

Meet Information

Manatee County Freshman/Sophomore Championship

The Manatee County Freshman/Sophomore Championship track and field meet will be hosted by SSES at St. Stephen's Episcopal School on Wednesday, March 16, 2016. All coaches, athletes, and managers enter at no charge with proper I.D. Admission fees will be charged for all other students and adults.

TEAMS: Bayshore, Braden River, Bradenton Christian, Lakewood Ranch, Manatee, Palmetto, Southeast and St. Stephens

SHARE OF EXPENSES:

Entry Fee - \$140 per school

Cash, check, or money order payable to: SSES Track

Mail to: SSES Track, c/o Coach AJ Brown, 315 41st Street West, Bradenton, FL 34209

ENTRIES:

Entries due by 11:59 pm on Monday, March 14, 2016.

Entries must be submitted on www.flrunners.com please use the full name of the athlete (no nicknames), grade, gender, event & mark. Scratches will be done at the coaches meeting, but no additions or changes to entries. Coaches please double check your entries and print yourself a copy.

**The following events will NOT be contested: pole vault, triple jump, 300m hurdles, and 3200m. You may have unlimited entries for individual events and only one relay per school/per gender.

SCHEDULE:

3:00 - coaches meeting

3:30 - field events

4:00 - 4x800 relay

5:00 - running finals

SCORING: Individual events 10-8-6-5-4-3-2-1, Relay 10-8-6-4-2-1

AWARDS:

Team trophies: 1st & 2nd Place

Individual ribbons: 1st to 8th places

ASSIGNMENTS:

Field events and relay exchange zone assignments will be made at the coaches meeting at 3:00 pm.

FIELD EVENTS:

There will be 4 efforts in the jumps & throws (ALL Finals).

Order: Girls shot and Boys discus then reverse at the completion of each event.

Girls high jump then boys. Boys long jump followed by girls.

RUNNING EVENTS:

No prelims. All finals are seeded.

Order: Girls then boys in each event.

CHECK IN:

Athletes must check in to the clerk at first call. Please let your athletes know so they will not be disqualified.

**Uniform rule in effect.

** The only people allowed on the infield are athletes while they are competing and meet officials while they are officiating. There will be no exceptions for this. Once the field events are completed, there should be only meet officials on the infield. The only entrance to the track will be through the clerks table.

Tents and Warm-up area: Teams may set up tents, tarps, etc. and warm-up on the lawn in front of the tennis courts only.

There will be concessions at this meet and hospitality for coaches.

PLEASE CLEAN UP YOUR AREA.

QUESTIONS:

Coach AJ Brown, 941-746-2121 x1605 or abrown@saintstephens.org