

FHSAA Coaches meeting Region 1 1A, 2A & 3A

- Results will be posted shortly after each race, as well as online at www.halfmiletiming.com.
- Top 15 individuals and top 6 teams will advance to the state championships.
- In your packets are bib numbers with matching chips. Please make sure your athletes have the right numbers and chips and that the chips are tied into shoes properly.
- For any updates should there be inclement weather you can follow on twitter @b3r_promotions
- Head FHSAA starter and official is Eric Smith. FHSAA finish line official is Erin Galley.
- Official protest need to be filled out and handed to, Eric Smith or Dusty Smith, within 30 minutes of the results being posted. All results have a time stamps on the top right of the paper.
- You can only run 7 runners with your top 5 scoring.
- Watches are allowed to be worn, but please ask your runners to not hit their stop button until well after the finish line so the timing cameras can see their bib number.
- Gate admission is \$7 for every non- competing athlete and parent (mandated by FHSAA). There will be a \$5 per car parking fee as well (carpooling is ideal). **PLEASE MAKE YOUR PARENTS AWARE OF THESE CHARGES!**
- We will not be providing ice! If your athletes typically needs ice afterwards then you will need to bring your own
- Teams are advised to bring a trainer for routine needs such as ice, taping, etc. The training staff we have contracted is only to deal with emergencies. If there is an **emergency** then get the trainer or find Eric Smith or Dusty Smith.
- Coaches a list will be at the entrance and each team will have two passes per gender. If someone says they are with your team and a coach then we check a box off. Once two boxes have been checked per gender we charge everyone else after that.
- Your athlete must be present to receive their individual medal 1-15. Team awards for top two must be present to receive award.
- Chip procedure:
 - Chips need to be picked up and counted at packet pick up.
 - Once you leave packet pick up you are accountable for all timing chips in your packet.
 - Distribute the chips to your athletes
 - Once the race is completed collect the chips back from your athletes
 - Bring the chips back to the table where you signed them in
 - At the table you will count the chips and verify that you have returned all chips.
 - Any missing chip will result in \$20 per missing chip fee to the school!

- Proper installation for the timing chips



Untie your laces 2-3 loops down.



Put the shoe strings through the 4 holes in the chips and tie them back into the loops.



The shoe is now laying flat on the mid to upper part of the shoe and securely fastened.

Coaches print this out and this will be considered as your attendance card in the coaches meeting. Turn in at packet pick up.

Coaches Name: _____ School: _____

Coaches E-mail _____



Course Records

Male	Female
Thomas Howell (10th)	Lily Williams (12 th)
Niceville High School	Chiles High School
15:29.75	17:49.30
FHSAA 3A Region 1	FHSAA 3A Region1
November 12, 2011	November 12, 2011

Imagery Date: 3/18/2011 1994

30°09'53.37" N 82°36'52.84" W elev 100 ft

Google earth

Eye alt 1684 ft