD
Results****Event 1 Women 60 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

World: *	7.68	2/10/2008	Susanna Kallur, SWE		
American: @	7.74	3/1/2003	Gail Devers, Nike		
NCAA Auto: A	8.14				
NCAA Prov: P	8.43				
MEAC Indoor: \$	8.08	2006	Kellie Wells, HAMP		
Collegiate: ^	7.84	3/10/2006	Ginnie Powell, Southern Californ		
Name		Year	School	Prelims	H#

Preliminaries

1	139 Vassell, Racquel	SO	Hampton	P 8.38Q	1
2	276 Smith, Loreal	SR	N. Carolina A&T	8.51Q	2
3	164 Buckley, Landria	JR	Howard	8.55Q	3
4	172 Lemonious, Alexand	JR	Howard	8.76Q	4
5	138 Smith, Michelle	SR	Hampton	8.59q	2
6	273 Newton, Kendra	SR	N. Carolina A&T	8.61q	1
7	352 Mcwilliams, Rene	SR	South Carolina St.	8.71q	3
8	301 Faulkner, Victoria	SR	Norfolk State	8.75q	1
9	349 Gracia, Monique	FR	South Carolina St.	8.81	3
10	25 Baird, Natoya	SR	Coppin State	8.83	2
11	310 Kirby, Wanetta	SO	Norfolk State	8.96	4
12	94 Holiday, Kierra	JR	Florida A&M	9.03	1
13	8 Sanders, Ryan	JR	Bethune-Cookman	9.05	3
14	105 Wright, Latoya	SO	Florida A&M	9.12	1
15	59 Fan Fan, Tracey	FR	Delaware State	9.14	4
16	357 Vance, Tempest	JR	South Carolina St.	9.27	2
17	3 Bardge, Crystal	SO	Bethune-Cookman	9.29	2
18	232 Carson, Micsha	FR	Morgan State	9.31	3
19	29 Hall, Deondrea	JR	Coppin State	9.33	2
20	177 Wallace, Janelle	SO	Howard	9.38	3
21	62 Johnson, Kristen	FR	Delaware State	9.61	2
22	246 Smalls, Kamice	FR	Morgan State	9.81	4
23	305 Hite, Alaina	FR	Norfolk State	9.88	1
--	4 Burke, Tavia	JR	Bethune-Cookman	DNF	4
--	38 Weekly, Salena	FR	Coppin State	DNS	3

Event 1 Women 60 Meter Hurdles

World: *	7.68	2/10/2008	Susanna Kallur, SWE		
American: @	7.74	3/1/2003	Gail Devers, Nike		
NCAA Auto: A	8.14				
NCAA Prov: P	8.43				
MEAC Indoor: \$	8.08	2006	Kellie Wells, HAMP		
Collegiate: ^	7.84	3/10/2006	Ginnie Powell, Southern California		
Name		Year	School	Finals	Points

Finals

1	276 Smith, Loreal	SR	N. Carolina A&T	8.28P	10
2	139 Vassell, Racquel	SO	Hampton	8.36P	8
3	164 Buckley, Landria	JR	Howard	8.50	6
4	138 Smith, Michelle	SR	Hampton	8.61	5
5	172 Lemonious, Alexand	JR	Howard	8.64	4
6	352 Mcwilliams, Rene	SR	South Carolina St.	8.69	3
7	273 Newton, Kendra	SR	N. Carolina A&T	8.72	2

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Results****....Event 1 Women 60 Meter Hurdles**

8	301 Faulkner, Victoria	SR Norfolk State	8.74	1
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Event 2 Men 60 Meter Hurdles**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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World: * 7.30 3/3/1994 Colin Jackson, GBR
American: @ 7.36 1/16/1987 Foster/ Johnson, World Class/ Ni
NCAA Auto: A 7.70
NCAA Prov: P 7.91
MEAC Indoor: $ 7.87 2008 Ronnie Ash, BCU
Collegiate: ^ 7.47 2/7/1997 Reggie Torian, Wisconsin
Name Year School Prelims H#
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Preliminaries

1	14 Ash, Ronnie	SO Bethune-Cookman	\$ 7.86Q	1
2	329 Massenburg, Aramis	SO Norfolk State	P 7.91Q	3
3	161 Walker, Predist	SO Hampton	7.96Q	2
4	262 Simpson, Andrew	SR Morgan State	8.03Q	2
5	186 Kinney, Daniel	SR Howard	8.04Q	3
6	343 Woods, Marlon	JR Norfolk State	8.06Q	1
7	115 McKinzie, Carl	JR Florida A&M	8.11q	1
8	106 Bynes, Greg	JR Florida A&M	8.17q	2
9	107 Carroll, Demarius	JR Florida A&M	8.30	1
9	19 Howard, DJ	FR Bethune-Cookman	8.30	2
11	145 Dixon, Damon	SO Hampton	8.37	3
12	373 Young, Donta	FR South Carolina St.	8.41	1
13	217 Dix, Jermol	FR Maryland-Eastern	8.51	1
14	160 Veale, Lamar	JR Hampton	8.56	2
15	197 Tirado, Carnegie	FR Howard	8.80	3
16	361 Brown, Leighton	FR South Carolina St.	8.90	2
17	184 Henderson, DeAndre	SO Howard	9.09	3
18	360 Bolden, DeAngelo	SO South Carolina St.	9.49	1

Event 2 Men 60 Meter Hurdles

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World: * 7.30 3/3/1994 Colin Jackson, GBR
American: @ 7.36 1/16/1987 Foster/ Johnson, World Class/ Nike
NCAA Auto: A 7.70
NCAA Prov: P 7.91
MEAC Indoor: $ 7.87 2008 Ronnie Ash, BCU
Collegiate: ^ 7.47 2/7/1997 Reggie Torian, Wisconsin
Name Year School Finals Points
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Finals

1	329 Massenburg, Aramis	SO Norfolk State	7.89P	10
2	14 Ash, Ronnie	SO Bethune-Cookman	7.95	8
3	186 Kinney, Daniel	SR Howard	7.96	6
4	161 Walker, Predist	SO Hampton	7.97	5
5	262 Simpson, Andrew	SR Morgan State	7.98	4
6	115 McKinzie, Carl	JR Florida A&M	8.13	3
7	343 Woods, Marlon	JR Norfolk State	8.40	2
8	106 Bynes, Greg	JR Florida A&M	10.06	1

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****Event 3 Women 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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World: * 6.92 2/11/1993 Irina Privalova, RUS
American: @ 6.95 3/12/1993 Devers/ Jones, Nike Inter./ Nike
NCAA Auto: A 7.26
NCAA Prov: P 7.44
MEAC Indoor: $ 7.32 2006 Danieth Pryce, UMES
Collegiate: ^ 7.09 3/11/2001 Angela Williams, Southern Califo
Name Year School Prelims H#
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Preliminaries

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1 139 Vassell, Racquel SO Hampton P 7.41Q 2 7.401
2 136 Richards, Petrice JR Hampton P 7.41Q 1 7.403
3 132 McCorory, Francena JR Hampton 7.54Q 4
4 60 Franklin, NeKisha SR Delaware State 7.58Q 3
5 302 Flowers, Tierra JR Norfolk State 7.56q 4 7.552
6 10 Tongue, Jessica FR Bethune-Cookman 7.56q 2 7.558
7 12 Williams, Nickesha JR Bethune-Cookman 7.59q 3
8 6 Munroe, Dianne SR Bethune-Cookman 7.64q 2 7.632
9 270 Hunt, Ruth FR N. Carolina A&T 7.64 4 7.638
10 234 Hines, Ashley JR Morgan State 7.65 3
11 272 Lawson, Krystin FR N. Carolina A&T 7.68 4
12 352 Mcwilliams, Rene SR South Carolina St. 7.71 2
13 233 Hill, Tendai JR Morgan State 7.72 1
14 93 Francis, Ann-Marie JR Florida A&M 7.73 3
15 2 Austin, Analisa SO Bethune-Cookman 7.75 3
16 353 Mobley, Nicole JR South Carolina St. 7.81 2
17 275 Smith, Lauren SO N. Carolina A&T 7.82 1
18 306 Hodges, Cheri SR Norfolk State 7.86 4
19 92 Forbes, Jesseka SR Florida A&M 7.88 1 7.877
19 56 Brown, Kamera JR Delaware State 7.88 3 7.875
21 235 Johnson, Quawnecia JR Morgan State 7.91 2
22 97 Love, Dericka SO Florida A&M 7.92 2
23 34 Sanders, Neicy SR Coppin State 7.95 3 7.942
23 33 Leigh, Samantha SO Coppin State 7.95 1 7.941
23 54 Blake, Ashley JR Delaware State 7.95 4 7.943
26 172 Lemonious, Alexand JR Howard 8.06 2
27 169 Jackson, Latayvia JR Howard 8.15 4
28 37 Taylor, Shekinah FR Coppin State 8.23 3
29 205 James, Ameris FR Maryland-Eastern 8.30 4
30 299 Claiborne, Shannek FR Norfolk State 8.56 1
-- 276 Smith, Loreal SR N. Carolina A&T DNF 1

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Event 3 Women 60 Meter Dash

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World: * 6.92 2/11/1993 Irina Privalova, RUS
American: @ 6.95 3/12/1993 Devers/ Jones, Nike Inter./ Nike
NCAA Auto: A 7.26
NCAA Prov: P 7.44
MEAC Indoor: $ 7.32 2006 Danieth Pryce, UMES
Collegiate: ^ 7.09 3/11/2001 Angela Williams, Southern California
Name Year School Finals Points
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Finals

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1 139 Vassell, Racquel SO Hampton 7.47 10

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Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD
Results****....Event 3 Women 60 Meter Dash**

2	136 Richards, Petrice	JR Hampton	7.48	8
3	60 Franklin, NeKisha	SR Delaware State	7.50	6
4	302 Flowers, Tierra	JR Norfolk State	7.58	5
5	6 Munroe, Dianne	SR Bethune-Cookman	7.62	4
6	10 Tongue, Jessica	FR Bethune-Cookman	7.64	3
7	12 Williams, Nickesha	JR Bethune-Cookman	7.66	2
8	132 McCorory, Francena	JR Hampton	7.71	1

Event 4 Men 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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World: * 6.39 2/3/1998 Maurice Greene, USA
American: @ 6.39 2/3/1998 Maurice Green, Nike
NCAA Auto: A 6.63
NCAA Prov: P 6.74
MEAC Indoor: $ 6.75 2006 Derrick Baker, NSU
Collegiate: ^ 6.45 2/20/1999 Leonard Myles-Mills, B.Y.U.
Name Year School Prelims H#
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Preliminaries

1	146 Dixon, Reggie	SO Hampton	\$ 6.75Q	1
2	290 Newman, Calesio	JR N. Carolina A&T	6.76Q	2
3	24 Sales, Dante	FR Bethune-Cookman	6.85Q	4
4	340 Vinston, Corey	SO Norfolk State	6.87Q	3
5	80 Moore, Larrone	JR Delaware State	6.81q	2
6	341 Walker, Quinten	FR Norfolk State	6.90q	3 6.894
7	141 Anderson, Aaron	JR Hampton	6.90q	4 6.899
8	16 Cray, Eric	SO Bethune-Cookman	6.91q	4
9	179 Carter, Brandon	SR Howard	6.95	4
10	115 McKinzie, Carl	JR Florida A&M	6.96	4
11	251 Blanks, Allen	SO Morgan State	7.00	1
12	17 Herring, Chris	FR Bethune-Cookman	7.02	1 7.016
12	327 Hill, Trayman	SR Norfolk State	7.02	3 7.018
12	220 Gauntlett, Akheem	FR Maryland-Eastern	7.02	1 7.019
15	109 Cook, LaJarvis	SR Florida A&M	7.03	3 7.025
15	161 Walker, Predist	SO Hampton	7.03	1 7.022
17	119 Washington, Joe	FR Florida A&M	7.04	4 7.040
17	190 Odocha, Tochi	SO Howard	7.04	1 7.036
19	264 Whyte, Carbinere	JR Morgan State	7.05	4
19	288 Jordan, Akinwole	SO N. Carolina A&T	7.05	3 7.043
21	149 Johnson, Jamal	FR Hampton	7.06	4 7.046
22	84 Sivels, Darius	FR Delaware State	7.09	3 7.089
22	369 Stephens, Marcus	FR South Carolina St.	7.09	2 7.086
24	191 Penny, Anthony	JR Howard	7.12	2
25	46 Jackson, Kevon	JR Coppin State	7.14	3
26	42 Blake, Jerome	SO Coppin State	7.17	1
27	368 Rackins, Kenneth	SR South Carolina St.	7.20	2
28	256 McLean, Stephen	SO Morgan State	8.96	2

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****Event 4 Men 60 Meter Dash**

World: *	6.39	2/3/1998	Maurice Greene, USA		
American: @	6.39	2/3/1998	Maurice Green, Nike		
NCAA Auto: A	6.63				
NCAA Prov: P	6.74				
MEAC Indoor: \$	6.75	2006	Derrick Baker, NSU		
Collegiate: ^	6.45	2/20/1999	Leonard Myles-Mills, B.Y.U.		
Name		Year	School	Finals	Points

Finals

1	146 Dixon, Reggie	SO	Hampton	6.71P	10
2	80 Moore, Larrone	JR	Delaware State	6.72P	8
3	290 Newman, Calesio	JR	N. Carolina A&T	6.73P	6
4	340 Vinston, Corey	SO	Norfolk State	6.75\$	5
5	141 Anderson, Aaron	JR	Hampton	6.85	4
6	24 Sales, Dante	FR	Bethune-Cookman	6.86	3
7	341 Walker, Quinten	FR	Norfolk State	6.94	2
8	16 Cray, Eric	SO	Bethune-Cookman	6.97	1

Event 5 Women 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

World: *	21.87	2/13/1993	Merlene Ottey, JAM		
American: @	22.18	3/15/2003	Michelle Collins, U.S.A.		
NCAA Auto: A	23.40				
NCAA Prov: P	24.10				
MEAC Indoor: \$	23.85	2000	Debbie Dunn, NSU		
Collegiate: ^	22.43	3/12/2004	Veronica Campbell, Arkansas		
Name		Year	School	Prelims	H#

Preliminaries

1	139 Vassell, Racquel	SO	Hampton	24.60Q	1
2	136 Richards, Petrice	JR	Hampton	24.76Q	4
3	60 Franklin, NeKisha	SR	Delaware State	24.83Q	2
4	6 Munroe, Dianne	SR	Bethune-Cookman	24.96Q	5 24.953
5	132 McCorory, Francena	JR	Hampton	24.96Q	3 24.960
6	234 Hines, Ashley	JR	Morgan State	25.01q	1
7	272 Lawson, Krystin	FR	N. Carolina A&T	25.11q	4
8	270 Hunt, Ruth	FR	N. Carolina A&T	25.16q	5
9	277 Spruiel, Alexander	SR	N. Carolina A&T	25.20	2
10	65 Mayers, Kendra	SO	Delaware State	25.40	3
11	233 Hill, Tendai	JR	Morgan State	25.42	3
12	316 Sanford, Dania	SO	Norfolk State	25.50	3
13	10 Tongue, Jessica	FR	Bethune-Cookman	25.51	1
14	349 Gracia, Monique	FR	South Carolina St.	25.73	3
15	353 Mobley, Nicole	JR	South Carolina St.	25.79	5
16	93 Francis, Ann-Marie	JR	Florida A&M	25.94	5
17	11 Wilbon, Lashodra	FR	Bethune-Cookman	25.98	2
17	235 Johnson, Quawnecia	JR	Morgan State	25.98	1
19	203 Hawkins, Monique	FR	Maryland-Eastern	26.01	2
20	300 Davenport, Portia	JR	Norfolk State	26.07	4
21	105 Wright, Latoya	SO	Florida A&M	26.09	1
22	33 Leigh, Samantha	SO	Coppin State	26.14	3
23	59 Fan Fan, Tracey	FR	Delaware State	26.19	4
24	97 Love, Dericka	SO	Florida A&M	26.25	2

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD
Results****....Event 5 Women 200 Meter Dash**

25	34 Sanders, Neicy	SR Coppin State	26.71	4
26	32 Lane, Brandi	JR Coppin State	27.23	5
27	205 James, Ameris	FR Maryland-Eastern	27.56	5
--	200 Abrantes, Jessica	FR Maryland-Eastern	DNS	4
--	299 Claiborne, Shannek	FR Norfolk State	DNS	2

Event 5 Women 200 Meter Dash

World:	*	21.87	2/13/1993	Merlene Ottey, JAM
American:	@	22.18	3/15/2003	Michelle Collins, U.S.A.
NCAA Auto:	A	23.40		
NCAA Prov:	P	24.10		
MEAC Indoor:	\$	23.85	2000	Debbie Dunn, NSU
Collegiate:	^	22.43	3/12/2004	Veronica Campbell, Arkansas
Name			Year School	Finals H# Points

Finals

1	139 Vassell, Racquel	SO Hampton	24.18	2	10
2	60 Franklin, NeKisha	SR Delaware State	24.20	2	8
3	136 Richards, Petrice	JR Hampton	24.68	2	6
4	6 Munroe, Dianne	SR Bethune-Cookman	24.72	2	5
5	132 McCorory, Francena	JR Hampton	24.75	1	4
6	270 Hunt, Ruth	FR N. Carolina A&T	25.01	1	3
7	234 Hines, Ashley	JR Morgan State	25.33	1	2
--	272 Lawson, Krystin	FR N. Carolina A&T	DNS	1	

Event 6 Men 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 2 Best Times**

World:	*	19.92	2/18/1996	Frank Fredericks, NAM
American:	@	20.10	3/11/2005	Wallace Spearmon, Arkansas
NCAA Auto:	A	21.08		
NCAA Prov:	P	21.48		
MEAC Indoor:	\$	21.35	2006	Justin Byron, NCAT
Collegiate:	^	20.10	3/11/2005	Wallace Spearmon, Arkansas
Name			Year School	Prelims H#

Preliminaries

1	80 Moore, Larrone	JR Delaware State	22.00Q	5
2	23 Redhead, Joel	SR Bethune-Cookman	22.01Q	2
3	220 Gauntlett, Akheem	FR Maryland-Eastern	22.14Q	6
4	253 Bowen, Kevin	JR Morgan State	22.19Q	4
5	146 Dixon, Reggie	SO Hampton	22.24Q	1
6	141 Anderson, Aaron	JR Hampton	22.30Q	3
7	337 Speller, Thomas	FR Norfolk State	22.05q	5
8	290 Newman, Calesio	JR N. Carolina A&T	22.20q	6
9	327 Hill, Trayman	SR Norfolk State	22.34	4
10	74 Davis, Brycen	SO Delaware State	22.49	1
11	288 Jordan, Akinwole	SO N. Carolina A&T	22.54	4
12	142 Brown, Devon	SO Hampton	22.60	2
13	52 Whittingham, Winst	JR Coppin State	22.62	6
13	368 Rackins, Kenneth	SR South Carolina St.	22.62	1
15	16 Cray, Eric	SO Bethune-Cookman	22.74	4
15	75 Duncan, Derrhyl	SO Delaware State	22.74	1

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD
Results****....Event 6 Men 200 Meter Dash**

17	17 Herring, Chris	FR Bethune-Cookman	22.75	3
18	331 Nkrumah, Keith	FR Norfolk State	22.87	5
19	109 Cook, LaJarvis	SR Florida A&M	22.91	3
20	179 Carter, Brandon	SR Howard	22.93	4
21	190 Odocha, Tochi	SO Howard	23.20	2
23	264 Whyte, Carbinere	JR Morgan State	23.41	1
24	183 Harrison, Marcus	FR Howard	24.30	5
--	223 Keane-Dawes, Thoma	SO Maryland-Eastern	FS	2
--	49 Pinnock, Andre	SO Coppin State	DNF	3
--	341 Walker, Quinten	FR Norfolk State	DQ	3 Out Of Lane
--	256 McLean, Stephen	SO Morgan State	DNS	6

Event 6 Men 200 Meter Dash

World:	*	19.92	2/18/1996	Frank Fredericks, NAM
American:	@	20.10	3/11/2005	Wallace Spearmon, Arkansas
NCAA Auto:	A	21.08		
NCAA Prov:	P	21.48		
MEAC Indoor:	\$	21.35	2006	Justin Byron, NCAT
Collegiate:	^	20.10	3/11/2005	Wallace Spearmon, Arkansas
Name		Year	School	Finals H# Points

Finals

1	80 Moore, Larrone	JR Delaware State	21.50	2	10
2	146 Dixon, Reggie	SO Hampton	21.63	1	8
3	23 Redhead, Joel	SR Bethune-Cookman	21.72	2	6
4	253 Bowen, Kevin	JR Morgan State	21.98	2	5
5	290 Newman, Calesio	JR N. Carolina A&T	21.99	1	4
6	141 Anderson, Aaron	JR Hampton	22.08	1	3
7	337 Speller, Thomas	FR Norfolk State	22.16	1	2
8	220 Gauntlett, Akheem	FR Maryland-Eastern	22.18	2	1

Event 7 Women 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 2 Best Times**

World:	*	49.59	3/7/1982	Jamila Kratochvilova, TCH
American:	@	50.64	3/10/1991	Diane Dixon, Atoms TC
NCAA Auto:	A	52.70		
NCAA Prov:	P	54.70		
MEAC Indoor:	\$	53.88	1988	Ameera Bello, MSU
Collegiate:	^	50.80	3/10/2007	Natasha Hastings, South Carolina
Name		Year	School	Prelims H#

Preliminaries

1	277 Spruiel, Alexander	SR N. Carolina A&T	55.31Q	2
2	245 Sloan, Avionne	SO Morgan State	56.78Q	5
3	132 McCorory, Francena	JR Hampton	57.21Q	1
4	174 McNary, Lauren	SR Howard	57.27Q	3
5	243 Robinson, Jamia	JR Morgan State	57.44Q	6
6	236 Kendrick, Tanisha	SO Morgan State	57.53Q	4
7	203 Hawkins, Monique	FR Maryland-Eastern	57.16q	2
8	65 Mayers, Kendra	SO Delaware State	57.52q	3
9	127 Calder, Claudia	FR Hampton	58.05	5
10	129 Harris, Margaret	SO Hampton	58.19	1

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Results****....Event 7 Women 400 Meter Dash**

11	314	Pickett, Allyssa	JR Norfolk State	58.29	6
12	3	Bardge, Crystal	SO Bethune-Cookman	58.31	5
13	89	Cunningham, LaKend	SR Florida A&M	58.65	6
14	105	Wright, Latoya	SO Florida A&M	58.69	3
15	60	Franklin, NeKisha	SR Delaware State	58.73	4
16	11	Wilbon, Lashodra	FR Bethune-Cookman	58.77	2
17	208	Lendor, Danai	SO Maryland-Eastern	58.93	1
18	357	Vance, Tempest	JR South Carolina St.	59.09	6
18	316	Sanford, Dania	SO Norfolk State	59.09	4
20	269	Gray, Christina	SR N. Carolina A&T	59.15	3
21	35	Stepney, Quantika	FR Coppin State	59.16	6
22	33	Leigh, Samantha	SO Coppin State	59.34	2
23	176	Stephens, Brittany	JR Howard	59.37	1
24	95	Hulse, Jeanette	FR Florida A&M	1:00.14	4
25	344	Allen, Natalee	SR South Carolina St.	1:00.27	1
26	64	Kelly, Ayanna	FR Delaware State	1:02.04	2
27	209	Royster, Talithia	FR Maryland-Eastern	1:02.14	5
28	32	Lane, Brandi	JR Coppin State	1:02.33	3
29	165	Daniels, Lillian	SR Howard	1:05.04	4
30	313	Moore, Shaniqua	FR Norfolk State	1:05.06	6

Event 7 Women 400 Meter Dash

World:	*	49.59	3/7/1982	Jamila Kratochvilova, TCH
American:	@	50.64	3/10/1991	Diane Dixon, Atoms TC
NCAA Auto:	A	52.70		
NCAA Prov:	P	54.70		
MEAC Indoor:	\$	53.88	1988	Ameera Bello, MSU
Collegiate:	^	50.80	3/10/2007	Natasha Hastings, South Carolina
Name			Year School	Finals H# Points

Finals

1	132	McCorory, Francena	JR Hampton	53.22\$	2	10
2	277	Spruiel, Alexander	SR N. Carolina A&T	54.41P	2	8
3	174	McNary, Lauren	SR Howard	54.48P	2	6
4	236	Kendrick, Tanisha	SO Morgan State	56.04	1	5
5	65	Mayers, Kendra	SO Delaware State	56.38	1	4
6	243	Robinson, Jamia	JR Morgan State	56.88	1	3
7	203	Hawkins, Monique	FR Maryland-Eastern	57.96	1	2
--	245	Sloan, Avionne	SO Morgan State	DNF	2	

Event 8 Men 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 1 Best Times**

World:	*	44.57	3/12/2005	Kerron Clement, USA
American:	@	44.57	3/12/2005	Kerron Clement, Florida
NCAA Auto:	A	46.55		
NCAA Prov:	P	47.65		
MEAC Indoor:	\$	47.76	1998	Wilfred Pollard, FAMU
Collegiate:	^	44.57	3/12/2005	Kerron Clement, Florida
Name			Year School	Prelims H#

Preliminaries

1	23	Redhead, Joel	SR Bethune-Cookman	48.91Q	3
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Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009

Indoor Track & Field Championships

Prince George S&L Complex: Landover, MD

Results

....Event 8 Men 400 Meter Dash

2	82 Murray, Leslie	FR Delaware State	49.09Q	6
3	253 Bowen, Kevin	JR Morgan State	49.30Q	2
4	182 Harrison, Christop	JR Howard	49.37Q	4
5	219 Fothergill, Allodi	JR Maryland-Eastern	49.50Q	1
6	78 Holmes, Donte	SO Delaware State	49.71Q	5
7	330 Moon, Tyrell	SO Norfolk State	49.72Q	7
8	48 Morgan, Carlinton	JR Coppin State	49.25q	3
9	286 Elliott, Jarrell	FR N. Carolina A&T	49.75	4
10	282 Bouttry, D'Mitri	FR N. Carolina A&T	49.78	1
11	321 Brickhouse, Darryl	FR Norfolk State	49.93	4
12	222 Jones-Burden, Paul	SO Maryland-Eastern	49.95	6
13	337 Speller, Thomas	FR Norfolk State	49.96	5
14	255 Higgs, Jordan	FR Morgan State	50.22	4
15	368 Rackins, Kenneth	SR South Carolina St.	50.24	5
16	117 Suber, Stanley	SR Florida A&M	50.34	1
17	21 Keeling, Marcell	JR Bethune-Cookman	50.51	1
18	75 Duncan, Derrhyl	SO Delaware State	50.66	5
19	158 Taylor, Ander	FR Hampton	50.69	7
20	215 Alexander, Corey	SO Maryland-Eastern	50.70	7
21	331 Nkrumah, Keith	FR Norfolk State	50.90	2
22	73 Clarke, Burton	SR Delaware State	50.96	3
23	74 Davis, Brycen	SO Delaware State	51.14	6
24	187 LaRoche, Mikael	JR Howard	51.27	6
25	223 Keane-Dawes, Thoma	SO Maryland-Eastern	51.28	2
26	53 Wilson, Jamie	JR Coppin State	51.38	6
27	15 Cosby, William	FR Bethune-Cookman	51.53	6
28	77 Harding, Alan	FR Delaware State	51.55	2
29	153 Mitchell, Carl	SR Hampton	51.57	5
30	112 Johnson, Alphonzo	SO Florida A&M	51.83	3
31	108 Carty, Rennie	FR Florida A&M	52.06	2
32	198 Williams, Kimery	SR Howard	52.20	7
33	259 Obiarinze, Jude	SO Morgan State	52.57	5
--	76 Easton, Andre	SR Delaware State	DNF	7
--	83 Reeves, Brandon	SR Delaware State	DNS	3

Event 8 Men 400 Meter Dash

=====

World:	*	44.57	3/12/2005	Kerron Clement, USA
American:	@	44.57	3/12/2005	Kerron Clement, Florida
NCAA Auto:	A	46.55		
NCAA Prov:	P	47.65		
MEAC Indoor:	\$	47.76	1998	Wilfred Pollard, FAMU
Collegiate:	^	44.57	3/12/2005	Kerron Clement, Florida
Name		Year	School	Finals H# Points

=====

Finals

1	23 Redhead, Joel	SR Bethune-Cookman	48.10	2	10
2	253 Bowen, Kevin	JR Morgan State	48.28	2	8
3	219 Fothergill, Allodi	JR Maryland-Eastern	48.91	1	6
4	182 Harrison, Christop	JR Howard	49.13	2	5
5	82 Murray, Leslie	FR Delaware State	49.25	2	4
6	78 Holmes, Donte	SO Delaware State	49.38	1	3
7	330 Moon, Tyrell	SO Norfolk State	49.66	1	2
8	48 Morgan, Carlinton	JR Coppin State	49.78	1	1

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****Event 9 Women 4x400 Meter Relay**

=====			
World: *	3:23.37	1/28/2006	Russia, RUS
American: @	3:27.59	3/7/1999	National Team, U.S.A. Hennagan, Collins, Feagin-Alexander, Porter
NCAA Auto: A	3:34.20		
NCAA Prov: P	3:41.20		
MEAC Indoor: \$	3:36.8h	1984	Delaware State, DSU
Collegiate: ^	3:27.66	3/15/2003	Texas, Texas Downer, McIntosh, Robinson, Richards
School			Finals H# Points
=====			
1 Hampton		3:46.08	2 10
1) 129 Harris, Margaret SO	2) 139 Vassell, Racquel SO		
3) 136 Richards, Petrice JR	4) 132 McCorory, Francena JR		
2 Morgan State		3:47.14	2 8
1) 243 Robinson, Jamia JR	2) 238 McCollum, Vivian JR		
3) 235 Johnson, Quawnecia JR	4) 236 Kendrick, Tanisha SO		
3 Maryland-Eastern Shore		3:49.08	1 6
1) 212 Whyte, Celia SR	2) 203 Hawkins, Monique FR		
3) 208 Lendor, Danai SO	4) 201 Anais, Cynthia FR		
4 Howard		3:49.13	2 5
1) 174 McNary, Lauren SR	2) 176 Stephens, Brittany JR		
3) 164 Buckley, Landria JR	4) 166 Hardy, Jami FR		
5 Norfolk State		3:51.98	1 4
1) 314 Pickett, Allyssa JR	2) 316 Sanford, Dania SO		
3) 310 Kirby, Wanetta SO	4) 300 Davenport, Portia JR		
6 Florida A&M		3:53.64	1 3
1) 105 Wright, Latoya SO	2) 89 Cunningham, LaKendra SR		
3) 95 Hulse, Jeanette FR	4) 93 Francis, Ann-Marie JR		
7 South Carolina St.		3:59.15	2 2
1) 357 Vance, Tempest JR	2) 348 Govirk, Elizabeth SR		
3) 344 Allen, Natalee SR	4) 349 Gracia, Monique FR		
8 Delaware State		4:01.68	1 1
1) 59 Fan Fan, Tracey FR	2) 70 Watkins, Britnee JR		
3) 64 Kelly, Ayanna FR	4) 62 Johnson, Kristen FR		
9 Coppin State		4:02.03	1 1
1) 33 Leigh, Samantha SO	2) 35 Stepney, Quantika FR		
3) 32 Lane, Brandi JR	4) 39 Wilkie, Tasha SO		
-- Bethune-Cookman		FS	2
1) 11 Wilbon, Lashodra FR	2) 6 Munroe, Dianne SR		
3) 5 Condell, Alexandria JR	4) 3 Bardge, Crystal SO		
-- N. Carolina A&T		DNS	2
1) 277 Spruiel, Alexanderia SR	2) 269 Gray, Christina SR		
3) 270 Hunt, Ruth FR	4) 266 Cadlett, Janee JR		

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****Event 10 Men 4x400 Meter Relay**

=====			
World: *	3:02.83	3/7/1999	United States, USA
American: @	3:01.96	2/11/2006	U.S.A., U.S.A. Clement, Spearmon, Williamson, Wariner
NCAA Auto: A	3:08.10		
NCAA Prov: P	3:12.00		
MEAC Indoor: \$	3:15.00	2008	Delaware State, DSU
Collegiate: ^	3:03.51	3/12/2005	Florida, Florida Clark, Middleton, Pastor, Clement
School		Finals	H# Points
=====			
1 Maryland-Eastern Shore		3:16.52	2 10
1) 223 Keane-Dawes, Thomas SO	2) 219 Fothergill, Allodin JR		
3) 220 Gauntlett, Akheem FR	4) 222 Jones-Burden, Paul SO		
2 Morgan State		3:18.72	1 8
1) 255 Higgs, Jordan FR	2) 264 Whyte, Carbinere JR		
3) 261 Richardson, Isaac SO	4) 253 Bowen, Kevin JR		
3 Bethune-Cookman		3:19.07	2 6
1) 16 Cray, Eric SO	2) 23 Redhead, Joel SR		
3) 18 Horton, Robert FR	4) 21 Keeling, Marcell JR		
4 Coppin State		3:19.12	2 5
1) 52 Whittingham, Winston JR	2) 48 Morgan, Carlinton JR		
3) 53 Wilson, Jamie JR	4) 40 Archer, Jansen SR		
5 Howard		3:19.72	1 4
1) 182 Harrison, Christopher JR	2) 199 Williams, Richard JR		
3) 186 Kinney, Daniel SR	4) 196 Spivey, Lavernon SR		
6 Florida A&M		3:19.89	1 3
1) 122 Williams, Mark FR	2) 112 Johnson, Alphonzo SO		
3) 113 Lee, Daquam SO	4) 117 Suber, Stanley SR		
7 Norfolk State		3:20.34	2 2
1) 330 Moon, Tyrell SO	2) 337 Speller, Thomas FR		
3) 321 Brickhouse, Darryl FR	4) 331 Nkrumah, Keith FR		
8 N. Carolina A&T		3:20.88	2 1
1) 288 Jordan, Akinwole SO	2) 282 Bouttry, D'Mitri FR		
3) 286 Elliott, Jarrell FR	4) 284 Burnette, Rashad SR		
9 South Carolina St.		3:31.71	1 1
1) 368 Rackins, Kenneth SR	2) 372 Williams, Marvin JR		
3) 369 Stephens, Marcus FR	4) 358 Axson, Dashan SO		
-- Delaware State		DNF	2
1) 82 Murray, Leslie FR	2) 80 Moore, Larrone JR		
3) 78 Holmes, Donte SO	4) 79 Laws, Alan SO		
-- Hampton		DQ	1 Impeding Runner
1) 153 Mitchell, Carl SR	2) 152 Lynch, Brandon SR		
3) 158 Taylor, Ander FR	4) 144 Cross, Yaphet SR		

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****Event 11 Women 800 Meter Run**

=====						
World:	*	1:55.82	3/3/2002	Jolanda Ceplak,	SLO	
American:	@	1:58.71	3/2/2002	Nicole Teter,	Nike Farm Team	
NCAA Auto:	A	2:05.40				
NCAA Prov:	P	2:09.40				
MEAC Indoor:	\$	2:10.57	2007	Merrecia James,	UMES	
Collegiate:	^	2:00.75	2/27/2005	Nicole Cook,	Tennessee	
Name	Year	School		Finals	H#	Points
=====						
1	206	James, Merrecia	SR Maryland-Eastern	2:15.31	5	10
2	5	Condell, Alexandri	JR Bethune-Cookman	2:15.75	4	8
3	298	Chichester, Jennif	SO Norfolk State	2:15.77	5	6
4	212	Whyte, Celia	SR Maryland-Eastern	2:15.87	5	5
5	201	Anais, Cynthia	FR Maryland-Eastern	2:16.24	5	4
6	166	Hardy, Jami	FR Howard	2:16.63	5	3
7	207	Jones, Eunice	FR Maryland-Eastern	2:17.08	4	2
8	167	Hodges, Ashley	SO Howard	2:17.62	5	1
9	238	McCollum, Vivian	JR Morgan State	2:18.69	4	
10	96	Listhrop, Nichola	SO Florida A&M	2:18.89	4	
11	135	Morris, Janean	JR Hampton	2:20.97	4	
12	247	Vargas, Adrianna	SR Morgan State	2:22.83	1	
13	35	Stepney, Quantika	FR Coppin State	2:23.18	4	
14	128	Flood, Starema	SR Hampton	2:23.51	3	
15	31	Kelly, Juashanna	FR Coppin State	2:25.21	3	
16	356	Stewart, Brittney	FR South Carolina St.	2:25.68	2	
17	27	Duncan, Latasha	FR Coppin State	2:25.89	3	
18	266	Cadlett, Janee	JR N. Carolina A&T	2:26.64	3	
19	63	Jones, Alisha	FR Delaware State	2:27.00	1	
20	102	Shields, Helena	FR Florida A&M	2:27.44	2	
21	345	Daniley, Patrecia	FR South Carolina St.	2:27.65	2	
22	351	Lawson, Lauren	SR South Carolina St.	2:29.69	3	
23	239	Oliver, Tyshia	FR Morgan State	2:30.07	2	
24	303	Gee, Syeeda	FR Norfolk State	2:30.75	1	
25	87	Ambroise, Panancy	FR Florida A&M	2:38.41	2	
26	178	Woodruff, Amelia	FR Howard	2:52.92	2	
--	70	Watkins, Britnee	JR Delaware State	DNF	3	

Event 12 Men 800 Meter Run

=====						
World:	*	1:42.67	3/9/1997	Wilson Kipketer,	DEN	
American:	@	1:45.00	3/8/1992	Johnny Gray,	S. Monica T.C.	
NCAA Auto:	A	1:48.60				
NCAA Prov:	P	1:51.10				
MEAC Indoor:	\$	1:51.61	2005	Kevin Hicks,	FAMU	
Collegiate:	^	1:44.84	3/4/1989	Paul Ereng,	Virginia	
Name	Year	School		Finals	H#	Points
=====						
1	78	Holmes, Donte	SO Delaware State	1:51.59\$	4	10
2	86	Thibou, Kelli	FR Delaware State	1:53.36	4	8
3	328	Luka, Dominic	SR Norfolk State	1:53.52	4	6
4	45	Dunn, Dale	SO Coppin State	1:54.30	4	5
5	50	Smith, Kayon	JR Coppin State	1:54.44	4	4
6	199	Williams, Richard	JR Howard	1:54.55	3	3
7	40	Archer, Jansen	SR Coppin State	1:54.59	3	2
8	326	Harris, Keenan	SR Norfolk State	1:55.60	3	1

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Results****....Event 12 Men 800 Meter Run**

9	15	Cosby, William	FR	Bethune-Cookman	1:56.36	2
10	21	Keeling, Marcell	JR	Bethune-Cookman	1:56.61	3
11	44	Coleman, Julius	JR	Coppin State	1:56.69	4
12	284	Burnette, Rashad	SR	N. Carolina A&T	1:57.05	2
13	261	Richardson, Isaac	SO	Morgan State	1:57.47	3
14	196	Spivey, Lavernon	SR	Howard	1:57.64	2
15	143	Campbell, Lawrence	FR	Hampton	1:58.64	1
16	144	Cross, Yaphet	SR	Hampton	1:58.81	2
17	285	Cephas, Danzeto	FR	N. Carolina A&T	1:59.44	2
18	113	Lee, Daquam	SO	Florida A&M	1:59.46	3
19	294	Walters, Renaldo	SO	N. Carolina A&T	2:01.08	1
20	192	Price, Hamadi	FR	Howard	2:01.64	1
21	79	Laws, Alan	SO	Delaware State	2:02.51	2
22	155	Rainey, Cedric	FR	Hampton	2:11.49	1

Event 13 Women 1 Mile Run

=====						
	World:	*	4:17.14	2/9/1990	Doina Melinte, ROM	
	American:	@	4:20.1h	2/19/1982	Mary Slaney, Athletics West	
	NCAA Auto:	A	4:38.60			
	NCAA Prov:	P	4:48.60			
	MEAC Indoor:	\$	5:05.36	2004	Eboni White, HAMP	
	Collegiate:	^	4:28.31	2/5/1988	Vicky Huber, Villanova	
	Name		Year	School	Finals	Points
=====						
1	206	James, Merrecia	SR	Maryland-Eastern	5:00.44\$	10
2	134	Medlin, Krystle	SR	Hampton	5:00.62\$	8
3	298	Chichester, Jennif	SO	Norfolk State	5:05.95	6
4	167	Hodges, Ashley	SO	Howard	5:09.76	5
5	212	Whyte, Celia	SR	Maryland-Eastern	5:14.72	4
6	5	Condell, Alexandri	JR	Bethune-Cookman	5:16.19	3
7	166	Hardy, Jami	FR	Howard	5:18.26	2
8	210	Thomas, Tamica	JR	Maryland-Eastern	5:19.79	1
9	356	Stewart, Brittney	FR	South Carolina St.	5:20.69	
10	96	Listhrop, Nichola	SO	Florida A&M	5:23.12	
11	36	Tanui, Naomi	SR	Coppin State	5:23.85	
12	130	Jones, Kenya	JR	Hampton	5:24.02	
13	307	Hutto, Jamia	FR	Norfolk State	5:25.45	
14	67	Ross, Mallory	SR	Delaware State	5:26.48	
15	238	McCollum, Vivian	JR	Morgan State	5:31.47	
16	137	Smith, Jahlisa	SO	Hampton	5:33.68	
17	247	Vargas, Adrianna	SR	Morgan State	5:34.12	
18	311	Miles, Tia	JR	Norfolk State	5:34.90	
19	31	Kelly, Juashanna	FR	Coppin State	5:38.41	
20	27	Duncan, Latasha	FR	Coppin State	5:47.84	
21	100	Ransom, Kelle	SO	Florida A&M	5:53.65	
22	91	Desir, Jennie	FR	Florida A&M	5:57.71	
23	237	LaForce, Trisha	SR	Morgan State	6:05.40	

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****Event 14 Men 1 Mile Run**

=====				
World:	*	3:48.45	2/12/1997	Hicham El Guerrouj, MAR
American:	@	3:49.89	2/11/2005	Bernard Lagat, Nike
NCAA Auto:	A	4:00.30		
NCAA Prov:	P	4:04.80		
MEAC Indoor:	\$	4:13.65	2002	Nickie Peters, CSU
Collegiate:	^	3:55.0h	2/17/1974	Tony Waldrop, North Carolina
Name		Year	School	Finals Points
=====				
1	151	Kamani, David	JR Hampton	4:21.77 10
2	338	Tessema, Josef	SO Norfolk State	4:21.86 8
3	194	Sanders, Thurman	JR Howard	4:22.26 6
4	257	Mesta, Nathan	FR Morgan State	4:24.18 5
5	159	Thompson, Bruce	FR Hampton	4:25.92 4
6	328	Luka, Dominic	SR Norfolk State	4:26.03 3
7	326	Harris, Keenan	SR Norfolk State	4:26.62 2
8	228	Sang, Peter	JR Maryland-Eastern	4:30.69 1
9	254	David, Justus	FR Morgan State	4:30.77
10	189	Nelson, Rashard	JR Howard	4:31.40
11	45	Dunn, Dale	SO Coppin State	4:32.70
12	110	Franklin, Carlos	JR Florida A&M	4:32.94
13	261	Richardson, Isaac	SO Morgan State	4:33.51
14	44	Coleman, Julius	JR Coppin State	4:34.23
15	180	Franklin, Jerod	SO Howard	4:39.17
16	86	Thibou, Kelli	FR Delaware State	4:42.29
17	225	Kirongo, Solomon	SR Maryland-Eastern	4:47.16
--	50	Smith, Kayon	JR Coppin State	DNS

Event 15 Women 3000 Meter Run

=====				
World:	*	8:23.72	2/3/2007	Meseret Defar, ETH
American:	@	8:33.25	1/27/2007	Shalane Flanagan, Nike
NCAA Auto:	A	9:15.80		
NCAA Prov:	P	9:34.80		
MEAC Indoor:	\$	10:11.76	2002	Agatha Gitudndu, NSU
Collegiate:	^	8:49.18	3/13/2004	Kim Smith, Providence
Name		Year	School	Finals Points
=====				
1	134	Medlin, Krystle	SR Hampton	10:16.93 10
2	206	James, Merrecia	SR Maryland-Eastern	10:20.76 8
3	167	Hodges, Ashley	SO Howard	10:35.06 6
4	298	Chichester, Jennif	SO Norfolk State	10:44.79 5
5	356	Stewart, Brittney	FR South Carolina St.	10:47.67 4
6	210	Thomas, Tamica	JR Maryland-Eastern	10:50.36 3
7	207	Jones, Eunice	FR Maryland-Eastern	10:52.57 2
8	36	Tanui, Naomi	SR Coppin State	10:53.32 1
9	125	Branch, Jasmin	SO Hampton	11:00.51
10	307	Hutto, Jamia	FR Norfolk State	11:06.06
11	311	Miles, Tia	JR Norfolk State	11:06.21
12	67	Ross, Mallory	SR Delaware State	11:17.28
13	31	Kelly, Juashanna	FR Coppin State	11:35.98
14	27	Duncan, Latasha	FR Coppin State	11:36.20
15	137	Smith, Jahlisa	SO Hampton	11:45.60
16	91	Desir, Jennie	FR Florida A&M	12:03.94
17	100	Ransom, Kelle	SO Florida A&M	12:05.54

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18	237 LaForce, Trisha	SR Morgan State	12:11.03
19	242 Richardson, Shalee	SR Morgan State	12:42.66
--	96 Listhrop, Nichola	SO Florida A&M	DNF

Event 16 Men 5000 Meter Run

=====				
MEAC Indoor: \$ 14:33.96		2006	David Kemboi, NSU	
Name	Year	School	Finals	Points
=====				
1	254 David, Justus	FR Morgan State	14:43.34	10
2	151 Kamani, David	JR Hampton	14:44.29	8
3	224 Kiprotich, Amon	SO Maryland-Eastern	15:19.47	6
4	228 Sang, Peter	JR Maryland-Eastern	15:24.76	5
5	334 Rono, Vincent	FR Norfolk State	15:24.82	4
6	123 Winters, Shuaib	FR Florida A&M	15:34.34	3
7	336 Simo, Jonathan	JR Norfolk State	15:36.96	2
8	154 Nero, Sandino	JR Hampton	15:50.99	1
9	338 Tessema, Josef	SO Norfolk State	16:11.11	
10	225 Kirongo, Solomon	SR Maryland-Eastern	17:02.91	
--	365 Gould, Mason	FR South Carolina St.	DNF	
--	367 Kurgatt, Charles	FR South Carolina St.	DNF	

Event 17 Men 3000 Meter Run

=====				
World: * 7:24.90		2/6/1998	Daniel Komen, KEN	
American: @ 7:32.43		2/17/2007	Bernard Lagat, Nike	
NCAA Auto: A 7:55.80				
NCAA Prov: P 8:06.30				
MEAC Indoor: \$ 8:59.8h		1992	Courtney Bennett, CSU	
Collegiate: ^ 7:38.59		2/14/2004	Allistair Cragg, Arkansas	
Name	Year	School	Finals	Points
=====				
1	328 Luka, Dominic	SR Norfolk State	8:53.01\$	10
2	151 Kamani, David	JR Hampton	8:53.10\$	8
3	224 Kiprotich, Amon	SO Maryland-Eastern	8:54.50\$	6
4	338 Tessema, Josef	SO Norfolk State	8:55.48\$	5
5	254 David, Justus	FR Morgan State	8:56.27\$	4
6	228 Sang, Peter	JR Maryland-Eastern	8:58.74\$	3
7	334 Rono, Vincent	FR Norfolk State	9:03.86	2
8	194 Sanders, Thurman	JR Howard	9:05.45	1
9	154 Nero, Sandino	JR Hampton	9:06.49	
10	226 Maritim, Shadrack	FR Maryland-Eastern	9:06.73	
11	123 Winters, Shuaib	FR Florida A&M	9:09.68	
12	257 Mesta, Nathan	FR Morgan State	9:13.13	
13	110 Franklin, Carlos	JR Florida A&M	9:14.15	
14	367 Kurgatt, Charles	FR South Carolina St.	10:19.25	
15	365 Gould, Mason	FR South Carolina St.	10:31.28	
--	181 Galllion, Michael	SO Howard	DNS	
--	86 Thibou, Kelli	FR Delaware State	DNS	

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Results****Event 18 Women Indoor Pentathlon**

MEAC Indoor: \$ 3616 2007 Natoya Baird, CSU					
Name	Year	School	Finals	Points	
1	357	Vance, Tempest	JR South Carolina St.	3630\$	10
2	25	Baird, Natoya	SR Coppin State	3547	8
3	301	Faulkner, Victoria	SR Norfolk State	3394	6
4	308	Jenkins, Tanisha	SO Norfolk State	3384	5
5	127	Calder, Claudia	FR Hampton	3347	4
6	310	Kirby, Wanetta	SO Norfolk State	3297	3
7	248	Williams, RoKesha	JR Morgan State	3218	2
8	62	Johnson, Kristen	FR Delaware State	3180	1
9	68	Sewell, Nykesha	SO Delaware State	3088	
10	8	Sanders, Ryan	JR Bethune-Cookman	2978	
11	350	Jefferson, Brandi	SO South Carolina St.	2941	
12	240	Ramsey, Keva	JR Morgan State	2883	
13	126	Briggs, Deshana	FR Hampton	2843	
14	94	Holiday, Kierra	JR Florida A&M	2746	
15	29	Hall, Deondrea	JR Coppin State	2680	
16	28	Glenn, Trave	FR Coppin State	2555	
17	346	Foster, Kristi	SR South Carolina St.	2296	
18	98	Morrow, Tiffany	SO Florida A&M	2054	

Event 18 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1	301	Faulkner, Victoria	SR Norfolk State	8.76	3 961
2	25	Baird, Natoya	SR Coppin State	8.89	1 933
3	310	Kirby, Wanetta	SO Norfolk State	8.93	1 925
4	248	Williams, RoKesha	JR Morgan State	8.96	3 918
5	357	Vance, Tempest	JR South Carolina St.	9.04	2 902
6	94	Holiday, Kierra	JR Florida A&M	9.08	2 893
7	350	Jefferson, Brandi	SO South Carolina St.	9.22	2 865
8	308	Jenkins, Tanisha	SO Norfolk State	9.27	1 854
9	8	Sanders, Ryan	JR Bethune-Cookman	9.30	2 848
10	127	Calder, Claudia	FR Hampton	9.52	3 804
11	29	Hall, Deondrea	JR Coppin State	9.53	2 802
12	62	Johnson, Kristen	FR Delaware State	9.62	3 785
13	240	Ramsey, Keva	JR Morgan State	10.07	2 699
14	126	Briggs, Deshana	FR Hampton	10.08	1 697
15	68	Sewell, Nykesha	SO Delaware State	10.10	3 693
16	28	Glenn, Trave	FR Coppin State	10.35	3 648
17	346	Foster, Kristi	SR South Carolina St.	11.00	2 537
18	98	Morrow, Tiffany	SO Florida A&M	11.08	1 523

Event 18 Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1	25	Baird, Natoya	SR Coppin State	1.73m 5-08.00 891
2	68	Sewell, Nykesha	SO Delaware State	1.69m 5-06.50 842
3	127	Calder, Claudia	FR Hampton	1.67m 5-05.75 818
4	62	Johnson, Kristen	FR Delaware State	1.64m 5-04.50 783
5	126	Briggs, Deshana	FR Hampton	1.61m 5-03.25 747

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6	310 Kirby, Wanetta	SO Norfolk State	1.57m	5-01.75	701
7	308 Jenkins, Tanisha	SO Norfolk State	1.55m	5-01.00	678
8	357 Vance, Tempest	JR South Carolina St.	1.54m	5-00.50	666
9	240 Ramsey, Keva	JR Morgan State	1.52m	4-11.75	644
10	8 Sanders, Ryan	JR Bethune-Cookman	1.51m	4-11.50	632
11	248 Williams, RoKasha	JR Morgan State	1.49m	4-10.50	610
12	98 Morrow, Tiffany	SO Florida A&M	1.48m	4-10.25	599
12	94 Holiday, Kierra	JR Florida A&M	1.48m	4-10.25	599
12	301 Faulkner, Victoria	SR Norfolk State	1.48m	4-10.25	599
15	29 Hall, Deondrea	JR Coppin State	1.39m	4-06.75	502
15	350 Jefferson, Brandi	SO South Carolina St.	1.39m	4-06.75	502
17	346 Foster, Kristi	SR South Carolina St.	1.36m	4-05.50	470
17	28 Glenn, Trave	FR Coppin State	1.36m	4-05.50	470

Event 18 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	Points
1	301 Faulkner, Victoria	SR Norfolk State	12.06m 39-07.00 665
	11.92m 12.06m 11.63m		
2	308 Jenkins, Tanisha	SO Norfolk State	10.25m 33-07.50 546
	9.84m FOUL 10.25m		
3	25 Baird, Natoya	SR Coppin State	10.14m 33-03.25 539
	10.14m 9.51m 10.01m		
4	248 Williams, RoKasha	JR Morgan State	10.08m 33-01.00 535
	10.08m 9.71m 9.05m		
5	357 Vance, Tempest	JR South Carolina St.	9.64m 31-07.50 506
	9.64m 9.29m 7.81m		
6	8 Sanders, Ryan	JR Bethune-Cookman	9.00m 29-06.50 464
	9.00m 8.43m 8.29m		
7	94 Holiday, Kierra	JR Florida A&M	8.80m 28-10.50 451
	8.75m 8.80m 8.03m		
8	29 Hall, Deondrea	JR Coppin State	8.77m 28-09.25 449
	7.71m 8.18m 8.77m		
9	127 Calder, Claudia	FR Hampton	8.74m 28-08.25 447
	7.21m 8.74m 7.96m		
10	240 Ramsey, Keva	JR Morgan State	8.73m 28-07.75 447
	8.73m 7.94m 8.37m		
11	350 Jefferson, Brandi	SO South Carolina St.	8.61m 28-03.00 439
	FOUL 8.61m 8.17m		
12	310 Kirby, Wanetta	SO Norfolk State	8.53m 28-00.00 434
	6.72m 8.53m 7.84m		
13	126 Briggs, Deshana	FR Hampton	8.42m 27-07.50 427
	8.31m 7.89m 8.42m		
14	62 Johnson, Kristen	FR Delaware State	7.72m 25-04.00 381
	7.44m 7.72m 7.30m		
14	98 Morrow, Tiffany	SO Florida A&M	7.72m 25-04.00 381
	7.00m 7.72m 6.80m		
16	346 Foster, Kristi	SR South Carolina St.	7.63m 25-00.50 375
	7.31m 7.63m 6.05m		
17	28 Glenn, Trave	FR Coppin State	7.41m 24-03.75 361
	FOUL 7.41m FOUL		
18	68 Sewell, Nykesha	SO Delaware State	7.37m 24-02.25 359
	7.37m 6.90m 6.91m		

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Results****Event 18 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name	Year	School	Finals	Points
1 357 Vance, Tempest FOUL 5.67m 5.38m	JR	South Carolina St.	5.67m 18-07.25	750
2 308 Jenkins, Tanisha 5.41m 5.59m FOUL	SO	Norfolk State	5.59m 18-04.25	726
3 310 Kirby, Wanetta 5.30m 5.32m 5.41m	SO	Norfolk State	5.41m 17-09.00	674
4 25 Baird, Natoya 5.35m 5.34m 5.36m	SR	Coppin State	5.36m 17-07.00	660
5 301 Faulkner, Victoria 5.34m 5.19m 5.19m	SR	Norfolk State	5.34m 17-06.25	654
6 127 Calder, Claudia FOUL 5.16m 4.63m	FR	Hampton	5.16m 16-11.25	603
7 248 Williams, RoKesha 5.11m 5.13m FOUL	JR	Morgan State	5.13m 16-10.00	595
8 8 Sanders, Ryan 5.04m 5.03m 5.07m	JR	Bethune-Cookman	5.07m 16-07.75	578
9 62 Johnson, Kristen 5.06m 5.02m 5.04m	FR	Delaware State	5.06m 16-07.25	576
10 68 Sewell, Nykesha 4.82m 4.87m 5.02m	SO	Delaware State	5.02m 16-05.75	565
11 98 Morrow, Tiffany 4.53m 4.97m 4.52m	SO	Florida A&M	4.97m 16-03.75	551
12 350 Jefferson, Brandi 4.81m 4.70m 4.94m	SO	South Carolina St.	4.94m 16-02.50	543
13 28 Glenn, Trave 4.81m FOUL 4.76m	FR	Coppin State	4.81m 15-09.50	508
14 29 Hall, Deondrea 4.79m 4.56m 4.50m	JR	Coppin State	4.79m 15-08.75	503
15 240 Ramsey, Keva 4.76m 4.75m 3.75m	JR	Morgan State	4.76m 15-07.50	495
16 346 Foster, Kristi FOUL 4.67m 4.27m	SR	South Carolina St.	4.67m 15-04.00	472
17 94 Holiday, Kierra 4.65m 4.51m 4.42m	JR	Florida A&M	4.65m 15-03.25	466
18 126 Briggs, Deshana 4.44m 4.45m 4.55m	FR	Hampton	4.55m 14-11.25	441

Event 18 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1 357 Vance, Tempest	JR	South Carolina St.	2:21.30	2	806
2 127 Calder, Claudia	FR	Hampton	2:31.40	2	675
3 62 Johnson, Kristen	FR	Delaware State	2:33.10	2	655
4 68 Sewell, Nykesha	SO	Delaware State	2:35.19	1	629
5 240 Ramsey, Keva	JR	Morgan State	2:37.82	1	598
6 350 Jefferson, Brandi	SO	South Carolina St.	2:38.36	1	592
7 308 Jenkins, Tanisha	SO	Norfolk State	2:39.36	2	580
8 28 Glenn, Trave	FR	Coppin State	2:40.42	1	568
9 310 Kirby, Wanetta	SO	Norfolk State	2:40.88	2	563
10 248 Williams, RoKesha	JR	Morgan State	2:41.09	2	560
11 126 Briggs, Deshana	FR	Hampton	2:43.73	1	531

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Results****....Event 18 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

12	25 Baird, Natoya	SR Coppin State	2:44.35	2	524
13	301 Faulkner, Victoria	SR Norfolk State	2:45.17	2	515
14	8 Sanders, Ryan	JR Bethune-Cookman	2:50.71	2	456
15	346 Foster, Kristi	SR South Carolina St.	2:52.13	1	442
16	29 Hall, Deondrea	JR Coppin State	2:53.93	1	424
17	94 Holiday, Kierra	JR Florida A&M	3:03.14	1	337
--	98 Morrow, Tiffany	SO Florida A&M	DNF	1	

Event 19 Men Heptathlon

=====					
MEAC Indoor: \$ 5378 2008 Harold Rose, BCU					
Name	Year	School	Finals	Points	
=====					
1	263	Taylor-Watson, Dak	SR Morgan State	4893	10
2	145	Dixon, Damon	SO Hampton	4862	8
3	160	Veale, Lamar	JR Hampton	4580	6
4	335	Shelton, Darris	FR Norfolk State	4408	5
5	229	Strachan, Jamahl	SR Maryland-Eastern	4402	4
6	47	Miles, Brandon	SR Coppin State	4389	3
7	217	Dix, Jermol	FR Maryland-Eastern	4331	2
8	342	Whitties, Meredith	JR Norfolk State	4293	1
9	157	Stanback, Marcus	FR Hampton	4022	
10	363	Elmore, Mark	JR South Carolina St.	3590	
11	120	Washington, Philli	SO Florida A&M	3556	
12	360	Bolden, DeAngelo	SO South Carolina St.	3257	
13	358	Axson, Dashan	SO South Carolina St.	3059	

Event 19 Heptathlon: #1 Men 60 Meter Dash Heptathlon

=====					
Name	Year	School	Finals	H#	Points
=====					
1	150	Jones, Brandon	SR Hampton	6.82	1 947
2	263	Taylor-Watson, Dak	SR Morgan State	6.95	1 900
3	160	Veale, Lamar	JR Hampton	7.07	1 858
4	47	Miles, Brandon	SR Coppin State	7.08	2 854
5	335	Shelton, Darris	FR Norfolk State	7.12	1 840
6	145	Dixon, Damon	SO Hampton	7.14	2 833
7	217	Dix, Jermol	FR Maryland-Eastern	7.17	2 823
8	360	Bolden, DeAngelo	SO South Carolina St.	7.19	2 816
9	342	Whitties, Meredith	JR Norfolk State	7.33	2 769
10	51	Smith, Shane	SR Coppin State	7.37	1 755
11	157	Stanback, Marcus	FR Hampton	7.38	1 752
12	72	Brisco, Isaiah	FR Delaware State	7.39	1 749
13	229	Strachan, Jamahl	SR Maryland-Eastern	7.41	2 742
14	358	Axson, Dashan	SO South Carolina St.	7.44	1 732
15	363	Elmore, Mark	JR South Carolina St.	7.56	2 694
16	120	Washington, Philli	SO Florida A&M	7.64	2 668

Event 19 Heptathlon: #2 Men Long Jump Heptathlon

=====					
Name	Year	School	Finals	Points	
=====					
1	47	Miles, Brandon	SR Coppin State	6.78m	22-03.00 762
		6.63m 6.63m 6.78m			

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2	335 Shelton, Darris	FR Norfolk State	6.71m	22-00.25	746
	6.71m 6.64m 6.67m				
3	160 Veale, Lamar	JR Hampton	6.66m	21-10.25	734
	6.27m 6.66m FOUL				
3	150 Jones, Brandon	SR Hampton	6.66m	21-10.25	734
	FOUL 6.65m 6.66m				
5	263 Taylor-Watson, Dak	SR Morgan State	6.42m	21-00.75	679
	FOUL FOUL 6.42m				
6	145 Dixon, Damon	SO Hampton	6.41m	21-00.50	677
	6.36m FOUL 6.41m				
7	157 Stanback, Marcus	FR Hampton	6.32m	20-09.00	657
	FOUL 6.32m 6.05m				
8	217 Dix, Jermol	FR Maryland-Eastern	6.24m	20-05.75	639
	6.07m 6.20m 6.24m				
9	342 Whitties, Meredith	JR Norfolk State	6.02m	19-09.00	591
	6.02m 5.87m 5.75m				
10	229 Strachan, Jamahl	SR Maryland-Eastern	5.87m	19-03.25	559
	5.87m 5.67m 5.86m				
11	363 Elmore, Mark	JR South Carolina St.	5.74m	18-10.00	531
	FOUL 5.74m FOUL				
12	120 Washington, Philli	SO Florida A&M	5.64m	18-06.00	510
	5.33m 5.40m 5.64m				
13	72 Brisco, Isaiah	FR Delaware State	5.49m	18-00.25	479
	5.49m FOUL PASS				
14	51 Smith, Shane	SR Coppin State	5.34m	17-06.25	449
	5.34m 5.22m 4.46m				
15	360 Bolden, DeAngelo	SO South Carolina St.	5.01m	16-05.25	384
	4.00m 4.09m 5.01m				
16	358 Axson, Dashan	SO South Carolina St.	4.94m	16-02.50	371
	4.81m 4.94m 4.84m				

Event 19 Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals	Points
1 363 Elmore, Mark	JR South Carolina St.	12.22m	40-01.25 620
			11.99m 12.11m 12.22m
2 263 Taylor-Watson, Dak	SR Morgan State	10.56m	34-07.75 519
			10.56m FOUL FOUL
3 47 Miles, Brandon	SR Coppin State	10.40m	34-01.50 510
			10.37m 10.40m 9.85m
4 335 Shelton, Darris	FR Norfolk State	10.08m	33-01.00 490
			10.08m FOUL FOUL
5 217 Dix, Jermol	FR Maryland-Eastern	10.07m	33-00.50 490
			10.07m 9.02m 9.40m
6 229 Strachan, Jamahl	SR Maryland-Eastern	9.98m	32-09.00 484
			9.47m 9.98m 9.81m
7 145 Dixon, Damon	SO Hampton	9.91m	32-06.25 480
			9.91m 9.38m 9.55m
8 150 Jones, Brandon	SR Hampton	9.85m	32-03.75 477
			FOUL 9.44m 9.85m
9 342 Whitties, Meredith	JR Norfolk State	9.72m	31-10.75 469
			9.72m 9.64m 8.61m

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....Event 19 Heptathlon: #3 Men Shot Put Heptathlon

10	51 Smith, Shane	SR Coppin State	9.51m	31-02.50	456
	9.51m 9.14m 9.30m				
11	160 Veale, Lamar	JR Hampton	9.35m	30-08.25	447
	8.57m 8.96m 9.35m				
12	157 Stanback, Marcus	FR Hampton	9.18m	30-01.50	437
	9.18m 8.73m FOUL				
13	72 Brisco, Isaiah	FR Delaware State	8.65m	28-04.50	405
	FOUL FOUL 8.65m				
14	360 Bolden, DeAngelo	SO South Carolina St.	7.62m	25-00.00	344
	7.62m FOUL FOUL				
15	120 Washington, Philli	SO Florida A&M	7.24m	23-09.00	321
	7.20m 7.24m 7.07m				
16	358 Axson, Dashan	SO South Carolina St.	6.20m	20-04.25	260
	5.81m 5.96m 6.20m				

Event 19 Heptathlon: #4 Men High Jump Heptathlon

Name		Year School	Finals		Points
1	263 Taylor-Watson, Dak	SR Morgan State	2.01m	6-07.00	813
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95 1.98 2.01				
	P P P P P P P P P P P P O O O P O XXO XXX				
2	160 Veale, Lamar	JR Hampton	1.98m	6-06.00	785
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95 1.98 2.01				
	P P P P P P P P P O P O O O XO P XO O XXX				
3	229 Strachan, Jamahl	SR Maryland-Eastern	1.92m	6-03.50	731
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95				
	P P P P P P P P XO O XO P O O O XXO XXX				
4	335 Shelton, Darris	FR Norfolk State	1.89m	6-02.25	705
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92				
	P P P P P P O XO O O O O O O XXX				
4	145 Dixon, Damon	SO Hampton	1.89m	6-02.25	705
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92 1.95				
	P P P P P P P P P O P O O XO P XXX				
6	47 Miles, Brandon	SR Coppin State	1.83m	6-00.00	653
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86				
	P P P P P P P O P P XO P XXO XXX				
7	157 Stanback, Marcus	FR Hampton	1.77m	5-09.75	602
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80				
	P P P P P P O O XO XXO XXX				
8	72 Brisco, Isaiah	FR Delaware State	1.74m	5-08.50	577
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77				
	P P P P P P XO XO XO XXX				
9	360 Bolden, DeAngelo	SO South Carolina St.	1.71m	5-07.25	552
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74				
	XO O O O O XO XO O XXX				
9	51 Smith, Shane	SR Coppin State	1.71m	5-07.25	552
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74				
	P P O P P P P O O XXX				
11	342 Whitties, Meredith	JR Norfolk State	1.68m	5-06.00	528
	1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71				
	P P P P XO XO XXO XXX				

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11	120	Washington, Philli	SO Florida A&M	1.68m	5-06.00	528
		1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74				
		P P P P P O O P XXX				
13	363	Elmore, Mark	JR South Carolina St.	1.65m	5-05.00	504
		1.50 1.53 1.56 1.59 1.62 1.65 1.68				
		P O O O XO O XXX				
14	358	Axson, Dashan	SO South Carolina St.	1.62m	5-03.75	480
		1.50 1.53 1.56 1.59 1.62 1.65				
		P O O O XO XXX				
14	217	Dix, Jermol	FR Maryland-Eastern	1.62m	5-03.75	480
		1.50 1.53 1.56 1.59 1.62 1.65				
		P P P XO O XXX				
--	150	Jones, Brandon	SR Hampton	NH		
		1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71				
		P P P P P P P XXX				

Event 19 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year	School	Finals	H#	Points
1 342 Whitties, Meredith	JR	Norfolk State	8.34	1	898
2 145 Dixon, Damon	SO	Hampton	8.39	2	886
3 217 Dix, Jermol	FR	Maryland-Eastern	8.53	1	853
4 263 Taylor-Watson, Dak	SR	Morgan State	8.59	1	839
5 47 Miles, Brandon	SR	Coppin State	8.66	1	823
6 160 Veale, Lamar	JR	Hampton	8.74	2	804
7 120 Washington, Philli	SO	Florida A&M	9.03	1	739
8 335 Shelton, Darris	FR	Norfolk State	9.14	2	715
9 157 Stanback, Marcus	FR	Hampton	9.34	2	673
10 229 Strachan, Jamahl	SR	Maryland-Eastern	9.51	2	637
11 360 Bolden, DeAngelo	SO	South Carolina St.	10.18	1	508
12 358 Axson, Dashan	SO	South Carolina St.	11.21	1	336
13 363 Elmore, Mark	JR	South Carolina St.	11.57	1	284
-- 72 Brisco, Isaiah	FR	Delaware State	DNS	2	
-- 150 Jones, Brandon	SR	Hampton	DNS	2	
-- 51 Smith, Shane	SR	Coppin State	DNS	2	

Event 19 Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year	School	Finals	Points
1 145 Dixon, Damon	SO	Hampton	4.05m	13-03.50 631
1 229 Strachan, Jamahl	SR	Maryland-Eastern	4.05m	13-03.50 631
3 263 Taylor-Watson, Dak	SR	Morgan State	3.65m	11-11.75 522
4 335 Shelton, Darris	FR	Norfolk State	3.05m	10-00.00 369
4 160 Veale, Lamar	JR	Hampton	3.05m	10-00.00 369
6 157 Stanback, Marcus	FR	Hampton	2.95m	9-08.00 345
6 217 Dix, Jermol	FR	Maryland-Eastern	2.95m	9-08.00 345
6 342 Whitties, Meredith	JR	Norfolk State	2.95m	9-08.00 345
9 47 Miles, Brandon	SR	Coppin State	2.75m	9-00.25 298
10 363 Elmore, Mark	JR	South Carolina St.	2.65m	8-08.25 275
10 120 Washington, Philli	SO	Florida A&M	2.65m	8-08.25 275
12 358 Axson, Dashan	SO	South Carolina St.	2.45m	8-00.50 231
-- 360 Bolden, DeAngelo	SO	South Carolina St.	NH	

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....Event 19 Heptathlon: #6 Men Pole Vault Heptathlon

--	51	Smith, Shane	SR Coppin State	DNS
--	150	Jones, Brandon	SR Hampton	DNS
--	72	Brisco, Isaiah	FR Delaware State	DNS

Event 19 Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year	School	Finals	Points
1	217	Dix, Jermol	FR Maryland-Eastern	2:56.28 701
2	342	Whitties, Meredith	JR Norfolk State	2:57.09 693
3	363	Elmore, Mark	JR South Carolina St.	2:58.19 682
4	360	Bolden, DeAngelo	SO South Carolina St.	3:01.20 653
5	145	Dixon, Damon	SO Hampton	3:01.41 650
6	358	Axson, Dashan	SO South Carolina St.	3:01.53 649
7	263	Taylor-Watson, Dak	SR Morgan State	3:04.46 621
8	229	Strachan, Jamahl	SR Maryland-Eastern	3:04.78 618
9	160	Veale, Lamar	JR Hampton	3:08.49 583
10	157	Stanback, Marcus	FR Hampton	3:11.55 556
11	335	Shelton, Darris	FR Norfolk State	3:12.94 543
12	120	Washington, Philli	SO Florida A&M	3:16.06 515
13	47	Miles, Brandon	SR Coppin State	3:19.17 489
--	51	Smith, Shane	SR Coppin State	DNS
--	72	Brisco, Isaiah	FR Delaware State	DNS
--	150	Jones, Brandon	SR Hampton	DNS

Event 20 Women High Jump

World:	*	2.08m	2/4/2006	Kajsa Bergqvist, SWE
American:	@	2.01m	2/28/1998	Tisha Waller, unattached
NCAA Auto:	A	1.85m		
NCAA Prov:	P	1.78m		
MEAC Indoor:	\$	1.78m	2005	Yvette Lewis, HAMP
Collegiate:	^	1.97m	2/21/1987	Ramos/Acuff/ Aldrich/ Gyoffy, Stan/UCLA/ TX/ H

Name	Year	School	Finals	Points
1	25	Baird, Natoya	SR Coppin State	1.75m 5-08.75 10
				1.50 1.55 1.60 1.65 1.70 1.75 1.80
				P O O XO XO XXO XXX
2	127	Calder, Claudia	FR Hampton	1.70m 5-07.00 8
				1.50 1.55 1.60 1.65 1.70 1.75
				P P O XO O XXX
3	126	Briggs, Deshana	FR Hampton	1.70m 5-07.00 6
				1.50 1.55 1.60 1.65 1.70 1.75
				P P O XXO O XXX
4	296	Artis, Jonee	JR Norfolk State	1.65m 5-05.00 4.50
				1.50 1.55 1.60 1.65 1.70
				P O O O XXX
4	312	Mitchell, She'Anna	SO Norfolk State	1.65m 5-05.00 4.50
				1.50 1.55 1.60 1.65 1.70
				P O O O XXX
6	99	Pilliner, Suelyn	JR Florida A&M	1.60m 5-03.00 3
				1.50 1.55 1.60 1.65
				P O XO XXX

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009

Indoor Track & Field Championships

Prince George S&L Complex: Landover, MD

Results

....Event 20 Women High Jump

7	173	McKee, Alexandria	FR Howard	1.60m	5-03.00	2
		1.50 1.55 1.60 1.65				
		O O O XXX				
8	318	Vaughn, Shanlynn	JR Norfolk State	1.60m	5-03.00	1
		1.50 1.55 1.60 1.65				
		P XXO XO XXX				
9	265	Breeden, Amanda	SO N. Carolina A&T	1.55m	5-01.00	
		1.50 1.55 1.60				
		O O XXX				
9	62	Johnson, Kristen	FR Delaware State	1.55m	5-01.00	
		1.50 1.55 1.60				
		O O XXX				
11	308	Jenkins, Tanisha	SO Norfolk State	1.55m	5-01.00	
		1.50 1.55 1.60				
		XO XO XXX				
12	58	Dillard, Christen	SR Delaware State	1.55m	5-01.00	
		1.50 1.55				
		O XXO				
13	94	Holiday, Kierra	JR Florida A&M	1.50m	4-11.00	
		1.50 1.55				
		XO XXX				
--	29	Hall, Deondrea	JR Coppin State	NH		
		1.50				
		XXX				
--	271	Issacs, Khadeen	FR N. Carolina A&T	NH		
		1.50 1.55 1.60				
		P P XXX				
--	346	Foster, Kristi	SR South Carolina St.	NH		
		1.50				
		XXX				
--	240	Ramsey, Keva	JR Morgan State	NH		
		1.50				
		XXX				
--	170	Jenkins, Krystal	SO Howard	DNS		
--	38	Weekly, Salena	FR Coppin State	DNS		

Event 21 Men High Jump

=====						
	World:	*	2.43m	3/4/1989	Javier Sotomayor, CUB	
	American:	@	2.40m	3/10/1991	Hollis Conway, Nike International	
	NCAA Auto:	A	2.24m			
	NCAA Prov:	P	2.14m			
	MEAC Indoor:	\$	2.20m	2008	Marlon Woods, NSU	
	Collegiate:	^	2.37m	3/11/1989	Hollis Conway, LA. Lafayette	
	Name			Year School	Finals	Points
=====						
1	343	Woods, Marlon		JR Norfolk State	2.10m	6-10.75 10
		1.80 1.85 1.90 1.95 2.00 2.05 2.10 2.15				
		P P P P XO XO XO XXX				
2	252	Blocker, James		JR Morgan State	2.05m	6-08.75 8
		1.80 1.85 1.90 1.95 2.00 2.05 2.10 2.15				
		P P P P P O P XXX				

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD
Results****....Event 21 Men High Jump**

3	227	Moore, James	JR Maryland-Eastern	2.05m	6-08.75	6
	1.80	1.85	1.90	1.95	2.00	2.05 2.10
	P	P	P	O	XXO	XO XXX
4	293	Smith, Gordon	SR N. Carolina A&T	2.05m	6-08.75	5
	1.80	1.85	1.90	1.95	2.00	2.05 2.10
	P	P	P	O	O	XXO XXX
5	325	Hall, Raphael	JR Norfolk State	2.00m	6-06.75	4
	1.80	1.85	1.90	1.95	2.00	2.05
	P	P	P	P	XO	XXX
6	114	McCloud, Antwonne	FR Florida A&M	2.00m	6-06.75	3
	1.80	1.85	1.90	1.95	2.00	2.05
	P	P	P	XO	XO	XXX
7	366	Knight, Levar	JR South Carolina St.	2.00m	6-06.75	2
	1.80	1.85	1.90	1.95	2.00	2.05
	P	P	XO	XO	XO	XXX
8	84	Sivels, Darius	FR Delaware State	1.90m	6-02.75	1
	1.80	1.85	1.90	1.95		
	O	O	XO	XXX		
9	111	Hill, Anthony	FR Florida A&M	1.90m	6-02.75	
	1.80	1.85	1.90	1.95		
	P	P	XXO	XXX		
10	160	Veale, Lamar	JR Hampton	1.85m	6-00.75	
	1.80	1.85	1.90	1.95	2.00	
	P	O	P	P	XXX	
10	145	Dixon, Damon	SO Hampton	1.85m	6-00.75	
	1.80	1.85	1.90	1.95	2.00	
	P	O	P	P	XXX	
12	229	Strachan, Jamahl	SR Maryland-Eastern	1.85m	6-00.75	
	1.80	1.85	1.90			
	P	O	XXX			
13	193	Rosa, Benjamin	FR Howard	1.85m	6-00.75	
	1.80	1.85	1.90			
	O	XXO	XXX			
14	185	Holland, Vaughn	FR Howard	1.80m	5-10.75	
	1.80	1.85				
	XO	XXX				
--	118	Turner, Bryan	SO Florida A&M		NH	
	1.80	1.85	1.90	1.95	2.00	
	P	P	P	P	XXX	

Event 22 Women Pole Vault

=====						
	World:	*	4.95m	2/16/2008	Yelena Isinbaeva, RUS	
	American:	@	4.81m	3/7/2004	Stacy Dragila, Nike	
	NCAA Auto:	A	4.20m			
	NCAA Prov:	P	3.95m			
	MEAC Indoor:	\$	3.24m	2007	Carolyn Lewis, HAMP	
	Collegiate:	^	4.53m	2/8/2002	Amy Linnen, Arizona	
	Name		Year	School	Finals	Points
=====						
1	319	Wright, Katie	FR	Norfolk State	3.36m\$	11-00.25 10
	2.21	2.36	2.51	2.66	2.81	2.96 3.11 3.23 3.36 3.43
	P	P	O	O	O	O O XXO XXX

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009

**Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD
Results**

....Event 22 Women Pole Vault

2	317 Shoates, Candace	JR Norfolk State	2.81m	9-02.50	8
	2.21 2.36 2.51 2.66 2.81 2.96				
	O O O XXO O XXX				
3	315 Sanders, Andrea	FR Norfolk State	2.66m	8-08.75	6
	2.21 2.36 2.51 2.66 2.81				
	O XO O XXO XXX				
4	309 Joseph, Ashleigh	SO Norfolk State	2.51m	8-02.75	5
	2.21 2.36 2.51 2.66				
	O XO O XXX				
5	30 Jarvis, Crystal	SO Coppin State	2.21m	7-03.00	4
	2.21 2.36				
	XO XXX				
6	242 Richardson, Shalee	SR Morgan State	2.21m	7-03.00	3
	2.21 2.36				
	XXO XXX				
--	26 Barnes, Samantha	SO Coppin State	NH		
	2.21				
	XXX				
--	66 McGroary, Victory	SO Delaware State	NH		
	2.21				
	XXX				
--	202 Berry, Alexander	FR Maryland-Eastern	NH		
	2.21				
	XXX				
--	104 Suer, Antionette	SR Florida A&M	NH		
	2.21				
	XXX				
--	90 Davis, Ashante	SO Florida A&M	NH		
	2.21				
	XXX				

Event 23 Men Pole Vault

=====

World:	*	6.15m	2/21/1993	Sergey Bubka, UKR
American:	@	5.96m	3/3/2001	Lawrence Johnson, adidas
NCAA Auto:	A	5.50m		
NCAA Prov:	P	5.20m		
MEAC Indoor:	\$	4.75m	1988	Brent Vanderpool, DSU
Collegiate:	^	5.85m	3/6/1999	Jacob Davis, Texas

=====

Name	Year	School	Finals	Points
1	51	Smith, Shane	SR Coppin State	5.00m\$ 16-04.75 10
		3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40 4.55 4.70 5.00 5.20		
		P P P P P P P P P P O O XO XXX		
2	323	Dodd, Brett	JR Norfolk State	4.55m 14-11.00 8
		3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40 4.55 4.70		
		P P P P P P P O O O O XXX		
3	229	Strachan, Jamahl	SR Maryland-Eastern	4.10m 13-05.25 6
		3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25		
		O O O P XXO XO O XXX		
4	121	White, Mike	JR Florida A&M	4.10m 13-05.25 5
		3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25		
		P P P P P O XO XXX		

=====

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD
Results****....Event 23 Men Pole Vault**

5	71	Agan, Ryan	SO Delaware State	4.10m	13-05.25	4
	3.20	3.35	3.50	3.65	3.80	3.95 4.10 4.25
	P	P	P	P	O	XO XXO XXX
6	145	Dixon, Damon	SO Hampton	3.80m	12-05.50	3
	3.20	3.35	3.50	3.65	3.80	3.95
	O	P	P	O	O	XXX
7	332	Owens, Ryan	SO Norfolk State	3.65m	11-11.75	2
	3.20	3.35	3.50	3.65	3.80	
	P	O	O	XO	XXX	
--	160	Veale, Lamar	JR Hampton		NH	
	3.20					
	XXX					
--	217	Dix, Jermol	FR Maryland-Eastern		NH	
	3.20					
	XXX					

Event 24 Women Long Jump

=====						
	World:	*	7.37m	2/13/1988	Heike Drechsler, GDR	
	American:	@	7.13m	3/5/1994	Jackie Joyner- Kersee, Honda	
	NCAA Auto:	A	6.35m			
	NCAA Prov:	P	6.10m			
	MEAC Indoor:	\$	6.20m	1985	Brenda Bailey, HOWU	
	Collegiate:	^	6.91m	2/23/2002	Elva Goulbourne, Auburn	
	Name		Year	School	Finals	Points
=====						
1	139	Vassell, Racquel	SO Hampton	6.03m	19-09.50	10
	5.41m	5.27m	5.76m	6.03m	5.08m	5.88m
2	274	Smith, Kimona	JR N. Carolina A&T	5.86m	19-02.75	8
	FOUL	5.49m	5.62m	5.73m	5.81m	5.86m
3	310	Kirby, Wanetta	SO Norfolk State	5.79m	19-00.00	6
	5.62m	4.47m	5.59m	5.44m	5.79m	5.59m
4	297	Brown, Janet	SO Norfolk State	5.65m	18-06.50	5
	5.53m	5.47m	FOUL	5.36m	5.65m	5.24m
5	131	Lewis, Rachel	SR Hampton	5.63m	18-05.75	4
	5.52m	FOUL	5.63m	5.63m	5.39m	5.58m
6	69	Shell, Jessica	SR Delaware State	5.60m	18-04.50	3
	5.41m	5.60m	FOUL	5.53m	5.48m	FOUL
7	301	Faulkner, Victoria	SR Norfolk State	5.56m	18-03.00	2
	5.11m	5.30m	5.52m	5.08m	5.56m	5.39m
8	37	Taylor, Shekinah	FR Coppin State	5.51m	18-01.00	1
	5.29m	5.51m	5.27m	4.13m	5.33m	FOUL
9	232	Carson, Micsha	FR Morgan State	5.50m	18-00.50	
	5.46m	5.50m	FOUL	FOUL	5.46m	5.33m
10	248	Williams, RoKasha	JR Morgan State	5.44m	17-10.25	
	5.44m	5.31m	5.26m			
11	90	Davis, Ashante	SO Florida A&M	5.42m	17-09.50	
	5.42m	5.28m	5.29m			
12	172	Lemonious, Alexand	JR Howard	5.41m	17-09.00	
	5.41m	4.90m	4.91m			
13	25	Baird, Natoya	SR Coppin State	5.37m	17-07.50	
	5.14m	5.14m	5.37m			
14	103	Story, Tomika	FR Florida A&M	5.31m	17-05.25	
	5.31m	5.29m	5.24m			

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Prince George S&L Complex: Landover, MD
Results****....Event 24 Women Long Jump**

15	352 McWilliams, Rene	SR South Carolina St.	5.15m	16-10.75
	5.03m 4.96m 5.15m			
16	355 Smith, Jasmine	JR South Carolina St.	5.13m	16-10.00
	FOUL FOUL 5.13m			
17	58 Dillard, Christen	SR Delaware State	4.99m	16-04.50
	4.90m 4.99m 4.89m			
18	98 Morrow, Tiffany	SO Florida A&M	4.92m	16-01.75
	4.86m 4.76m 4.92m			
19	8 Sanders, Ryan	JR Bethune-Cookman	4.82m	15-09.75
	FOUL 4.72m 4.82m			
19	34 Sanders, Neicy	SR Coppin State	4.82m	15-09.75
	4.82m 4.81m FOUL			
--	65 Mayers, Kendra	SO Delaware State	FOUL	
	FOUL FOUL FOUL			

Event 25 Men Long Jump

=====						
	World: *	8.79m	1/27/1984	Carl Lewis, USA		
	American: @	8.79m	1/27/1984	Carl Lewis, Santa Monica T.C.		
	NCAA Auto: A	7.85m				
	NCAA Prov: P	7.50m				
	MEAC Indoor: \$	7.51m	1998	David Barnett, FAMU		
	Collegiate: ^	8.59m	3/1/2002	Miguel Pate, Alabama		
	Name	Year	School	Finals	Points	
=====						
1	340 Vinston, Corey	SO	Norfolk State	7.86mA	25-09.50	10
	FOUL 7.86m	PASS	PASS	PASS	PASS	
2	343 Woods, Marlon	JR	Norfolk State	7.66m\$	25-01.75	8
	7.58m 7.66m 7.56m	7.63m	7.66m	7.60m		
3	278 Alexander, Tarrish	SR	N. Carolina A&T	7.64m\$	25-00.75	6
	7.07m 7.23m FOUL	7.29m	7.64m	7.30m		
4	366 Knight, Levar	JR	South Carolina St.	7.47m	24-06.25	5
	7.02m FOUL 7.47m	FOUL	FOUL	FOUL		
5	195 Small-Warner, Step	SR	Howard	7.23m	23-08.75	4
	6.98m 6.89m FOUL	7.22m	7.23m	6.91m		
6	161 Walker, Predist	SO	Hampton	7.13m	23-04.75	3
	6.36m 6.88m 6.90m	7.03m	6.99m	7.13m		
7	82 Murray, Leslie	FR	Delaware State	7.09m	23-03.25	2
	6.49m 6.66m 6.94m	6.54m	6.93m	7.09m		
8	21 Keeling, Marcell	JR	Bethune-Cookman	6.89m	22-07.25	1
	FOUL 6.89m FOUL	6.57m	FOUL	FOUL		
9	289 McFadgen, David	JR	N. Carolina A&T	6.88m	22-07.00	
	FOUL FOUL 6.88m					
10	218 Elmer, Charles	JR	Maryland-Eastern	6.87m	22-06.50	
	FOUL 6.87m FOUL					
11	47 Miles, Brandon	SR	Coppin State	6.80m	22-03.75	
	6.80m 6.65m FOUL					
12	252 Blocker, James	JR	Morgan State	6.78m	22-03.00	
	6.78m 6.26m 6.11m					
13	335 Shelton, Darris	FR	Norfolk State	6.76m	22-02.25	
	6.16m 6.76m 6.73m					
14	150 Jones, Brandon	SR	Hampton	6.74m	22-01.50	
	6.74m 6.65m FOUL					

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****....Event 25 Men Long Jump**

15	280 Baldwin, Jared	FR N. Carolina A&T	6.61m	21-08.25
	6.61m 6.57m 6.12m			
16	22 Nicholas, Kenson	SO Bethune-Cookman	6.56m	21-06.25
	6.10m FOUL 6.56m			
16	295 Watkins, Wade	FR N. Carolina A&T	6.56m	21-06.25
	6.44m 6.51m 6.56m			
18	17 Herring, Chris	FR Bethune-Cookman	6.45m	21-02.00
	6.31m 6.45m 6.40m			
19	369 Stephens, Marcus	FR South Carolina St.	6.40m	21-00.00
	6.40m 6.23m 6.33m			
20	217 Dix, Jermol	FR Maryland-Eastern	6.32m	20-09.00
	6.32m FOUL PASS			
21	84 Sivels, Darius	FR Delaware State	6.24m	20-05.75
	6.24m FOUL FOUL			
22	111 Hill, Anthony	FR Florida A&M	5.99m	19-08.00
	5.76m 5.77m 5.99m			
23	216 Brown, Jonathan	FR Maryland-Eastern	5.26m	17-03.25
	5.26m 5.23m PASS			
--	263 Taylor-Watson, Dak	SR Morgan State	FOUL	
	FOUL FOUL FOUL			
--	363 Elmore, Mark	JR South Carolina St.	FOUL	
	FOUL FOUL FOUL			
--	80 Moore, Larrone	JR Delaware State	FOUL	
	FOUL PASS PASS			
--	260 Payne, Justin	JR Morgan State	DNS	
--	81 Muhammad, Kevin	JR Delaware State	DNS	

Event 26 Women Triple Jump

=====						
	World: *	15.36m	3/6/2004	Tatyana Lebedeva, RUS		
	American: @	14.23m	3/4/1995	Sheila Hudson, Reebok		
	NCAA Auto: A	13.30m				
	NCAA Prov: P	12.65m				
	MEAC Indoor: \$	13.06m	2000	Elisa Funchess, SCSU		
	Collegiate: ^	14.25m	3/8/1997	Suzette Lee, L.S.U.		
	Name	Year	School	Finals	Points	
=====						
1	131 Lewis, Rachel	SR	Hampton	12.40m	40-08.25	10
	FOUL 12.40m 11.97m	FOUL	FOUL 11.61m			
2	355 Smith, Jasmine	JR	South Carolina St.	12.24m	40-02.00	8
	10.68m 12.24m FOUL	FOUL	FOUL 12.01m			
3	274 Smith, Kimona	JR	N. Carolina A&T	12.04m	39-06.00	6
	11.69m 12.04m 11.84m	PASS	PASS PASS			
4	297 Brown, Janet	SO	Norfolk State	11.71m	38-05.00	5
	11.40m 11.58m FOUL	11.61m	11.71m 11.65m			
5	103 Story, Tomika	FR	Florida A&M	11.56m	37-11.25	4
	11.37m FOUL 11.45m	FOUL	11.50m 11.56m			
6	58 Dillard, Christen	SR	Delaware State	11.50m	37-08.75	3
	FOUL 11.40m 10.96m	11.32m	11.47m 11.50m			
7	305 Hite, Alaina	FR	Norfolk State	11.46m	37-07.25	2
	FOUL 10.67m 11.46m	FOUL	11.44m 11.43m			
8	308 Jenkins, Tanisha	SO	Norfolk State	11.41m	37-05.25	1
	11.41m 11.06m PASS	FOUL	10.86m FOUL			
=====						

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9	90 Davis, Ashante	SO Florida A&M	11.32m	37-01.75
	10.67m 10.88m 11.32m			
10	65 Mayers, Kendra	SO Delaware State	11.11m	36-05.50
	FOUL FOUL 11.11m			
11	25 Baird, Natoya	SR Coppin State	11.10m	36-05.00
	11.10m FOUL 9.58m			
12	37 Taylor, Shekinah	FR Coppin State	11.08m	36-04.25
	10.85m 11.08m 11.03m			
13	29 Hall, Deondrea	JR Coppin State	10.63m	34-10.50
	9.57m 10.63m 10.36m			
14	69 Shell, Jessika	SR Delaware State	10.54m	34-07.00
	FOUL 10.54m 10.47m FOUL 10.36m 10.15m			
15	232 Carson, Micsha	FR Morgan State	10.36m	34-00.00
	9.57m 10.36m 10.15m			
--	350 Jefferson, Brandi	SO South Carolina St.	FOUL	
	FOUL FOUL FOUL			
--	98 Morrow, Tiffany	SO Florida A&M	DNS	

Event 27 Men Triple Jump

=====					
	World: *	17.83m	3/1/1997	Aliecer Urrutia, CUB	
	American: @	17.76m	2/27/1987	Mike Conley, Tyson T.C.	
	NCAA Auto: A	16.10m			
	NCAA Prov: P	15.40m			
	MEAC Indoor: \$	16.27m	1986	Edward Smith, NCAT	
	Collegiate: ^	17.50m	1/17/1986	Charlie Simpkins, Baptist	
	Name	Year	School	Finals	Points
=====					
1	343 Woods, Marlon	JR	Norfolk State	15.54mP	51-00.00 10
	FOUL 15.35m 15.40m 15.54m FOUL 15.16m				
2	340 Vinston, Corey	SO	Norfolk State	15.54mP	51-00.00 8
	15.54m PASS PASS PASS PASS PASS				
3	150 Jones, Brandon	SR	Hampton	15.47mP	50-09.25 6
	14.67m 14.96m 15.15m 15.47m 15.27m 15.10m				
4	369 Stephens, Marcus	FR	South Carolina St.	15.31m	50-02.75 5
	14.29m 14.73m 14.20m 14.64m 15.31m 15.00m				
5	289 McFadgen, David	JR	N. Carolina A&T	15.12m	49-07.25 4
	15.02m FOUL 15.01m 14.82m 15.12m 14.99m				
6	263 Taylor-Watson, Dak	SR	Morgan State	15.05m	49-04.50 3
	FOUL 14.86m 12.91m 15.05m FOUL FOUL				
7	283 Buchanan, Ron	SR	N. Carolina A&T	14.98m	49-01.75 2
	FOUL 14.85m 14.35m 14.96m 14.98m FOUL				
8	156 Ramsey, Stephen	SR	Hampton	14.86m	48-09.00 1
	FOUL 14.56m 14.86m 14.57m FOUL 14.66m				
9	295 Watkins, Wade	FR	N. Carolina A&T	14.04m	46-00.75
	13.87m 13.35m 14.04m				
10	366 Knight, Levar	JR	South Carolina St.	13.98m	45-10.50
	13.98m 13.75m 13.93m				
11	227 Moore, James	JR	Maryland-Eastern	13.91m	45-07.75
	13.91m FOUL 13.53m				
12	22 Nicholas, Kenson	SO	Bethune-Cookman	13.72m	45-00.25
	FOUL 13.72m 13.37m				
13	193 Rosa, Benjamin	FR	Howard	13.61m	44-08.00
	13.61m 13.13m 13.50m				

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****....Event 27 Men Triple Jump**

14	372 Williams, Marvin	JR South Carolina St.	13.10m	42-11.75
	FOUL 13.10m FOUL			
--	218 Elmer, Charles	JR Maryland-Eastern	FOUL	
	FOUL FOUL FOUL			
--	278 Alexander, Tarrish	SR N. Carolina A&T	FOUL	
	FOUL FOUL FOUL			
--	111 Hill, Anthony	FR Florida A&M	FOUL	
	FOUL FOUL FOUL			
--	260 Payne, Justin	JR Morgan State	DNS	

Event 28 Women Shot Put

=====					
	World: *	22.50m	2/19/1977	Helena Fibingerova, TCH	
	American: @	19.83m	2/20/1987	Ramona Pagel, Mazda T.C.	
	NCAA Auto: A	16.90m			
	NCAA Prov: P	15.20m			
	MEAC Indoor: \$	14.62m	2004	Ashley Horn, MSU	
	Collegiate: ^	19.15m	3/3/2004	Laura Gerraughty, North Carolina	
	Name	Year	School	Finals	Points
=====					
1	231 Bronson, Leitawsha	SR	Morgan State	15.56mP	51-00.75 10
	14.77m 14.39m 14.78m		FOUL 14.69m 15.56m		
2	354 Rothmiller, Shamir	FR	South Carolina St.	14.48m	47-06.25 8
	13.91m 13.65m 14.26m		13.93m 14.48m 12.65m		
3	213 Woodward, Saisha	SR	Maryland-Eastern	14.26m	46-09.50 6
	13.23m 13.83m FOUL		14.26m 13.58m 13.75m		
4	13 Williams, Ron-Dani	SR	Bethune-Cookman	14.09m	46-02.75 5
	12.55m 13.69m 13.58m		13.45m 14.09m 13.65m		
5	249 Williams, Tia	FR	Morgan State	13.51m	44-04.00 4
	13.11m 13.51m 11.63m		12.64m FOUL 12.04m		
6	268 Foster, Jerrine	JR	N. Carolina A&T	13.17m	43-02.50 3
	13.17m 13.07m 11.97m		12.60m 12.76m 12.77m		
7	204 Henry, Vanessa	FR	Maryland-Eastern	13.03m	42-09.00 2
	FOUL FOUL 13.03m FOUL		12.10m 12.54m		
8	140 Watkins, Jocelyn	SO	Hampton	12.81m	42-00.50 1
	12.13m 12.31m 12.81m		FOUL FOUL FOUL		
9	267 Forrester, Katheri	JR	N. Carolina A&T	12.78m	41-11.25
	12.78m 12.03m 12.69m		FOUL 12.47m 12.59m		
10	124 Blaylock, Nielah	SR	Hampton	12.66m	41-06.50
	12.66m FOUL 11.75m				
11	61 Hovington, Morgan	SR	Delaware State	12.49m	40-11.75
	FOUL 12.49m 12.26m				
12	133 McGregor, Kristal	JR	Hampton	12.22m	40-01.25
	12.22m FOUL 12.19m				
13	297 Brown, Janet	SO	Norfolk State	12.15m	39-10.50
	11.07m 12.15m 11.75m				
14	88 Booker, Takeira	FR	Florida A&M	11.87m	38-11.50
	11.08m 11.87m 11.09m				
15	301 Faulkner, Victoria	SR	Norfolk State	11.82m	38-09.50
	FOUL 11.82m FOUL				
16	211 Wheeler, Joycelyn	SO	Maryland-Eastern	11.71m	38-05.00
	11.71m FOUL FOUL				
17	244 Shirley, Candace	SO	Morgan State	11.39m	37-04.50
	11.22m 10.21m 11.39m				

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****....Event 28 Women Shot Put**

18	57 Burke, Rachel	JR Delaware State	11.26m	36-11.50
	FOUL 11.26m 10.78m			
19	7 Ruffin, Maketa	SO Bethune-Cookman	11.09m	36-04.75
	FOUL 11.09m FOUL			
20	347 Fowler, Eileena	FR South Carolina St.	10.36m	34-00.00
	FOUL 10.36m FOUL			
--	55 Brit, Alma	SO Delaware State	FOUL	
	FOUL FOUL FOUL			
--	170 Jenkins, Krystal	SO Howard	DNS	
--	163 Bell, Chanel	FR Howard	DNS	
--	38 Weekly, Salena	FR Coppin State	DNS	
--	162 Aaten-White, Mya	FR Howard	DNS	

Event 29 Men Shot Put

=====					
	World: *	22.66m	1/20/1989	Randy Barnes, USA	
	American: @	22.66m	1/20/1989	Randy Barnes, Mazda T. C.	
	NCAA Auto: A	19.30m			
	NCAA Prov: P	17.75m			
	MEAC Indoor: \$	17.92m	2007	Kimani Kirton, UMES	
	Collegiate: ^	21.50m	2/4/1977	Terry Albritton, Stanford	
	Name	Year	School	Finals	Points
=====					
1	250 Benjamin, Tyron	SR	Morgan State	18.01m\$	59-01.25 10
	17.18m FOUL 18.01m	FOUL	17.53m FOUL		
2	291 Phifer, Lonnie	SR	N. Carolina A&T	17.80mP	58-04.75 8
	16.51m 17.15m FOUL	17.80m	FOUL 17.80m		
3	281 Boulware, Robert	SO	N. Carolina A&T	16.34m	53-07.50 6
	14.70m 14.46m 15.18m	15.34m	16.34m 15.62m		
4	258 Napoleon, Anthony	FR	Morgan State	15.43m	50-07.50 5
	14.04m 14.89m 14.32m	15.13m	15.28m 15.43m		
5	364 Facey, Noel	FR	South Carolina St.	15.42m	50-07.25 4
	15.42m FOUL FOUL	15.39m	FOUL FOUL		
6	20 Johnson, Craig	SR	Bethune-Cookman	14.75m	48-04.75 3
	13.95m 14.75m 14.47m	FOUL	FOUL 14.48m		
7	324 Duncan, Theo	FR	Norfolk State	14.60m	47-11.00 2
	13.61m 14.03m 14.60m	14.55m	14.22m 14.08m		
8	359 Blair, Jahwaun	SR	South Carolina St.	14.46m	47-05.25 1
	FOUL 14.21m 14.46m	14.03m	FOUL 14.24m		
9	362 Coleman, Brian	SO	South Carolina St.	14.04m	46-00.75
	12.85m 14.04m 13.99m				
10	339 Thomas, Darryl	FR	Norfolk State	13.79m	45-03.00
	FOUL 13.79m 13.33m				
11	292 Sanders, Alex	FR	N. Carolina A&T	13.70m	44-11.50
	12.88m 13.70m 13.04m				
12	116 Scott, Frank	SO	Florida A&M	12.78m	41-11.25
	12.78m FOUL 12.05m				
--	85 Sutton, John	JR	Delaware State	DNS	

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****Event 30 Women Weight Throw**

=====							
American: @ 25.56m 3/10/2007 Brittany Riley, Southern Illinois							
NCAA Auto: A 21.00m							
NCAA Prov: P 18.75m							
Collegiate: ^ 25.56m 3/10/2007 Brittany Riley, Southern Illinois							
Name	Year	School	Finals		Points		
=====							
1	241	Randall, Allison	JR	Morgan State	16.15m	53-00.00	10
		13.56m 14.53m 14.46m 16.15m 15.12m	FOUL				
2	244	Shirley, Candace	SO	Morgan State	16.12m	52-10.75	8
		FOUL 15.82m 14.14m	FOUL FOUL		16.12m		
3	213	Woodward, Saisha	SR	Maryland-Eastern	14.49m	47-06.50	6
		13.47m FOUL 14.49m	FOUL FOUL		14.06m		
4	133	McGregor, Kristal	JR	Hampton	14.45m	47-05.00	5
		14.45m FOUL FOUL	14.09m 14.24m		FOUL		
5	204	Henry, Vanessa	FR	Maryland-Eastern	13.66m	44-09.75	4
		11.34m 12.68m FOUL	12.93m 13.66m		FOUL		
6	211	Wheeler, Joycelyn	SO	Maryland-Eastern	13.22m	43-04.50	3
		FOUL 13.11m 13.22m	FOUL FOUL		12.60m		
7	140	Watkins, Jocelyn	SO	Hampton	12.39m	40-07.75	2
		12.39m FOUL FOUL	10.54m FOUL FOUL				
8	231	Bronson, Leitawsha	SR	Morgan State	11.90m	39-00.50	1
		11.90m FOUL 11.84m	FOUL PASS PASS				
9	7	Ruffin, Maketa	SO	Bethune-Cookman	11.58m	38-00.00	
		FOUL 10.61m 11.58m					
10	304	Harris, Tiphani	SO	Norfolk State	11.39m	37-04.50	
		FOUL 11.36m 11.39m					
11	57	Burke, Rachel	JR	Delaware State	11.36m	37-03.25	
		11.11m FOUL 11.36m					
12	88	Booker, Takeira	FR	Florida A&M	10.69m	35-01.00	
		FOUL FOUL 10.69m					
13	267	Forrester, Katheri	JR	N. Carolina A&T	10.45m	34-03.50	
		9.46m 10.20m 10.45m					
14	268	Foster, Jerrine	JR	N. Carolina A&T	9.21m	30-02.75	
		FOUL 9.21m FOUL					
15	13	Williams, Ron-Dani	SR	Bethune-Cookman	9.20m	30-02.25	
		FOUL 9.20m FOUL					
16	347	Fowler, Eileena	FR	South Carolina St.	8.21m	26-11.25	
		8.21m FOUL FOUL					
17	61	Hovington, Morgan	SR	Delaware State	7.16m	23-06.00	
		6.65m 7.16m 7.00m					
--	354	Rothmiller, Shamir	FR	South Carolina St.	FOUL		
		FOUL FOUL FOUL					

Event 31 Men Weight Throw

=====							
American: @ 25.86m 3/4/1995 Lance Deal, New York A. C.							
NCAA Auto: A 21.50m							
NCAA Prov: P 19.50m							
Collegiate: ^ 24.02m 3/9/2001 Libor Charfreitag, S.M.U.							
Name	Year	School	Finals		Points		
=====							
1	258	Napoleon, Anthony	FR	Morgan State	15.19m	49-10.00	10
		13.74m 14.40m 15.19m 13.80m 13.56m 13.66m					

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2	250 Benjamin, Tyron	SR Morgan State	14.60m	47-11.00	8
	13.43m 14.24m 14.60m	FOUL FOUL FOUL			
3	281 Boulware, Robert	SO N. Carolina A&T	14.30m	46-11.00	6
	12.44m FOUL FOUL 12.59m 13.16m 14.30m				
4	291 Phifer, Lonnie	SR N. Carolina A&T	13.99m	45-10.75	5
	12.84m 13.30m 13.27m 13.41m 13.99m FOUL				
5	322 Craig, Jamal	FR Norfolk State	13.47m	44-02.50	4
	13.34m FOUL 13.47m FOUL 12.94m 12.74m				
6	359 Blair, Jahwaun	SR South Carolina St.	13.03m	42-09.00	3
	11.95m 12.42m 12.53m 13.03m 12.98m FOUL				
7	85 Sutton, John	JR Delaware State	12.68m	41-07.25	2
	11.73m 12.42m 12.68m FOUL FOUL FOUL				
8	20 Johnson, Craig	SR Bethune-Cookman	12.27m	40-03.25	1
	10.97m FOUL 12.27m FOUL 12.07m 11.96m				
9	364 Facey, Noel	FR South Carolina St.	12.21m	40-00.75	
	12.21m FOUL FOUL				
10	214 Agbor-Eyong, Harri	FR Maryland-Eastern	12.04m	39-06.00	
	12.04m FOUL 11.09m				
11	339 Thomas, Darryl	FR Norfolk State	12.02m	39-05.25	
	FOUL FOUL 12.02m				
12	116 Scott, Frank	SO Florida A&M	11.72m	38-05.50	
	10.70m 11.72m FOUL				
13	292 Sanders, Alex	FR N. Carolina A&T	11.35m	37-03.00	
	11.35m 9.98m FOUL				
14	362 Coleman, Brian	SO South Carolina St.	11.12m	36-05.75	
	11.12m FOUL 11.03m				
15	227 Moore, James	JR Maryland-Eastern	11.09m	36-04.75	
	FOUL FOUL 11.09m				
--	156 Ramsey, Stephen	SR Hampton	FOUL		
	FOUL PASS PASS				

Event 32 Women Distance Medley

MEAC Indoor: \$ 11:41.16 2008		Maryland Eastern Shore, UMES	
School		Finals	Points
1 Maryland-Eastern Shore		12:02.01	10
1) 201 Anais, Cynthia FR	2) 208 Lendor, Danai SO		
3) 212 Whyte, Celia SR	4) 206 James, Merrecia SR		
2 Hampton		12:10.89	8
1) 130 Jones, Kenya JR	2) 131 Lewis, Rachel SR		
3) 128 Flood, Starema SR	4) 134 Medlin, Krystle SR		
3 Norfolk State		12:31.28	6
1) 311 Miles, Tia JR	2) 314 Pickett, Allyssa JR		
3) 307 Hutto, Jamia FR	4) 298 Chichester, Jennifer SO		
4 Morgan State		12:54.53	5
1) 238 McCollum, Vivian JR	2) 246 Smalls, Kamice FR		
3) 239 Oliver, Tyshia FR	4) 247 Vargas, Adrianna SR		
5 Coppin State		12:57.18	4
1) 27 Duncan, Latasha FR	2) 35 Stepney, Quantika FR		
3) 31 Kelly, Juashanna FR	4) 36 Tanui, Naomi SR		
6 Delaware State		13:00.03	3
1) 70 Watkins, Britnee JR	2) 64 Kelly, Ayanna FR		
3) 63 Jones, Alisha FR	4) 67 Ross, Mallory SR		

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Results

....Event 32 Women Distance Medley

7 Howard	13:01.83	2
1) 168 Jackson, Brittany SO	2) 176 Stephens, Brittany JR	
3) 166 Hardy, Jami FR	4) 175 Myles, Tamila SO	
8 South Carolina St.	13:22.74	1
1) 351 Lawson, Lauren SR	2) 348 Govirk, Elizabeth SR	
3) 345 Daniley, Patrecia FR	4) 356 Stewart, Brittney FR	
-- Florida A&M	DQ	
1) 96 Listhrop, Nichola SO	2) 89 Cunningham, LaKendra SR	
3) 102 Shields, Helena FR	4) 91 Desir, Jennie FR	

Event 33 Men Distance Medley

MEAC Indoor: \$ 10:03.35 2006		Norfolk State, NSU	
School		Finals	Points
1 Norfolk State	10:15.37	10	
1) 326 Harris, Keenan SR	2) 321 Brickhouse, Darryl FR		
3) 333 Phipps, Carlton SO	4) 328 Luka, Dominic SR		
2 Hampton	10:16.45	8	
1) 159 Thompson, Bruce FR	2) 144 Cross, Yaphet SR		
3) 150 Jones, Brandon SR	4) 151 Kamani, David JR		
3 Coppin State	10:25.98	6	
1) 50 Smith, Kayon JR	2) 44 Coleman, Julius JR		
3) 40 Archer, Jansen SR	4) 45 Dunn, Dale SO		
4 Morgan State	10:26.02	5	
1) 257 Mesta, Nathan FR	2) 255 Higgs, Jordan FR		
3) 261 Richardson, Isaac SO	4) 254 David, Justus FR		
5 Howard	10:30.87	4	
1) 189 Nelson, Rashard JR	2) 187 LaRoche, Mikael JR		
3) 199 Williams, Richard JR	4) 194 Sanders, Thurman JR		
6 Florida A&M	10:33.96	3	
1) 113 Lee, Daquam SO	2) 112 Johnson, Alphonzo SO		
3) 122 Williams, Mark FR	4) 110 Franklin, Carlos JR		
7 N. Carolina A&T	10:44.99	2	
1) 287 Jett, Travanni SR	2) 294 Walters, Renaldo SO		
3) 279 Alford, Vincent SO	4) 284 Burnette, Rashad SR		
8 Maryland-Eastern Shore	10:50.70	1	
1) 224 Kiprotich, Amon SO	2) 222 Jones-Burden, Paul SO		
3) 221 Gomez-Jordan, Julian FR	4) 228 Sang, Peter JR		
9 Delaware State	11:05.57		
1) 78 Holmes, Donte SO	2) 73 Clarke, Burton SR		
3) 79 Laws, Alan SO	4) 86 Thibou, Kelli FR		
10 South Carolina St.	11:47.90		
1) 367 Kurgatt, Charles FR	2) 372 Williams, Marvin JR		
3) 358 Axson, Dashan SO	4) 365 Gould, Mason FR		

Women - Team Rankings - 16 Events Scored

1) Hampton	148	2) Norfolk State	107
3) Maryland-Eastern Shore	88	4) Morgan State	61
5) Howard	42	6) N. Carolina A&T	40
7) South Carolina St.	36	8) Bethune-Cookman	30
9) Delaware State	29	10) Coppin State	28
11) Florida A&M	10		

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Indoor Track & Field Championships

Prince George S&L Complex: Landover, MD

Results

....Event 33 Men Distance Medley

=====
Men - Team Rankings - 17 Events Scored
=====

1) Norfolk State	150	2) Morgan State	103
3) Hampton	96	4) Maryland-Eastern Shore	57
5) N. Carolina A&T	55	6) Delaware State	52
7) Bethune-Cookman	39	8) Coppin State	36
9) Howard	33	10) Florida A&M	21
11) South Carolina St.	20		