

Meet Information

\$25 per single gender team, \$40 for combined team.
Payments Mail checks or bring to meet.

Due to our small facility, we need to limit Varsity entries as follows: Bolles and Episcopal will have unlimited entry, but all other teams may only have two entries per event (sorry!). There will be no B races. MS teams may have 4 entrants per event, except 4x4 relay.

Meet entry is via flrunners.com, due by 11:59pm on Feb 16.

Entry Fees: \$25 per single gender team, \$40 for combined team.
Checks are payable to "Episcopal School of Jacksonville" and are due at the Coaches Meeting before the start of the meet. You may also mail them to:
Track & Field. ATTN: Pat Crandall
Episcopal School of Jacksonville
4455 Atlantic Blvd
Jacksonville, FL 32207

There will be no team scoring or awards for the meet. Runways are rubberized and only pyramid spikes no longer than 1/4 inch are allowed. Three throws/jumps in the field events, with one more attempt given to anyone who exceeds the bonus distances determined at the venue (typically top 3).

Schedule of Events

2:30 - Middle School events start. Enter your MS athletes into the MS events, please. All field events contested.

Running events order:

100H
100
1600
400
800
200
4x400 Relay

3:00 - Varsity Coaches Meeting on the infield

3:30 - Varsity schedule begins with 4x800 relay and Field Events:

Girls Pole Vault, followed by boys; Girls and Boys Long Jump, simultaneously (**new double pit/runways**); bHJ, then girls; gSP then boys; bDT then girls; gTJ then boys.

4:30 (or after MS 4x4) - Running Events (girls, then boys).

Order: 100H/110H, 100, 1600, 4x100R, 400, 300H, 800, 200, 3200, 4x400R.

Episcopal School of Jacksonville
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