

## **Bolles Track & Field Sprint / Field Meet**

**Entries Due by Saturday night, 11:59 PM April 1**

The purpose of this meet is to simulate the postseason. We will have prelims and finals for all events that have prelims and finals in the postseason. There will be no 4X800 and no 3200. We will advance the top 8 to finals, but would consider advancing more than 8 if you have a student who does not advance, but you expect they will at Districts and want them to get that experience. This meet will not be team scored, but will have ribbons for the top 8. We will take small breaks throughout the meet to simulate the schedule of the state meet as much as possible.

There will be unlimited entries in all individual and relay events.

**Date:** Monday April 3, 2017

**Time:** 2:30 Coaches Meeting: Finish Line of the track

**Field Events:** Begin at 3:00 p.m. Check in at event site. Boys Discus (followed by girls) Girls Shot (followed by boys) Girls Long Jump (followed by Triple Jump) Boys Long Jump (followed by Triple Jump) Boys High Jump (followed by girls) Girls Pole Vault (followed by boys)

**Running Prelims:** Begin at 4:00 p.m. Check in at starting line. Top 8 advance to finals. Events will be in the following order (girls then boys): 100/110 Hurdles, 100m, 400, 4X100, 300 Hurdles, 200m,

**Running Finals:** Begin at 6:00 p.m. Check in at starting line. Events will be in the following order (girls then boys): 100/110 Hurdles, 100, 1600, 400, 4X100, 300 Hurdles, 800, 200, 4X400

**Awards:** Ribbons: 1-8. There will be no team awards

**Entry Fee:** \$50 per team: \$100 for both Boys and Girls team. Made payable to Bolles Track. Entry Deadline: Tuesday night, 11:59 PM April 5. We will use FAT and FLRunners for meet registration. The meet will be limited to 8 total schools attending, so please contact me for the password to register on FLRunners.

**Starting Heights:** High Jump: Girls 4' 00", Boys 5' 00"

**Pole Vault:** Girls 5' 00", Boys 8' 00"

**Contact Information:** If you have any questions, you may contact me via email at dan\_dearing@hotmail.com or by phone at (904) 234-0191. We will need and appreciate any help that you can provide with field events.

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