

First Coast JV Championships

Online entry ends Monday 3/13/16 at 11:59. **Any entries after the deadline will be \$5 per change!** This includes name changes, for entered athletes.

Example: AA,AA to Daniel Dearing= \$5

Order of Events:

5:00 pm

Shot Put

Discus

Long Jump

Pole Vault

3200m

100m/110m Hurdles

B1600 Heats

6:00pm

100m

1600m (top 24)

4x100m

400m (Max 4 heats/ Gender)

800m (2 Heats/ Gender)

200m (Max 4 heats/ Gender)

4x400m

Top 4 score

Results will be live on www.halfmiletiming.com