## **Meet Information**



2016 Oak Hall Middle School Meet

Rubberized Track Bleacher Seating

Timing: Fully Automatic Timing by Half-mile timing

**Location:**Oak Hall School 8009 SW 14th Ave., Gainesville, FL 32607

Date: Wednesday, March 30th, 2016

Entry Deadline: Saturday, March 26th, 2016 by 11:00pm.

Any changes after the entry deadline will cost \$5 per change, this includes swapping athletes names. We would rather all the entries be correct than collect any money.

Entry Fee:\$40.00 per team of boys and \$40.00 per team of girls / \$80.00 for both

If a school is bringing 3 or fewer athletes (boys and girls are considered separate), the fee is \$10.00 per athlete. Make checks payable to Oak Hall School (Schools that do not pay by day of meet will be charged double the entry fee.)

**Entry List:**Running and field events – Four athletes per school Three attempts in Long Jump, Shot Put and Discus (No finals) One relay team per school

Entries will only be accepted online through flrunners.com

Time Schedule: 1:00 – Coaches Meeting

1:30 – 4 x 800m (Girls first, followed by Boys)

2:00 – Long Jump (Girls and Boys)

Triple Jump (Girls and Boys / after Long Jump)

Shot Put (Girls first, followed by Boys)

Discus (Boys first, followed by Girls)

High Jump (Girls first, followed by Boys)

5:00 – Running Finals (Heats against time, fastest first)

200m Low Hurdles

100m Dash

1600m Run

4 x 100m Relay

400m Dash

800m Run

200m Dash

3200m Run

4 x 400m Relay

Awards: Trophies – Winner and Runner-Up Teams (Boys and Girls)

Ribbons - 1st-8th Place

**Parking:**Bus parking will be in the grass fields across from Oak Hall Lower School.

Spectator parking before 3:15 pm is available in the grass fields across from Oak Hall Lower School. After 3:15 pm, the parking lot will be available for parking in marked spaces.

Admission: \$5 Adults / \$3 Students

FULL CONCESSIONS WILL BE AVAILABLE

Send Checks To:Oak Hall School

8009 SW 14th Ave. Gainesville, FL 32607

Questions: E-mail to emctureous@oakhall.org

**Notes:** All athletes and spectators should stay in the track and field or softball complex. ANY athlete found on any other part of Oak Hall School campus will be subject to disqualification and asked to leave the campus. Coaches thank you in advance for your help.

Entries will only be accepted online through flrunners.com