

Entries due by NOON on Tuesday, March 17, 2015.

TEAMS: Braden River, Bayshore, Bradenton Christian, Lakewood Ranch, Manatee, Palmetto, Southeast, & St. Stephens

**SHARE OF EXPENSES:**

-\$125 per school.

-Cash, check, or money order payable to: Manatee HS Track.

-Mail to: Manatee HS Track, c/o Coach Darling Reed, 902 33rd St Ct W, Bradenton, FL 34205.

**Coaches,**

The Manatee County Freshman/Sophomore Championship track and field meet will be hosted by Manatee High School at St. Stephen's Episcopal School on Wednesday, March 18, 2015. All coaches, athletes, and managers enter at no charge with proper I.D. Admission fees will be charged for all other students and adults.

**ENTRIES:**

-Unlimited entries for individual events

-One relay per school

-The following events will NOT be contested: pole vault, triple jump, 300m hurdles, 3200m.

-Entries must be submitted on [www.flrunners.com](http://www.flrunners.com) please use the full name of the athlete (no nicknames) grade, gender, event & mark

-Scratches will be done at the coaches meeting, but no additions or changes to entries. Coaches please double check your entries and print yourself a copy.

**SCHEDULE:**

3:00 - coaches meeting

3:30 - field events

4:00 - 4x800 relay

5:00 - running finals

**AWARDS:**

-Team trophies: 1st & 2nd Place

-Individual ribbons: 1st to 8th places

**ASSIGNMENTS:**

Field events and relay exchange zone assignments will be made at the coaches meeting at 3:00. If you have a preference for which event you work, please contact Coach Mike Smith (below).

SCORING: Individual events 10-8-6-5-4-3-2-1, Relay 10-8-6-4-2-1

**FIELD EVENTS:**

-Four efforts in the jumps & throws. ALL Finals.

-Order: Girls shot and Boys discus then reverse at the completion of each event. Girls high jump then boys. Boys long jump followed by girls.

**RUNNING EVENTS:**

-No prelims. All finals are seeded.

-Girls then boys in each event.

Athletes must check in to the clerk at first call. Please let your athletes know so they will not be disqualified. Uniform rule in effect.

**No coaches on the infield as your athletes will then seek you out and be in an area they are not supposed to be in.**

There will be hospitality for coaches.

**PLEASE CLEAN UP YOUR AREA.**

**QUESTIONS:**

Coach Mike Smith, 941-730-1954 or [smith4m@manateeschools.net](mailto:smith4m@manateeschools.net)

**Registration help:**

[fl.milesplit.us/pages/Online\\_Meet\\_Reg\\_Instructions](http://fl.milesplit.us/pages/Online_Meet_Reg_Instructions)