

Miramar Relays / South Florida University Invitational

Time Schedule

Field Events: 9:00 am Start

Long Jump	College Women followed by HS Girls
Shot Put	College Women followed by HS Girls
High Jump	College Men followed by HS Boys
Discus Throw	College Men followed by HS Boys
Long Jump	College Men followed by HS Boys
Shot Put	College Men followed by HS Boys
Discus Throw	College Women followed by HS Girls
Triple Jump	College Women followed by HS Girls
High Jump	College Women followed by HS Girls
Triple Jump	College Men followed by HS Boys

Running Events: 9:00am start

5,000m Run	College Women followed by College Men
4x800m	HS Girls followed by HS Boys
1600m Sprint Medley	HS Girls followed by HS Boys
4x100m Relay	College Women followed by College Men
4x100m Relay	HS Girls followed by HS Boys
1500m Run	College Women followed by College Men
1600m Run	HS Girls followed by HS Boys
100m Hurdles	College Women followed by HS Girls
110m Hurdles	HS Boys followed by College Men
400m Dash	College Women followed by College Men
400m Dash	HS Girls followed by HS Boys
100m Dash	College Women followed by College Men
100m Dash	HS Girls followed by HS Boys
400m Hurdles	College Women followed by College Men
300m Hurdles	HS Girls followed by HS Boys
4x200m Relay	HS Girls followed by HS Boys
800m Run	College Women followed by College Men
800m Run	HS Girls followed by HS Boys
200m Dash	College Women followed by College Men
200m Dash	HS Girls followed by HS Boys
Distance Medley	HS Girls followed by HS Boys
4x400m Relay	College Women followed by College Men
4x400m Relay	HS Girls followed by HS Boys