



## SOUTH FLORIDA TRACK & FIELD

# 2016 - USF INVITATIONAL

MARCH FRI 11 - SAT 12, 2016 • USF TRACK & FIELD STADIUM

*Entry into this meet is by invitation only. Teams who are interested must request an invitation by emailing Toby Colyer at [tcolyer@usf.edu](mailto:tcolyer@usf.edu) by February 1st, 2016. No all request will be granted an invitation.*

### **Entry Information:**

**Meet is Open to:**

College Teams / Unattached & Club Athletes

**Team Entry Limits:**

4 athletes per event maximum

**Submit Entries:**

[www.directathletics.com](http://www.directathletics.com)

**Entry Deadline:**

Monday, March 7th, 2016 at 11:59pm (eastern)

*\*\*Important Note: All Unattached / Club Athletes must sign the [Participation Liability Waiver](#) and turn it in at packet pickup in order to compete.*

### **Entry Fees:**

\$25 per athlete will be charged, not to exceed \$350 per team (14 athletes make up a full team). Men's and Women's teams are considered separate.

Teams will pay with Check or Cash @ Packet Pickup  
Write Checks to: [University of South Florida](#)

Unattached / Club athletes will pay online with a credit card at registration via Direct Athletics

All entry fees are non-refundable / transferrable.

## **1. Meet Format**

This meet is a non-scoring NCAA sanctioned outdoor track and field competition. All running events will be conducted as finals. Field events will be conducted as preliminaries with the top nine competitors advancing to the finals.

## **2. Schedules / Heatsheets / Results**

After entries are final, heat-sheets and a final time schedule will be posted to our website at the 2015 home meet link under the track and field page at [www.gousfbulls.com](http://www.gousfbulls.com) by 9pm Wednesday, March 9th.

The final time schedule will reflect any changes made to the schedule, and will include Vertical jump progressions, Implement Weigh-In Schedule, Event Check-In Procedures, and Packet Pickup Times.

Live Results will be available throughout the meet at [www.halfmiletiming.com](http://www.halfmiletiming.com) as soon as possible after each event is final. Results will also be posted under the stadium throughout the meet.

## **3. Track Information**

Contestants may use flats or 1/4 inch pyramid spikes on all running surfaces, excluding the javelin and high jump events which may use 3/8 inch pyramid spikes. All spikes will be checked and tagged for approval before you can compete. Any athletes competing with non-tagged spikes will be disqualified.

All athletes, coaches, trainers, and spectators will enter the Outdoor track at the southwest entrance to the facility which is behind the stadium. Parking is available in the 17-B lot across maple street at the west end of the facility for buses, vans and cars.

Team Practices - see the spring break training hours

## **4. Athletic Training**

There will be a certified athletic trainer on site throughout the entire meet, along with a student support staff. Teams will have access to the standard training room modalities. For additional information please

contact our athletic trainer Greg Byrd at [gbyrd@usf.edu](mailto:gbyrd@usf.edu)