

UCF Black & Gold Challenge

University of Central Florida - Orlando, FL

March 17-18th 2017

All Teams must have approval of Meet Director before registering.

<u>Rules/Eligibility</u> - Events will be conducted under NCAA rules. All athletes representing intercollegiate programs must be eligible according to respective NCAA rules.

<u>Meet Conduct</u> - All running events will be conducted as finals. Field events will be conducted as preliminaries with the top nine competitors advancing to the finals for three more attempts.

Entry Information/Fee

All entries must be submitted on line at <u>www.directathletics.com</u>. **NO REFUNDS WILL BE GIVEN THIS INCLUDES INCLEMENT** WEATHER AND CANCELATION

- Team Entry- \$25.00 Per Entry with Cap at \$300.00 per gender
- Unattached Entry- \$25.00 Unattached Athletes must pay online to be entered into the Meet.
- College Student with Valid College ID \$10.00; Must contact <u>ichakouian@athletics.ucf.edu</u> before entry deadline to be accepted in the meet. College ID must be shown at packet pick up
- There will be no walk up entries allowed!

NO REFUNDS WILL BE PROVIDED.

Entry Deadline – Wednesday, March 15th, 2017 @ 1:00pm. Eastern Time

Admission – Free to Public

Packet Pickup – Packets will be available Saturday Morning.

<u>Practice –</u> Visiting Team Practice will be every day Track- noon-6pm Throws Cage- 10am-6pm

Weight room - If you are interested in using our weight room please contact aparr@athletics.ucf.edu

<u>Warm Up area-</u> ALL warm-ups will be done in the IOA Plaza to the West of the football stadium. **NO WARM UPS WILL BE ALLOWED ON THE INFIELD.**

Team Areas - Team areas will be hosted in the grass area behind the curve at the 200 Meter Start.

<u>Lightening Policy</u> - The athletic facilities are equipped with a lightening detection system. One long siren indicates the facility must be completely evacuated IMMEDIATELY. The facility can be re-entered when three sirens are heard.

Athlete Check-in

- Running event participants must check-in with the meet clerk of the course located near the scoreboard on the track, no later than 30 minutes prior to the start of the scheduled event.
- Field event participants must report to the event site no later than 45 minutes prior to the start of the scheduled event. **Parking**

Teams - Bus/van parking will be in Lot E8 or Garage F – located on the north side of Brighthouse Stadium.

Spectators- E8, Overflow parking will be located in lots E6 and E7.

<u>Implement Weigh-ins</u> –Discus and Hammer Inspections will be conducted onsite and close 30 minutes prior to event start time. Javelin and Shot will be conducted in Facilities building located across the street from the track and will close 30 minutes prior to start time.

<u>Time Schedule-</u>A tentative time schedule is attached. Adjustments may be made to the time schedule based on number of entries. *Please check <u>www.ucfknights.com</u>* on Wednesday evening for adjustments to the time schedule.

<u>Facilities</u> - Restrooms will be located below the press box. Temporary facilities will be located around the track and on the warm – up field. No shower facilities are available. Administrative offices are off limits to visiting athletes and coaches.

<u>Athletic Trainers -</u> Athletic Trainers will be located in the center trailer on the track. Please Contact our Trainer with questions. <u>Minimum Marks-</u>Minimum Marks may be used in field events at Meet Director's Discretion

For More Information- Meet Director, Jeff Chakouian- jchakouian@athletics.ucf.edu

<u>UCF Black and Gold Challenge</u> Orlando, FL March 17-18th 2017 Final Schedule will be online March 15th

Schedule

Friday March 17th Field Events:

| 11:00am | Javelin Women (Men to Follow) |
|---------|-------------------------------|
| 2:30pm | Hammer Women (Men to Follow) |

Saturday March 18th

Field Events:

| 11:00am | Women's Discus (Men to Follow) | |
|-----------------|-----------------------------------|--|
| 11:00am | Long Jump Women (Men to Follow) | |
| 11:00am | Pole Vault Women (Men to Follow) | |
| 3:00pm | Women's Shot Put (Men to Follow) | |
| 3:00pm | Women High Jump (Men to Follow) | |
| 3:00pm | Women Triple Jump (Men to Follow) | |
| Running Events: | | |

| 11:00am | IOA Plaza Autism Awareness Activities |
|------------------|---------------------------------------|
| 1:00pm | AUTISM AWARENESS WALK |
| 2:00pm | 3000 Steeple Chase Women |
| 2:15pm | 3000 Steeple Chase Men |
| 2:30pm | 4x100 Relay Women |
| 2:35pm | 4x100 Relay Men |
| 2:35pm 2:40pm | 1500 Women |
| 2:55pm | 1500 Women 1500 Men |
| 3:10pm | 100 Hurdles Women |
| 3:20pm | 110 Hurdles Men |
| 3:30pm | 400 Women |
| 3:40pm | 400 Men |
| 3:55pm | 100 Women |
| 4:05pm | 100 Men |
| 4:05pm | 800 Women |
| | 800 Men |
| 4:25pm | |
| 4:40pm | 400H Women |
| 4:50pm | 400H Men |
| 5:05pm | 200 Women |
| 5:25pm | 200 Men |
| 5:40pm | 5000 Women |
| 6:00pm | 5000 Men |
| 6:20pm | UCF Senior Day Recognition |
| 6:40pm | 4x400 Relay Women |
| 6:50pm | 4x400 Relay Men |

NOTE: THE SEEDING FOR THE 200 METER DASH WILL TAKE PLACE AFTER THE 100 METER DASH. IF YOU PLAN ON RUNNING THE 200 YOU MUST RE-CHECK