

NORTH FLORIDA INVITATIONAL

TENTATIVE MEET SCHEDULE FRIDAY MAY 8, 2015

Friday: Field Events

10:00am Hammer Women/Men to follow

Javelin Women/Men to follow Long Jump Men/Women to follow Pole Vault Men/Women to follow

3:30pm High Jump Men/Women to follow

Discus Women/Men to follow Triple Jump Men/Women to follow

Shot Put Women & Men

Running Events

4:30pm 100m Hurdles Women

110m Hurdles Men 4 x 100m Relay Women 4 x 100m Relay Men Steeplechase Women

Steeplechase Men 400m Women

400m Men 100m Women 100m Men

800m Women 800m Men

400m Hurdles Women 400m Hurdles Men 1500m Women 1500m Men 200m Women 200m Men

5000 Men

5000 Women

4 x 400 Women

9:00pm 4 x 400 Men

Notes

- Minimum distances to be enforced after athletes have their first legal attempt measured.
- Minimum distances and starting heights to be determined after entries are closed.
- *Men/Women to follow can approximate 1.5-2hrs after posted start time to begin their warm-ups.*
- All times subject to change depending on amount of participants per event.