

2017 Indoor/Outdoor Challenge

When: Saturday Feb. 18th

Where: Ida S. Baker High School
3500 Aqualinda Blvd.
Cape Coral, Fl. 33914

\$100 per team/ \$200 if bringing both boys and girls. Please send your payment before the meet.

Time: 10am Coaches Meeting/Scratch Meeting/Pole Vault Pit Opens

10:30am Field Events

11am 4x800

12:00 Prelims

3pm Finals (or 30 min after conclusion of prelims)

Fully synthetic track and synthetic long jump and pole vault runways Finish Lynx Timing System

Participants: Limited to 3 athletes per event. Entries must be entered into www.flrunners.com by Wednesday Feb. 17th @ 11:59pm. You will not be able to add athletes at the meet!!! Please note that when entering your athletes' times please be as accurate as possible because we will seed by times. You can find conversion calculators online for the indoor events if needed.

Field Events: Three attempts will be given for the LJ, TJ, SP, and discus. All field events will be run as finals.

Awards: Medals will be given to the 1st place athlete in each event. Team Champion and Runners-up Trophies will be awarded as well.

Team Scoring: 10-8-6-5-4-3-2-1

More Info:

Flrunners.com

Head Boys Coach: Dan Butler

E-mail: DanielPB@leeschools.net

Fax: 239.458.6691

Time Schedule: 10 am Coaches Meeting/Scratch Meeting/Pole Vault Pit Opens

Field Events

10:30am Long Jump Boys/Girls

10:30am High Jump Girls (Boys to follow immediately)

10:30am Discus Boys (Girls to follow immediately)

10:30am Shot Put Girls (Boys to follow immediately)

10:30am Pole Vault Girls (Boys to follow immediately) (Pit opens @ [10am](#))

11:30am Triple Jump Boys/Girls

Running Events
11am Girls 4X800
Boys 4X800
11:30am JV Mile

12pm Prelims
60m Hurdles
60m
400m
400m Hurdles
200m

3pm Finals (or 30 minutes after the conclusion of the prelims)
60m Hurdles
60m
1500m
4x100m
600m
400m
400m Hurdles
800m
200m
3000m
4x400m

Awards will be given at the conclusion of the meet.

MeetFees \$100 per gender
\$200 for both
Payments Please send all payments to:
Attn: Dan Butler
3500 Aqualinda Blvd
Cape Coral, FL. 33914

Registration help:

[fl.milesplit.us/pages/Online Meet Reg Instructions](http://fl.milesplit.us/pages/Online_Meet_Reg_Instructions)