2016 AREA 9 AAU JUNIOR OLYMPICS REGIONAL QUALIFIER

THURSDAY - JUNE 23, 2016

RUNNING EVENTS

8:30 AM	3000M (F)	11G, 12G, 13G, 14G, 15-16G,17-18G	11B, 12B, 13B, 14B, 15-16B, 71-18B
	1500RW (F)	9G, 10G, 11G, 12G	9B, 10B, 11B, 12B
	3000RW (F)	13G, 14G, 15-16G, 17-18G	13B, 14B, 15-16B, 17-18B

FIELD EVENTS

8:30 AM	High Jump	17-18B, 17-18G, 15-16G, and 15-16B

MULTI-EVENTS

9:30 AM	Decathlon	15-16B, 17-18B	100M, LJ, SP, HJ, 400M
	Heptathlon	15-16G, 17-18G	100H, HJ, SP, 200M
10:30 AM	Pentathlon	13B, 14B	100H, SP, HJ, LJ, 1500M
	Pentathlon	13G, 14G	100H, SP, HJ, LJ, 800M

FRIDAY-JUNE 24, 2016

MULTI-EVENTS

8:30 AM	Decathlon	15-16B, 17-18B	11OH, DT, PV, JT, 1500M
	Heptathlon	15-16G, 17-18G	LJ, JT, 800M
	Pentathlon	11G, 12G	80H, SP, HJ, LJ, 800M
	Pentathlon	11B, 12B	80H, SP, HJ, LJ, 1500M
	Triathlon	9B, 10B	HJ, SP, 400M
	Triathlon	9G, 10G	HJ, SP, 200M

FIELD EVENTS

10:30 AM										
Shot Put	17-18G	15-16G	17-18B	15-16B						
Turbo Javelin	8 & UG	8 & UB	9G	9B	10G	10B	11G	11B	12G	12B

RUNNING EVENTS - 9:00 AM

100 Meters (S)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
4 X 800R (F)	11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B
4 X 100R (S)	8 & U G&B, 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

SATURDAY - JUNE 25, 2016

RUNNING EVENTS - 8:30 AM

200H (F)	13G, 14G, 13B, 14B
400H (F)	15G, 16G, 17B, 18B
400M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
1500M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
200M (S)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
4 X 100R (F)	8 & U G&B, 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

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FIELD EVENTS

8:30 AM									
Discus	13G	14G	13B	14B	15-16B	15-16G	17-18G	15-16B	17-18B

8:00 AM				
Long Jump Pit 1	17-18B	15-16B	14B	13B
Long Jump Pit 2	17-18G	15-16G	14G	13G
High Jump	14G	13G	14B	13B
Shot Put	13B	14B	13G	14G
Triple Jump Pit 1	17-18B	15-16B	14B	13B
Triple Jump Pit 2	17-18G	15-16G	14G	13G
*** Triple Jump will be contested immediately following the 17-18G and 17-18B Long Jump.**				

SUNDAY - JUNE 26, 2016

RUNNING EVENTS - 8:30 AM

110H (F)	15-16B, 17-18B
100H (F)	13B, 14B 13G, 14G, 15-16G, 17-18G
80H (F)	11G, 12G, 11B, 12B
100M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
Steeplechase (F)	15-16G, 17-18G, 15-16B, 17-18B
800M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
200M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
4 X 400R (F)	9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

FIELD EVENTS

8:30 AM								
Javelin	13G	14G	13B	14B	15-16G	15-16B	17-18G	17-18B

8:30 AM										
Long Jump Pit 1	12B	11B	10B	9B	8 & UB					
Long Jump Pit 2	12G	11G	10G	9G	8 & UG					
High Jump	9G	9B	10G	10B	11G	12G	11B	12B		
Shot Put	11B	12B	11G	12G	9G	10G	9B	10B	8&UG	8&UB
Pole Vault	13-14G	15-16G	17-18G	13-14B	15-16B	17-18B				

10:00 AM				
Discus	11B	12B	11G	12G

AWARDS:
AAU Championship Medals are awarded to the top four (3) finishers in each event and division. Awards can be picked up at the awards tent approximately 30 minutes after the conclusion of the event. Medals will not be mailed to the athlete's home. It is the responsibility of the athlete, coach or parent to pick up awards before leaving the meet.

FOOD/DRINK/COOLERS:
There will be concessions available. Team/Athlete coolers will be allowed, however, NO GLASS CONTAINERS are permitted. All coolers, bags, backpacks, and duffel bags are subject to inspection by security.

EVENT SCHEDULES:
The Final Meet Schedule will be posted after entries close. The event order will not change but start times may differ according to number of entries. Age groups of like sex may be combined in distance races/walks, which have minimal participation. Event Schedules will be available at registration.

INCLEMENT WEATHER:
The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee.

MEDICAL:
Emergency Medical personnel are on call. Ice and water will be provided for injuries only. Athletic trainers will not treat or tape any athletes prior to competition and are not on duty to prevent or give advice as related to injuries occurring before the meet. Athletic Trainers are on duty in case of injury.

FLUIDS:
Meet management will do its best to try to provide water in certain competition areas. It is strongly encouraged that athletes, teams, coaches, and parents have water with the