



Bolles Track & Field
Relay Invitational

Online Entry Deadline: Saturday March 11th 11:59 p.m.

Bolles Bulldog Relays

Date: Tuesday, March 14th 2017

Time: 2:30 Coaches Meeting: Finish Line of the track

Field Events: Begin at 3:00 p.m. Check in at event site.

We will start with the following events all at 3:30:

Boys Discus (followed by girls)

Girls Shot (followed by boys)

Girls Long Jump (followed by Triple Jump)

Boys Long Jump (followed by Triple Jump)

Boys High Jump (followed by girls)

Girls Pole Vault (followed by boys)

Running Events beginning at 3:00:

4X1600m Relay (girls, then boys)

1600m Run (unlimited entries)

Running Events: Begin at 5:00 p.m. Will be in the following order (girls then boys):

Shuttle Hurdle Relay

100m Dash (unlimited entries)

Short Sprint Medley Relay (800m Medley) – 100-100-200-400

4X400m Relay

Distance Medley Relay (1200-400-800-1600)

4X200m Relay

400m Dash (unlimited entries)

Throwers 4X100m Relay*

Sprint Medley Relay (1600m Medley) – 200-200-400-800

There will be unlimited entries in all events.

Awards: Ribbons: 1-8. There will be no team awards

Entry Fee: \$75 per team: \$125 for both Boys and Girls team.

Entry Deadline: Friday March 10th 2017. We will use FAT and FLRunners for meet registration.

Starting Heights:

High Jump: Girls 4' 00", Boys 5' 00" Pole Vault: Girls 5' 00", Boys 8' 00"

Contact Information: If you have any questions, you may contact me via email at dan_dearing@hotmail.com or by phone at (904) 234-0191.