

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD
Results****Event 2 Men 60 Meter Hurdles****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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World: * 7.30 3/3/1994 Colin Jackson, GBR
American: @ 7.36 1/16/1987 Foster/ Johnson, World Class/ Ni
NCAA Auto: A 7.70
NCAA Prov: P 7.91
MEAC Indoor: $ 7.87 2008 Ronnie Ash, BCU
Collegiate: ^ 7.47 2/7/1997 Reggie Torian, Wisconsin
Name Year School Prelims H#
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Preliminaries

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1 14 Ash, Ronnie SO Bethune-Cookman $ 7.86Q 1
2 329 Massenburg, Aramis SO Norfolk State P 7.91Q 3
3 161 Walker, Predist SO Hampton 7.96Q 2
4 262 Simpson, Andrew SR Morgan State 8.03Q 2
5 186 Kinney, Daniel SR Howard 8.04Q 3
6 343 Woods, Marlon JR Norfolk State 8.06Q 1
7 115 McKinzie, Carl JR Florida A&M 8.11q 1
8 106 Bynes, Greg JR Florida A&M 8.17q 2
9 107 Carroll, Demarius JR Florida A&M 8.30 1
9 19 Howard, DJ FR Bethune-Cookman 8.30 2
11 145 Dixon, Damon SO Hampton 8.37 3
12 373 Young, Donta FR South Carolina St. 8.41 1
13 217 Dix, Jermol FR Maryland-Eastern 8.51 1
14 160 Veale, Lamar JR Hampton 8.56 2
15 197 Tirado, Carnegie FR Howard 8.80 3
16 361 Brown, Leighton FR South Carolina St. 8.90 2
17 184 Henderson, DeAndre SO Howard 9.09 3
18 360 Bolden, DeAngelo SO South Carolina St. 9.49 1

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Event 2 Men 60 Meter Hurdles

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World: * 7.30 3/3/1994 Colin Jackson, GBR
American: @ 7.36 1/16/1987 Foster/ Johnson, World Class/ Nike
NCAA Auto: A 7.70
NCAA Prov: P 7.91
MEAC Indoor: $ 7.87 2008 Ronnie Ash, BCU
Collegiate: ^ 7.47 2/7/1997 Reggie Torian, Wisconsin
Name Year School Finals Points
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Finals

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1 329 Massenburg, Aramis SO Norfolk State 7.89P 10
2 14 Ash, Ronnie SO Bethune-Cookman 7.95 8
3 186 Kinney, Daniel SR Howard 7.96 6
4 161 Walker, Predist SO Hampton 7.97 5
5 262 Simpson, Andrew SR Morgan State 7.98 4
6 115 McKinzie, Carl JR Florida A&M 8.13 3
7 343 Woods, Marlon JR Norfolk State 8.40 2
8 106 Bynes, Greg JR Florida A&M 10.06 1

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Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****Event 4 Men 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

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World: * 6.39 2/3/1998 Maurice Greene, USA
American: @ 6.39 2/3/1998 Maurice Green, Nike
NCAA Auto: A 6.63
NCAA Prov: P 6.74
MEAC Indoor: $ 6.75 2006 Derrick Baker, NSU
Collegiate: ^ 6.45 2/20/1999 Leonard Myles-Mills, B.Y.U.
Name Year School Prelims H#
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Preliminaries

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1 146 Dixon, Reggie SO Hampton $ 6.75Q 1
2 290 Newman, Calesio JR N. Carolina A&T 6.76Q 2
3 24 Sales, Dante FR Bethune-Cookman 6.85Q 4
4 340 Vinston, Corey SO Norfolk State 6.87Q 3
5 80 Moore, Larrone JR Delaware State 6.81q 2
6 341 Walker, Quinten FR Norfolk State 6.90q 3 6.894
7 141 Anderson, Aaron JR Hampton 6.90q 4 6.899
8 16 Cray, Eric SO Bethune-Cookman 6.91q 4
9 179 Carter, Brandon SR Howard 6.95 4
10 115 McKinzie, Carl JR Florida A&M 6.96 4
11 251 Blanks, Allen SO Morgan State 7.00 1
12 17 Herring, Chris FR Bethune-Cookman 7.02 1 7.016
12 327 Hill, Trayman SR Norfolk State 7.02 3 7.018
12 220 Gauntlett, Akheem FR Maryland-Eastern 7.02 1 7.019
15 109 Cook, LaJarvis SR Florida A&M 7.03 3 7.025
15 161 Walker, Predist SO Hampton 7.03 1 7.022
17 119 Washington, Joe FR Florida A&M 7.04 4 7.040
17 190 Odocha, Tochi SO Howard 7.04 1 7.036
19 264 Whyte, Carbinere JR Morgan State 7.05 4
19 288 Jordan, Akinwole SO N. Carolina A&T 7.05 3 7.043
21 149 Johnson, Jamal FR Hampton 7.06 4 7.046
22 84 Sivels, Darius FR Delaware State 7.09 3 7.089
22 369 Stephens, Marcus FR South Carolina St. 7.09 2 7.086
24 191 Penny, Anthony JR Howard 7.12 2
25 46 Jackson, Kevon JR Coppin State 7.14 3
26 42 Blake, Jerome SO Coppin State 7.17 1
27 368 Rackins, Kenneth SR South Carolina St. 7.20 2
28 256 McLean, Stephen SO Morgan State 8.96 2

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Event 4 Men 60 Meter Dash

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=====
World: * 6.39 2/3/1998 Maurice Greene, USA
American: @ 6.39 2/3/1998 Maurice Green, Nike
NCAA Auto: A 6.63
NCAA Prov: P 6.74
MEAC Indoor: $ 6.75 2006 Derrick Baker, NSU
Collegiate: ^ 6.45 2/20/1999 Leonard Myles-Mills, B.Y.U.
Name Year School Finals Points
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Finals

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1 146 Dixon, Reggie SO Hampton 6.71P 10
2 80 Moore, Larrone JR Delaware State 6.72P 8
3 290 Newman, Calesio JR N. Carolina A&T 6.73P 6
4 340 Vinston, Corey SO Norfolk State 6.75$ 5

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Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****....Event 4 Men 60 Meter Dash**

5	141	Anderson, Aaron	JR Hampton	6.85	4
6	24	Sales, Dante	FR Bethune-Cookman	6.86	3
7	341	Walker, Quinten	FR Norfolk State	6.94	2
8	16	Cray, Eric	SO Bethune-Cookman	6.97	1

Event 6 Men 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 2 Best Times**

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World: * 19.92 2/18/1996 Frank Fredericks, NAM
American: @ 20.10 3/11/2005 Wallace Spearmon, Arkansas
NCAA Auto: A 21.08
NCAA Prov: P 21.48
MEAC Indoor: $ 21.35 2006 Justin Byron, NCAT
Collegiate: ^ 20.10 3/11/2005 Wallace Spearmon, Arkansas
Name Year School Prelims H#
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Preliminaries

1	80	Moore, Larrone	JR Delaware State	22.00Q	5
2	23	Redhead, Joel	SR Bethune-Cookman	22.01Q	2
3	220	Gauntlett, Akheem	FR Maryland-Eastern	22.14Q	6
4	253	Bowen, Kevin	JR Morgan State	22.19Q	4
5	146	Dixon, Reggie	SO Hampton	22.24Q	1
6	141	Anderson, Aaron	JR Hampton	22.30Q	3
7	337	Speller, Thomas	FR Norfolk State	22.05q	5
8	290	Newman, Calesio	JR N. Carolina A&T	22.20q	6
9	327	Hill, Trayman	SR Norfolk State	22.34	4
10	74	Davis, Brycen	SO Delaware State	22.49	1
11	288	Jordan, Akinwole	SO N. Carolina A&T	22.54	4
12	142	Brown, Devon	SO Hampton	22.60	2
13	52	Whittingham, Winst	JR Coppin State	22.62	6
13	368	Rackins, Kenneth	SR South Carolina St.	22.62	1
15	16	Cray, Eric	SO Bethune-Cookman	22.74	4
15	75	Duncan, Derrhyl	SO Delaware State	22.74	1
17	17	Herring, Chris	FR Bethune-Cookman	22.75	3
18	331	Nkrumah, Keith	FR Norfolk State	22.87	5
19	109	Cook, LaJarvis	SR Florida A&M	22.91	3
20	179	Carter, Brandon	SR Howard	22.93	4
21	190	Odocha, Tochi	SO Howard	23.20	2
23	264	Whyte, Carbinere	JR Morgan State	23.41	1
24	183	Harrison, Marcus	FR Howard	24.30	5
--	223	Keane-Dawes, Thoma	SO Maryland-Eastern	FS	2
--	49	Pinnock, Andre	SO Coppin State	DNF	3
--	341	Walker, Quinten	FR Norfolk State	DQ	3 Out Of Lane
--	256	McLean, Stephen	SO Morgan State	DNS	6

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****Event 6 Men 200 Meter Dash**

World:	*	19.92	2/18/1996	Frank Fredericks, NAM		
American:	@	20.10	3/11/2005	Wallace Spearmon, Arkansas		
NCAA Auto:	A	21.08				
NCAA Prov:	P	21.48				
MEAC Indoor:	\$	21.35	2006	Justin Byron, NCAT		
Collegiate:	^	20.10	3/11/2005	Wallace Spearmon, Arkansas		
Name			Year	School	Finals	H# Points

Finals

1	80	Moore, Larrone	JR	Delaware State	21.50	2	10
2	146	Dixon, Reggie	SO	Hampton	21.63	1	8
3	23	Redhead, Joel	SR	Bethune-Cookman	21.72	2	6
4	253	Bowen, Kevin	JR	Morgan State	21.98	2	5
5	290	Newman, Calesio	JR	N. Carolina A&T	21.99	1	4
6	141	Anderson, Aaron	JR	Hampton	22.08	1	3
7	337	Speller, Thomas	FR	Norfolk State	22.16	1	2
8	220	Gauntlett, Akheem	FR	Maryland-Eastern	22.18	2	1

Event 8 Men 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 1 Best Times**

World:	*	44.57	3/12/2005	Kerron Clement, USA		
American:	@	44.57	3/12/2005	Kerron Clement, Florida		
NCAA Auto:	A	46.55				
NCAA Prov:	P	47.65				
MEAC Indoor:	\$	47.76	1998	Wilfred Pollard, FAMU		
Collegiate:	^	44.57	3/12/2005	Kerron Clement, Florida		
Name			Year	School	Prelims	H#

Preliminaries

1	23	Redhead, Joel	SR	Bethune-Cookman	48.91Q	3
2	82	Murray, Leslie	FR	Delaware State	49.09Q	6
3	253	Bowen, Kevin	JR	Morgan State	49.30Q	2
4	182	Harrison, Christop	JR	Howard	49.37Q	4
5	219	Fothergill, Allodi	JR	Maryland-Eastern	49.50Q	1
6	78	Holmes, Donte	SO	Delaware State	49.71Q	5
7	330	Moon, Tyrell	SO	Norfolk State	49.72Q	7
8	48	Morgan, Carlinton	JR	Coppin State	49.25q	3
9	286	Elliott, Jarrell	FR	N. Carolina A&T	49.75	4
10	282	Bouttry, D'Mitri	FR	N. Carolina A&T	49.78	1
11	321	Brickhouse, Darryl	FR	Norfolk State	49.93	4
12	222	Jones-Burden, Paul	SO	Maryland-Eastern	49.95	6
13	337	Speller, Thomas	FR	Norfolk State	49.96	5
14	255	Higgs, Jordan	FR	Morgan State	50.22	4
15	368	Rackins, Kenneth	SR	South Carolina St.	50.24	5
16	117	Suber, Stanley	SR	Florida A&M	50.34	1
17	21	Keeling, Marcell	JR	Bethune-Cookman	50.51	1
18	75	Duncan, Derrhyl	SO	Delaware State	50.66	5
19	158	Taylor, Ander	FR	Hampton	50.69	7
20	215	Alexander, Corey	SO	Maryland-Eastern	50.70	7
21	331	Nkrumah, Keith	FR	Norfolk State	50.90	2
22	73	Clarke, Burton	SR	Delaware State	50.96	3
23	74	Davis, Brycen	SO	Delaware State	51.14	6
24	187	LaRoche, Mikael	JR	Howard	51.27	6

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25	223 Keane-Dawes, Thoma	SO Maryland-Eastern	51.28	2
26	53 Wilson, Jamie	JR Coppin State	51.38	6
27	15 Cosby, William	FR Bethune-Cookman	51.53	6
28	77 Harding, Alan	FR Delaware State	51.55	2
29	153 Mitchell, Carl	SR Hampton	51.57	5
30	112 Johnson, Alphonzo	SO Florida A&M	51.83	3
31	108 Carty, Rennie	FR Florida A&M	52.06	2
32	198 Williams, Kimery	SR Howard	52.20	7
33	259 Obiarinze, Jude	SO Morgan State	52.57	5
--	76 Easton, Andre	SR Delaware State	DNF	7
--	83 Reeves, Brandon	SR Delaware State	DNS	3

Event 8 Men 400 Meter Dash

World:	*	44.57	3/12/2005	Kerron Clement, USA
American:	@	44.57	3/12/2005	Kerron Clement, Florida
NCAA Auto:	A	46.55		
NCAA Prov:	P	47.65		
MEAC Indoor:	\$	47.76	1998	Wilfred Pollard, FAMU
Collegiate:	^	44.57	3/12/2005	Kerron Clement, Florida
Name		Year	School	Finals H# Points

Finals

1	23 Redhead, Joel	SR Bethune-Cookman	48.10	2	10
2	253 Bowen, Kevin	JR Morgan State	48.28	2	8
3	219 Fothergill, Allodi	JR Maryland-Eastern	48.91	1	6
4	182 Harrison, Christop	JR Howard	49.13	2	5
5	82 Murray, Leslie	FR Delaware State	49.25	2	4
6	78 Holmes, Donte	SO Delaware State	49.38	1	3
7	330 Moon, Tyrell	SO Norfolk State	49.66	1	2
8	48 Morgan, Carlinton	JR Coppin State	49.78	1	1

Event 10 Men 4x400 Meter Relay

World:	*	3:02.83	3/7/1999	United States, USA
American:	@	3:01.96	2/11/2006	U.S.A., U.S.A. Clement, Spearmon, Williamson, Wariner
NCAA Auto:	A	3:08.10		
NCAA Prov:	P	3:12.00		
MEAC Indoor:	\$	3:15.00	2008	Delaware State, DSU
Collegiate:	^	3:03.51	3/12/2005	Florida, Florida Clark, Middleton, Pastor, Clement
School				Finals H# Points

1	Maryland-Eastern Shore	3:16.52	2	10
	1) 223 Keane-Dawes, Thomas SO			
	2) 219 Fothergill, Allodin JR			
	3) 220 Gauntlett, Akheem FR			
	4) 222 Jones-Burden, Paul SO			
2	Morgan State	3:18.72	1	8
	1) 255 Higgs, Jordan FR			
	2) 264 Whyte, Carbinere JR			
	3) 261 Richardson, Isaac SO			
	4) 253 Bowen, Kevin JR			
3	Bethune-Cookman	3:19.07	2	6
	1) 16 Cray, Eric SO			
	2) 23 Redhead, Joel SR			
	3) 18 Horton, Robert FR			
	4) 21 Keeling, Marcell JR			
4	Coppin State	3:19.12	2	5

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009

**Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD
Results**

....Event 10 Men 4x400 Meter Relay

1) 52 Whittingham, Winston JR	2) 48 Morgan, Carlinton JR		
3) 53 Wilson, Jamie JR	4) 40 Archer, Jansen SR		
5 Howard		3:19.72	1 4
1) 182 Harrison, Christopher JR	2) 199 Williams, Richard JR		
3) 186 Kinney, Daniel SR	4) 196 Spivey, Lavernon SR		
6 Florida A&M		3:19.89	1 3
1) 122 Williams, Mark FR	2) 112 Johnson, Alphonzo SO		
3) 113 Lee, Daquam SO	4) 117 Suber, Stanley SR		
7 Norfolk State		3:20.34	2 2
1) 330 Moon, Tyrell SO	2) 337 Speller, Thomas FR		
3) 321 Brickhouse, Darryl FR	4) 331 Nkrumah, Keith FR		
8 N. Carolina A&T		3:20.88	2 1
1) 288 Jordan, Akinwole SO	2) 282 Bouttry, D'Mitri FR		
3) 286 Elliott, Jarrell FR	4) 284 Burnette, Rashad SR		
9 South Carolina St.		3:31.71	1
1) 368 Rackins, Kenneth SR	2) 372 Williams, Marvin JR		
3) 369 Stephens, Marcus FR	4) 358 Axson, Dashan SO		
-- Delaware State		DNF	2
1) 82 Murray, Leslie FR	2) 80 Moore, Larrone JR		
3) 78 Holmes, Donte SO	4) 79 Laws, Alan SO		
-- Hampton		DQ	1 Impeding Runner
1) 153 Mitchell, Carl SR	2) 152 Lynch, Brandon SR		
3) 158 Taylor, Ander FR	4) 144 Cross, Yaphet SR		

Event 12 Men 800 Meter Run

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World:	*	1:42.67	3/9/1997	Wilson Kipketer, DEN	
American:	@	1:45.00	3/8/1992	Johnny Gray, S. Monica T.C.	
NCAA Auto:	A	1:48.60			
NCAA Prov:	P	1:51.10			
MEAC Indoor:	\$	1:51.61	2005	Kevin Hicks, FAMU	
Collegiate:	^	1:44.84	3/4/1989	Paul Ereng, Virginia	
Name		Year	School	Finals	H# Points
=====					
1	78	Holmes, Donte	SO Delaware State	1:51.59\$	4 10
2	86	Thibou, Kelli	FR Delaware State	1:53.36	4 8
3	328	Luka, Dominic	SR Norfolk State	1:53.52	4 6
4	45	Dunn, Dale	SO Coppin State	1:54.30	4 5
5	50	Smith, Kayon	JR Coppin State	1:54.44	4 4
6	199	Williams, Richard	JR Howard	1:54.55	3 3
7	40	Archer, Jansen	SR Coppin State	1:54.59	3 2
8	326	Harris, Keenan	SR Norfolk State	1:55.60	3 1
9	15	Cosby, William	FR Bethune-Cookman	1:56.36	2
10	21	Keeling, Marcell	JR Bethune-Cookman	1:56.61	3
11	44	Coleman, Julius	JR Coppin State	1:56.69	4
12	284	Burnette, Rashad	SR N. Carolina A&T	1:57.05	2
13	261	Richardson, Isaac	SO Morgan State	1:57.47	3
14	196	Spivey, Lavernon	SR Howard	1:57.64	2
15	143	Campbell, Lawrence	FR Hampton	1:58.64	1
16	144	Cross, Yaphet	SR Hampton	1:58.81	2
17	285	Cephas, Danzeto	FR N. Carolina A&T	1:59.44	2
18	113	Lee, Daquam	SO Florida A&M	1:59.46	3
19	294	Walters, Renaldo	SO N. Carolina A&T	2:01.08	1
20	192	Price, Hamadi	FR Howard	2:01.64	1

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****....Event 12 Men 800 Meter Run**

21	79 Laws, Alan	SO Delaware State	2:02.51	2
22	155 Rainey, Cedric	FR Hampton	2:11.49	1

Event 14 Men 1 Mile Run

=====				
	World: *	3:48.45	2/12/1997	Hicham El Guerrouj, MAR
	American: @	3:49.89	2/11/2005	Bernard Lagat, Nike
	NCAA Auto: A	4:00.30		
	NCAA Prov: P	4:04.80		
	MEAC Indoor: \$	4:13.65	2002	Nickie Peters, CSU
	Collegiate: ^	3:55.0h	2/17/1974	Tony Waldrop, North Carolina
	Name	Year	School	Finals Points
=====				
1	151 Kamani, David	JR	Hampton	4:21.77 10
2	338 Tessema, Josef	SO	Norfolk State	4:21.86 8
3	194 Sanders, Thurman	JR	Howard	4:22.26 6
4	257 Mesta, Nathan	FR	Morgan State	4:24.18 5
5	159 Thompson, Bruce	FR	Hampton	4:25.92 4
6	328 Luka, Dominic	SR	Norfolk State	4:26.03 3
7	326 Harris, Keenan	SR	Norfolk State	4:26.62 2
8	228 Sang, Peter	JR	Maryland-Eastern	4:30.69 1
9	254 David, Justus	FR	Morgan State	4:30.77
10	189 Nelson, Rashard	JR	Howard	4:31.40
11	45 Dunn, Dale	SO	Coppin State	4:32.70
12	110 Franklin, Carlos	JR	Florida A&M	4:32.94
13	261 Richardson, Isaac	SO	Morgan State	4:33.51
14	44 Coleman, Julius	JR	Coppin State	4:34.23
15	180 Franklin, Jerod	SO	Howard	4:39.17
16	86 Thibou, Kelli	FR	Delaware State	4:42.29
17	225 Kirongo, Solomon	SR	Maryland-Eastern	4:47.16
--	50 Smith, Kayon	JR	Coppin State	DNS

Event 16 Men 5000 Meter Run

=====				
	MEAC Indoor: \$	14:33.96	2006	David Kemboi, NSU
	Name	Year	School	Finals Points
=====				
1	254 David, Justus	FR	Morgan State	14:43.34 10
2	151 Kamani, David	JR	Hampton	14:44.29 8
3	224 Kiprotich, Amon	SO	Maryland-Eastern	15:19.47 6
4	228 Sang, Peter	JR	Maryland-Eastern	15:24.76 5
5	334 Rono, Vincent	FR	Norfolk State	15:24.82 4
6	123 Winters, Shuaib	FR	Florida A&M	15:34.34 3
7	336 Simo, Jonathan	JR	Norfolk State	15:36.96 2
8	154 Nero, Sandino	JR	Hampton	15:50.99 1
9	338 Tessema, Josef	SO	Norfolk State	16:11.11
10	225 Kirongo, Solomon	SR	Maryland-Eastern	17:02.91
--	365 Gould, Mason	FR	South Carolina St.	DNF
--	367 Kurgatt, Charles	FR	South Carolina St.	DNF

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results****Event 17 Men 3000 Meter Run**

=====					
World:	*	7:24.90	2/6/1998	Daniel Komen,	KEN
American:	@	7:32.43	2/17/2007	Bernard Lagat,	Nike
NCAA Auto:	A	7:55.80			
NCAA Prov:	P	8:06.30			
MEAC Indoor:	\$	8:59.8h	1992	Courtney Bennett,	CSU
Collegiate:	^	7:38.59	2/14/2004	Allistair Cragg,	Arkansas
Name			Year School	Finals	Points
=====					
1	328	Luka, Dominic	SR Norfolk State	8:53.01\$	10
2	151	Kamani, David	JR Hampton	8:53.10\$	8
3	224	Kiprotich, Amon	SO Maryland-Eastern	8:54.50\$	6
4	338	Tessema, Josef	SO Norfolk State	8:55.48\$	5
5	254	David, Justus	FR Morgan State	8:56.27\$	4
6	228	Sang, Peter	JR Maryland-Eastern	8:58.74\$	3
7	334	Rono, Vincent	FR Norfolk State	9:03.86	2
8	194	Sanders, Thurman	JR Howard	9:05.45	1
9	154	Nero, Sandino	JR Hampton	9:06.49	
10	226	Maritim, Shadrack	FR Maryland-Eastern	9:06.73	
11	123	Winters, Shuaib	FR Florida A&M	9:09.68	
12	257	Mesta, Nathan	FR Morgan State	9:13.13	
13	110	Franklin, Carlos	JR Florida A&M	9:14.15	
14	367	Kurgatt, Charles	FR South Carolina St.	10:19.25	
15	365	Gould, Mason	FR South Carolina St.	10:31.28	
--	181	Galllison, Michael	SO Howard	DNS	
--	86	Thibou, Kelli	FR Delaware State	DNS	

Event 19 Men Heptathlon

=====					
MEAC Indoor:	\$	5378	2008	Harold Rose,	BCU
Name			Year School	Finals	Points
=====					
1	263	Taylor-Watson, Dak	SR Morgan State	4893	10
2	145	Dixon, Damon	SO Hampton	4862	8
3	160	Veale, Lamar	JR Hampton	4580	6
4	335	Shelton, Darris	FR Norfolk State	4408	5
5	229	Strachan, Jamahl	SR Maryland-Eastern	4402	4
6	47	Miles, Brandon	SR Coppin State	4389	3
7	217	Dix, Jermol	FR Maryland-Eastern	4331	2
8	342	Whitties, Meredith	JR Norfolk State	4293	1
9	157	Stanback, Marcus	FR Hampton	4022	
10	363	Elmore, Mark	JR South Carolina St.	3590	
11	120	Washington, Philli	SO Florida A&M	3556	
12	360	Bolden, DeAngelo	SO South Carolina St.	3257	
13	358	Axson, Dashan	SO South Carolina St.	3059	

Event 19 Heptathlon: #1 Men 60 Meter Dash Heptathlon

=====					
Name			Year School	Finals	H# Points
=====					
1	150	Jones, Brandon	SR Hampton	6.82	1 947
2	263	Taylor-Watson, Dak	SR Morgan State	6.95	1 900
3	160	Veale, Lamar	JR Hampton	7.07	1 858
4	47	Miles, Brandon	SR Coppin State	7.08	2 854
5	335	Shelton, Darris	FR Norfolk State	7.12	1 840

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6	145 Dixon, Damon	SO Hampton	7.14	2	833
7	217 Dix, Jermol	FR Maryland-Eastern	7.17	2	823
8	360 Bolden, DeAngelo	SO South Carolina St.	7.19	2	816
9	342 Whitties, Meredith	JR Norfolk State	7.33	2	769
10	51 Smith, Shane	SR Coppin State	7.37	1	755
11	157 Stanback, Marcus	FR Hampton	7.38	1	752
12	72 Brisco, Isaiah	FR Delaware State	7.39	1	749
13	229 Strachan, Jamahl	SR Maryland-Eastern	7.41	2	742
14	358 Axson, Dashan	SO South Carolina St.	7.44	1	732
15	363 Elmore, Mark	JR South Carolina St.	7.56	2	694
16	120 Washington, Philli	SO Florida A&M	7.64	2	668

Event 19 Heptathlon: #2 Men Long Jump Heptathlon

Name	Year School	Finals	Points
1	47 Miles, Brandon	SR Coppin State	6.78m 22-03.00 762
	6.63m 6.63m 6.78m		
2	335 Shelton, Darris	FR Norfolk State	6.71m 22-00.25 746
	6.71m 6.64m 6.67m		
3	160 Veale, Lamar	JR Hampton	6.66m 21-10.25 734
	6.27m 6.66m FOUL		
3	150 Jones, Brandon	SR Hampton	6.66m 21-10.25 734
	FOUL 6.65m 6.66m		
5	263 Taylor-Watson, Dak	SR Morgan State	6.42m 21-00.75 679
	FOUL FOUL 6.42m		
6	145 Dixon, Damon	SO Hampton	6.41m 21-00.50 677
	6.36m FOUL 6.41m		
7	157 Stanback, Marcus	FR Hampton	6.32m 20-09.00 657
	FOUL 6.32m 6.05m		
8	217 Dix, Jermol	FR Maryland-Eastern	6.24m 20-05.75 639
	6.07m 6.20m 6.24m		
9	342 Whitties, Meredith	JR Norfolk State	6.02m 19-09.00 591
	6.02m 5.87m 5.75m		
10	229 Strachan, Jamahl	SR Maryland-Eastern	5.87m 19-03.25 559
	5.87m 5.67m 5.86m		
11	363 Elmore, Mark	JR South Carolina St.	5.74m 18-10.00 531
	FOUL 5.74m FOUL		
12	120 Washington, Philli	SO Florida A&M	5.64m 18-06.00 510
	5.33m 5.40m 5.64m		
13	72 Brisco, Isaiah	FR Delaware State	5.49m 18-00.25 479
	5.49m FOUL PASS		
14	51 Smith, Shane	SR Coppin State	5.34m 17-06.25 449
	5.34m 5.22m 4.46m		
15	360 Bolden, DeAngelo	SO South Carolina St.	5.01m 16-05.25 384
	4.00m 4.09m 5.01m		
16	358 Axson, Dashan	SO South Carolina St.	4.94m 16-02.50 371
	4.81m 4.94m 4.84m		

Event 19 Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals	Points
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Prince George S&L Complex: Landover, MD

Results

....Event 19 Heptathlon: #4 Men High Jump Heptathlon

7	157	Stanback, Marcus	FR Hampton	1.77m	5-09.75	602
	1.50	1.53	1.56	1.59	1.62	1.65 1.68 1.71 1.74 1.77 1.80
	P	P	P	P	P	P O O XO XXO XXX
8	72	Brisco, Isaiah	FR Delaware State	1.74m	5-08.50	577
	1.50	1.53	1.56	1.59	1.62	1.65 1.68 1.71 1.74 1.77
	P	P	P	P	P	P XO XO XO XXX
9	360	Bolden, DeAngelo	SO South Carolina St.	1.71m	5-07.25	552
	1.50	1.53	1.56	1.59	1.62	1.65 1.68 1.71 1.74
	XO	O	O	O	O	XO XO O XXX
9	51	Smith, Shane	SR Coppin State	1.71m	5-07.25	552
	1.50	1.53	1.56	1.59	1.62	1.65 1.68 1.71 1.74
	P	P	O	P	P	P O O XXX
11	342	Whitties, Meredith	JR Norfolk State	1.68m	5-06.00	528
	1.50	1.53	1.56	1.59	1.62	1.65 1.68 1.71
	P	P	P	P	XO	XO XXO XXX
11	120	Washington, Philli	SO Florida A&M	1.68m	5-06.00	528
	1.50	1.53	1.56	1.59	1.62	1.65 1.68 1.71 1.74
	P	P	P	P	P	O O P XXX
13	363	Elmore, Mark	JR South Carolina St.	1.65m	5-05.00	504
	1.50	1.53	1.56	1.59	1.62	1.65 1.68
	P	O	O	O	XO	O XXX
14	358	Axson, Dashan	SO South Carolina St.	1.62m	5-03.75	480
	1.50	1.53	1.56	1.59	1.62	1.65
	P	O	O	O	XO	XXX
14	217	Dix, Jermol	FR Maryland-Eastern	1.62m	5-03.75	480
	1.50	1.53	1.56	1.59	1.62	1.65
	P	P	P	XO	O	XXX
--	150	Jones, Brandon	SR Hampton	NH		
	1.50	1.53	1.56	1.59	1.62	1.65 1.68 1.71
	P	P	P	P	P	P P XXX

Event 19 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

=====						
Name	Year	School	Finals	H#	Points	
=====						
1	342	Whitties, Meredith	JR Norfolk State	8.34	1	898
2	145	Dixon, Damon	SO Hampton	8.39	2	886
3	217	Dix, Jermol	FR Maryland-Eastern	8.53	1	853
4	263	Taylor-Watson, Dak	SR Morgan State	8.59	1	839
5	47	Miles, Brandon	SR Coppin State	8.66	1	823
6	160	Veale, Lamar	JR Hampton	8.74	2	804
7	120	Washington, Philli	SO Florida A&M	9.03	1	739
8	335	Shelton, Darris	FR Norfolk State	9.14	2	715
9	157	Stanback, Marcus	FR Hampton	9.34	2	673
10	229	Strachan, Jamahl	SR Maryland-Eastern	9.51	2	637
11	360	Bolden, DeAngelo	SO South Carolina St.	10.18	1	508
12	358	Axson, Dashan	SO South Carolina St.	11.21	1	336
13	363	Elmore, Mark	JR South Carolina St.	11.57	1	284
--	72	Brisco, Isaiah	FR Delaware State	DNS	2	
--	150	Jones, Brandon	SR Hampton	DNS	2	
--	51	Smith, Shane	SR Coppin State	DNS	2	

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Name	Year	School	Finals	Points
1	145	Dixon, Damon	SO Hampton	4.05m 13-03.50 631
1	229	Strachan, Jamahl	SR Maryland-Eastern	4.05m 13-03.50 631
3	263	Taylor-Watson, Dak	SR Morgan State	3.65m 11-11.75 522
4	335	Shelton, Darris	FR Norfolk State	3.05m 10-00.00 369
4	160	Veale, Lamar	JR Hampton	3.05m 10-00.00 369
6	157	Stanback, Marcus	FR Hampton	2.95m 9-08.00 345
6	217	Dix, Jermol	FR Maryland-Eastern	2.95m 9-08.00 345
6	342	Whitties, Meredith	JR Norfolk State	2.95m 9-08.00 345
9	47	Miles, Brandon	SR Coppin State	2.75m 9-00.25 298
10	363	Elmore, Mark	JR South Carolina St.	2.65m 8-08.25 275
10	120	Washington, Philli	SO Florida A&M	2.65m 8-08.25 275
12	358	Axson, Dashan	SO South Carolina St.	2.45m 8-00.50 231
--	360	Bolden, DeAngelo	SO South Carolina St.	NH
--	51	Smith, Shane	SR Coppin State	DNS
--	150	Jones, Brandon	SR Hampton	DNS
--	72	Brisco, Isaiah	FR Delaware State	DNS

Event 19 Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year	School	Finals	Points
1	217	Dix, Jermol	FR Maryland-Eastern	2:56.28 701
2	342	Whitties, Meredith	JR Norfolk State	2:57.09 693
3	363	Elmore, Mark	JR South Carolina St.	2:58.19 682
4	360	Bolden, DeAngelo	SO South Carolina St.	3:01.20 653
5	145	Dixon, Damon	SO Hampton	3:01.41 650
6	358	Axson, Dashan	SO South Carolina St.	3:01.53 649
7	263	Taylor-Watson, Dak	SR Morgan State	3:04.46 621
8	229	Strachan, Jamahl	SR Maryland-Eastern	3:04.78 618
9	160	Veale, Lamar	JR Hampton	3:08.49 583
10	157	Stanback, Marcus	FR Hampton	3:11.55 556
11	335	Shelton, Darris	FR Norfolk State	3:12.94 543
12	120	Washington, Philli	SO Florida A&M	3:16.06 515
13	47	Miles, Brandon	SR Coppin State	3:19.17 489
--	51	Smith, Shane	SR Coppin State	DNS
--	72	Brisco, Isaiah	FR Delaware State	DNS
--	150	Jones, Brandon	SR Hampton	DNS

Event 21 Men High Jump

World: *	2.43m	3/4/1989	Javier Sotomayor, CUB				
American: @	2.40m	3/10/1991	Hollis Conway, Nike International				
NCAA Auto: A	2.24m						
NCAA Prov: P	2.14m						
MEAC Indoor: \$	2.20m	2008	Marlon Woods, NSU				
Collegiate: ^	2.37m	3/11/1989	Hollis Conway, LA. Lafayette				
Name	Year	School	Finals	Points			
1	343	Woods, Marlon	JR Norfolk State	2.10m 6-10.75 10			
1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.15
P	P	P	P	XO	XO	XO	XXX

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....Event 21 Men High Jump

2	252	Blocker, James	JR Morgan State	2.05m	6-08.75	8
	1.80	1.85	1.90	1.95	2.00	2.05 2.10 2.15
	P	P	P	P	P	O P XXX
3	227	Moore, James	JR Maryland-Eastern	2.05m	6-08.75	6
	1.80	1.85	1.90	1.95	2.00	2.05 2.10
	P	P	P	O	XXO	XO XXX
4	293	Smith, Gordon	SR N. Carolina A&T	2.05m	6-08.75	5
	1.80	1.85	1.90	1.95	2.00	2.05 2.10
	P	P	P	O	O	XXO XXX
5	325	Hall, Raphael	JR Norfolk State	2.00m	6-06.75	4
	1.80	1.85	1.90	1.95	2.00	2.05
	P	P	P	P	XO	XXX
6	114	McCloud, Antwonne	FR Florida A&M	2.00m	6-06.75	3
	1.80	1.85	1.90	1.95	2.00	2.05
	P	P	P	XO	XO	XXX
7	366	Knight, Levar	JR South Carolina St.	2.00m	6-06.75	2
	1.80	1.85	1.90	1.95	2.00	2.05
	P	P	XO	XO	XO	XXX
8	84	Sivels, Darius	FR Delaware State	1.90m	6-02.75	1
	1.80	1.85	1.90	1.95		
	O	O	XO	XXX		
9	111	Hill, Anthony	FR Florida A&M	1.90m	6-02.75	
	1.80	1.85	1.90	1.95		
	P	P	XXO	XXX		
10	160	Veale, Lamar	JR Hampton	1.85m	6-00.75	
	1.80	1.85	1.90	1.95	2.00	
	P	O	P	P	XXX	
10	145	Dixon, Damon	SO Hampton	1.85m	6-00.75	
	1.80	1.85	1.90	1.95	2.00	
	P	O	P	P	XXX	
12	229	Strachan, Jamahl	SR Maryland-Eastern	1.85m	6-00.75	
	1.80	1.85	1.90			
	P	O	XXX			
13	193	Rosa, Benjamin	FR Howard	1.85m	6-00.75	
	1.80	1.85	1.90			
	O	XXO	XXX			
14	185	Holland, Vaughn	FR Howard	1.80m	5-10.75	
	1.80	1.85				
	XO	XXX				
--	118	Turner, Bryan	SO Florida A&M			NH
	1.80	1.85	1.90	1.95	2.00	
	P	P	P	P	XXX	

Event 23 Men Pole Vault

=====					
World:	*	6.15m	2/21/1993	Sergey Bubka, UKR	
American:	@	5.96m	3/3/2001	Lawrence Johnson, adidas	
NCAA Auto:	A	5.50m			
NCAA Prov:	P	5.20m			
MEAC Indoor:	\$	4.75m	1988	Brent Vanderpool, DSU	
Collegiate:	^	5.85m	3/6/1999	Jacob Davis, Texas	
Name		Year	School	Finals	Points
=====					

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....Event 23 Men Pole Vault

1	51	Smith, Shane	SR	Coppin State	5.00m\$	16-04.75	10						
	3.20	3.35	3.50	3.65	3.80	3.95	4.10	4.25	4.40	4.55	4.70	5.00	5.20
	P	P	P	P	P	P	P	P	P	O	O	XO	XXX
2	323	Dodd, Brett	JR	Norfolk State	4.55m	14-11.00	8						
	3.20	3.35	3.50	3.65	3.80	3.95	4.10	4.25	4.40	4.55	4.70		
	P	P	P	P	P	P	O	O	O	O	XXX		
3	229	Strachan, Jamahl	SR	Maryland-Eastern	4.10m	13-05.25	6						
	3.20	3.35	3.50	3.65	3.80	3.95	4.10	4.25					
	O	O	O	P	XXO	XO	O	XXX					
4	121	White, Mike	JR	Florida A&M	4.10m	13-05.25	5						
	3.20	3.35	3.50	3.65	3.80	3.95	4.10	4.25					
	P	P	P	P	P	O	XO	XXX					
5	71	Agan, Ryan	SO	Delaware State	4.10m	13-05.25	4						
	3.20	3.35	3.50	3.65	3.80	3.95	4.10	4.25					
	P	P	P	P	O	XO	XXO	XXX					
6	145	Dixon, Damon	SO	Hampton	3.80m	12-05.50	3						
	3.20	3.35	3.50	3.65	3.80	3.95							
	O	P	P	O	O	XXX							
7	332	Owens, Ryan	SO	Norfolk State	3.65m	11-11.75	2						
	3.20	3.35	3.50	3.65	3.80								
	P	O	O	XO	XXX								
--	160	Veale, Lamar	JR	Hampton							NH		
	3.20												
	XXX												
--	217	Dix, Jermol	FR	Maryland-Eastern							NH		
	3.20												
	XXX												

Event 25 Men Long Jump

=====							
	World:	*	8.79m	1/27/1984	Carl Lewis, USA		
	American:	@	8.79m	1/27/1984	Carl Lewis, Santa Monica T.C.		
	NCAA Auto:	A	7.85m				
	NCAA Prov:	P	7.50m				
	MEAC Indoor:	\$	7.51m	1998	David Barnett, FAMU		
	Collegiate:	^	8.59m	3/1/2002	Miguel Pate, Alabama		
	Name		Year	School	Finals	Points	
=====							
1	340	Vinston, Corey	SO	Norfolk State	7.86mA	25-09.50	10
		FOUL	7.86m	PASS	PASS	PASS	
2	343	Woods, Marlon	JR	Norfolk State	7.66m\$	25-01.75	8
		7.58m	7.66m	7.56m	7.63m	7.66m	7.60m
3	278	Alexander, Tarrish	SR	N. Carolina A&T	7.64m\$	25-00.75	6
		7.07m	7.23m	FOUL	7.29m	7.64m	7.30m
4	366	Knight, Levar	JR	South Carolina St.	7.47m	24-06.25	5
		7.02m	FOUL	7.47m	FOUL	FOUL	FOUL
5	195	Small-Warner, Step	SR	Howard	7.23m	23-08.75	4
		6.98m	6.89m	FOUL	7.22m	7.23m	6.91m
6	161	Walker, Predist	SO	Hampton	7.13m	23-04.75	3
		6.36m	6.88m	6.90m	7.03m	6.99m	7.13m
7	82	Murray, Leslie	FR	Delaware State	7.09m	23-03.25	2
		6.49m	6.66m	6.94m	6.54m	6.93m	7.09m
8	21	Keeling, Marcell	JR	Bethune-Cookman	6.89m	22-07.25	1
		FOUL	6.89m	FOUL	6.57m	FOUL	FOUL

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9	289 McFadgen, David	JR N. Carolina A&T	6.88m	22-07.00
	FOUL FOUL 6.88m			
10	218 Elmer, Charles	JR Maryland-Eastern	6.87m	22-06.50
	FOUL 6.87m FOUL			
11	47 Miles, Brandon	SR Coppin State	6.80m	22-03.75
	6.80m 6.65m FOUL			
12	252 Blocker, James	JR Morgan State	6.78m	22-03.00
	6.78m 6.26m 6.11m			
13	335 Shelton, Darris	FR Norfolk State	6.76m	22-02.25
	6.16m 6.76m 6.73m			
14	150 Jones, Brandon	SR Hampton	6.74m	22-01.50
	6.74m 6.65m FOUL			
15	280 Baldwin, Jared	FR N. Carolina A&T	6.61m	21-08.25
	6.61m 6.57m 6.12m			
16	22 Nicholas, Kenson	SO Bethune-Cookman	6.56m	21-06.25
	6.10m FOUL 6.56m			
16	295 Watkins, Wade	FR N. Carolina A&T	6.56m	21-06.25
	6.44m 6.51m 6.56m			
18	17 Herring, Chris	FR Bethune-Cookman	6.45m	21-02.00
	6.31m 6.45m 6.40m			
19	369 Stephens, Marcus	FR South Carolina St.	6.40m	21-00.00
	6.40m 6.23m 6.33m			
20	217 Dix, Jermol	FR Maryland-Eastern	6.32m	20-09.00
	6.32m FOUL PASS			
21	84 Sivels, Darius	FR Delaware State	6.24m	20-05.75
	6.24m FOUL FOUL			
22	111 Hill, Anthony	FR Florida A&M	5.99m	19-08.00
	5.76m 5.77m 5.99m			
23	216 Brown, Jonathan	FR Maryland-Eastern	5.26m	17-03.25
	5.26m 5.23m PASS			
--	263 Taylor-Watson, Dak	SR Morgan State	FOUL	
	FOUL FOUL FOUL			
--	363 Elmore, Mark	JR South Carolina St.	FOUL	
	FOUL FOUL FOUL			
--	80 Moore, Larrone	JR Delaware State	FOUL	
	FOUL PASS PASS			
--	260 Payne, Justin	JR Morgan State	DNS	
--	81 Muhammad, Kevin	JR Delaware State	DNS	

Event 27 Men Triple Jump

=====						
	World:	*	17.83m	3/1/1997	Aliecer Urrutia, CUB	
	American:	@	17.76m	2/27/1987	Mike Conley, Tyson T.C.	
	NCAA Auto:	A	16.10m			
	NCAA Prov:	P	15.40m			
	MEAC Indoor:	\$	16.27m	1986	Edward Smith, NCAT	
	Collegiate:	^	17.50m	1/17/1986	Charlie Simpkins, Baptist	
	Name		Year	School	Finals	Points
=====						
1	343 Woods, Marlon			JR Norfolk State	15.54mP	51-00.00 10
	FOUL 15.35m		15.40m	15.54m	FOUL 15.16m	
2	340 Vinston, Corey			SO Norfolk State	15.54mP	51-00.00 8
	15.54m		PASS	PASS	PASS	PASS

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....Event 27 Men Triple Jump

3	150 Jones, Brandon	SR Hampton	15.47mP	50-09.25	6
	14.67m 14.96m 15.15m 15.47m 15.27m 15.10m				
4	369 Stephens, Marcus	FR South Carolina St.	15.31m	50-02.75	5
	14.29m 14.73m 14.20m 14.64m 15.31m 15.00m				
5	289 McFadgen, David	JR N. Carolina A&T	15.12m	49-07.25	4
	15.02m FOUL 15.01m 14.82m 15.12m 14.99m				
6	263 Taylor-Watson, Dak	SR Morgan State	15.05m	49-04.50	3
	FOUL 14.86m 12.91m 15.05m FOUL FOUL				
7	283 Buchanan, Ron	SR N. Carolina A&T	14.98m	49-01.75	2
	FOUL 14.85m 14.35m 14.96m 14.98m FOUL				
8	156 Ramsey, Stephen	SR Hampton	14.86m	48-09.00	1
	FOUL 14.56m 14.86m 14.57m FOUL 14.66m				
9	295 Watkins, Wade	FR N. Carolina A&T	14.04m	46-00.75	
	13.87m 13.35m 14.04m				
10	366 Knight, Levar	JR South Carolina St.	13.98m	45-10.50	
	13.98m 13.75m 13.93m				
11	227 Moore, James	JR Maryland-Eastern	13.91m	45-07.75	
	13.91m FOUL 13.53m				
12	22 Nicholas, Kenson	SO Bethune-Cookman	13.72m	45-00.25	
	FOUL 13.72m 13.37m				
13	193 Rosa, Benjamin	FR Howard	13.61m	44-08.00	
	13.61m 13.13m 13.50m				
14	372 Williams, Marvin	JR South Carolina St.	13.10m	42-11.75	
	FOUL 13.10m FOUL				
--	218 Elmer, Charles	JR Maryland-Eastern	FOUL		
	FOUL FOUL FOUL				
--	278 Alexander, Tarrish	SR N. Carolina A&T	FOUL		
	FOUL FOUL FOUL				
--	111 Hill, Anthony	FR Florida A&M	FOUL		
	FOUL FOUL FOUL				
--	260 Payne, Justin	JR Morgan State	DNS		

Event 29 Men Shot Put

=====						
	World: *	22.66m	1/20/1989	Randy Barnes, USA		
	American: @	22.66m	1/20/1989	Randy Barnes, Mazda T. C.		
	NCAA Auto: A	19.30m				
	NCAA Prov: P	17.75m				
	MEAC Indoor: \$	17.92m	2007	Kimani Kirton, UMES		
	Collegiate: ^	21.50m	2/4/1977	Terry Albritton, Stanford		
	Name	Year	School	Finals	Points	
=====						
1	250 Benjamin, Tyron	SR	Morgan State	18.01m\$	59-01.25	10
	17.18m FOUL 18.01m FOUL 17.53m FOUL					
2	291 Phifer, Lonnie	SR	N. Carolina A&T	17.80mP	58-04.75	8
	16.51m 17.15m FOUL 17.80m FOUL 17.80m					
3	281 Boulware, Robert	SO	N. Carolina A&T	16.34m	53-07.50	6
	14.70m 14.46m 15.18m 15.34m 16.34m 15.62m					
4	258 Napoleon, Anthony	FR	Morgan State	15.43m	50-07.50	5
	14.04m 14.89m 14.32m 15.13m 15.28m 15.43m					
5	364 Facey, Noel	FR	South Carolina St.	15.42m	50-07.25	4
	15.42m FOUL FOUL 15.39m FOUL FOUL					
6	20 Johnson, Craig	SR	Bethune-Cookman	14.75m	48-04.75	3
	13.95m 14.75m 14.47m FOUL FOUL 14.48m					

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7	324 Duncan, Theo	FR Norfolk State	14.60m	47-11.00	2
	13.61m 14.03m 14.60m 14.55m 14.22m 14.08m				
8	359 Blair, Jahwaun	SR South Carolina St.	14.46m	47-05.25	1
	FOUL 14.21m 14.46m 14.03m FOUL 14.24m				
9	362 Coleman, Brian	SO South Carolina St.	14.04m	46-00.75	
	12.85m 14.04m 13.99m				
10	339 Thomas, Darryl	FR Norfolk State	13.79m	45-03.00	
	FOUL 13.79m 13.33m				
11	292 Sanders, Alex	FR N. Carolina A&T	13.70m	44-11.50	
	12.88m 13.70m 13.04m				
12	116 Scott, Frank	SO Florida A&M	12.78m	41-11.25	
	12.78m FOUL 12.05m				
--	85 Sutton, John	JR Delaware State		DNS	

Event 31 Men Weight Throw

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	American: @ 25.86m	3/4/1995	Lance Deal, New York A. C.		
	NCAA Auto: A 21.50m				
	NCAA Prov: P 19.50m				
	Collegiate: ^ 24.02m	3/9/2001	Libor Charfreitag, S.M.U.		
	Name	Year School	Finals		Points
=====					
1	258 Napoleon, Anthony	FR Morgan State	15.19m	49-10.00	10
	13.74m 14.40m 15.19m 13.80m 13.56m 13.66m				
2	250 Benjamin, Tyron	SR Morgan State	14.60m	47-11.00	8
	13.43m 14.24m 14.60m FOUL FOUL FOUL				
3	281 Boulware, Robert	SO N. Carolina A&T	14.30m	46-11.00	6
	12.44m FOUL FOUL 12.59m 13.16m 14.30m				
4	291 Phifer, Lonnie	SR N. Carolina A&T	13.99m	45-10.75	5
	12.84m 13.30m 13.27m 13.41m 13.99m FOUL				
5	322 Craig, Jamal	FR Norfolk State	13.47m	44-02.50	4
	13.34m FOUL 13.47m FOUL 12.94m 12.74m				
6	359 Blair, Jahwaun	SR South Carolina St.	13.03m	42-09.00	3
	11.95m 12.42m 12.53m 13.03m 12.98m FOUL				
7	85 Sutton, John	JR Delaware State	12.68m	41-07.25	2
	11.73m 12.42m 12.68m FOUL FOUL FOUL				
8	20 Johnson, Craig	SR Bethune-Cookman	12.27m	40-03.25	1
	10.97m FOUL 12.27m FOUL 12.07m 11.96m				
9	364 Facey, Noel	FR South Carolina St.	12.21m	40-00.75	
	12.21m FOUL FOUL				
10	214 Agbor-Eyong, Harri	FR Maryland-Eastern	12.04m	39-06.00	
	12.04m FOUL 11.09m				
11	339 Thomas, Darryl	FR Norfolk State	12.02m	39-05.25	
	FOUL FOUL 12.02m				
12	116 Scott, Frank	SO Florida A&M	11.72m	38-05.50	
	10.70m 11.72m FOUL				
13	292 Sanders, Alex	FR N. Carolina A&T	11.35m	37-03.00	
	11.35m 9.98m FOUL				
14	362 Coleman, Brian	SO South Carolina St.	11.12m	36-05.75	
	11.12m FOUL 11.03m				
15	227 Moore, James	JR Maryland-Eastern	11.09m	36-04.75	
	FOUL FOUL 11.09m				
--	156 Ramsey, Stephen	SR Hampton		FOUL	
	FOUL PASS PASS				

Mid-Eastern Athletic Conference - 2/12/2009 to 2/14/2009**Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD
Results****Event 33 Men Distance Medley**

School	Finals	Points
MEAC Indoor: \$ 10:03.35 2006	Norfolk State, NSU	
1 Norfolk State	10:15.37	10
1) 326 Harris, Keenan SR	2) 321 Brickhouse, Darryl FR	
3) 333 Phipps, Carlton SO	4) 328 Luka, Dominic SR	
2 Hampton	10:16.45	8
1) 159 Thompson, Bruce FR	2) 144 Cross, Yaphet SR	
3) 150 Jones, Brandon SR	4) 151 Kamani, David JR	
3 Coppin State	10:25.98	6
1) 50 Smith, Kayon JR	2) 44 Coleman, Julius JR	
3) 40 Archer, Jansen SR	4) 45 Dunn, Dale SO	
4 Morgan State	10:26.02	5
1) 257 Mesta, Nathan FR	2) 255 Higgs, Jordan FR	
3) 261 Richardson, Isaac SO	4) 254 David, Justus FR	
5 Howard	10:30.87	4
1) 189 Nelson, Rashard JR	2) 187 LaRoche, Mikael JR	
3) 199 Williams, Richard JR	4) 194 Sanders, Thurman JR	
6 Florida A&M	10:33.96	3
1) 113 Lee, Daquam SO	2) 112 Johnson, Alphonzo SO	
3) 122 Williams, Mark FR	4) 110 Franklin, Carlos JR	
7 N. Carolina A&T	10:44.99	2
1) 287 Jett, Travanni SR	2) 294 Walters, Renaldo SO	
3) 279 Alford, Vincent SO	4) 284 Burnette, Rashad SR	
8 Maryland-Eastern Shore	10:50.70	1
1) 224 Kiprotich, Amon SO	2) 222 Jones-Burden, Paul SO	
3) 221 Gomez-Jordan, Julian FR	4) 228 Sang, Peter JR	
9 Delaware State	11:05.57	
1) 78 Holmes, Donte SO	2) 73 Clarke, Burton SR	
3) 79 Laws, Alan SO	4) 86 Thibou, Kelli FR	
10 South Carolina St.	11:47.90	
1) 367 Kurgatt, Charles FR	2) 372 Williams, Marvin JR	
3) 358 Axson, Dashan SO	4) 365 Gould, Mason FR	

Women - Team Rankings - 16 Events Scored

1) Hampton	148	2) Norfolk State	107
3) Maryland-Eastern Shore	88	4) Morgan State	61
5) Howard	42	6) N. Carolina A&T	40
7) South Carolina St.	36	8) Bethune-Cookman	30
9) Delaware State	29	10) Coppin State	28
11) Florida A&M	10		

Men - Team Rankings - 17 Events Scored

1) Norfolk State	150	2) Morgan State	103
3) Hampton	96	4) Maryland-Eastern Shore	57
5) N. Carolina A&T	55	6) Delaware State	52
7) Bethune-Cookman	39	8) Coppin State	36
9) Howard	33	10) Florida A&M	21
11) South Carolina St.	20		