

# 2017 Gold Coast AAU Athletics Regional 10 Qualifier



**TRACK & FIELD**  
EXPERIENCE THE PASSION

# 2017 Region 10 AAU JUNIOR OLYMPICS QUALIFIER

June 22-25, 2017

## GENERAL INFORMATION:

WHERE: Ansin Sports Complex 10801  
Miramar Blvd. Miramar FL.  
33025

DATES: Thursday, June 22, 2017 Packet Pick-Up/Multi-Event  
Friday, June 23, 2017 Packet Pick-Up/Multi-Event/Track and  
Field  
Saturday, June 24, 2017 Packet Pick-Up/Track and Field  
Sunday, June 25, 2017 Packet Pick-Up/Track and Field  
PACKET PICK UP WILL BE HELD AT THE TRACK

Host: FLYTAF  
Meet Director  
Alex Armenteros  
Phone: 954-665-8027  
Email: aateros@yahoo.  
Web site: FLYTAF.NET

### **Licensed by: Amateur Athletic Union**

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership

<b>Division (Girls &amp; Boys) 8-Under</b>	<b>2017 2009 &amp; After</b>
<b>9 years</b>	<b>2008</b>
<b>10 years</b>	<b>2007</b>
<b>11 years</b>	<b>2006</b>
<b>12 years</b>	<b>2005</b>
<b>13 years</b>	<b>2004</b>
<b>14 years</b>	<b>2003</b>
<b>15-16 years</b>	<b>2001-2002</b>
<b>17-18 years</b>	<b>1999-2000</b>

\*\*The AAU Athletics program is comprised of nine (9) age divisions. The athlete's year of birth shall determine the appropriate age division for current year competition for all age division 8- under through 15-16. The DATE of birth shall be used to determine the appropriate age division for the 17-18 age division thus assuring that any athlete that does not turn 19 before the last of the National AA U Junior Olympic Game competition is still eligible to compete. Athletes MUST NOT turn 19 before the final day of the AAU Junior Olympic Games competition. \*

**ELIGIBILITY/AAU MEMBERSHIP:**

Competition is open to all boys and girls who have a valid/current AAU registration card. AAU membership may be obtained online at [www.aausports.org](http://www.aausports.org). The AAU membership fee is not included in the AAU Region 10 National Qualifier entry fee and must be obtained prior to participation in this meet.

**Proof of Age:**

a) Proof of age may be required at District, Regional Qualifier and National Championship events and whenever required and/or challenged.

- (1) Acceptable forms:
  - (a) Original Birth Certificate
  - (b) A notarized original birth certificate from the appropriate

- issuing authority;
- (c) A US Military Government Identification Card;
- (d) A valid passport (not expired) and/or;
- (e) A valid US driver's license.

**NOTE: OTHER FORMS OF DOCUMENTATION, INCLUDING BUT NOT LIMITED TO: LETTERS FROM PUBLIC OR PRIVATE SCHOOLS AND/OR CITY/STATE PARKS & RECREATION DEPARTMENTS ARE NOT ACCEPTABLE.**

**MEET ENTRY:**

Each athlete/team competing in this meet must complete the entry process on [www.CoachO.com](http://www.CoachO.com).

**ENTRY FEE:**

Entry fee is \$25 per individual athlete competing in Track & Field and \$25 per Multi- Event athlete. All members of relay teams, including alternates, who have not entered an individual event, must pay a \$25.00 entry fee. Payments will only be accepted online at [www.coacho.com](http://www.coacho.com). Entry Fee must be paid online at the time of registration. ALL FEES ARE NONREFUNDABLE AND NON-TRANSFERABLE. Visa and Master Card accepted online.

<http://coachoregistration.com/meet/entryinqaau>

**ENTRY DEADLINE:**

REGISTRATION WILL OPEN ON June 5, 2017 AND CLOSE ON JUNE 19, 2017, 11:59, EASTERN STANDARD TIME. ALL ENTRIES MUST BE RECEIVED BEFORE DEADLINE. NO EXCEPTIONS.

**ADVANCEMENT:**

The top (6) six finishers in each Running Events advance, the top (5) five finishers in each Field Events advance and the top (6) six relay & (4) four multi-events advance to the AAU Junior Olympic Games – Detroit, Michigan – July 29 – August 5, 2017 (AAU JUNIOR OLYMPIC GAMES REGISTRATION DEADLINE JULY 18, 2017)

**ADMISSION:**

There will be a \$6.00 gate fee charge per person per day. All Children 4 and under will be admitted free.

**PARKING/DIRECTIONS:** There is no charge for parking.

## **COACHES PASS:**

4-10 Athletes One (1) complimentary Coaches Credential issued

11-20 Athletes Two (2) complimentary Coaches Credential per club

21-30 Athletes Three (3) complimentary Coaches Credentials per club

Over 30 Athletes\* Four (4) complimentary Coaches Credentials per club

**All Registered athletes with a 2017 AAU Card and Competition Number will also be admitted free.**

\*A Maximum of four (4) complimentary Coaches Credentials will be given to any given club. All coaches must be a current registered member of the AAU and must produce current membership card to receive the complimentary pass. Coaches passes will be handed out the time of packet pick up. If AAU memberships are not presented at this time, Credentials will be forfeited.

There are absolutely NO Replacements for Lost or Stolen Credentials.

**AAU MEMBERSHIPS WILL NOT BE SOLD AT THE MEET!!**

RESULTS: Results will be posted on line at [www.aauathletics.org](http://www.aauathletics.org)

## **PROTESTS:**

Protests concerning the status or eligibility of any competitor must be made to the AAU Region 9 Games Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests **MUST** be filed on official protest forms and presented to the Protest Table accompanied by a cash deposit of \$75.00. The Referee shall consider all available official evidence per USATF. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. **THE JURY OF APPEALS WILL NOT ACCEPT PROTESTS CONCERNING JUDGMENT CALLS.**

## **ATHLETES, COACHES AND VENUE INFORMATION TENTS:**

Tents will be allowed only in designated areas. Meet management reserves the right to change this policy if it presents a problem. Tents will be allowed in areas that do not interfere with meet management and only in designated areas. Tent tops must be removed at night or during inclement weather. **TENTS: Tents will ONLY be allowed on upper row of the stadium bleachers**

**SHOWER & LOCKER ROOMS:**

There are no shower or locker room facilities available at the track & field venue. All competitors must arrive at the track dressed and ready to compete.

**RESTROOM FACILITIES:**

Restroom facilities will be available at the track & field venue.

**BIB NUMBERS:**

Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the Registration Table/Tent.

**HIP NUMBERS:**

Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.

**IMPLEMENTS:**

Athletes may bring their own implements to use during competition.

**ATHLETE WARM-UP:**

There will be a designated area for athlete warm up. The track will open one hour prior to the 1st running event of each day

**ATHLETE CHECK-IN:**

It is the athletes' responsibility to hear the calls and report to their event venue on the first call for their division. It is recommended that athletes check in for their event at least 30 minutes before their scheduled event. Field event athletes should report directly to the field event venue. Track event athletes should report to the clerking area.

**RELAY EVENTS:**

There is no additional entry fee for relay events as long as the following criteria are met:

- 1) All competitors as well as alternates have paid the individual entry fee of \$25.00.
- 2) The relay team represents a current 2017 AAU registered club.
- 3) All competitors must have current AAU membership Athletes listed as relay alternates (up to 4) will have that relay event count towards their event limitation.

## **RUNNING EVENT RULES:**

100m, 200m, and 4 x 100 relay events each have two rounds, Semi-Final and Final. The top eight (8) fastest times from the semi-final will advance to the final. **If there are eight (8) or fewer entries in the semi-final, then that event will be ran as a final at the semi-final time.** The 4x400m relays will run a three turn stagger with up to eight (8) teams per heat. The 4x800 relays will run a two-turn stagger with up to 16 teams per heat. Combining heats/divisions is at the discretion of the meet director.

## **FIELD EVENT RULES:**

Each competitor will have **four (4) attempts** for throws and horizontal jumps. Athletes who must leave for another event must check out with the event official. These athletes may also request to take attempts in succession. In the vertical jumps, within a division, once the bar moves up, it will not move down for any reason. If excused during a round the athlete must return prior to the conclusion of that round or forfeit remaining attempts. Multi-events will be recorded in metric and individual field events will be recorded in English standard measurement.

**THURSDAY - JUNE 22, 2017**

**RUNNING EVENTS**

8:30 AM                    3000M (F)                    11G, 12G, 13G, 14G, 15-16G,17-18G 11B, 12B, 13B, 14B, 15-16B, 71-18B  
                                  1500RW (F)                    9G, 10G, 11G, 12G                    9B, 10B, 11B, 12B  
                                  3000RW (F)                    13G, 14G, 15-16G, 17-18G                    13B, 14B, 15-16B, 17-18B

**FIELD EVENTS**

8:30 AM                    High Jump                    17-18B, 17-18G, 15-16G, and 15-16B

**MULTI-EVENTS**

9:30 AM                    Decathlon                    15-16B, 17-18B                    100M, LJ, SP, HJ, 400M  
                                  Heptathlon                    15-16G, 17-18G                    100H, HJ, SP, 200M  
 10:30 AM                    Pentathlon                    13B, 14B                    100H, SP, HJ, LJ, 1500M

**FIELD EVENTS**

<b>9:30 AM</b>										
<b>Shot Put</b>	11B	12B	11G	12G						
<b>Turbo Javelin</b>	8 & UG	8 & UB	9G	9B	10G	10B	11G	11B	12G	12B
	Pentathlon	13G, 14G			100H, SP, HJ, LJ, 800M					

**FRIDAY-JUNE 23, 2017**

**MULTI-EVENTS**

8:30 AM                    Decathlon                    15-16B, 17-18B                    110H, DT, PV, JT, 1500M  
                                  Heptathlon                    15-16G, 17-18G                    LJ, JT, 800M  
                                  Pentathlon                    11G, 12G                    80H, SP, HJ, LJ, 800M  
                                  Pentathlon                    11B, 12B                    80H, SP, HJ, LJ, 1500M  
                                  Triathlon                    9B, 10B                    HJ, SP, 400M  
                                  Triathlon                    9G, 10G                    HJ, SP, 200M

**FIELD EVENTS**

<b>10:30 AM</b>										
<b>Shot Put</b>	17-18G	15-16G	17-18B	15-16B						

**RUNNING EVENTS - 9:00 AM**

100 Meters (S)            8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B  
 4 X 800R (F)            11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B  
 4 X 100R (S)            8 & U G&B, 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

**SATURDAY - JUNE 24, 2017**

**RUNNING EVENTS - 8:30 AM**

200H (F)                    13G, 14G, 13B, 14B  
 400H (F)                    15G, 16G, 17B, 18B  
 400M (F)                    8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B  
 1500M (F)                    8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B  
 200M (S)                    8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B  
 4 X 100R (F)            8 & U G&B, 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B



**FIELD EVENTS**

<b>8:30 AM</b>									
<b>Discus</b>	13G	14G	13B	14B	15-16B	15-16G	17-18G	15-16B	17-18B

<b>8:00 AM</b>					
<b>Long Jump Pit 1</b>		17-18B	15-16B	14B	13B
<b>Long Jump Pit 2</b>		17-18G	15-16G	14G	13G
<b>High Jump</b>		14G	13G	14B	13B
<b>Shot Put</b>		13B	14B	13G	14G
<b>Triple Jump Pit 1</b>		17-18B	15-16B	14B	13B
<b>Triple Jump Pit 2</b>		17-18G	15-16G	14G	13G
* Triple Jump will be contested immediately following the 17-18G and 17-18B Long Jump.					

**SUNDAY - JUNE 25, 2017**

**RUNNING EVENTS - 8:30 AM**

- 110H (F) 15-16B, 17-18B
- 100H (F) 13B, 14B 13G, 14G, 15-16G, 17-18G
- 80H (F) 11G, 12G, 11B, 12B
- 100M (F) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
- Steeplechase (F) 15-16G, 17-18G, 15-16B, 17-18B
- 800M (F) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
- 200M (F) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
- 4 X 400R (F) 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

**FIELD EVENTS**

<b>8:30 AM</b>								
<b>Javelin</b>	13G	14G	13B	14B	15-16G	15-16B	17-18G	17-18B

<b>8:30 AM</b>								
<b>Long Jump Pit 1</b>		12B	11B	10B	9B	8 & UB		
<b>Long Jump Pit 2</b>		12G	11G	10G	9G	8 & UG		
<b>High Jump</b>		9G	9B	10G	10B	11G	12G	11B 12B
<b>Shot Put</b>		9G	10G	9B	10B	8&UG	8&UB	
<b>Pole Vault</b>		13-14G	15-16G	17-18G	13-14B	15-16B	17-18B	

<b>10:00</b>				
<b>Discus</b>	11B	12B	11G	12G

**AWARDS:**

AAU Championship Medals are awarded to the top four (3) finishers in each event and division. Awards can be picked up at the awards tent approximately 30 minutes after the conclusion of the event. Field event awards will be provided at the Field event venue. Medals will not be mailed to the athlete's home unless there is a shortage. It is the responsibility of the athlete, coach or parent to pick up awards before leaving the meet.

**FOOD/DRINK/COOLERS:**

There will be concessions available. Team/Athlete coolers will be Allowed, however, NO GLASS CONTAINERS are permitted. All coolers, bags, backpacks, and duffel bags are subject to inspection by security.

**EVENT SCHEDULES:**

The Final Meet Schedule will be posted after entries close. The event order will not change but start times may differ according to number of entries. Age groups of like sex may be combined in distance races/walks, which have minimal participation. Event Schedules will be available at registration.

**INCLEMENT WEATHER:**

The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee.

**MEDICAL:**

Emergency Medical personnel are on call. Ice and water will be provided for injuries only. Athletic trainers will not treat or tape any athletes prior to competition and are not on duty to prevent or give advice as related to injuries occurring before the meet. Athletic Trainers are on duty in case of injury.

**FLUIDS:**

Meet management will do its best to try to provide water in certain competition areas. It is strongly encouraged that athletes, teams, coaches, and parents have water with the